

## Scientific Programme

### Monday, 22 May 2017

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Society Symposia  
08:00 - 09:00

Forum

#### **Society Symposium: European Society for Sexual Medicine Testosterone and Healthy Aging**

**Chairs:**

Chair: Cobi Reisman (Netherlands)

**Testosterone replacement therapy in aging male: benefits and risks**

Speaker: Eric Meuleman (Netherlands)

**Testosterone and sexual function**

Speaker: Yacov Reisman (Netherlands)

**Testosterone and the Prostate**

Speaker: R. Kropman (Netherlands)

Society Symposia  
08:00 - 09:00

E102

#### **Society Symposium: The Consequences of stopping MHT (IMS)**

**Chairs:**

Chair: Mary Ann Lumsden (United Kingdom)

**The consequences of stopping MHT: why, when and how? (IMS symposium)**

Speaker: Nick Panay (United Kingdom)

**Quality of life Perspectives**

Speaker: Rodney Baber (Australia)

**Neoplasia perspectives**

Speaker: Mary Ann Lumsden (United Kingdom)

Society Symposia  
08:00 - 09:00

E103

#### **Society Symposium: Hot flushes after breast cancer - Patient Group**

Presented by the National Cancer Research Institute Breast Cancer Clinical Studies Group Working party on symptom management

**Chairs:**

Chair: Jenifer Sassarini

**The impact of hot flushes on women who have had breast cancer**

**08:00 - 08:10**

Speaker: Adrienne Morgan

Speaker: Deborah Fenlon

## Scientific Programme

**Current management of hot flushes after breast cancer and update on Quick Guide** 08:10 - 08:20

Speaker: Susannah Stanway

**PIONEER Trial** 08:20 - 08:50

Speaker: Richard Baird

**Discussion** 08:50 - 09:00

Speaker: Adrienne Morgan

Speaker: Deborah Fenlon

Speaker: Susannah Stanway

Speaker: Richard Baird

Society Symposia  
08:00 - 09:00

E104

### **Society Symposium: Pelvic physiotherapy, a conservative treatment for symptoms of urogenital degeneration (NVFB)**

This presentation will give an overview of evidence- and practice based treatment options with pelvic physiotherapy (for urinary- and fecal incontinence, prolapse, overactive bladder and dyspareunia) to decrease symptoms and increase quality of life.

#### **Chairs:**

Chair: Heidi Moosdorff-Steinhauser (Maastricht, Netherlands)

#### **Speakers:**

Speaker: Marijke Slieker (Netherlands)

Speaker: Heidi Moosdorff-Steinhauser (Netherlands)

Society Symposia  
08:00 - 09:00

E107

### **Society Symposium: Polish Society of Gynecological Endocrinology**

#### **Chairs:**

Chair: Blazej Meczekalski (Poland)

#### **Long-term consequences of hypothalamic amenorrhea**

Speaker: Agnieszka Podfigurna-Stopa (Poland)

#### **Endometriosis and Menopause**

Speaker: Stanislaw Radowicki (Poland)

#### **Premature ovarian insufficiency : context of long-term effect**

Speaker: Blazej Meczekalski (Poland)

#### **Andropause - state of art 2017**

Speaker: Grzegorz Jakiel (Poland)

## Scientific Programme

Plenary Session  
09:15 - 10:15

Forum

### Plenary Session: Active and healthy menopause

#### Chairs:

Chair: Irene Lambrinouadaki (Athens, Greece)

Chair: Dorenda van Dijken (Netherlands)

#### The menopause and its consequences: lessons from the SWAN study

09:15 - 09:45

Speaker: Rebecca Thurston (United States)

#### The exercise prescription

09:45 - 10:15

Speaker: Margaret Rees (United Kingdom)

10:15 - 10:45

Forum

### Coffee Break

10:15 - 10:45

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### Coffee Break

10:15 - 10:45

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### Coffee Break

10:15 - 10:45

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### Coffee Break

10:15 - 10:45

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### Coffee Break

10:15 - 10:45

Exhibition

### Coffee Break

## Scientific Programme

Parallel Session  
10:45 - 12:15

E102

### Parallel Session: PCOS and the menopause

#### Chairs:

Chair: Alfred Mueck (Germany)  
Chair: Xiangyan Ruan (China)

**PCOS a multifaceted disease in need of a multidisciplinary approach** 10:45 - 11:05

Speaker: Bart Fauser (Netherlands)

**PCOS - Metabolic impact and long-term management** 11:05 - 11:25

Speaker: Xiangyan Ruan (China)

**PCOS and cardiovascular disease (This lecture is sponsored by the Dutch Heart Foundation)** 11:25 - 11:45

Speaker: Dimitrios Goulis (Greece)

**Managing menopause in PCOS** 11:45 - 12:05

Speaker: Lubna Pal (United States)

Parallel Session  
10:45 - 12:15

E104

### Parallel Session: Andropause

#### Chairs:

Chair: Emmanuele Jannini (Italy)  
Chair: Frans Debruyne (Arnhem, Netherlands)

**Sexuality and aging** 10:45 - 11:05

Speaker: Yacov Reisman (Netherlands)

**Low testosterone in the aging man: a normal process or an endocrine disease** 11:05 - 11:25

Speaker: Mario Maggi (Italy)

**Facts and fiction of testosterone treatment in older men** 11:25 - 11:45

Speaker: Eric Meuleman (Netherlands)

**Endogenous testosterone and the male cardiovascular system** 11:45 - 12:05

Speaker: John Stevenson (United Kingdom)

Parallel Session  
10:45 - 12:15

E107

### Parallel Session: Brain aging

#### Chairs:

Chair: Rebecca Thurston (United States)  
Chair: Henry C. Weinstein (Netherlands)

**Steroids and the aging brain** 10:45 - 11:05

Speaker: Andrea Genazzani (Italy)

## Scientific Programme

|   |                      |
|---|----------------------|
| <b>Protective anti-inflammatory properties of estrogens in neurodegenerative diseases</b> | <b>11:05 - 11:25</b> |
| Speaker: Cordian Beyer (Germany)  |                      |
| <b>Memory and menopause</b>   | <b>11:25 - 11:45</b> |
| Speaker: Pauline Maki (United States)   |                      |
| <b>Microencapsulated GDNF for the treatment of Parkinson's disease</b>                    | <b>11:45 - 12:05</b> |
| Speaker: Maria Blanco Prieto (Spain)  |                      |

Society Symposia  
11:00 - 12:00

E103

### **Society Symposium: GEMVI - Menopause management : where do we stand in 2017?**

#### **Chairs:**

Chair: Anne Gompel (France)  
Chair: Patrice Lopes (France)

#### **The unmet need in menopause**

Speaker: Florence Tremollieres (France)

#### **Hormone therapy and breast cancer : is adding progesterone an issue?**

Speaker: Anne Gompel (France)

#### **New perspectives in the modulation of estrogens receptor**

Speaker: Jean-François Arnal (France)

12:30 - 14:00

Forum

### **Lunch Break**

Sponsored Symposium  
12:30 - 14:00

E102

### **Sponsored Symposium**

12:30 - 14:00

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### **Lunch Break**

12:30 - 14:00

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### **Lunch Break**

## Scientific Programme

12:30 - 14:00

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### Lunch Break

12:30 - 14:00

Exhibition

### Lunch Break

Parallel Session  
14:15 - 15:45

Forum

### Parallel Session: Lessons to be learned from cross-sex hormonal therapy

#### Chairs:

Chair: Mick van Trotsenburg (Netherlands)

Chair: Svetlana Vujovic (Serbia)

#### Androgens and cardiovascular risk in female-to-male gender dysphoric subjects

14:15 - 14:35

Speaker: Maria Cristina Meriggiola (Italy)

#### Obesity and cross-sex hormones

14:35 - 14:55

Speaker: Svetlana Vujovic (Serbia)

#### Risks and treatment tailoring of cross-sex hormonal treatment in elderly transgenders

14:55 - 15:15

Speaker: Mick van Trotsenburg (Netherlands)

#### Sex under cross-sex hormones at older age

15:15 - 15:35

Speaker: John Dean (United Kingdom)

Ask the Expert  
14:15 - 15:45

E102

### Ask the Expert: How to get your research published

#### Chairs:

Chair: Susan Davis (Australia)

Chair: Yvonne van der Schouw (Netherlands)

#### 1. - What editors look out for and why

14:15 - 14:40

Speaker: Margaret Rees (United Kingdom)

#### 2. - Elsevier help tools for authors

14:40 - 15:05

Speaker: Greyling Peoples (Netherlands)

#### 3. - Publication guidelines (STROBE, PROSPERO etc)

15:05 - 15:30

Speaker: Susan Dutton (United Kingdom)

## Scientific Programme

Ask the Expert  
14:15 - 15:45

E104

### **Ask the Expert: Optimising a healthy menopause: diet and lifestyle. Discussion of clinical cases.**

#### **Chairs:**

Chair: Nick Panay (United Kingdom)

Chair: Jeanine Roeters van Lennep (Netherlands)

**1. - Coronary artery disease after laparoscopic sterilization at age 34 and subsequent untreated premature ovarian failure in an obese woman with unhealthy lifestyle and family history positive for acute deaths.** **14:15 - 14:35**

Speaker: Ingrid Pinas (Netherlands)

**2. - A 52-year old woman comes for her yearly check-up. At the end of the consultation she says „I am no more interested in sex, if it would not be for my husband I could live without sex, but I think it is a problem for him “** **14:35 - 14:55**

Speaker: Johannes Bitzer (Switzerland)

**3. - A 50-year old woman, healthy with mild hot flashes. Her main complaint is that she is forgetful at work and in social situations. Her mother has Alzheimer's disease and she worries about whether she, too, might be getting dementia.** **14:55 - 15:15**

Speaker: Pauline Maki (United States)

**4. - A 52- year old woman, 7 years postmenopausal, who refused MHT because of fear of breast cancer. She has celiac disease and she is vegan. She is on oral ospemifene therapy for urogenital atrophy. Her main complaint: leg cramps.** **15:15 - 15:35**

Speaker: Alessandra Graziottin (Italy)

Oral  
14:15 - 15:45

E107

## Late Breaking Science

#### **Chairs:**

Chair: Iuliana Ceausu (Romania)

Chair: Joop Laven (Netherlands)

**Bilateral oophorectomy and accelerated aging: Late breaking news on a controversial issue**

Speaker: Walter A. Rocca (United States)

**Clinical Evaluation of the NK3 Receptor Antagonist Fezolinetant (a.k.a. ESN364) for the Treatment of Menopausal Hot Flashes**

Speaker: Herman Depypere (Belgium)

**The effect of a natural supplement containing glucosinolates,  $\beta$ -sitosterol and citrus flavonoids over menopausal symptoms in postmenopausal women**

Speaker: Estefano Malaga Correa (Peru)

**Associations of endogenous estradiol and testosterone levels with plaque composition and risk of stroke in subjects with carotid atherosclerosis**

Speaker: Marija Glisic (Netherlands)

## Scientific Programme

### **The Impact of Menopausal Status on Cardiac Responses to Exercise Training and Lower Body Negative Pressure**

Speaker: Amanda Nio (United Kingdom)

### **Testosterone, anastrozole and venous thrombosis**

Speaker: Rebecca Glaser (United States)

### **Postmenopausal hyperandrogenism: A case report and review of the literature**

Speaker: Evaggelia Karopoulou (Greece)

### **Perimenopausal women's attitude toward the transition and decisions about menopausal hormone therapy (MHT): Study of influencing factors using The Health Belief Model (HBM)**

Speaker: Ingrid Pinas (Netherlands)

Sponsored Symposium  
15:00 - 15:20

E103

## **Sponsored Presentation**

15:45 - 16:15

Forum

## **Coffee Break**

15:45 - 16:15

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## **Coffee Break**

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## **Coffee Break**

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## **Coffee Break**

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## **Coffee Break**



## Scientific Programme

15:45 - 16:15

Exhibition

### Coffee Break

Parallel Session  
16:15 - 17:45

Forum

### Parallel Session: Gender differences in midlife and beyond

#### Chairs:

Chair: Lubna Pal (United States)  
Chair: Maryam Kavousi (Netherlands)

**Gender differences in the pathogenesis and management of osteoporosis** **16:15 - 16:35**

Speaker: Florence Trémollières (France)

**Are women small men? A gender-specific medicine perspective** **16:35 - 16:55**

Speaker: Jeanine Roeters van Lennep (Netherlands)

**Headache, gender and aging** **16:55 - 17:15**

Speaker: Emile Couturier (Netherlands)

**Is testosterone important for women as they age?** **17:15 - 17:35**

Speaker: Susan Davis (Australia)

Parallel Session  
16:15 - 17:45

E102

### Parallel Session: In utero predictors of disease in later life

#### Chairs:

Chair: Dimitrios Goulis (Greece)  
Chair: Joop Laven (Netherlands)

**Prenatal nutrition and health in later life** **16:15 - 16:35**

Speaker: Tessa J. Roseboom (Netherlands)

**Birth timing: the older you are the better it is?** **16:35 - 16:55**

Speaker: Loes Jaspers (Netherlands)

**Preeclampsia and future health risks to the mother and child** **16:55 - 17:15**

Speaker: Chrisandra Shufelt (United States)

**Impact of gestational diabetes and other metabolic diseases on later life of mother and child** **17:15 - 17:35**

Speaker: Iuliana Ceausu (Romania)

## Scientific Programme

Oral  
16:15 - 17:45

E103

### EMAS Junior Mentorship Programme

#### Chairs:

Chair: Margaret Rees (United Kingdom)

Chair: Blazej Meczekalski (Poland)

**Effects of a new vaginal cream containing visnadine, prenylflavonoids and bovine colostrum on Vaginal Health Index Score and Female Sexual Function Index in post-menopausal sexually active women affected by vaginal dryness: a pilot study**

Speaker: Antonio Simone Laganà (Italy)

**Evaluation of sexual function in mid-aged Ecuadorian women using the six-item Female Sexual Function Index**

Speaker: Anastasia Armeni (Greece)

**Androgen supplementation for hypoactive sexual desire disorder in postmenopausal women: a systematic review and meta-analysis**

Speaker: M. Nigdelis (Greece)

**Maternal obesity - a negative long-term prognostic factor for the offspring**

Speaker: Diana-Elena Comandasu (Romania)

**Impact of risk reducing salpingo-oophorectomy on quality of life in BRCA mutation carriers. A study protocol**

Speaker: Borja Otero (Spain)

**Calcium metabolism in relation to subclinical arterial stiffness in asymptomatic, non-diabetic postmenopausal women**

Speaker: Evaggelia Karopoulou (Greece)

**Evolving endocrine and metabolic milieu of PCOS with aging**

Speaker: Adam Czyzyk (Poland)

**Parathyroid hormone levels in menopause: associations with demographic characteristics, calcium supplementation and sex hormone profile**

Speaker: Nikolaos Athanasopoulos (Greece)

Oral  
16:15 - 17:45

E104

### Junior Mentorship Programme - Oral Communications 1

#### Chairs:

Chair: Martin Birkhäuser (Switzerland)

Chair: Faustino Perez-Lopez (Spain)

**Sexual function, dysfunction and effect of aging in women with PCOS**

Speaker: Adam Czyzyk (Poland)

**Effect of aromatase inhibitors on serum calprotectin levels in an animal experimental model**

Speaker: Nikolaos Athanasopoulos (Greece)

## Scientific Programme

**The role of polymorphism - 634 G/C (rs 2010963) of VEGF - a gene in the development of hypertension and obesity in perimenopausal women**

Speaker: Mariia Iaresko (Ukraine)

**Determinants of circulating PTH and effect on BMD in menopause**

Speaker: Sofia Chatzi (Greece)

**Physicians' attitude to sexual problems in menopausal women. The 5th minute study**

Speaker: Marcos J Cuerva (Spain)

**Critical role of testosterone in both sexes**

Speaker: Adrian Valeriu Neacșu (Romania)

**Associations of steroid sex hormones and sex hormone-binding globulin with N-terminal pro-brain natriuretic peptide in postmenopausal women: The Rotterdam Study**

Speaker: Marija Glisic (Netherlands)

**Association between blood markers of malnutrition with functional status and mortality in elderly patients with high comorbidity**

Speaker: Vincenzo Malafarina (Spain)

Ask the Expert  
16:15 - 17:45

E107

### Ask the Expert: Transgender health. Discussion of clinical cases

**Chairs:**

Chair: Tommaso Simoncini (Italy)

Chair: Mick van Trotsenburg (Netherlands)

**1. - Alopecia and baldness**

**16:15 - 16:35**

Speaker: Cristina Meriggiola (Italy)

**2. - Progestin use postoperatively**

**16:35 - 16:55**

Speaker: Svetlana Vujovic (Serbia)

**3. - Sex before and after sex reassignment surgery**

**16:55 - 17:15**

Speaker: John Dean (United Kingdom)

**4. - Obesity as a contraindication for sex reassignment surgery - Non-binary request on the edge**

**17:15 - 17:35**

Speaker: Mick van Trotsenburg (Netherlands)

Plenary Session  
18:00 - 19:00

Forum

### Plenary Session: Aging and Frailty

**Chairs:**

Chair: Andrea Genazzani (Italy)

Chair: Bart Fauser (Netherlands)

11th European Congress on Menopause and Andropause,  
22 - 24.05.2017,  
Amsterdam, Netherlands

## Scientific Programme

### Measuring Active and Healthy Aging

Speaker: Petra Stute (Switzerland)

18:00 - 18:30

### Cognitive frailty

Speaker: Antonio Cano (Spain)

18:30 - 19:00

Opening / Closing Ceremony  
19:00 - 20:00

Forum

## Opening Ceremony

### Chairs:

Chair: Irene Lambrinouadaki (Athens, Greece)

Chair: Dorenda van Dijken (Netherlands)

Chair: Angela Maas (Netherlands)

### "Treat me like a lady"

Speaker: Jannet Vaessen (Netherlands)

### Healthy menopause: time for a new paradigm.

Speaker: Maryam Kavousi (Netherlands)

Welcome Reception  
20:00 - 21:00

Forum

## Welcome Reception

## Scientific Programme

### Tuesday, 23 May 2017

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Society Symposia  
08:00 - 09:00

Forum

#### **Society Symposium: ISGE - Sex Steroids Impact in Breast Cancer and Cardiovascular Risk**

**Chairs:**

Chair: Martin Birkhäuser (Switzerland)

Chair: Rossella Nappi (Italy)

**Hormone prevention therapy in reducing the incidence of breast cancer**

Speaker: Mark Brincat (Malta)

**Membrane-bound progesterone receptor to predict the prognosis of breast cancer**

Speaker: Xiangyan Ruan (China)

**Is HRT a cardiovascular risk for older women?**

Speaker: John Stevenson (United Kingdom)

Society Symposia  
08:00 - 09:00

E102

#### **Society Symposium: Indian Menopause Society - The Indian Dilemmas**

**Chairs:**

Chair: Mary Ann Lumsden (United Kingdom)

Chair: Susan Davis (Australia)

**Early reduction of Ovarian reserve- how should we empower them with fertility?**

**08:00 - 08:25**

Speaker: Duru Shah (India)

**Early age at Menopause: how should we empower them with health?**

**08:25 - 08:50**

Speaker: Sunila Khandelwal (India)

**Questions & Answers**

**08:50 - 09:00**

Society Symposia  
08:00 - 09:00

E104

#### **Society Symposium: Risk of malignancy related to menopausal hormone therapy in Korean women - Korean Menopause Society**

**Chairs:**

Chair: Hyoung Moo Park (Korea, Republic of)

Chair: Byung-Koo Yoon (Korea, Republic of)

**Epidemiology of cancer in Korean women**

Speaker: Mee-Ran Kim (Korea, Republic of)

## Scientific Programme

### Hormone therapy and breast cancer

Speaker: Sungwook Chun (Korea, Republic of)

### Hormone therapy and other cancer

Speaker: Yong Jin Na (Korea, Republic of)

Society Symposia  
08:00 - 09:00

E107

### Society Symposium: Spanish Menopause Society - New Menoguias AEEM Recommendations based on the System Grade

#### Chairs:

Chair: Rafael Sánchez-Borrego (Gava Barcelona, Spain)

#### Physical Exercise in post-menopause

Speaker: Nicolas Mendoza (Spain)

#### Omega 3 and other therapies

Speaker: Laura Baquedano (Spain)

#### Sex after breast cancer

Speaker: Ana Rosa Jurado (Spain)

#### New Therapies (TSEC)

Speaker: Pedro Abad (Spain)

Plenary Session  
09:15 - 10:15

Forum

### Plenary Session: Sex and the menopause

#### Chairs:

Chair: Mary Ann Lumsden (United Kingdom)

Chair: Woet Gianotten (Netherlands)

#### Laser therapy for genitourinary syndrome of menopause

09:15 - 09:45

Speaker: Marco Gambacciani (Italy)

#### Treating low sexual desire in women

09:45 - 10:15

Speaker: Rossella Nappi (Italy)

10:15 - 10:45

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### Coffee Break

10:15 - 10:45

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### Coffee Break

## Scientific Programme

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### Coffee Break

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### Coffee Break

10:15 - 10:45

Exhibition

### Coffee Break

Sponsored Symposium  
10:45 - 12:15

Forum

### Sponsored Symposium

Parallel Session  
10:45 - 12:15

E102

### Parallel Session: Perimenopausal health

#### Chairs:

Chair: Ingrid Pinas (Zwolle, Netherlands)

Chair: Sunila Khandelwal (India)

#### Menopause hormone treatment after gynecological cancers

10:45 - 11:05

Speaker: Anne Gompel (France)

#### Migraine in the transition period

11:05 - 11:25

Speaker: Antoinette Maassen Van Den Brink (Netherlands)

#### The management of premenstrual syndrome in late reproductive years and perimenopause

11:25 - 11:45

Speaker: Nick Panay (United Kingdom)

#### Arthritis in the perimenopause

11:45 - 12:05

Speaker: Fiona Watt (United Kingdom)

Society Symposia  
10:45 - 12:15

E104

### Society Symposium: Dutch Menopause Society

#### Chairs:

Chair: Mick van Trotsenburg (Netherlands)

Chair: Dorenda van Dijken (Netherlands)

## Scientific Programme

### **The new Dutch menopause management guideline. Experiences with format 2.0 for the development of guidelines**

Speaker: Emmy van den Boogard (Netherlands)

Speaker: Ineke Jansen

### **The impact of menopause on work ability in symptomatic women with severe menopausal symptoms**

Speaker: Marije Geukes (Netherlands)

### **Ovarian reserve tests in the prediction of menopause.**

Speaker: Martine Depman

### **The association between AMH and cardiovascular health after menopause**

Speaker: Annelien de Kat (Netherlands)

Parallel Session

10:45 - 12:15

E107

### **Parallel Session: Men's health**

#### **Chairs:**

Chair: Mario Maggi (Italy)

Chair: Eric Meuleman (Amsterdam, Netherlands)

#### **Erectile dysfunction: lifestyle and medical management**

**10:45 - 11:05**

Speaker: Emmanuele Jannini (Italy)

#### **Late Onset Hypogonadism: current aspects and controversies.**

**11:05 - 11:25**

Speaker: Giovanni Corona (Italy)

#### **Fertility in older male**

**11:25 - 11:45**

Speaker: Dimitrios Goulis (Greece)

#### **Obesity and the metabolic syndrome in older men**

**11:45 - 12:05**

Speaker: Frans Debruyne (Netherlands)

Sponsored Symposium

12:30 - 14:00

Forum

### **Sponsored Symposium**

12:30 - 14:00

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### **Lunch Break**

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### **Lunch Break**



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### Lunch Break

12:30 - 14:00

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### Lunch Break

12:30 - 14:00

Exhibition

### Lunch Break

Parallel Session  
14:15 - 15:45

Forum

## Parallel Session: Premature ovarian dysfunction

### Chairs:

Chair: Levent M. Senturk (Istanbul, Turkey)  
Chair: Nadine Daan (Netherlands)

### Long term health consequences of POF

14:15 - 14:35

Speaker: Blazej Meczekalski (Poland)

### Improving fertility rate in women with premature ovarian insufficiency

14:35 - 14:55

Speaker: Svetlana Vujovic (Serbia)

### Fertility and egg quality in survivors of childhood cancer

14:55 - 15:15

Speaker: Richard Anderson (United Kingdom)

### Premature ovarian failure after Risk Reducing Salpingo - Oophorectomy (RRSO)

15:15 - 15:35

Speaker: Marian Mourits (Netherlands)

Ask the Expert  
14:15 - 15:45

E102

## Ask the Expert: Managing menopause in the workplace: Discussion of cases

### Chairs:

Chair: Chrisandra Shufelt (United States)  
Chair: Iuliana Ceausu (Romania)

### 1. - Everything came at the same time for Nathalie, her long awaited appointment as head of the department and her vasomotor symptoms. How to tackle both challenges?

14:15 - 14:30

Speaker: Herman Depypere (Belgium)

## Scientific Programme

**2. - A 50-year old woman works in a pastry factory. She suffers of frequent hot flushes which results in excessive sweetening. Her employer fires her because of this unhygienic situation.** 14:30 - 14:45

Speaker: Henk Oosterhof (Netherlands)

**3. - A 61-year old otherwise reliable female supermarket cashier leaves her box more and more frequently to go to the restroom, without explanation to the manager. Clients start to complain.** 14:45 - 15:00

Speaker: Cassandra Szoeki (Australia)

**4. - A lawyer observes a progressive mood change in one of his assistants, a pretty married female bachelor of law, 54 years old. She looks sad, what is new for him. He fears a depression. What should/can he do?** 15:00 - 15:15

Speaker: Martin Birkhäuser (Switzerland)

**5. - The past few months a 52- year old female human resource manager has been struggling to keep her attention during performance interviews with employees. If she could only have a good night rest, as to regain her focus at work.** 15:15 - 15:30

Speaker: Marije Geukes (Netherlands)

Workshop  
14:15 - 15:15

E103

### Workshop - CO2 Laser in Multi GSM Applications

#### Chairs:

Speaker: Joke Haartsen (Netherlands)

Ask the Expert  
14:15 - 15:45

E104

### Ask the Expert: A personalised approach to Menopausal Hormone Therapy: Discussion of clinical cases

#### Chairs:

Chair: Alessandra Graziottin (Italy)

Chair: Angélique Goverde (Netherlands)

**1. - A 38-year-old patient who is known BRCA1 mutation carrier recently underwent a prophylactic risk reducing bilateral salpingo-oophorectomy. She is now experiencing severe vasomotor symptoms and poor sleep. Her primary care provider and her oncologist have strongly advised her against use of menopausal hormones.** 14:15 - 14:30

Speaker: Lubna Pal (United States)

**2. - A 60-year-old postmenopausal woman with late menopause at the age of 57. BMI 38. Severe hot flushes, joint pain, anxiety and lack of concentration after hysterectomy + bilateral salpingoophorectomy for cystic endometrial hyperplasia.** 14:30 - 14:45

Speaker: Mark Brincat (Malta)

## Scientific Programme

- 3. - A 42-year-old woman with normal menstrual flow who has hot flushes and depressive mood.** **14:45 - 15:00**  
Speaker: Juan Blumel (Chile)
- 4. - A 49- year old woman, 2 years postmenopausal. She is under compounded hormone therapy. She hands you the results of the salivary tests she has had performed and seeks your opinion on her medication, the test results and the doses.** **15:00 - 15:15**  
Speaker: Susan Davis (Australia)
- 5. - A 28-year-old woman with secondary amenorrhea following bone marrow transplantation for acute leukemia.** **15:15 - 15:30**  
Speaker: Sophia Kalantaridou (Greece)
- 6. - A 48-year old woman with heavy menstrual bleeding. Overweight, previous myomectomy. Ultrasound: six fibroids, the largest 8cm. She wishes to avoid surgery.** **15:30 - 15:45**  
Speaker: Mary Ann Lumsden (United Kingdom)

15:45 - 16:15

Forum

### Coffee Break

15:45 - 16:15

E102

### Coffee Break

15:45 - 16:15

E103

### Coffee Break

15:45 - 16:15

E104

### Coffee Break

15:45 - 16:15

E107

### Coffee Break

15:45 - 16:15

Exhibition

### Coffee Break

## Scientific Programme

Parallel Session  
16:15 - 17:45

Forum

### Parallel Session: Body composition and cardiometabolic health after menopause

#### Chairs:

Chair: John Stevenson (United Kingdom)

Chair: Yolande Appelman (Netherlands)

**Menopause and its metabolic implications** **16:15 - 16:35**

Speaker: Irene Lambrinoudaki (Greece)

**Sarcopenic obesity in the elderly** **16:35 - 16:55**

Speaker: Ignacio Ara (Spain)

**Identification of the high risk woman for cardiovascular disease** **16:55 - 17:15**

Speaker: Angela Maas (Netherlands)

**Vasomotor symptoms and women's cardiovascular health** **17:15 - 17:35**

Speaker: Rebecca Thurston (United States)

Parallel Session  
16:15 - 17:45

E102

### Parallel Session: Vitamin D

#### Chairs:

Chair: Faustino Perez-Lopez (Spain)

Chair: Tineke van Geel (Netherlands)

**Vitamin D and bone health** **16:15 - 16:35**

Speaker: Jean Calleja Agius (Malta)

**Vitamin D and sarcopenia** **16:35 - 16:55**

Speaker: Fidel Hita-Contreras (Spain)

**Vitamin D and response to major illness** **16:55 - 17:15**

Speaker: Maria Celeste Osorio Wender (Brazil)

**Vitamin D, falls and balance** **17:15 - 17:35**

Speaker: Rene Rizzoli (Switzerland)

Society Symposia  
16:15 - 17:15

E103

### Society Symposium: German and Swiss Menopause Society - endometrial cancer and breast cancer

#### Chairs:

Chair: Alfred Mueck (Germany)

Chair: Petra Stute (Bern, Switzerland)

**Progestogens and endometrial safety**

Speaker: Petra Stute (Switzerland)

## Scientific Programme

### **New targets in breast cancer**

Speaker: Ludwig Kiesel (Germany)

### **Progestogens and breast cancer - Importance of membrane receptors**

Speaker: Xiangyan Ruan (China)

### **WHO claims "Estrogens are carcinogenic" - Is this true?**

Speaker: Alfred Mueck (Germany)

### **Climacteric complaints after cancer - what are the options?**

Speaker: Katrin Schaudig (Germany)

Oral

16:15 - 17:45

E104

## Oral Communications 2

### **Chairs:**

Chair: Nick Panay (United Kingdom)

Chair: Henk Oosterhof (Netherlands)

### **Metabolic endotoxaemia as a cause of obesity related androgen deficiency**

Speaker: Kelton Tremellen (Australia)

### **Self-compassion and climacteric symptoms in postmenopausal BRCA1/2 mutation carriers**

Speaker: Marieke Arts-de Jong (Netherlands)

### **REPLENISH trial: endometrial protection with a 17 $\beta$ -estradiol and progesterone combination (TX-001HR) in postmenopausal women with vasomotor symptoms**

Speaker: James Pickar (United States)

### **REPLENISH trial: TX-001HR (17 $\beta$ -estradiol and progesterone combination) significantly improved moderate to severe hot flashes in postmenopausal women**

Speaker: James Pickar (United States)

### **Hormone replacement therapy (HRT) is effective in relieving oestrogen deficiency symptoms (ODS) and improves quality of life in breast cancer patients: the UK randomised HRT trial experience**

Speaker: Jo Marsden (United Kingdom)

### **What are workplaces and key stakeholders being advised to do about menopause at work? A review of guidance in the UK**

Speaker: Claire Hardy (United Kingdom)

### **Menopause as an occupational health issue: what menopausal women want from their employers and line managers**

Speaker: Myra S Hunter (United Kingdom)

### **Preliminary Brazilian analysis of the Portuguese language 6-item Female Sexual Function Index (FSFI-6)**

Speaker: Maria Celeste Osorio Wender (Brazil)

## Scientific Programme

Oral  
16:15 - 17:45

E107

### Oral Communications 3

#### Chairs:

Chair: Svetlana Vujovic (Serbia)  
Chair: Mick van Trotsenburg (Netherlands)

**Menopause Rating Scale (MRS) and the 10-item Cervantes Scale (CS-10): comparisons in a sample of Brazilian women**

Speaker: Maria Celeste Osorio Wender (Brazil)

**Tibolone and risk of ovarian and endometrial cancer**

Speaker: Ellen Løkkegaard (Denmark)

**Latent class analysis of patterns of well-being after hysterectomy in the United States**

Speaker: Roopina Sangha (United States)

**Misoprostol for cervical priming prior to hysteroscopy in postmenopausal and premenopausal nulliparous women: a multicentre randomised placebo controlled trial**

Speaker: Maaïke Tasma (Netherlands)

**Effect of androgen supplementation on activity-rest patterns in old males**

Speaker: Henryk Urbanski (United States)

**Bilateral salpingo-oophorectomy or ovarian conservation at the time of hysterectomy?**

Speaker: Inês Gante (Portugal)

**Reduced breast cancer incidence in women treated with subcutaneous testosterone, or testosterone with anastrozole: 9-year\* interim analysis**

Speaker: Constantine Dimitrakakis (Greece)

Parallel Session  
18:00 - 19:30

Forum

### Parallel Session: Cardiovascular disease and the aging woman

#### Chairs:

Chair: Angela Maas (Netherlands)  
Chair: John Stevenson (United Kingdom)

**Ovarian aging and cardiometabolic disease**

Speaker: Yvonne van der Schouw (Netherlands)

18:00 - 18:20

**Heart disease in midlife women: true and perceived risk**

Speaker: Chrisandra Shufelt (United States)

18:20 - 18:40

**Managing menopause in the context of cardiovascular disease**

Speaker: John Stevenson (United Kingdom)

18:40 - 19:00

**CVD risk in BRCA mutation carriers**

Speaker: Angela Maas (Netherlands)

19:00 - 19:20

## Scientific Programme

Parallel Session  
18:00 - 19:30

E102

### Parallel Session: The aging pelvic floor

#### Chairs:

Chair: Tommaso Simoncini (Italy)  
Chair: Harry Vervest (Netherlands)

#### Lifestyle, hormones and the bladder

18:00 - 18:20

Speaker: Dudley Robinson (United Kingdom)

#### Urodynamics: for whom and when

18:20 - 18:40

Speaker: Linda Cardozo (United Kingdom)

#### Personalizing surgical treatment for pelvic floor dysfunction in menopausal women

18:40 - 19:00

Speaker: Tommaso Simoncini (Italy)

#### Laser treatment for stress urinary incontinence

19:00 - 19:20

Speaker: Cemal Tamer Erel (Turkey)

Parallel Session  
18:00 - 19:30

E104

### Parallel Session: Women and mental health

#### Chairs:

Chair: Pauline Maki (United States)  
Chair: Marjolein de Kruif (Netherlands)

#### Psychological health and disease in later life

18:00 - 18:20

Speaker: Rebecca Thurston (United States)

#### The role of estrogen on cognitive health in post-menopausal women

18:20 - 18:40

Speaker: Ke-Xin Wen (Netherlands)

#### The functions of estrogen receptor beta in the female brain: a systematic review

18:40 - 19:00

Speaker: Taulant Muka (Netherlands)

#### Cognitive decline in the elderly: the role of nutrition

19:00 - 19:20

Speaker: Vincenzo Malafarina (Spain)

Parallel Session  
18:00 - 19:30

E107

### Parallel Session: A personalised approach to care at the perimenopause

#### Chairs:

Chair: Antonio Cano (Spain)  
Chair: Ineke Janssen (Netherlands)

#### Menopause: Time for a new paradigm?

18:00 - 18:20

Speaker: Joop Laven (Netherlands)

## Scientific Programme

|  |                      |
|--|----------------------|
| <b>Bleeding problems in the perimenopause</b>                                      | <b>18:20 - 18:40</b> |
| Speaker: Mary Ann Lumsden (United Kingdom)   |                      |
| <b>Menopausal hormone therapy: is there a place for cardiovascular prevention?</b> | <b>18:40 - 19:00</b> |
| Speaker: Lubna Pal (United States)   |                      |
| <b>Diet and lifestyle in the management of hot flushes</b>                         | <b>19:00 - 19:20</b> |
| Speaker: Margaret Rees (United Kingdom)  |                      |

Poster Session  
18:00 - 19:30

Exhibition

## Poster Session

### Chairs:

Chair: Martin Birkhäuser (Switzerland)  
Chair: Blazej Meczekalski (Poland)  
Chair: Juan Blumel (Chile)  
Chair: Levent M. Senturk (Istanbul, Turkey)

**Serotonin receptor targeting activities for Cimicifuga racemosa dry extract (BNO 1055) as active component of Klimadynon®**

Speaker: Johann Röhrli (Germany)

**Menopause Symptoms Severity Inventory (MSSI) revised: preliminary study for the adaptation with a Portuguese sample**

**Preliminary validating analysis of the Portuguese language 6-item Female Sexual Function Index (FSFI-6)**

**The 10-item Cervantes Scale (CS-10): preliminary analysis of its validation in a sample of mid-aged Portuguese women**

**Factors associated to impairment quality of life in Afro-Colombian climacterics. assessment with cervantes scale**

Speaker: Alvaro Monterrosa-Castro (Colombia)

**The importance and the content of a comprehensive model of care for menopausal patients?**

**Case report of use of black cohosh for carbamazepine induced hot flushes in a post menopausal woman**

Speaker: Rukshini Puvanendran (Singapore)

**Effect of Foeniculum vulgare (fennel) vaginal cream on vaginal atrophy in postmenopausal women: a double-blind randomized placebo-controlled trial**

**Highly concentrated palmitoleic acid proving the safety and efficacy of Provinal® for cardiometabolic disorders and dry eye syndrome**

**Effect of soy lecithin on menopausal symptoms: a randomized, double-blind, placebo-controlled study**

Speaker: Asuka Hirose (Japan)

**The effect of exercise on menopausal symptoms in postmenopausal women**



## Scientific Programme

**Systematic review and meta-analysis on the effect of exercise on insulin resistance in postmenopausal women: a study from the Health Outcomes and Systematic Analyses (HOUSSAY) group**

Speaker: Faustino Perez-Lopez (Spain)

**The effect of intervention on physical activity among menopausal women based on Transtheoretical Model**

**PREVALENCE OF SEXUAL DYSFUNCTION THE BRASILIAN POSTMENOPAUSAL WOMEN ATTENDED AT SANTA CASA OF SÃO PAULO**

Speaker: Sostenes Postigo (Brazil)

**The impact of chronic vulvar dystrophy on sexual function at menopause**

Speaker: Diana-Elena Comandasu (Romania)

**Sexual medicine in older couples**

**Sexual function in menopausal patients with gynecological cancer**

**Vaginal lubrication in oncological gynecological patients**

**Negligible to very low systemic absorption of estradiol with TX-004HR for the treatment of symptomatic vulvar and vaginal atrophy (VVA): clinical phase 1 and 3 trials**

**Hormone replacement therapy has a beneficial effect on hypertensive postmenopausal women: results from the KNHANES 2010-2012**

**Effects of apolipoprotein E genotype on lipid profile and changes in lipid profile during hormone therapy in postmenopausal Korean women**

**A survey of hormone therapy compliance in Korea**

Speaker: Kim Min Jeong (Korea, Democratic People`s Republic of)

**The effects of five-year hormone therapy, alendronate, tibolone, and raloxifene on bone mineral density in postmenopausal women (second study)**

**Hormonal therapy over 60 years old: a possibility?**

Speaker: Tânia Ascensão (Portugal)

**Hormone replacement therapy and the impact of "Gap time" in cardiovascular versus breast cancer risk**

Speaker: Diana-Elena Comandasu (Romania)

**Cimicifuga racemosa for treatment of vasomotor symptoms: mode of action**

Speaker: Petra Nicken (Germany)

**Use of vaginal CO2 laser for the treatment of genitourinary syndrome of menopause. Experience at the Hospital General de Cataluña - Quironsalud group**

Speaker: Sonia Sanchez (Spain)

**Effects of combination therapy of alendronate and hormonal therapy on bone mineral density in postmenopausal Korean women: a multicenter, randomized controlled clinical trial**

**Body Mass Index and 25-hydroxyvitamin D levels for obesity in healthy postmenopausal women**

**Intervertebral disc height in premenopausal women treated and untreated postmenopausal women and postmenopausal women with osteoporotic vertebral fractures**

Speaker: Nicholas Felice (Malta)

## Scientific Programme

**Effect of isolated vitamin D supplementation on the bone turnover markers in postmenopausal women: randomized, double-blind, placebo controlled trial**

**Relation between DXA and osteoporotic fractures in postmenopausal women**

Speaker: Borja Otero (Spain)

**Osteoporotic fractures prevalence in postmenopausal women**

Speaker: Borja Otero (Spain)

**Combination therapy with raloxifene and alendronate for treatment of osteoporosis in elderly women**

Speaker: Jung Hyuk (Korea, Republic of)

**Comparative effects of denosumab or bisphosphonate treatment on bone mineral density and calcium metabolism in postmenopausal women**

Speaker: Evaggelia Karopoulou (Greece)

**Bone mineral density and trabecular bone score in Ukrainian postmenopausal women with metabolic syndrome**

Speaker: Vladyslav Povoroznyuk (Ukraine)

**Bone mineral density and quality, body composition of women in postmenopausal period**

Speaker: Vladyslav Povoroznyuk (Ukraine)

**The effect of parity and lactation on postmenopausal osteoporosis in the Korean National Health and Nutrition Examination Survey (KNHANES)**

**Osteoporotic risk in patients with gynaecologic cancer**

Speaker: HeungYeol Kim (Korea, Republic of)

**Up-regulation of inhibitors of DNA binding/differentiation gene during alendronate-induced osteoblast differentiation**

Speaker: HeungYeol Kim (Korea, Republic of)

**A monthly combined agent of ibandronate and cholecalciferol is effective in bone metabolism but not in muscle strength and bone mineral density in Korean postmenopausal women with osteoporosis**

Speaker: Sang Ho Yoon (Korea, Republic of)

**Dose laparoscopy-assisted vaginal hysterectomy with ovarian preservation affect ovarian reserve in early postoperative period?**

Speaker: Sungwook Chun (Korea, Republic of)

**Age-specific serum AMH (Antimullerian Hormone) levels in women with and without polycystic ovary syndrome**

Speaker: Sezai Sahmay (Turkey)

**Early reduction of ovarian reserve- how should we empower them with fertility?**

**The differences between the tibolone and transdermal estrogen in Korean symptomatic menopausal women**

Speaker: Byoung-Ick Lee (Korea, Republic of)

**Fibroid recurrence in women aged 40 and older**

Speaker: Roopina Sangha (United States)

**Thyroid disorders associated with chronic liver disease**

Speaker: Uliana Tabuica (Macedonia, the Former Yugoslav Republic of)

## Scientific Programme

**Evaluation of women in the perimenopausal period with gestagen test**

Speaker: Sezai Sahmay (Turkey)

**Breast surveillance in perimenopausal levonorgestrel IUD users**

Speaker: Iuliana Ceausu (Romania)

**Internet-based cognitive behavioral therapy to alleviate treatment-induced menopausal symptoms in breast cancer survivors: results of the EVA-online pilot study**

Speaker: Vera Atema (Netherlands)

**Premature Ovarian Failure (POF). What do we know about our patients? Preliminary results. (Code protocol IIBSP health - IOP - 2012-109. Clinical trials.gov ID: NCT02068976)**

Speaker: Misericordia Guinot Gasull (Spain)

**Detection of genome wide causal genes of premature ovarian failure by whole exome sequencing**

Speaker: Yujung Lee (Korea, Republic of)

**Genetic causes of premature ovarian failure**

Speaker: Diana-Elena Comandasu (Romania)

**Diminished ovarian reserve and primary ovarian insufficiency in two women with celiac disease. Is there a link?**

**The effect of treatment on work ability in women with severe menopausal symptoms**

**Factors associated to three menopause symptoms in Afro-colombians with the 10-items cervantes scale**

Speaker: Alvaro Monterrosa-Castro (Colombia)

**Comparison of the quality of life of climacterics belonging to two Colombian ethnics. Evaluation with Cervantes Scale**

Speaker: Alvaro Monterrosa-Castro (Colombia)

**Characterization of the 10-item Cervantes Scale (CS-10) and lifestyle in a sample of Brazilian women**

Speaker: Maria Celeste Osorio Wender (Brazil)

**Menopause Rating Scale (MRS) and Brazilian women lifestyle characterization**

Speaker: Maria Celeste Osorio Wender (Brazil)

**Factors associated with Brazilian Portuguese 10-item Cervantes Scale (CS10) in a sample of Brazilian women**

Speaker: Maria Celeste Osorio Wender (Brazil)

**Factors associated with Brazilian Portuguese 6-item Female Sexual Function Index (FSFI-6) in a sample of Brazilian women**

Speaker: Maria Celeste Osorio Wender (Brazil)

**Investigation of quality of life in menopausal women in Iran**

**Physical education professional in primary health care in the city of Goiatuba / GO, Brazil**

Speaker: Kamimura Quésia Postigo (Brazil)

**Effect of group counseling on quality of life of menopausal women in Iran**

**Quality of life of women postmenopausal in a municipality, São Paulo, Brazil**

Speaker: Quésia Postigo Kamimura (Brazil)

## Scientific Programme

**The impact of anthropometrical changes of corpulence and weight gain on self esteem of the menopausal women in the region of Nador**

Speaker: Sara Esseffar (Morocco)

**Performance of the 21-item "Vulvovaginal Symptoms Questionnaire" in postmenopausal Spanish women**

Speaker: Ana M Fernandez-Alonso (Spain)

**The impact on self-regard of menopausal atrophic vaginitis**

Speaker: Diana-Elena Comandasu (Romania)

**The effect of chronic vulvar dystrophy on urinary continence in patients at climacterium**

Speaker: Diana-Elena Comandasu (Romania)

**Relationship between delivery modes and genitourinary syndrome among postmenopausal women**

Speaker: Parvin Salehinejad (Iran, Islamic Republic of)

**comparison chemical, clinical pregnancy rate, live birth rate and obstetric outcome in fresh versus frozen embryo transfer in in v i t r o fertilization cycles**

**Relative importance of the different components of the Bologna criteria for predicting poor ovarian response in assisted reproduction**

Speaker: Hang Wun Raymond Li (Hong Kong)

**The association between interleukin-10 (IL-10) -592C/A, -819T/C, -1082G/A promoter polymorphisms and endometriosis**

**Abdominal wall endometriosis: prevalence and clinical spectrum**

**Submucosal fibroids, Intracavitary fibroid - a case report**

**Submucosal myomas vaporisation using laser diode in outpatient with paracervical anesthesia**

**Pretreatment vitamin D deficiency is associated with poor breast cancer prognostic features in postmenopausal women**

**membrane-bound progesterone receptor1 (PGRMC1) can mediate breast cancer proliferation significantly stronger with E2/norethisterone compared to E2/progesterone - a xenograft model**

Speaker: Xiangyan Ruan (China)

**Increased expression of PGRMC1 is associated with poor prognosis of breast cancer patients**

Speaker: Xiangyan Ruan (China)

**Ovarian function after gonadotropin-releasing hormone agonist during chemotherapy in young breast cancer patients**

Speaker: Dong-Yun Lee (Korea, Republic of)

**Change of hair microstructure for breast cancer presence**

Speaker: Valeriya Maryakhina (Russian Federation)

**The contraceptive trend in Korea**

Speaker: Kim Min Jeong (Korea, Democratic People`s Republic of)

**Pregnancy outcomes in women undergoing myomectomy aged 40 and older**

Speaker: Roopina Sangha (United States)

## Scientific Programme

**Considerations regarding psychiatric implications of contraception in premenopause**

Speaker: Valeriu Gheorman (Romania)

**Combined hormonal pills in contemporary women**

Speaker: Iliadi-Tulbure Corina (Moldova, Republic of)

**Does cardiovascular risk vary according to the criteria for the diagnosis of PCOS?**

Speaker: Tevfik Yoldemir (Turkey)

**Health-related quality of life (HRQL) in women with polycystic ovary syndrome (PCOS)**

Speaker: Tevfik Yoldemir (Turkey)

**Hormone replacement therapy used for correction of menstrual dysfunction associated with liver pathology**

Speaker: Liudmila Stavinskaya (Moldova, Republic of)

**Prevalence of cardiometabolic risk factors in subfertile women with different polycystic ovary syndrome (PCOS) phenotypes in Croatia**

Speaker: Nataša Stojanović (Croatia)

**Clinical condition of hypoleptinemia in patients with weight loss-related amenorrhea**

Speaker: Hirofumi Kashiwagi (Japan)

**Abeta apolipoproteinaemia as a very rare cause of secondary amenorrhea**

**Androgen excess in women - a life long problem**

**Analysis of Codon 72 polymorphism in the p53 tumor suppressor gene in women with idiopathic recurrent pregnancy loss**

Speaker: Sang Ho Yoon (Korea, Republic of)

**Application of robotic single-site surgery for early stage cervical cancer: a pilot study**

**Asymptomatic high grade endometrial cancer**

**Correlation between hysteroscopic image and anatomopathological result in the diagnosis of endometrial cancer in menopausal patients**

**Different features of histopathological subtypes of ovarian tumor in pre- and post-menopausal women**

**Increasing accuracy of histopathological samples by hysteroscopic biopsy in postmenopausal bleeding**

Speaker: Iuliana Ceausu (Romania)

**The hypoechogenic image inside the endometrial cavity during menopause**

Speaker: Iuliana Ceausu (Romania)

**High grade endometrial cancer. The same risk factors?**

**Synchronous endometrial and tube cancer**

**Immunohistochemical hormone receptors expression in high grade endometrial cancer**

**High grade endometrial cancer and menopausal status**

**Malignant diseases of the female genital organs on the territory the Grocka municipality for the period 2002-2014: good preventive measures?**

**Levonorgestrel intrauterine device and preservation of fertility in endometrial cancer grade I**

## **Scientific Programme**

**Immunohistochemical analysis of collagen types I, III, matrix metalloproteinases -1, -9, and gonadal steroid receptors alterations on the pathophysiology of female pelvic organ prolapse and urinary incontinence**

**Resilience and urinary incontinence symptoms in postmenopausal women**

Speaker: Ana M Fernandez-Alonso (Spain)

**Vaginal pessary is the best option for some women**

Speaker: Lidija Tasic (Serbia)

**The relationship and the seasonal variation between vitamin D and total testosterone**

Speaker: Kwangmin Kim (Korea, Republic of)

**Andropause symptoms severity inventory (ASSI): preliminary study with a Portuguese sample**

**Sexual activity in patients with coronary artery disease**

**Creating a resource to support people living at home with an indwelling catheter**

**Lactation is associated with a lower risk of subclinical vascular disease after the menopause**

Speaker: Eleni Armeni (Greece)

**Cutoff value of pericardial adipose tissues in association with metabolic syndrome in aging Koreans**

**Association of vitamin D with the components of metabolic syndrome and coronary artery calcium score**

**Neck circumference as novel cardio-metabolic aspect in normal exercise capacity of perimenopausal/menopausal women**

Speaker: Pattama Tongdee (Thailand)

**Noninvasive risk markers of Asian Body Shape Index for screening early atherosclerosis in perimenopausal/menopausal women**

Speaker: Porntip Nimkuntod (Thailand)

**Association between vitamin D deficiency and the risk factors for metabolic syndrome in postmenopausal women**

**Relationship between health literacy and hypertension knowledge among women in Isfahan Province, Iran**

**The effect of education intervention in Iranian postmenopausal women's lifestyle with hypertension**

**Relationship between self-care behaviors and health literacy in hypertensive patients in Isfahan**

**Circulating sex hormones are associated with memory performance in postmenopausal women**

Speaker: Eleni Armeni (Greece)

**Vasomotor symptoms are associated with episodic memory in postmenopausal women**

Speaker: Eleni Armeni (Greece)

**Options of hormone replacement therapy effect on female's self-rating at perimenopause**

**Association between patient depression level and hysterectomy satisfaction in the United States**

## Scientific Programme

### **Shattering the Mirror**

#### **The effects of *Pueraria thomsonii* flower extract on estrogenic activity, osteoblast differentiation and osteoclast formation in vitro**

Speaker: Hosong Cho (Korea, Republic of)

#### **Intake of *Withania somenifera* enhance the antioxidant property of aged mice**

#### **Early age at menopause: how should we empower them with health ?**

#### **Improvement of NYHA in multimorbidity patients with heart failure treated with Entresto® (Sacubitril/Valsartan)**

Speaker: Vincenzo Malafarina (Spain)

#### **Investigating the financial status and social care of Iranian elderly**

#### **Women with the metabolic syndrome have evidence of subclinical arterial disease early after menopause**

Speaker: Eleni Armeni (Greece)

#### **Low levels of adiponectin predicts the incident non-alcoholic fatty liver disease in middle-aged Korean men and women**

Speaker: Young-Sang Kim (Korea, Republic of)

#### **The rs8135828 polymorphism of the THO complex subunit 5 (THOC-5) gene and its correlation to lipid and metabolic profile in mid-aged women**

#### **Ovary hormone deficiency exacerbated high fat and high sugar diet - induced overactive bladder in a rat model**

Speaker: Yung-Shun Juan (Taiwan, Republic of China)

#### **Abdominal obesity as risk factor for deterioration of the quality of life in Afro-Colombian women**

Speaker: Alvaro Monterrosa-Castro (Colombia)

#### **Are individual or work-related factors associated with work outcomes in menopausal women?**

Speaker: Amanda Griffiths (United Kingdom)

#### **Bone mineral density and trabecular bone score in men with vertebral fractures**

Speaker: Vladyslav Povoroznyuk (Ukraine)

#### **Prevention of postmenopausal osteoporosis in Chinese women: a 5-year double-blind, randomized, parallel placebo control study**

Speaker: Qi Yu (China)

#### **Higher protein intake in Mexican women with osteoporosis independently of eating behavior**

Speaker: Elsa Diaz Lopez (Mexico)

#### **Osteoporosis and osteopenia treatments in a Mexican female population older than 50 years, recording medical experience**

Speaker: Elsa Diaz Lopez (Mexico)

#### **Study of sarcopenia in a female Mexican population older than 50 years**

Speaker: Elsa Diaz Lopez (Mexico)

#### **Skeletal muscle and hormonal status in postmenopausal women**

Speaker: Vladyslav Povoroznyuk (Ukraine)

## Scientific Programme

**The clinical manifestation of the gynecologic emergency in postmenopausal women through the emergency room**

**Impact of pedometer-based walking on menopausal women's sleep quality: a randomized controlled trial**

**Steroidogenic effect of Erxian decoction for relieving menopause via the p-Akt/PKB pathway in vitro and in vivo**

**Assessment of the effects of Tribulus terrestris and Tibolone on sexuality in postmenopausal women**

Speaker: Sostenes Postigo (Brazil)

**Use of rodent models in the study of menopausal symptoms: a review of experimental studies**

Speaker: Xueyu Wang (China)

**The experimental and theoretical investigation of diffusion of compound in blood flow**

Speaker: Valeriya Maryakhina (Russian Federation)

**Vaginal Microbiota in postmenopausal women treated with pulsed CO2 laser for genitourinary syndrome of menopause (GSM)**

**Identification of pre and post hysterectomy patient centered preferences in the United States: results of a focus group methodology**

Speaker: Roopina Sangha (United States)

**Functional ability: an effective biomarker of healthy ageing independently of multimorbidity**

Speaker: Ignacio Ara (Spain)

**Hysteroscopy and metrorrhagia in perimenopause**

Speaker: Iuliana Ceausu (Romania)

**Androgen excess and the menopause**

**Timely diagnosis is vital: the effect of delayed diagnosis on bone mineral density in women with premature ovarian insufficiency**

**Body mass index and obesity-related cancer risk in men and women with type 2 diabetes (ZODIAC-56)**

Speaker: Angela Maas (Netherlands)

**Loss of muscle mass in elderly with hip fracture: importance of Body Mass Index and functional capacity. Prospective observational study: PREFISSARC study**

Speaker: Vincenzo Malafarina (Spain)

**Perception of knowledge of female main cause of mortality, in a population of women from a health care institution in Chile**

Speaker: Manuel Parra (Chile)

**How well does AMH relate to the timing of menopause? Results of an individual patient data meta-analysis**

**The TyG index: a novel marker of subclinical atherosclerosis and arterial stiffness in lean postmenopausal women**

Speaker: Eleni Armeni (Greece)

**How Treating Women with VVA Saves Costs**

Speaker: Nico Bruyniks (United Kingdom)



## Scientific Programme

**Illness perception in overweight and obesity and impact on bio-functional age**

Speaker: Luisa Mathieu (Switzerland)

**Reliability and validity of FSFI-6 in mid-aged Ecuadorian women**

Speaker: Anastasia Armeni (Greece)

**Endogenous dehydroepiandrosterone levels and its derivatives modifies the association between total estradiol and type 2 diabetes risk in postmenopausal women: The Rotterdam Study**

Speaker: Ina Zaimi (Netherlands)

**Seasonality of physical activity, sedentary behavior and nighttime sleep duration in middle aged and elderly population of the Rotterdam Study**

Speaker: Magda C. Cepeda Gil (Netherlands)

**Seasonality of insulin resistance, glucose and insulin levels among middle-aged and elderly participants of the Rotterdam Study**

Speaker: Magda C. Cepeda Gil (Netherlands)

19:30 - 20:00

E107

## General Assembly

## Scientific Programme

### Wednesday, 24 May 2017

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Society Symposia  
08:00 - 09:00

Forum

#### **Society Symposium: New Clinical approaches in Osteoporosis (FLASCYM)**

**Chairs:**

Chair: Sonia Cerdas (Costa Rica)

**Osteoporosis in Latinoamerica.**

Speaker: Gerardo Broutin (Costa Rica)

**Myths and realities with Calcium and Vitamin D supplementation.**

Speaker: Sonia Cerdas (Costa Rica)

**Osteoporosis and Breast Cancer.**

Speaker: Luis Danckers (Peru)

Society Symposia  
08:00 - 09:00

E102

#### **Society Symposium: British Menopause Society**

**Chairs:**

Chair: Heather Currie (United Kingdom)

**Premature Ovarian Insufficiency Registry - an update (BMS symposium)**

Speaker: Nick Panay (United Kingdom)

**Hormones and the heart, what's new**

Speaker: John Stevenson (United Kingdom)

**Update on hormones and urogynaecology.**

Speaker: Tim Hillard (United Kingdom)

Society Symposia  
08:00 - 09:00

E103

#### **Society Symposium: Hellenic Society of Climacterium and Menopause - Managing the menopause in the context of risk factors for chronic disease: Case presentation**

**Chairs:**

Chair: Irene Lambrinouadaki (Athens, Greece)

Chair: Amos Pines (Israel)

**Early menopause and family history of breast cancer**

Speaker: Sophia Kalantaridou (Greece)

**Osteoporosis after breast cancer**

Speaker: Areti Augoulea (Greece)

11th European Congress on Menopause and Andropause,  
22 - 24.05.2017,  
Amsterdam, Netherlands

## Scientific Programme

### **Metabolic syndrome and the menopause**

Speaker: Eleni Armeni (Greece)

Society Symposia  
08:00 - 09:00

E104

### **Society Symposium: European Society of Gynecology - Adrenopause, Fertipause and Menopause: Problems and Solutions**

#### **Chairs:**

Chair: Bart Fauser (Netherlands)

Chair: Mark Brincat (Malta)

#### **Oral DHEA: impact on adrenal and circulating steroids**

Speaker: Andrea Genazzani (Italy)

#### **Estradiol-based contraceptives for perimenopausal patients?**

Speaker: Alfred Mueck (Germany)

#### **Pregnancy and birth at menopause: medical and social aspects**

Speaker: Joseph Schenker (Israel)

Society Symposia  
08:00 - 09:00

E107

### **Society Symposium: Turkish Society of Menopause and Osteoporosis: 25th Anniversary (1992-2017)**

#### **Chairs:**

Chair: Erdogan Ertungealp (Turkey)

Chair: Hakan Seyisoglu (Turkey)

#### **Introduction: Comments of Turkish women on menopausal therapy**

Speaker: Levent M. Senturk (Turkey)

#### **Conventional menopausal therapy in Turkey**

Speaker: Berfu Demir (Turkey)

#### **New opportunities for ameliorating sexual disorders during premenopause and menopause**

Speaker: Tamer Erel (Turkey)

#### **New and herbal alternatives for hot flushes**

Speaker: Fatih Durmusoglu (Turkey)

## Scientific Programme

Plenary Session  
09:15 - 10:15

Forum

### Plenary Session: Aging, bones and joints

#### Chairs:

Chair: Rene Rizzoli (Switzerland)

Chair: Santiago Palacios (Spain)

#### Novel anabolic treatment strategies to postmenopausal osteoporosis

09:15 - 09:45

Speaker: Socrates Papapoulos (Netherlands)

#### Biomarkers for osteoarthritis

09:45 - 10:15

Speaker: Sita Bierma (Netherlands)

10:15 - 10:45

Forum

### Coffee Break

10:15 - 10:45

E102

### Coffee Break

10:15 - 10:45

E103

### Coffee Break

10:15 - 10:45

E104

### Coffee Break

10:15 - 10:45

E107

### Coffee Break

10:15 - 10:45

Exhibition

### Coffee Break

## Scientific Programme

Parallel Session  
10:45 - 12:15

Forum

### Parallel Session: Gynecological oncology

#### Chairs:

Chair: Lian Ulrich (Denmark)  
Chair: Curt Burger (Netherlands)

|   |                      |
|---|----------------------|
| <b>Prevention of epithelial ovarian cancer: could it be possible?</b> | <b>10:45 - 11:05</b> |
| Speaker: Sean Kehoe (United Kingdom)                                  |                      |
| <b>Menopausal hormone therapy and breast cancer risk</b>              | <b>11:05 - 11:25</b> |
| Speaker: Richard Farmer (United Kingdom)                              |                      |
| <b>Obesity, insulin resistance and endometrial cancer risk</b>        | <b>11:25 - 11:45</b> |
| Speaker: Faustino Perez-Lopez (Spain)                                 |                      |
| <b>Locally delivered progestogens and breast safety</b>               | <b>11:45 - 12:05</b> |
| Speaker: Herman Depypere (Belgium)                                    |                      |

Parallel Session  
10:45 - 12:15

E102

### Parallel Session: Osteoporosis

#### Chairs:

Chair: Socrates Papapoulos (Netherlands)  
Chair: Santiago Palacios (Spain)

|  |                      |
|--|----------------------|
| <b>Individualized fracture risk prediction</b>                 | <b>10:45 - 11:05</b> |
| Speaker: Tineke van Geel (Netherlands)                         |                      |
| <b>Non pharmacological management of fracture risk</b>         | <b>11:05 - 11:25</b> |
| Speaker: Vincenzo Malafarina (Spain)                           |                      |
| <b>Clinical impact of different treatments of osteoporosis</b> | <b>11:25 - 11:45</b> |
| Speaker: Santiago Palacios (Spain)                             |                      |
| <b>Osteoporosis in older men: a neglected disease</b>          | <b>11:45 - 12:05</b> |
| Speaker: Rene Rizzoli (Switzerland)                            |                      |

Sponsored Symposium  
10:45 - 11:30

E104

### Sponsored Symposium

## Scientific Programme

Parallel Session  
10:45 - 12:15

E107

### **Parallel Session: Cross-cultural differences in the management of aging**

#### **Chairs:**

Chair: Petra Stute (Bern, Switzerland)

Chair: Magda Armeanu (Netherlands)

#### **Menopausal symptoms - comparing East and West**

**10:45 - 11:05**

Speaker: Alfred Mueck (Germany)

#### **Sex and culture**

**11:05 - 11:25**

Speaker: Alessandra Graziottin (Italy)

#### **Promoting longevity: a global approach**

**11:25 - 11:45**

Speaker: Antonio Cano (Spain)

#### **Global consensus statement on MHT: the way forward**

**11:45 - 12:05**

Speaker: Tobie de Villiers (South Africa)

Sponsored Symposium  
11:45 - 12:30

E104

### **Sponsored Symposium**

12:30 - 14:00

Forum

#### **Lunch Break**

12:30 - 14:00

E102

#### **Lunch Break**

12:30 - 14:00

E103

#### **Lunch Break**

12:30 - 14:00

E104

#### **Lunch Break**

12:30 - 14:00

E107

#### **Lunch Break**

## Scientific Programme

12:30 - 14:00

Exhibition

### Lunch Break

Ask the Expert  
14:15 - 15:45

Forum

### Ask the Expert: Non-HT, alternative and complementary therapies for menopause: Discussion of clinical cases

#### Chairs:

Chair: Tobie de Villiers (South Africa)

Chair: Dorenda van Dijken (Netherlands)

**1. - A 45-year old woman asks advice about how her hot flushes can be dealt with. She is taking tamoxifen following lumpectomy and radiotherapy for breast cancer. What would be your initial recommendation?** **14:15 - 14:35**

Speaker: Margaret Rees (United Kingdom)

**2. - A 50-year old perimenopausal woman presenting with depressive symptoms, hot flushes and sleep disturbances, not wanting hormone therapy.** **14:35 - 14:55**

Speaker: Petra Stute (Switzerland)

**3. - A 52-year old woman with hot flushes and fatigue refuses to receive MHT. She has already tried some herbal products, which were not effective enough. She asks whether there are alternative medications with proven effects.** **14:55 - 15:15**

Speaker: Amos Pines (Israel)

**4. - A 60-year old woman, 8 years postmenopausal with osteopenia at the femoral neck (T-score -2.3).** **15:15 - 15:35**

Speaker: Sonia Cerdas (Costa Rica)

Ask the Expert  
14:15 - 15:45

E102

### Ask the Expert: Genitourinary syndrome of menopause: counselling, drugs and lasers: Discussion of clinical cases.

#### Chairs:

Chair: Marco Gambacciani (Italy)

Chair: Tamer Erel (Turkey)

**1. - A 69-year old woman presents with recurrent E-coli cystitis, despite repeated antibiotic treatment.** **14:15 - 14:30**

Speaker: Manuel Neves e Castro (Portugal)

**2. - Maria, 45 years of age, has premature menopause and is on menopausal hormone therapy (MHT). She presents with recurrent urinary tract infections.** **14:30 - 14:45**

Speaker: Rossella Nappi (Italy)

## Scientific Programme

**3. - A 40-year old woman with premature menopause due to ER positive breast cancer treatment suffers from serious sexual difficulties due to dyspareunia.** **14:45 - 15:00**

Speaker: Ivan Fistonic (Croatia)

**4. - A 48-year old woman with normal menstrual cycles presents with vulvar pain and itching. Physical examination is unremarkable and vaginal fluid cultures negative.** **15:00 - 15:15**

Speaker: Mark Brincat (Malta)

Parallel Session  
14:15 - 15:45

E104

### Parallel Session: Pregnancy in women over 40

#### Chairs:

Chair: Sophia Kalantaridou (Greece)

Chair: Didi Braat (Netherlands)

**Prediction of decreased ovarian reserve and menopause** **14:15 - 14:35**

Speaker: Frank Broekmans (Netherlands)

**Fertility problems in late reproductive years** **14:35 - 14:55**

Speaker: Levent M. Senturk (Turkey)

**Assisted reproduction for POI patients and for (Peri-)menopausal women** **14:55 - 15:15**

Speaker: Femi Janse (Netherlands)

**Age 50 plus and pregnancy. Ethical considerations.** **15:15 - 15:35**

Speaker: Basil Tarlatzis (Greece)

Society Symposia  
14:15 - 15:45

E107

### Society Symposium: Erasmus MC Women and cardiometabolic health: transition through menopause

#### Chairs:

Chair: Oscar H. Franco (Netherlands)

Chair: Maryam Kavousi (Netherlands)

#### Hot topics in CVD prevention in women.

Speaker: Maryam Kavousi (Netherlands)

#### Androgens & cardiovascular health: myth or hope?

Speaker: Loes Jaspers (Netherlands)

#### Estrogen receptor $\beta$ actions in the female cardiovascular system: a systematic review of animal and human studies

Speaker: Taulant Muka (Netherlands)

#### The role of sex hormones in diabetes in postmenopausal women.

Speaker: Jeanine Roeters van Lennep (Netherlands)



## Scientific Programme

15:45 - 16:15 Forum

### Coffee Break

15:45 - 16:15 E102

### Coffee Break

15:45 - 16:15 E103

### Coffee Break

15:45 - 16:15 E104

### Coffee Break

15:45 - 16:15 E107

### Coffee Break

15:45 - 16:15 Exhibition

### Coffee Break

Parallel Session  
16:15 - 17:45 Forum

### Parallel Session: Aging skin and hair

#### Chairs:

Chair: Edith de Boer (Amsterdam, Netherlands)

Chair: Dorenda van Dijken (Netherlands)

**Ultraviolet exposure and skin health** 16:15 - 16:35

Speaker: Christian Surber (Switzerland)

**Over-the-counter antiaging products: science and fiction** 16:35 - 16:55

Speaker: Michael Sherratt (United Kingdom)

**Managing hair loss in midlife women** 16:55 - 17:15

Speaker: Edith de Boer (Netherlands)

**Cosmetics and women's health** 17:15 - 17:35

Speaker: Amos Pines (Israel)

## Scientific Programme

Parallel Session  
16:15 - 17:45

E102

### Parallel Session: Steroids and health in aging women

#### Chairs:

Chair: Monique Brood

Chair: Manuel Neves e Castro (Portugal)

#### Prophylactic oophorectomy and long term health risk

16:15 - 16:35

Speaker: Lian Ulrich (Denmark)

#### Cardiovascular risk in women with premature ovarian insufficiency compared to premenopausal women at middle age

16:35 - 16:55

Speaker: Nadine Daan (Netherlands)

#### Hypothalamic -Pituitary - Adrenal (HPA) aging: a source of disease?

16:55 - 17:15

Speaker: George Mastorakos (Greece)

#### Androgen therapy in women: for whom and when

17:15 - 17:35

Speaker: Nicola Pluchino (Switzerland)

Society Symposia  
16:15 - 17:15

E103

### Society Symposium: COGI - Menopause and infertility

#### Chairs:

Chair: Bart Fauser (Netherlands)

Chair: Zion Ben-Rafael (Israel)

#### Can ovarian response to stimulation predict early menopause

Speaker: Sophia Kalantaridou (Greece)

#### Do PCOS patients have delayed ovarian aging?

Speaker: Zion Ben-Rafael (Israel)

#### Strategies and successful outcome in Oocyte freezing. A possible solution in pre POF women

Speaker: Mark Brincat (Malta)

Oral  
16:15 - 17:45

E104

### Oral Communications 4

#### Chairs:

Chair: Vincenzo Malafarina (Spain)

Chair: Gijs Teklenburg (Netherlands)

#### Factors associated with climacteric symptoms in a sample of Brazilian women

Speaker: Maria Celeste Osorio Wender (Brazil)

## Scientific Programme

**Muscle and joint pains in middle-aged women are associated with insomnia and low grip strength**

Speaker: Masakazu Terauchi (Japan)

**Immigrant women's experiences and perceptions of the menopausal transition and post-menopausal life: a systematic review**

Speaker: Karin A. Stanzel (Australia)

**Age at natural menopause and life expectancy with and without type 2 diabetes**

Speaker: Eralda Asllanaj (Netherlands)

**Stakeholder perceptions of what makes a care home homely**

Speaker: Anne Fleming (United Kingdom)

**Skeletal muscle and vitamin D level in women of various ages**

Speaker: Vladyslav Povoroznyuk (Ukraine)

**Objective measures of activity in the elderly: Distribution and associations with demographic and health factors**

Speaker: Chantal M. Koolhaas (Netherlands)

Oral  
16:15 - 17:45

E107

## Oral Communications 5

### Chairs:

Chair: Santiago Palacios (Spain)

Chair: Bart van Aken (Netherlands)

**Bone mineral density and trabecular bone score in Ukrainian men with obesity**

Speaker: Vladyslav Povoroznyuk (Ukraine)

**Study of the effects of Tribulus terrestris on sexuality in post-menopausal women by inventory of sexual satisfaction - female version (GRISS)**

Speaker: Sostenes Postigo (Brazil)

**Bisphosphonate and denosumab "holiday" in postmenopausal osteoporosis: a systematic review of randomized-controlled trials**

Speaker: Panagiotis Anagnostis (Greece)

**Low BMD is a red flag for sarcopenia in climacteric women as shown in a data preliminary analysis**

Speaker: Pablo Lavin (Chile)

**Health promoting effect of synbiotic yogurt containing pomegranate polyphenols: scientific evidence**

Speaker: Lily Stojanovska (Australia)

**Prescribing for the oldest old**

Speaker: Angela Kydd (United Kingdom)

## Scientific Programme

**Metabolic effects of the Cimicifuga racemosa extract Ze 450 in vitro and in ob/ob mice**

**Neurokinin 3 receptor antagonism as a novel treatment for menopausal hot flashes: a phase 2, randomised, double-blind, placebo controlled trial**

Speaker: Julia Prague (United Kingdom)

Plenary Session  
18:00 - 19:00

Forum

### Plenary Session: Cancer prevention

**Chairs:**

Chair: Margaret Rees (United Kingdom)

Chair: Herman Depypere (Ghent, Belgium)

**Prevention of HPV-associated cancers**

**18:00 - 18:30**

Speaker: Sean Kehoe (United Kingdom)

**Prevention of uterine and ovarian cancer**

**18:30 - 19:00**

Speaker: Lian Ulrich (Denmark)

Opening / Closing Ceremony  
19:00 - 19:30

Forum

### Closing ceremony

**Chairs:**

Chair: Irene Lambrinouadaki (Athens, Greece)

Chair: Dorenda van Dijken (Netherlands)

Chair: Tommaso Simoncini (Italy)

**Announcement of Awards: • Best New Investigator • Best Poster • Best Oral Presentation**

**19:00 - 19:10**

Speaker: Margaret Rees (United Kingdom)