Monday, 22 May 2017

Society Symposia
08:00 - 09:00

**Society Symposium: European Society for Sexual Medicine Testosterone and Healthy Aging**

**Chairs:**
Chair: Cobi Reisman (Netherlands)

- **Testosteron replacement therapy in aging male: benefits and risks**
  Speaker: Eric Meuleman (Netherlands)

- **Testosterone and sexual function**
  Speaker: Yacov Reisman (Netherlands)

- **Testosteron and the Prostate**
  Speaker: R. Kropman (Netherlands)

Society Symposia
08:00 - 09:00

**Society Symposium: The Consequences of stopping MHT (IMS)**

**Chairs:**
Chair: Mary Ann Lumsden (United Kingdom)

- **The consequences of stopping MHT: why, when and how? (IMS symposium)**
  Speaker: Nick Panay (United Kingdom)

- **Quality of life Perspectives**
  Speaker: Rodney Baber (Australia)

- **Neoplasia perspectives**
  Speaker: Mary Ann Lumsden (United Kingdom)

Society Symposia
08:00 - 09:00

**Society Symposium: Hot flushes after breast cancer - Patient Group**

Presented by the National Cancer Research Institute Breast Cancer Clinical Studies Group Working party on symptom management

**Chairs:**
Chair: Jenifer Sassarini

- **The impact of hot flushes on women who have had breast cancer**
  Speaker: Adrienne Morgan
  Speaker: Deborah Fenlon
**Scientific Programme**

**Current management of hot flushes after breast cancer and update on Quick Guide**
Speaker: Susannah Stanway
08:10 - 08:20

**PIONEER Trial**
Speaker: Richard Baird
08:20 - 08:50

**Discussion**
Speaker: Adrienne Morgan
Speaker: Deborah Fenlon
Speaker: Susannah Stanway
Speaker: Richard Baird
08:50 - 09:00

**Society Symposia**
08:00 - 09:00

**Society Symposium: Pelvic physiotherapy, a conservative treatment for symptoms of urogenital degeneration (NVFB)**
This presentation will give an overview of evidence- and practice based treatment options with pelvic physiotherapy (for urinary- and fecal incontinence, prolapse, overactive bladder and dyspareunia) to decrease symptoms and increase quality of life.

**Chairs:**
Chair: Heidi Moossdorff-Steinhauser (Maastricht, Netherlands)

**Speakers:**
Speaker: Marijke Slieker (Netherlands)
Speaker: Heidi Moossdorff-Steinhauser (Netherlands)

**Society Symposium: Polish Society of Gynecological Endocrinology**
08:00 - 09:00

**Chairs:**
Chair: Blazej Meczekalski (Poland)

**Long-term consequences of hypothalamic amenorrhea**
Speaker: Agnieszka Podfigurna-Stopa (Poland)

**Endometriosis and Menopause**
Speaker: Stanislaw Radowicki (Poland)

**Premature ovarian insufficiency : context of long-term effect**
Speaker: Blazej Meczekalski (Poland)

**Andropause - state of art 2017**
Speaker: Grzegorz Jakiel (Poland)
Scientific Programme

Plenary Session
09:15 - 10:15

Plenary Session: Active and healthy menopause

Chairs:
Chair: Irene Lambrinoudaki (Athens, Greece)
Chair: Dorenda van Dijken (Netherlands)

The menopause and its consequences: lessons from the SWAN study
Speaker: Rebecca Thurston (United States)

The exercise prescription
Speaker: Margaret Rees (United Kingdom)

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break
Parallel Session: PCOS and the menopause

Chairs:
Chair: Alfred Mueck (Germany)
Chair: Xiangyan Ruan (China)

**PCOS a multifaceted disease in need of a multidisciplinary approach**
Speaker: Bart Fauser (Netherlands)

**PCOS - Metabolic impact and long-term management**
Speaker: Xiangyan Ruan (China)

**PCOS and cardiovascular disease (This lecture is sponsored by the Dutch Heart Foundation)**
Speaker: Dimitrios Goulis (Greece)

**Managing menopause in PCOS**
Speaker: Lubna Pal (United States)

Parallel Session: Andropause

Chairs:
Chair: Emmanuele Jannini (Italy)
Chair: Frans Debruyne (Arnhem, Netherlands)

**Sexuality and aging**
Speaker: Yacov Reisman (Netherlands)

**Low testosterone in the aging man: a normal process or an endocrine disease**
Speaker: Mario Maggi (Italy)

**Facts and fiction of testosterone treatment in older men**
Speaker: Eric Meuleman (Netherlands)

**Endogenous testosterone and the male cardiovascular system**
Speaker: John Stevenson (United Kingdom)

Parallel Session: Brain aging

Chairs:
Chair: Rebecca Thurston (United States)
Chair: Henry C. Weinstein (Netherlands)

**Steroids and the aging brain**
Speaker: Andrea Genazzani (Italy)
Scientific Programme

Protective anti-inflammatory properties of estrogens in neurodegenerative diseases 11:05 - 11:25
Speaker: Cordian Beyer (Germany)

Memory and menopause 11:25 - 11:45
Speaker: Pauline Maki (United States)

Microencapsulated GDNF for the treatment of Parkinson’s disease 11:45 - 12:05
Speaker: Maria Blanco Prieto (Spain)

Society Symposia
11:00 - 12:00 E103

Society Symposium: GEMVI - Menopause management: where do we stand in 2017?

Chairs:
Chair: Anne Gompel (France)
Chair: Patrice Lopes (France)

The unmet need in menopause
Speaker: Florence Tremollieres (France)

Hormone therapy and breast cancer: is adding progesterone an issue?
Speaker: Anne Gompel (France)

New perspectives in the modulation of estrogens receptor
Speaker: Jean-François Arnal (France)

12:30 - 14:00 Forum

Lunch Break

Sponsored Symposium
12:30 - 14:00 E102

Sponsored Symposium
12:30 - 14:00 E103

Lunch Break

12:30 - 14:00 E104

Lunch Break
11th European Congress on Menopause and Andropause,  
22 - 24.05.2017, Amsterdam, Netherlands

Scientific Programme

12:30 - 14:00

Lunch Break

12:30 - 14:00

Exhibition

Lunch Break

Parallel Session
14:15 - 15:45

Parallel Session: Lessons to be learned from cross-sex hormonal therapy

Chairs:
Chair: Mick van Trotsenburg (Netherlands)
Chair: Svetlana Vujovic (Serbia)

Androgens and cardiovascular risk in female-to-male gender disphoryc subjects  14:15 - 14:35
Speaker: Maria Cristina Meriggiola (Italy)

Obesity and cross-sex hormones  14:35 - 14:55
Speaker: Svetlana Vujovic (Serbia)

Risks and treatment tailoring of cross-sex hormonal treatment in elderly transgenders  14:55 - 15:15
Speaker: Mick van Trotsenburg (Netherlands)

Sex under cross-sex hormones at older age  15:15 - 15:35
Speaker: John Dean (United Kingdom)

Ask the Expert
14:15 - 15:45

Ask the Expert: How to get your research published

Chairs:
Chair: Susan Davis (Australia)
Chair: Yvonne van der Schouw (Netherlands)

1. - What editors look out for and why  14:15 - 14:40
Speaker: Margaret Rees (United Kingdom)

2. - Elsevier help tools for authors  14:40 - 15:05
Speaker: Greyling Peoples (Netherlands)

3. - Publication guidelines (STROBE, PROSPERO etc)  15:05 - 15:30
Speaker: Susan Dutton (United Kingdom)
Ask the Expert: Optimising a healthy menopause: diet and lifestyle. Discussion of clinical cases.

1. - Coronary artery disease after laparoscopic sterilization at age 34 and subsequent untreated premature ovarian failure in an obese woman with unhealthy lifestyle and family history positive for acute deaths.
   Speaker: Ingrid Pinas (Netherlands)
   14:15 - 14:35

2. - A 52-year old woman comes for her yearly check-up. At the end of the consultation she says „I am no more interested in sex, if it would not be for my husband I could live without sex, but I think it is a problem for him “
   Speaker: Johannes Bitzer (Switzerland)
   14:35 - 14:55

3. - A 50-year old woman, healthy with mild hot flashes. Her main complaint is that she is forgetful at work and in social situations. Her mother has Alzheimer’s disease and she worries about whether she, too, might be getting dementia.
   Speaker: Pauline Maki (United States)
   14:55 - 15:15

4. - A 52- year old woman, 7 years postmenopausal, who refused MHT because of fear of breast cancer. She has celiac disease and she is vegan. She is on oral ospemifene therapy for urogenital atrophy. Her main complaint: leg cramps.
   Speaker: Alessandra Graziottin (Italy)
   15:15 - 15:35

Bilateral oophorectomy and accelerated aging: Late breaking news on a controversial issue
Speaker: Walter A. Rocca (United States)

Clinical Evaluation of the NK3 Receptor Antagonist Fezolinetant (a.k.a. ESN364) for the Treatment of Menopausal Hot Flashes
Speaker: Herman Depypere (Belgium)

The effect of a natural supplement containing glucosinolates, β-sitosterol and citrus flavonoids over menopausal symptoms in postmenopausal women
Speaker: Estefano Malaga Correa (Peru)

Associations of endogenous estradiol and testosterone levels with plaque composition and risk of stroke in subjects with carotid atherosclerosis
Speaker: Marija Glisic (Netherlands)
Scientific Programme

The Impact of Menopausal Status on Cardiac Responses to Exercise Training and Lower Body Negative Pressure
Speaker: Amanda Nio (United Kingdom)

Testosterone, anastrozole and venous thrombosis
Speaker: Rebecca Glaser (United States)

Postmenopausal hyperandrogenism: A case report and review of the literature
Speaker: Evaggelia Karopoulou (Greece)

Perimenopausal women’s attitude toward the transition and decisions about menopausal hormone therapy (MHT): Study of influencing factors using The Health Belief Model (HBM)
Speaker: Ingrid Pinas (Netherlands)

Sponsored Symposium
15:00 - 15:20

Sponsored Presentation

15:45 - 16:15

Coffee Break

15:45 - 16:15

Coffee Break

15:45 - 16:15

Coffee Break

15:45 - 16:15

Coffee Break

15:45 - 16:15

Coffee Break

15:45 - 16:15

Coffee Break
Scientific Programme

15:45 - 16:15 Exhibition

Coffee Break

Parallel Session
16:15 - 17:45 Forum

Parallel Session: Gender differences in midlife and beyond

**Chairs:**
Chair: Lubna Pal (United States)
Chair: Maryam Kavousi (Netherlands)

**Gender differences in the pathogenesis and management of osteoporosis**
Speaker: Florence Trémollières (France)
16:15 - 16:35

**Are women small men? A gender-specific medicine perspective**
Speaker: Jeanine Roeters van Lennep (Netherlands)
16:35 - 16:55

**Headache, gender and aging**
Speaker: Emile Couturier (Netherlands)
16:55 - 17:15

**Is testosterone important for women as they age?**
Speaker: Susan Davis (Australia)
17:15 - 17:35

Parallel Session
16:15 - 17:45 E102

Parallel Session: In utero predictors of disease in later life

**Chairs:**
Chair: Dimitrios Goulis (Greece)
Chair: Joop Laven (Netherlands)

**Prenatal nutrition and health in later life**
Speaker: Tessa J. Roseboom (Netherlands)
16:15 - 16:35

**Birth timing: the older you are the better it is?**
Speaker: Loes Jaspers (Netherlands)
16:35 - 16:55

**Preeclampsia and future health risks to the mother and child**
Speaker: Chrisandra Shufelt (United States)
16:55 - 17:15

**Impact of gestational diabetes and other metabolic diseases on later life of mother and child**
Speaker: Iuliana Ceausu (Romania)
17:15 - 17:35
EMAS Junior Mentorship Programme

Chairs:
Chair: Margaret Rees (United Kingdom)
Chair: Blazej Meczekalski (Poland)

**Effects of a new vaginal cream containing visnadine, prenylflavonoids and bovine colostrum on Vaginal Health Index Score and Female Sexual Function Index in post-menopausal sexually active women affected by vaginal dryness: a pilot study**
Speaker: Antonio Simone Laganà (Italy)

**Evaluation of sexual function in mid-aged Ecuadorian women using the six-item Female Sexual Function Index**
Speaker: Anastasia Armeni (Greece)

**Androgen supplementation for hypoactive sexual desire disorder in postmenopausal women: a systematic review and meta-analysis**
Speaker: M. Nigdelis (Greece)

**Maternal obesity - a negative long-term prognostic factor for the offspring**
Speaker: Diana-Elena Comandasu (Romania)

**Impact of risk reducing salpingo-oophorectomy on quality of life in BRCA mutation carriers. A study protocol**
Speaker: Borja Otero (Spain)

**Calcium metabolism in relation to subclinical arterial stiffness in asymptomatic, non-diabetic postmenopausal women**
Speaker: Evaggelia Karopoulou (Greece)

**Evolving endocrine and metabolic milieu of PCOS with aging**
Speaker: Adam Czyzyk (Poland)

**Parathyroid hormone levels in menopause: associations with demographic characteristics, calcium supplementation and sex hormone profile**
Speaker: Nikolaos Athanasopoulos (Greece)

Junior Mentorship Programme - Oral Communications 1

Chairs:
Chair: Martin Birkhäuser (Switzerland)
Chair: Faustino Perez-Lopez (Spain)

**Sexual function, dysfunction and effect of aging in women with PCOS**
Speaker: Adam Czyzyk (Poland)

**Effect of aromatase inhibitors on serum calprotectin levels in an animal experimental model**
Speaker: Nikolaos Athanasopoulos (Greece)
Scientific Programme

The role of polymorphism - 634 G/C (rs 2010963) of VEGF - a gene in the development of hypertension and obesity in perimenopausal women
Speaker: Mariia Iaresko (Ukraine)

Determinants of circulating PTH and effect on BMD in menopause
Speaker: Sofia Chatzi (Greece)

Physicians’ attitude to sexual problems in menopausal women. The 5th minute study
Speaker: Marcos J Cuerva (Spain)

Critical role of testosterone in both sexes
Speaker: Adrian Valeriu Neacșu (Romania)

Associations of steroid sex hormones and sex hormone-binding globulin with N-terminal pro-brain natriuretic peptide in postmenopausal women: The Rotterdam Study
Speaker: Marija Glisic (Netherlands)

Association between blood markers of malnutrition with functional status and mortality in elderly patients with high comorbidity
Speaker: Vincenzo Malafarina (Spain)

Ask the Expert
16:15 - 17:45

Ask the Expert: Transgender health. Discussion of clinical cases

Chairs:
Chair: Tommaso Simoncini (Italy)
Chair: Mick van Trotsenburg (Netherlands)

1. - Alopecia and baldness
Speaker: Cristina Meriggiola (Italy) 16:15 - 16:35

2. - Progestin use postoperatively
Speaker: Svetlana Vujovic (Serbia) 16:35 - 16:55

3. - Sex before and after sex reassignment surgery
Speaker: John Dean (United Kingdom) 16:55 - 17:15

4. - Obesity as a contraindication for sex reassignment surgery - Non-binary request on the edge
Speaker: Mick van Trotsenburg (Netherlands) 17:15 - 17:35

Plenary Session
18:00 - 19:00

Plenary Session: Aging and Frailty

Chairs:
Chair: Andrea Genazzani (Italy)
Chair: Bart Fauser (Netherlands)
Scientific Programme

Measuring Active and Healthy Aging 18:00 - 18:30
Speaker: Petra Stute (Switzerland)

Cognitive frailty 18:30 - 19:00
Speaker: Antonio Cano (Spain)

Opening / Closing Ceremony
19:00 - 20:00

Opening Ceremony
Chairs:
Chair: Irene Lambrinoudaki (Athens, Greece)
Chair: Dorenda van Dijken (Netherlands)
Chair: Angela Maas (Netherlands)

"Treat me like a lady"
Speaker: Jannet Vaessen (Netherlands)

Healthy menopause: time for a new paradigm.
Speaker: Maryam Kavousi (Netherlands)

Welcome Reception 20:00 - 21:00

Welcome Reception
Tuesday, 23 May 2017

Society Symposia
08:00 - 09:00

**Society Symposium: ISGE - Sex Steroids Impact in Breast Cancer and Cardiovascular Risk**

**Chairs:**
Chair: Martin Birkhäuser (Switzerland)
Chair: Rossella Nappi (Italy)

- **Hormone prevention therapy in reducing the incidence of breast cancer**
  Speaker: Mark Brincat (Malta)

- **Membrane-bound progesterone receptor to predict the prognosis of breast cancer**
  Speaker: Xiangyan Ruan (China)

- **Is HRT a cardiovascular risk for older women?**
  Speaker: John Stevenson (United Kingdom)

Society Symposia
08:00 - 09:00

**Society Symposium: Indian Menopause Society - The Indian Dilemmas**

**Chairs:**
Chair: Mary Ann Lumsden (United Kingdom)
Chair: Susan Davis (Australia)

- **Early reduction of Ovarian reserve- how should we empower them with fertility?**
  Speaker: Duru Shah (India)

- **Early age at Menopause: how should we empower them with health?**
  Speaker: Sunila Khandelwal (India)

- **Questions & Answers**

Society Symposia
08:00 - 09:00

**Society Symposium: Risk of malignancy related to menopausal hormone therapy in Korean women - Korean Menopause Society**

**Chairs:**
Chair: Hyoung Moo Park (Korea, Republic of)
Chair: Byung-Koo Yoon (Korea, Republic of)

- **Epidemiology of cancer in Korean women**
  Speaker: Mee-Ran Kim (Korea, Republic of)
Scientific Programme

Hormone therapy and breast cancer
Speaker: Sungwook Chun (Korea, Republic of)

Hormone therapy and other cancer
Speaker: Yong Jin Na (Korea, Republic of)

Society Symposia
08:00 - 09:00  
Society Symposium: Spanish Menopause Society - New Menoguias AEEM  
Recommendations based on the System Grade

Chairs:
Chair: Rafael Sánchez-Borrego (Gava Barcelona, Spain)

Physical Exercise in post-menopause
Speaker: Nicolas Mendoza (Spain)

Omega 3 and other therapies
Speaker: Laura Baquedano (Spain)

Sex after breast cancer
Speaker: Ana Rosa Jurado (Spain)

New Therapies (TSEC)
Speaker: Pedro Abad (Spain)

Plenary Session
09:15 - 10:15  
Plenary Session: Sex and the menopause

Chairs:
Chair: Mary Ann Lumsden (United Kingdom)  
Chair: Woet Gianotten (Netherlands)

Laser therapy for genitourinary syndrome of menopause  09:15 - 09:45
Speaker: Marco Gambacciani (Italy)

Treating low sexual desire in women  09:45 - 10:15
Speaker: Rossella Nappi (Italy)

10:15 - 10:45  
Coffee Break

10:15 - 10:45  
Coffee Break
11th European Congress on Menopause and Andropause,  
22 - 24.05.2017, Amsterdam, Netherlands

Scientific Programme

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break

10:15 - 10:45

Exhibition

Coffee Break

Sponsored Symposium

10:45 - 12:15

Sponsored Symposium

Parallel Session

10:45 - 12:15

Parallel Session: Perimenopausal health

Chairs:
Chair: Ingrid Pinas (Zwolle, Netherlands)
Chair: Sunila Khandelwal (India)

Menopause hormone treatment after gynecological cancers
Speaker: Anne Gompel (France) 10:45 - 11:05

Migraine in the transition period
Speaker: Antoinette Maassen Van Den Brink (Netherlands) 11:05 - 11:25

The management of premenstrual syndrome in late reproductive years and perimenopause
Speaker: Nick Panay (United Kingdom) 11:25 - 11:45

Arthritis in the perimenopause
Speaker: Fiona Watt (United Kingdom) 11:45 - 12:05

Society Symposia

10:45 - 12:15

Society Symposium: Dutch Menopause Society

Chairs:
Chair: Mick van Trotsenburg (Netherlands)
Chair: Dorenda van Dijken (Netherlands)
Scientific Programme

The new Dutch menopause management guideline. Experiences with format 2.0 for the development of guidelines
Speaker: Emmy van den Boogard (Netherlands)
Speaker: Ineke Jansen

The impact of menopause on work ability in symptomatic women with severe menopausal symptoms
Speaker: Marije Geukes (Netherlands)

Ovarian reserve tests in the prediction of menopause.
Speaker: Martine Depman

The association between AMH and cardiovascular health after menopause
Speaker: Annelien de Kat (Netherlands)

Parallel Session
10:45 - 12:15

Parallel Session: Men’s health

Chairs:
Chair: Mario Maggi (Italy)
Chair: Eric Meuleman (Amsterdam, Netherlands)

Erectile dysfunction: lifestyle and medical management
Speaker: Emmanuele Jannini (Italy)

Late Onset Hypogonadism: current aspects and controversies.
Speaker: Giovanni Corona (Italy)

Fertility in older male
Speaker: Dimitrios Goulis (Greece)

Obesity and the metabolic syndrome in older men
Speaker: Frans Debruyne (Netherlands)

Sponsored Symposium
12:30 - 14:00

Lunch Break

12:30 - 14:00
Scientific Programme

12:30 - 14:00

Lunch Break

12:30 - 14:00

Lunch Break

12:30 - 14:00

Exhibition

Parallel Session
14:15 - 15:45

Parallel Session: Premature ovarian dysfunction

Chairs:
Chair: Levent M. Senturk (Istanbul, Turkey)
Chair: Nadine Daan (Netherlands)

Long term health consequences of POF
Speaker: Blazej Meczekalski (Poland)

Improving fertility rate in women with premature ovarian insufficiency
Speaker: Svetlana Vujovic (Serbia)

Fertility and egg quality in survivors of childhood cancer
Speaker: Richard Anderson (United Kingdom)

Premature ovarian failure after Risk Reducing Salpingo - Oophorectomy (RRSO)
Speaker: Marian Mourits (Netherlands)

Ask the Expert
14:15 - 15:45

Ask the Expert: Managing menopause in the workplace: Discussion of cases

Chairs:
Chair: Chrisandra Shufelt (United States)
Chair: Iuliana Ceausu (Romania)

1. - Everything came at the same time for Nathalie, her long awaited appointment as head of the department and her vasomotor symptoms. How to tackle both challenges?
Speaker: Herman Depypere (Belgium)
2. - A 50-year old woman works in a pastry factory. She suffers of frequent hot flushes which results in excessive sweetening. Her employer fires her because of this unhygienic situation. Speaker: Henk Oosterhof (Netherlands)

3. - A 61-year old otherwise reliable female supermarket cashier leaves her box more and more frequently to go to the restroom, without explanation to the manager. Clients start to complain. Speaker: Cassandra Szoeke (Australia)

4. - A lawyer observes a progressive mood change in one of his assistants, a pretty married female bachelor of law, 54 years old. She looks sad, what is new for him. He fears a depression. What should/can he do? Speaker: Martin Birkhäuser (Switzerland)

5. - The past few months a 52- year old female human resource manager has been struggling to keep her attention during performance interviews with employees. If she could only have a good night rest, as to regain her focus at work. Speaker: Marije Geukes (Netherlands)

Workshop
14:15 - 15:15
Workshop - CO2 Laser in Multi GSM Applications
Chairs:
Speaker: Joke Haartsen (Netherlands)

Ask the Expert
14:15 - 15:45
Ask the Expert: A personalised approach to Menopausal Hormone Therapy: Discussion of clinical cases
Chairs:
Chair: Alessandra Graziottin (Italy)
Chair: Angelique Goverde (Netherlands)

1. - A 38-year-old patient who is known BRCA1 mutation carrier recently underwent a prophylactic risk reducing bilateral salpingo-oopherectomy. She is now experiencing severe vasomotor symptoms and poor sleep. Her primary care provider and her oncologist have strongly advised her against use of menopausal hormones. Speaker: Lubna Pal (United States)

2. - A 60-year-old postmenopausal woman with late menopause at the age of 57. BMI 38. Severe hot flushes, joint pain, anxiety and lack of concentration after hysterectomy + bilateral salpingoophorectomy for cystic endometrial hyperplasia. Speaker: Mark Brincat (Malta)
Scientific Programme

3. - A 42-year-old woman with normal menstrual flow who has hot flushes and depressive mood.  
Speaker: Juan Blumel (Chile)

4. - A 49-year-old woman, 2 years postmenopausal. She is under compounded hormone therapy. She hands you the results of the salivary tests she has had performed and seeks your opinion on her medication, the test results and the doses.  
Speaker: Susan Davis (Australia)

5. - A 28-year-old woman with secondary amenorrhea following bone marrow transplantation for acute leukemia.  
Speaker: Sophia Kalantaridou (Greece)

6. - A 48-year-old woman with heavy menstrual bleeding. Overweight, previous myomectomy. Ultrasound: six fibroids, the largest 8cm. She wishes to avoid surgery.  
Speaker: Mary Ann Lumsden (United Kingdom)

15:45 - 16:15  
Coffee Break

15:45 - 16:15  
E102

Coffee Break

15:45 - 16:15  
E103

Coffee Break

15:45 - 16:15  
E104

Coffee Break

15:45 - 16:15  
E107

Coffee Break

15:45 - 16:15  
Exhibition

Coffee Break
Parallel Session
16:15 - 17:45

**Parallel Session: Body composition and cardiometabolic health after menopause**

**Chairs:**
Chair: John Stevenson (United Kingdom)
Chair: Yolande Appelman (Netherlands)

- **Menopause and its metabolic implications** 16:15 - 16:35
  Speaker: Irene Lambrinoudaki (Greece)

- **Sarcopenic obesity in the elderly** 16:35 - 16:55
  Speaker: Ignacio Ara (Spain)

- **Identification of the high risk woman for cardiovascular disease** 16:55 - 17:15
  Speaker: Angela Maas (Netherlands)

- **Vasomotor symptoms and women’s cardiovascular health** 17:15 - 17:35
  Speaker: Rebecca Thurston (United States)

Parallel Session
16:15 - 17:45

**Parallel Session: Vitamin D**

**Chairs:**
Chair: Faustino Perez-Lopez (Spain)
Chair: Tineke van Geel (Netherlands)

- **Vitamin D and bone health** 16:15 - 16:35
  Speaker: Jean Calleja Agius (Malta)

- **Vitamin D and sarcopenia** 16:35 - 16:55
  Speaker: Fidel Hita-Contreras (Spain)

- **Vitamin D and response to major illness** 16:55 - 17:15
  Speaker: Maria Celeste Osorio Wender (Brazil)

- **Vitamin D, falls and balance** 17:15 - 17:35
  Speaker: Rene Rizzoli (Switzerland)

Society Symposia
16:15 - 17:15

**Society Symposium: German and Swiss Menopause Society - endometrial cancer and breast cancer**

**Chairs:**
Chair: Alfred Mueck (Germany)
Chair: Petra Stute (Bern, Switzerland)

- **Progestogens and endometrial safety**
  Speaker: Petra Stute (Switzerland)
Scientific Programme

New targets in breast cancer  
Speaker: Ludwig Kiesel (Germany)

Progestogens and breast cancer - Importance of membrane receptors  
Speaker: Xiangyan Ruan (China)

WHO claims "Estrogens are carcinogenic" - Is this true?  
Speaker: Alfred Mueck (Germany)

Climacteric complaints after cancer - what are the options?  
Speaker: Katrin Schaudig (Germany)

Oral  
16:15 - 17:45

Oral Communications 2

Chairs:  
Chair: Nick Panay (United Kingdom)  
Chair: Henk Oosterhof (Netherlands)

Metabolic endotoxaemia as a cause of obesity related androgen deficiency  
Speaker: Kelton Tremellen (Australia)

Self-compassion and climacteric symptoms in postmenopausal BRCA1/2 mutation carriers  
Speaker: Marieke Arts-de Jong (Netherlands)

REPLENISH trial: endometrial protection with a 17β-estradiol and progesterone combination (TX-001HR) in postmenopausal women with vasomotor symptoms  
Speaker: James Pickar (United States)

REPLENISH trial: TX-001HR (17β-estradiol and progesterone combination) significantly improved moderate to severe hot flushes in postmenopausal women  
Speaker: James Pickar (United States)

Hormone replacement therapy (HRT) is effective in relieving oestrogen deficiency symptoms (ODS) and improves quality of life in breast cancer patients: the UK randomised HRT trial experience  
Speaker: Jo Marsden (United Kingdom)

What are workplaces and key stakeholders being advised to do about menopause at work? A review of guidance in the UK  
Speaker: Claire Hardy (United Kingdom)

Menopause as an occupational health issue: what menopausal women want from their employers and line managers  
Speaker: Myra S Hunter (United Kingdom)

Preliminary Brazilian analysis of the Portuguese language 6-item Female Sexual Function Index (FSFI-6)  
Speaker: Maria Celeste Osorio Wender (Brazil)
Scientific Programme

Oral Communications 3

Chairs:
Chair: Svetlana Vujovic (Serbia)
Chair: Mick van Trotsenburg (Netherlands)

- **Menopause Rating Scale (MRS) and the 10-item Cervantes Scale (CS-10): comparisons in a sample of Brazilian women**
  Speaker: Maria Celeste Osorio Wender (Brazil)

- **Tibolone and risk of ovarian and endometrial cancer**
  Speaker: Ellen Løkkegaard (Denmark)

- **Latent class analysis of patterns of well-being after hysterectomy in the United States**
  Speaker: Roopina Sangha (United States)

- **Misoprostol for cervical priming prior to hysterectomy in postmenopausal and premenopausal nulliparous women: a multicentre randomised placebo controlled trial**
  Speaker: Maaike Tasma (Netherlands)

- **Effect of androgen supplementation on activity-rest patterns in old males**
  Speaker: Henryk Urbanski (United States)

- **Bilateral salpingo-oophorectomy or ovarian conservation at the time of hysterectomy?**
  Speaker: Inês Gante (Portugal)

- **Reduced breast cancer incidence in women treated with subcutaneous testosterone, or testosterone with anastrozole: 9-year* interim analysis**
  Speaker: Constantine Dimitrakakis (Greece)

Parallel Session

**Parallel Session: Cardiovascular disease and the aging woman**

Chairs:
Chair: Angela Maas (Netherlands)
Chair: John Stevenson (United Kingdom)

- **Ovarian aging and cardiometabolic disease**
  Speaker: Yvonne van der Schouw (Netherlands)

- **Heart disease in midlife women: true and perceived risk**
  Speaker: Chrisandra Shufelt (United States)

- **Managing menopause in the context of cardiovascular disease**
  Speaker: John Stevenson (United Kingdom)

- **CVD risk in BRCA mutation carriers**
  Speaker: Angela Maas (Netherlands)
Scientific Programme

Parallel Session
18:00 - 19:30

Parallel Session: The aging pelvic floor

Chairs:
Chair: Tommaso Simoncini (Italy)
Chair: Harry Vervest (Netherlands)

Lifestyle, hormones and the bladder 18:00 - 18:20
Speaker: Dudley Robinson (United Kingdom)

Urodynamics: for whom and when 18:20 - 18:40
Speaker: Linda Cardozo (United Kingdom)

Personalizing surgical treatment for pelvic floor dysfunction in menopausal women 18:40 - 19:00
Speaker: Tommaso Simoncini (Italy)

Laser treatment for stress urinary incontinence 19:00 - 19:20
Speaker: Cemal Tamer Erel (Turkey)

Parallel Session
18:00 - 19:30

Parallel Session: Women and mental health

Chairs:
Chair: Pauline Maki (United States)
Chair: Marjolein de Kruif (Netherlands)

Psychological health and disease in later life 18:00 - 18:20
Speaker: Rebecca Thurston (United States)

The role of estrogen on cognitive health in post-menopausal women 18:20 - 18:40
Speaker: Ke-Xin Wen (Netherlands)

The functions of estrogen receptor beta in the female brain: a systematic review 18:40 - 19:00
Speaker: Taulant Muka (Netherlands)

Cognitive decline in the elderly: the role of nutrition 19:00 - 19:20
Speaker: Vincenzo Malafarina (Spain)

Parallel Session
18:00 - 19:30

Parallel Session: A personalised approach to care at the perimenopause

Chairs:
Chair: Antonio Cano (Spain)
Chair: Ineke Janssen (Netherlands)

Menopause: Time for a new paradigm? 18:00 - 18:20
Speaker: Joop Laven (Netherlands)
**Scientific Programme**

**Bleeding problems in the perimenopause**
Speaker: Mary Ann Lumsden (United Kingdom)

**Menopausal hormone therapy: is there a place for cardiovascular prevention?**
Speaker: Lubna Pal (United States)

**Diet and lifestyle in the management of hot flushes**
Speaker: Margaret Rees (United Kingdom)

**Poster Session**
18:00 - 19:30

**Poster Session**

**Chairs:**
Chair: Martin Birkhäuser (Switzerland)
Chair: Blazej Meczekalski (Poland)
Chair: Juan Blumel (Chile)
Chair: Levent M. Senturk (Istanbul, Turkey)

- Serotonin receptor targeting activities for Cimicifuga racemosa dry extract (BNO 1055) as active component of Klimadynon®
  Speaker: Johann Röhrl (Germany)

- Menopause Symptoms Severity Inventory (MSSI) revised: preliminary study for the adaptation with a Portuguese sample

- Preliminary validating analysis of the Portuguese language 6-item Female Sexual Function Index (FSFI-6)

- The 10-item Cervantes Scale (CS-10): preliminary analysis of its validation in a sample of mid-aged Portuguese women

- Factors associated to impairment quality of life in Afro-Colombian climacterics. assessment with cervantes scale
  Speaker: Alvaro Monterrosa-Castro (Colombia)

- The importance and the content of a comprehensive model of care for menopausal patients?

- Case report of use of black cohosh for carbamazepine induced hot flushes in a post menopausal woman
  Speaker: Rukshini Puvanendran (Singapore)

- Effect of Foeniculum vulgare (fennel) vaginal cream on vaginal atrophy in postmenopausal women: a double-blind randomized placebo-controlled trial

- Highly concentrated palmitoleic acid proving the safety and efficacy of Provinal® for cardiometabolic disorders and dry eye syndrome

- Effect of soy lecithin on menopausal symptoms: a randomized, double-blind, placebo-controlled study
  Speaker: Asuka Hirose (Japan)

- The effect of exercise on menopausal symptoms in postmenopausal women
Scientific Programme

Systematic review and meta-analysis on the effect of exercise on insulin resistance in postmenopausal women: a study from the Health Outcomes and Systematic Analyses (HOUSSAY) group
Speaker: Faustino Perez-Lopez (Spain)

The effect of intervention on physical activity among menopausal women based on Transtheoretical Model

PREVALENCE OF SEXUAL DYSFUNCTION THE BRASILIAN POSTMENOPAUSAL WOMEN ATTENDED AT SANTA CASA OF SÃO PAULO
Speaker: Sostenes Postigo (Brazil)

The impact of chronic vulvar dystrophy on sexual function at menopause
Speaker: Diana-Elena Comandasu (Romania)

Sexual medicine in older couples

Sexual function in menopausal patients with gynecological cancer

Vaginal lubrication in oncological gynecological patients

Negligible to very low systemic absorption of estradiol with TX-004HR for the treatment of symptomatic vulvar and vaginal atrophy (VVA): clinical phase 1 and 3 trials

Hormone replacement therapy has a beneficial effect on hypertensive postmenopausal women: results from the KNHANES 2010-2012

Effects of apolipoprotein E genotype on lipid profile and changes in lipid profile during hormone therapy in postmenopausal Korean women

A survey of hormone therapy compliance in Korea
Speaker: Kim Min Jeong (Korea, Democratic People’s Republic of)

The effects of five-year hormone therapy, alendronate, tibolone, and raloxifene on bone mineral density in postmenopausal women (second study)

Hormonal therapy over 60 years old: a possibility?
Speaker: Tânia Ascensão (Portugal)

Hormone replacement therapy and the impact of “Gap time” in cardiovascular versus breast cancer risk
Speaker: Diana-Elena Comandasu (Romania)

Cimicifuga racemosa for treatment of vasomotor symptoms: mode of action
Speaker: Petra Nicken (Germany)

Use of vaginal CO2 laser for the treatment of genitourinary syndrome of menopause. Experience at the Hospital General de Cataluña - Quironsalud group
Speaker: Sonia Sanchez (Spain)

Effects of combination therapy of alendronate and hormonal therapy on bone mineral density in postmenopausal Korean women: a multicenter, randomized controlled clinical trial

Body Mass Index and 25-hydroxyvitamin D levels for obesity in healthy postmenopausal women

Intervertebral disc height in premenopausal women treated and untreated postmenopausal women and postmenopausal women with osteoporotic vertebral fractures
Speaker: Nicholas Felice (Malta)
Scientific Programme

Effect of isolated vitamin D supplementation on the bone turnover markers in postmenopausal women: randomized, double-blind, placebo controlled trial

Relation between DXA and osteoporotic fractures in postmenopausal women
Speaker: Borja Otero (Spain)

Osteoporotic fractures prevalence in postmenopausal women
Speaker: Borja Otero (Spain)

Combination therapy with raloxifene and alendronate for treatment of osteoporosis in elderly women
Speaker: Jung Hyuk (Korea, Republic of)

Comparative effects of denosumab or bisphosphonate treatment on bone mineral density and calcium metabolism in postmenopausal women
Speaker: Evaggelia Karopoulou (Greece)

Bone mineral density and trabecular bone score in Ukrainian postmenopausal women with metabolic syndrome
Speaker: Vladyslav Povoroznyuk (Ukraine)

Bone mineral density and quality, body composition of women in postmenopausal period
Speaker: Vladyslav Povoroznyuk (Ukraine)

The effect of parity and lactation on postmenopausal osteoporosis in the Korean National Health and Nutrition Examination Survey (KNHANES)

Osteoporotic risk in patients with gynaecologic cancer
Speaker: HeungYeol Kim (Korea, Republic of)

Up-regulation of inhibitors of DNA binding/differentiation gene during alendronate-induced osteoblast differentiation
Speaker: HeungYeol Kim (Korea, Republic of)

A monthly combined agent of ibandronate and cholecalciferol is effective in bone metabolism but not in muscle strength and bone mineral density in Korean postmenopausal women with osteoporosis
Speaker: Sang Ho Yoon (Korea, Republic of)

Dose laparoscopy-assisted vaginal hysterectomy with ovarian preservation affect ovarian reserve in early postoperative period?
Speaker: Sungwook Chun (Korea, Republic of)

Age-specific serum AMH (Antimullerian Hormone) levels in women with and without polycystic ovary syndrome
Speaker: Sezai Sahmay (Turkey)

Early reduction of ovarian reserve- how should we empower them with fertility?

The differences between the tibolone and transdermal estrogen in Korean symptomatic menopausal women
Speaker: Byoung-Ick Lee (Korea, Republic of)

Fibroid recurrence in women aged 40 and older
Speaker: Roopina Sangha (United States)

Thyroid disorders associated with chronic liver disease
Speaker: Uliana Tabuica (Macedonia, the Former Yugoslav Republic of)
Scientific Programme

Evaluation of women in the perimenopausal period with gestagen test
Speaker: Sezai Sahmay (Turkey)

Breast surveillance in perimenopausal levonorgestrel IUD users
Speaker: Iuliana Ceausu (Romania)

Internet-based cognitive behavioral therapy to alleviate treatment-induced menopausal symptoms in breast cancer survivors: results of the EVA-online pilot study
Speaker: Vera Atema (Netherlands)

Speaker: Misericordia Guinot Gasull (Spain)

Detection of genome wide causal genes of premature ovarian failure by whole exome sequencing
Speaker: Yujung Lee (Korea, Republic of)

Genetic causes of premature ovarian failure
Speaker: Diana-Elena Comandasu (Romania)

Diminished ovarian reserve and primary ovarian insufficiency in two women with celiac disease. Is there a link?

The effect of treatment on work ability in women with severe menopausal symptoms
Factors associated to three menopause symptoms in Afro-colombians with the 10-items cervantes scale
Speaker: Alvaro Monterrosa-Castro (Colombia)

Comparison of the quality of life of climacterics belonging to two Colombian ethnics.
Evaluation with Cervantes Scale
Speaker: Alvaro Monterrosa-Castro (Colombia)

Characterization of the 10-item Cervantes Scale (CS-10) and lifestyle in a sample of Brazilian women
Speaker: Maria Celeste Osorio Wender (Brazil)

Menopause Rating Scale (MRS) and Brazilian women lifestyle characterization
Speaker: Maria Celeste Osorio Wender (Brazil)

Factors associated with Brazilian Portuguese 10-item Cervantes Scale (CS10) in a sample of Brazilian women
Speaker: Maria Celeste Osorio Wender (Brazil)

Factors associated with Brazilian Portuguese 6-item Female Sexual Function Index (FSFI-6) in a sample of Brazilian women
Speaker: Maria Celeste Osorio Wender (Brazil)

Investigation of quality of life in menopausal women in Iran

Physical education professional in primary health care in the city of Goiatuba / GO, Brazil
Speaker: Kamimura Quésia Postigo (Brazil)

Effect of group counseling on quality of life of menopausal women in Iran
Quality of life of women postmenopausal in a municipality, São Paulo, Brazil
Speaker: Quésia Postigo Kamimura (Brazil)
The impact of anthropometrical changes of corpulence and weight gain on self esteem of the menopausal women in the region of Nador
Speaker: Sara Esseffar (Morocco)

Performance of the 21-item “Vulvovaginal Symptoms Questionnaire” in postmenopausal Spanish women
Speaker: Ana M Fernandez-Alonso (Spain)

The impact on self-regard of menopausal atrophic vaginitis
Speaker: Diana-Elena Comandasu (Romania)

The effect of chronic vulvar dystrophy on urinary continence in patients at climacterium
Speaker: Diana-Elena Comandasu (Romania)

Relationship between delivery modes and genitourinary syndrome among postmenopausal women
Speaker: Parvin Salehinejad (Iran, Islamic Republic of)

Comparison of chemical, clinical pregnancy rate, live birth rate and obstetric outcome in fresh versus frozen embryo transfer in in vitro fertilization cycles

Relative importance of the different components of the Bologna criteria for predicting poor ovarian response in assisted reproduction
Speaker: Hang Wun Raymond Li (Hong Kong)

The association between interleukin-10 (IL-10) -592C/A, -819T/C, -1082G/A promoter polymorphisms and endometriosis

Abdominal wall endometriosis: prevalence and clinical spectrum

Submucosal fibroids, Intracavitary fibroid - a case report

Submucosal myomas vaporisation using laser diode in outpatient with paracervical anesthesia

Pretreatment vitamin D deficiency is associated with poor breast cancer prognostic features in postmenopausal women

Membrane-bound progesterone receptor 1 (PGRMC1) can mediate breast cancer proliferation significantly stronger with E2/norethisterone compared to E2/progesterone - a xenograft model
Speaker: Xiangyan Ruan (China)

Increased expression of PGRMC1 is associated with poor prognosis of breast cancer patients
Speaker: Xiangyan Ruan (China)

Ovarian function after gonadotropin-releasing hormone agonist during chemotherapy in young breast cancer patients
Speaker: Dong-Yun Lee (Korea, Republic of)

Change of hair microstructure for breast cancer presence
Speaker: Valeriya Maryakhina (Russian Federation)

The contraceptive trend in Korea
Speaker: Kim Min Jeong (Korea, Democratic People’s Republic of)

Pregnancy outcomes in women undergoing myomectomy aged 40 and older
Speaker: Roopina Sangha (United States)
Considerations regarding psychiatric implications of contraception in premenopause  
Speaker: Valeriu Gheorman (Romania)

Combined hormonal pills in contemporary women  
Speaker: Iliadi-Tulbure Corina (Moldova, Republic of)

Does cardiovascular risk vary according to the criteria for the diagnosis of PCOS?  
Speaker: Tevfik Yoldemir (Turkey)

Health-related quality of life (HRQL) in women with polycystic ovary syndrome (PCOS)  
Speaker: Tevfik Yoldemir (Turkey)

Hormone replacement therapy used for correction of menstrual dysfunction associated with liver pathology  
Speaker: Liudmila Stavinskaya (Moldova, Republic of)

Prevalence of cardiometabolic risk factors in subfertile women with different polycystic ovary syndrome (PCOS) phenotypes in Croatia  
Speaker: Nataša Stojanović (Croatia)

Clinical condition of hypoleptinemia in patients with weight loss-related amenorrhea  
Speaker: Hirofumi Kashiwagi (Japan)

Abeta apolipoproteinaemia as a very rare cause of secondary amenorrhea

Androgen excess in women - a life long problem

Analysis of Codon 72 polymorphism in the p53 tumor suppressor gene in women with idiopathic recurrent pregnancy loss  
Speaker: Sang Ho Yoon (Korea, Republic of)

Application of robotic single-site surgery for early stage cervical cancer: a pilot study

Asymptomatic high grade endometrial cancer

Correlation between histeroscopic image and anatomopathological result in the diagnosis of endometrial cancer in menopausal patients

Different features of histopathological subtypes of ovarian tumor in pre- and post-menopausal women

Increasing accuracy of histopathological samples by hysteroscopic biopsy in postmenopausal bleeding  
Speaker: Iuliana Ceausu (Romania)

The hypoechogenic image inside the endometrial cavity during menopause  
Speaker: Iuliana Ceausu (Romania)

High grade endometrial cancer. The same risk factors?

Synchronous endometrial and tube cancer

Immunohistochemical hormone receptors expression in high grade endometrial cancer

High grade endometrial cancer and menopausal status

Malignant diseases of the female genital organs on the territory the Grocka municipality for the period 2002-2014: good preventive measures?

Levonorgestrel intrauterine device and preservation of fertility in endometrial cancer grade I
Scientific Programme

Immunohistochemical analysis of collagen types I, III, matrix metalloproteinases -1, -9, and gonadal steroid receptors alterations on the pathophysiology of female pelvic organ prolapse and urinary incontinence

Resilience and urinary incontinence symptoms in postmenopausal women
Speaker: Ana M Fernandez-Alonso (Spain)

Vaginal pessary is the best option for some women
Speaker: Lidija Tasic (Serbia)

The relationship and the seasonal variation between vitamin D and total testosterone
Speaker: Kwangmin Kim (Korea, Republic of)

Andropause symptoms severity inventory (ASSI): preliminary study with a Portuguese sample

Sexual activity in patients with coronary artery disease

Creating a resource to support people living at home with an indwelling catheter

Lactation is associated with a lower risk of subclinical vascular disease after the menopause
Speaker: Eleni Armeni (Greece)

Cutoff value of pericardial adipose tissues in association with metabolic syndrome in aging Koreans

Association of vitamin D with the components of metabolic syndrome and coronary artery calcium score
Speaker: Pattama Tongdee (Thailand)

Noninvasive risk markers of Asian Body Shape Index for screening early atherosclerosis in perimenopausal/menopausal women
Speaker: Porntip Nimkuntod (Thailand)

Association between vitamin D deficiency and the risk factors for metabolic syndrome in postmenopausal women

Relationship between health literacy and hypertension knowledge among women in Isfahan Province, Iran

The effect of education intervention in Iranian postmenopausal women’s lifestyle with hypertension

Relationship between self-care behaviors and health literacy in hypertensive patients in Isfahan

Circulating sex hormones are associated with memory performance in postmenopausal women
Speaker: Eleni Armeni (Greece)

Vasomotor symptoms are associated with episodic memory in postmenopausal women
Speaker: Eleni Armeni (Greece)

Options of hormone replacement therapy effect on female’s self-rating at perimenopause

Association between patient depression level and hysterectomy satisfaction in the United States
Scientific Programme

Shattering the Mirror
The effects of Pueraria thomsonii flower extract on estrogenic activity, osteoblast differentiation and osteoclast formation in vitro
Speaker: Hosong Cho (Korea, Republic of)

Intake of Withania somenifera enhance the antioxidant property of aged mice
Early age at menopause: how should we empower them with health?

Improvement of NYHA in multimorbidity patients with heart failure treated with Entresto® (Sacubitril/Valsartan)
Speaker: Vincenzo Malafarina (Spain)

Investigating the financial status and social care of Iranian elderly

Women with the metabolic syndrome have evidence of subclinical arterial disease early after menopause
Speaker: Eleni Armeni (Greece)

Low levels of adiponectin predicts the incident non-alcoholic fatty liver disease in middle-aged Korean men and women
Speaker: Young-Sang Kim (Korea, Republic of)

The rs8135828 polymorphism of the THO complex subunit 5 (THOC-5) gene and its correlation to lipid and metabolic profile in mid-aged women
Speaker: Yung-Shun Juan (Taiwan, Republic of China)

Abdominal obesity as risk factor for deterioration of the quality of life in Afro-Colombian women
Speaker: Alvaro Monterrosa-Castro (Colombia)

Are individual or work-related factors associated with work outcomes in menopausal women?
Speaker: Amanda Griffiths (United Kingdom)

Bone mineral density and trabecular bone score in men with vertebral fractures
Speaker: Vladyslav Povoroznyuk (Ukraine)

Prevention of postmenopausal osteoporosis in Chinese women: a 5-year double-blind, randomized, parallel placebo control study
Speaker: Qi Yu (China)

Higher protein intake in Mexican women with osteoporosis independently of eating behavior
Speaker: Elsa Diaz Lopez (Mexico)

Osteoporosis and osteopenia treatments in a Mexican female population older than 50 years, recording medical experience
Speaker: Elsa Diaz Lopez (Mexico)

Study of sarcopenia in a female Mexican population older than 50 years
Speaker: Elsa Diaz Lopez (Mexico)

Skeletal muscle and hormonal status in postmenopausal women
Speaker: Vladyslav Povoroznyuk (Ukraine)
Scientific Programme

The clinical manifestation of the gynecologic emergency in postmenopausal women through the emergency room

Impact of pedometer-based walking on menopausal women’s sleep quality: a randomized controlled trial

Steroidogenic effect of Erxian decoction for relieving menopause via the p-Akt/PKB pathway in vitro and in vivo

Assessment of the effects of Tribulus terrestris and Tibolone on sexuality in post-menopausal women
Speaker: Sostenes Postigo (Brazil)

Use of rodent models in the study of menopausal symptoms: a review of experimental studies
Speaker: Xueyu Wang (China)

The experimental and theoretical investigation of diffusion of compound in blood flow
Speaker: Valeriya Maryakhina (Russian Federation)

Vaginal Microbiota in postmenopausal women treated with pulsed CO2 laser for genitourinary syndrome of menopause (GSM)

Identification of pre and post hysterectomy patient centered preferences in the United States: results of a focus group methodology
Speaker: Roopina Sangha (United States)

Functional ability: an effective biomarker of healthy ageing independently of multimorbidity
Speaker: Ignacio Ara (Spain)

Hysteroscopy and metrorrhagia in perimenopause
Speaker: Iuliana Ceausu (Romania)

Androgen excess and the menopause

Timely diagnosis is vital: the effect of delayed diagnosis on bone mineral density in women with premature ovarian insufficiency

Body mass index and obesity-related cancer risk in men and women with type 2 diabetes (ZODIAC-56)
Speaker: Angela Maas (Netherlands)

Loss of muscle mass in elderly with hip fracture: importance of Body Mass Index and functional capacity. Prospective observational study: PREFISSARC study
Speaker: Vincenzo Malafarina (Spain)

Perception of knowledge of female main cause of mortality, in a population of women from a health care institution in Chile
Speaker: Manuel Parra (Chile)

How well does AMH relate to the timing of menopause? Results of an individual patient data meta-analysis

The TyG index: a novel marker of subclinical atherosclerosis and arterial stiffness in lean postmenopausal women
Speaker: Eleni Armeni (Greece)

How Treating Women with VVA Saves Costs
Speaker: Nico Bruyniks (United Kingdom)
Scientific Programme

Illness perception in overweight and obesity and impact on bio-functional age
Speaker: Luisa Mathieu (Switzerland)

Reliability and validity of FSFI-6 in mid-aged Ecuadorian women
Speaker: Anastasia Armeni (Greece)

Endogenous dehydroepiandrosterone levels and its derivatives modifies the association between total estradiol and type 2 diabetes risk in postmenopausal women: The Rotterdam Study
Speaker: Ina Zaimi (Netherlands)

Seasonality of physical activity, sedentary behavior and nighttime sleep duration in middle aged and elderly population of the Rotterdam Study
Speaker: Magda C. Cepeda Gil (Netherlands)

Seasonality of insulin resistance, glucose and insulin levels among middle-aged and elderly participants of the Rotterdam Study
Speaker: Magda C. Cepeda Gil (Netherlands)

19:30 - 20:00

General Assembly
11th European Congress on Menopause and Andropause,
22 - 24.05.2017,
Amsterdam, Netherlands

Scientific Programme

Wednesday, 24 May 2017

Society Symposia
08:00 - 09:00

Society Symposium: New Clinical approaches in Osteoporosis (FLASCYM)

Chairs:
Chair: Sonia Cerdas (Costa Rica)

Osteoporosis in Latinoamerica.
Speaker: Gerardo Broutin (Costa Rica)

Myths and realities with Calcium and Vitamin D supplementation.
Speaker: Sonia Cerdas (Costa Rica)

Osteoporosis and Breast Cancer.
Speaker: Luis Danckers (Peru)

Society Symposia
08:00 - 09:00

E102

Society Symposium: British Menopause Society

Chairs:
Chair: Heather Currie (United Kingdom)

Premature Ovarian Insufficiency Registry - an update (BMS symposium)
Speaker: Nick Panay (United Kingdom)

Hormones and the heart, what's new
Speaker: John Stevenson (United Kingdom)

Update on hormones and urogynaecology.
Speaker: Tim Hillard (United Kingdom)

Society Symposia
08:00 - 09:00

E103

Society Symposium: Hellenic Society of Climacterium and Menopause - Managing the menopause in the context of risk factors for chronic disease: Case presentation

Chairs:
Chair: Irene Lambrinoudaki (Athens, Greece)
Chair: Amos Pines (Israel)

Early menopause and family history of breast cancer
Speaker: Sophia Kalantaridou (Greece)

Osteoporosis after breast cancer
Speaker: Areti Augoulea (Greece)
11th European Congress on Menopause and Andropause,  
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Metabolic syndrome and the menopause  
Speaker: Eleni Armeni (Greece)

Society Symposia  
08:00 - 09:00

Society Symposium: European Society of Gynecology - Adrenopause, Fertipause and Menopause: Problems and Solutions  
Chairs:  
Chair: Bart Fauser (Netherlands)  
Chair: Mark Brincat (Malta)  
Oral DHEA: impact on adrenal and circulating steroids  
Speaker: Andrea Genazzani (Italy)  
Estradiol-based contraceptives for perimenopausal patients?  
Speaker: Alfred Mueck (Germany)  
Pregnancy and birth at menopause: medical and social aspects  
Speaker: Joseph Schenker (Israel)

Society Symposia  
08:00 - 09:00

Chairs:  
Chair: Erdogan Ertungealp (Turkey)  
Chair: Hakan Seyisoglu (Turkey)  
Introduction: Comments of Turkish women on menopausal therapy  
Speaker: Levent M. Senturk (Turkey)  
Conventional menopausal therapy in Turkey  
Speaker: Berfu Demir (Turkey)  
New opportunities for ameliorating sexual disorders during premenopause and menopause  
Speaker: Tamer Erel (Turkey)  
New and herbal alternatives for hot flushes  
Speaker: Fatih Durmusoglu (Turkey)
11th European Congress on Menopause and Andropause,
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Scientific Programme

Plenary Session
09:15 - 10:15

Plenary Session: Aging, bones and joints

Chairs:
Chair: Rene Rizzoli (Switzerland)
Chair: Santiago Palacios (Spain)

Novel anabolic treatment strategies to postmenopausal osteoporosis 09:15 - 09:45
Speaker: Socrates Papapoulos (Netherlands)

Biomarkers for osteoarthritis 09:45 - 10:15
Speaker: Sita Bierma (Netherlands)

10:15 - 10:45
Coffee Break

10:15 - 10:45
Coffee Break

10:15 - 10:45
Coffee Break

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10:15 - 10:45
Coffee Break

10:15 - 10:45
Coffee Break
Parallel Session
10:45 - 12:15

Parallel Session: Gynecological oncology

Chairs:
Chair: Lian Ulrich (Denmark)
Chair: Curt Burger (Netherlands)

**Prevention of epithelial ovarian cancer: could it be possible?**
Speaker: Sean Kehoe (United Kingdom)

**Menopausal hormone therapy and breast cancer risk**
Speaker: Richard Farmer (United Kingdom)

**Obesity, insulin resistance and endometrial cancer risk**
Speaker: Faustino Perez-Lopez (Spain)

**Locally delivered progestogens and breast safety**
Speaker: Herman Depypere (Belgium)

Parallel Session: Osteoporosis

Chairs:
Chair: Socrates Papapoulos (Netherlands)
Chair: Santiago Palacios (Spain)

**Individualized fracture risk prediction**
Speaker: Tineke van Geel (Netherlands)

**Non pharmacological management of fracture risk**
Speaker: Vincenzo Malafarina (Spain)

**Clinical impact of different treatments of osteoporosis**
Speaker: Santiago Palacios (Spain)

**Osteoporosis in older men: a neglected disease**
Speaker: Rene Rizzoli (Switzerland)

Sponsored Symposium
10:45 - 11:30

Sponsored Symposium
Parallel Session
10:45 - 12:15

**Parallel Session: Cross-cultural differences in the management of aging**

**Chairs:**
Chair: Petra Stute (Bern, Switzerland)
Chair: Magda Armeanu (Netherlands)

10:45 - 11:05
Menopausal symptoms – comparing East and West
Speaker: Alfred Mueck (Germany)

11:05 - 11:25
Sex and culture
Speaker: Alessandra Graziottin (Italy)

11:25 - 11:45
Promoting longevity: a global approach
Speaker: Antonio Cano (Spain)

11:45 - 12:05
Global consensus statement on MHT: the way forward
Speaker: Tobie de Villiers (South Africa)

Sponsored Symposium
11:45 - 12:30

**Sponsored Symposium**

12:30 - 14:00

**Lunch Break**

12:30 - 14:00

**Lunch Break**

12:30 - 14:00

**Lunch Break**

12:30 - 14:00

**Lunch Break**
Ask the Expert: Non-HT, alternative and complementary therapies for menopause: Discussion of clinical cases

Chairs:
Chair: Tobie de Villiers (South Africa)
Chair: Dorenda van Dijken (Netherlands)

1. - A 45-year old woman asks advice about how her hot flushes can be dealt with. She is taking tamoxifen following lumpectomy and radiotherapy for breast cancer. What would be your initial recommendation?
   Speaker: Margaret Rees (United Kingdom) 14:15 - 14:35

2. - A 50-year old perimenopausal woman presenting with depressive symptoms, hot flushes and sleep disturbances, not wanting hormone therapy.
   Speaker: Petra Stute (Switzerland) 14:35 - 14:55

3. - A 52-year old woman with hot flushes and fatigue refuses to receive MHT. She has already tried some herbal products, which were not effective enough. She asks whether there are alternative medications with proven effects.
   Speaker: Amos Pines (Israel) 14:55 - 15:15

4. - A 60-year old woman, 8 years postmenopausal with osteopenia at the femoral neck (T-score -2.3).
   Speaker: Sonia Cerdas (Costa Rica) 15:15 - 15:35

Ask the Expert: Genitourinary syndrome of menopause: counselling, drugs and lasers: Discussion of clinical cases.

Chairs:
Chair: Marco Gambacciani (Italy)
Chair: Tamer Erel (Turkey)

1. - A 69-year old woman presents with recurrent E-coli cystitis, despite repeated antibiotic treatment.
   Speaker: Manuel Neves e Castro (Portugal) 14:15 - 14:30

2. - Maria, 45 years of age, has premature menopause and is on menopausal hormone therapy (MHT). She presents with recurrent urinary tract infections.
   Speaker: Rossella Nappi (Italy) 14:30 - 14:45
3. - A 40-year old woman with premature menopause due to ER positive breast cancer treatment suffers from serious sexual difficulties due to dyspareunia.
Speaker: Ivan Fistonic (Croatia)

4. - A 48-year old woman with normal menstrual cycles presents with vulvar pain and itching. Physical examination is unremarkable and vaginal fluid cultures negative.
Speaker: Mark Brincat (Malta)

Parallel Session
14:15 - 15:45
Parallel Session: Pregnancy in women over 40
Chairs:
Chair: Sophia Kalantaridou (Greece)
Chair: Didi Braat (Netherlands)

Prediction of decreased ovarian reserve and menopause
Speaker: Frank Broekmans (Netherlands)

Fertility problems in late reproductive years
Speaker: Levent M. Senturk (Turkey)

Assisted reproduction for POI patients and for (Peri-)menopausal women
Speaker: Femi Janse (Netherlands)

Age 50 plus and pregnancy. Ethical considerations.
Speaker: Basil Tarlatzis (Greece)

Society Symposia
14:15 - 15:45
Society Symposium: Erasmus MC Women and cardiometabolic health: transition through menopause
Chairs:
Chair: Oscar H. Franco (Netherlands)
Chair: Maryam Kavousi (Netherlands)

Hot topics in CVD prevention in women.
Speaker: Maryam Kavousi (Netherlands)

Androgens & cardiovascular health: myth or hope?
Speaker: Loes Jaspers (Netherlands)

Estrogen receptor β actions in the female cardiovascular system: a systematic review of animal and human studies
Speaker: Taulant Muka (Netherlands)

The role of sex hormones in diabetes in postmenopausal women.
Speaker: Jeanine Roeters van Lennep (Netherlands)
Scientific Programme

15:45 - 16:15
Coffee Break

15:45 - 16:15
Coffee Break

15:45 - 16:15
Coffee Break

15:45 - 16:15
Coffee Break

15:45 - 16:15
Coffee Break

Parallel Session
16:15 - 17:45
Exhibition

Parallel Session: Aging skin and hair

Chairs:
Chair: Edith de Boer (Amsterdam, Netherlands)
Chair: Dorenda van Dijken (Netherlands)

Ultraviolet exposure and skin health
Speaker: Christian Surber (Switzerland)
16:15 - 16:35

Over-the-counter antiaging products: science and fiction
Speaker: Michael Sherratt (United Kingdom)
16:35 - 16:55

Managing hair loss in midlife women
Speaker: Edith de Boer (Netherlands)
16:55 - 17:15

Cosmetics and women’s health
Speaker: Amos Pines (Israel)
17:15 - 17:35

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Parallel Session
16:15 - 17:45

Parallel Session: Steroids and health in aging women

Chairs:
Chair: Monique Brood
Chair: Manuel Neves e Castro (Portugal)

**Prophylactic oophorectomy and long term health risk**  
Speaker: Lian Ulrich (Denmark)

16:15 - 16:35

**Cardiovascular risk in women with premature ovarian insufficiency compared to premenopausal women at middle age**  
Speaker: Nadine Daan (Netherlands)

16:35 - 16:55

**Hypothalamic -Pituitary - Adrenal (HPA) aging: a source of disease?**  
Speaker: George Mastorakos (Greece)

16:55 - 17:15

**Androgen therapy in women: for whom and when**  
Speaker: Nicola Pluchino (Switzerland)

17:15 - 17:35

Society Symposia
16:15 - 17:15

**Society Symposium: COGI - Menopause and infertility**

Chairs:
Chair: Bart Fauser (Netherlands)
Chair: Zion Ben-Rafael (Israel)

**Can ovarian response to stimulation predict early menopause**  
Speaker: Sophia Kalantaridou (Greece)

16:15 - 17:15

**Do PCOS patients have delayed ovarian aging?**  
Speaker: Zion Ben-Rafael (Israel)

**Strategies and successful outcome in Oocyte freezing. A possible solution in pre POF women**  
Speaker: Mark Brincat (Malta)

Oral
16:15 - 17:45

**Oral Communications 4**

Chairs:
Chair: Vincenzo Malafarina (Spain)
Chair: Gijs Teklenburg (Netherlands)

**Factors associated with climacteric symptoms in a sample of Brazilian women**  
Speaker: Maria Celeste Osorio Wender (Brazil)
Scientific Programme

Muscle and joint pains in middle-aged women are associated with insomnia and low grip strength
Speaker: Masakazu Terauchi (Japan)

Immigrant women’s experiences and perceptions of the menopausal transition and post-menopausal life: a systematic review
Speaker: Karin A. Stanzel (Australia)

Age at natural menopause and life expectancy with and without type 2 diabetes
Speaker: Eralda Asllanaj (Netherlands)

Stakeholder perceptions of what makes a care home homely
Speaker: Anne Fleming (United Kingdom)

Skeletal muscle and vitamin D level in women of various ages
Speaker: Vladyslav Povoroznyuk (Ukraine)

Objective measures of activity in the elderly: Distribution and associations with demographic and health factors
Speaker: Chantal M. Koolhaas (Netherlands)

Oral Communications 5

Chairs:
Chair: Santiago Palacios (Spain)
Chair: Bart van Aken (Netherlands)

Bone mineral density and trabecular bone score in Ukrainian men with obesity
Speaker: Vladyslav Povoroznyuk (Ukraine)

Study of the effects of Tribulus terrestris on sexuality in post-menopausal women by inventory of sexual satisfaction - female version (GRISS)
Speaker: Sostenes Postigo (Brazil)

Bisphosphonate and denosumab “holiday” in postmenopausal osteoporosis: a systematic review of randomized-controlled trials
Speaker: Panagiotis Anagnostis (Greece)

Low BMD is a red flag for sarcopenia in climacteric women as shown in a data preliminary analysis
Speaker: Pablo Lavin (Chile)

Health promoting effect of synbiotic yogurt containing pomegranate polyphenols: scientific evidence
Speaker: Lily Stojanovska (Australia)

Prescribing for the oldest old
Speaker: Angela Kydd (United Kingdom)
Scientific Programme

Metabolic effects of the Cimicifuga racemosa extract Ze 450 in vitro and in ob/ob mice

Neurokinin 3 receptor antagonism as a novel treatment for menopausal hot flushes: a phase 2, randomised, double-blind, placebo controlled trial
Speaker: Julia Prague (United Kingdom)

Plenary Session
18:00 - 19:00

Plenary Session: Cancer prevention

Chairs:
Chair: Margaret Rees (United Kingdom)
Chair: Herman Depypere (Ghent, Belgium)

Prevention of HPV-associated cancers
Speaker: Sean Kehoe (United Kingdom) 18:00 - 18:30

Prevention of uterine and ovarian cancer
Speaker: Lian Ulrich (Denmark) 18:30 - 19:00

Opening / Closing Ceremony
19:00 - 19:30

Closing ceremony

Chairs:
Chair: Irene Lambrinoudaki (Athens, Greece)
Chair: Dorenda van Dijken (Netherlands)
Chair: Tommaso Simoncini (Italy)

Announcement of Awards: • Best New Investigator • Best Poster • Best Oral Presentation
Speaker: Margaret Rees (United Kingdom) 19:00 - 19:10