Scientific Programme

Friday, 19 October 2018

Poster presentations
08:30 - 17:00

Exhibition & poster viewing

Exhibition & poster viewing (hall 3)

**Exhibition & poster viewing**

- The effectiveness of facebook in highlighting musculoskeletal physiotherapy advice to service users within Ayrshire
  Stuart Buchan (NHS Ayrshire and Arran, University Hospital Ayr, Ayr, United Kingdom)

- Leg length discrepancy; outcomes after biomechanical pressure plate assessment and guided management in a military population
  Katherine Cook (MoD, Tidworth, United Kingdom)

- Improving documentation and consideration of psychosocial factors in musculoskeletal physiotherapy
  Heather Gillham (Nuffield Health, Epsom, United Kingdom)

- The management of suspected Cauda Equina Cases in A&E after referral from a telephone triage physiotherapy service
  Robin Higginson (Nuffield Health, Epsom, United Kingdom)

- An audit to explore the efficient and effective use of MRI scans and referral pathways in a musculoskeletal interface service
  Ben Jeeves (Staffordshire & Stoke on Trent Partnership Trust, Stoke on Trent, United Kingdom)

- An investigation into the effectiveness of steroid injections in MSK pathologies in reducing secondary care referrals within an MSK/CATS service
  Harry Kardamilas (NHS Buckinghamshire Musculoskeletal Integrated Care Service (MusIC), High Wycombe, United Kingdom)

- Best evidence for a better back (BE FABB) - Triage, assessment and education service for patients with low back pain
  Alex Porter (The Hillingdon Hospitals NHS Foundation Trust, Uxbridge, United Kingdom)

- Clinical agreement of MSK out-patient (OP)B6 physiotherapist and Clinical Specialist Physiotherapist (CSP) in the management of patients with MSK conditions
  Mansi Shah (Southern Health NHS Foundation Trust, Southampton, United Kingdom)

- Psychosocial conversation inclusion in telephone based advanced level physiotherapy triage service
  Vicki Wood (Nuffield Health, Epsom, United Kingdom)

- Measuring change following an acute bleed episode - What outcome measures do Haemophilia patients think are of most value?
  Elizabeth Bradshaw (University Hospitals Bristol NHS Foundation Trust, Bristol., United Kingdom)

- Data for impact: Exploring the benefits of standardised data collection in private physiotherapy practices across the UK
  Elizabeth Bryant (University of Brighton, Eastbourne, United Kingdom)

- What are the experiences of therapists using the online Back Skills training and implementing it within clinical practice?
  Baerbel Christou (Oxford University Hospitals, Oxford, United Kingdom)
Medical students’ attitudes to non-medical clinical supervision in an interprofessional orthopaedic community of practice model
Susan Critchley (Royal Liverpool and Broadgreen University Hospitals NHS Trust, Liverpool, United Kingdom)

Medium to long-term functional outcome after total knee arthroplasty following enhanced recovery programme
Yvonne Louise Crosby (University of Salford, Salford, United Kingdom)

Perceptions of low back pain in elite gymnastics: a multi-disciplinary qualitative focus group
Louise Fawcett (British Gymnastics - English Institute of Sport, Shropshire, United Kingdom)

Can a training programme in motivational interviewing change musculoskeletal physiotherapists’ practice? The example of low back pain
Lesley Jane Haig (London South Bank University, London, United Kingdom)

A qualitative study of reconceptualisation after pain neurophysiology education for adults with chronic low back pain
Richard King (Newcastle upon Tyne Hospitals NHS Foundation Trust, Newcastle, United Kingdom)

The patient journey following lumbar spinal fusion surgery: Semi structured interviews to capture the early days
Annabel Masson (University of Birmingham, Birmingham, United Kingdom)

Understanding the lived experiences of the patient journey following lumbar spinal fusion surgery using weekly patient diaries
Annabel Masson (University of Birmingham, Birmingham, United Kingdom)

Plus size people in the working environment: A qualitative study exploring the issues
Annabel Masson (University of Birmingham, Birmingham, United Kingdom)

Evaluation of an undergraduate student mentorship programme (SMP) within a national specialist centre
Nicola Mault (Royal National Orthopaedic Hospital Stanmore, Stanmore, United Kingdom)

Knowledge and utilization of physiotherapy among Nigeria premier league coaches/managers
Kabir Isah Mayana (Saford University, Salford, United Kingdom)

Leader’s behaviors for promoting innovation in a multidisciplinary musculoskeletal service
Narender Nalajala (Ashford and St Peters Hospital NHS Trust, Chertsey, Surrey, United Kingdom)

Relevance between gluteal muscles activity and lower limb injuries in athletic population: A narrative review
Aws Obaid (Royal Commission Medical Center _ Yanbu, Makkah, Saudi Arabia)

The emerging role of physiotherapists in the management of people with Polymyalgia Rheumatica; findings from a UK qualitative study
Anne V O’Brien (Keele University, Keele, Staffordshire, United Kingdom)

Helping people to help themselves: an eight-week mindfulness course for people living with a long-term inflammatory condition
Jean Phillips (University hospital Ayr, Ayr, United Kingdom)

The experiences of clinical educators and Bsc physiotherapy students of an NHS outpatient’s clinical placement
John Rice (Cwm Taf University Healthboard Trust, Mountain Ash, United Kingdom)
Clinician’s experiences and views on the use of suprascapular nerve block injections in the management of shoulder pain
Neil Smith (Sandwell and West Birmingham Hospitals NHS Trust, West Bromwich, United Kingdom)

The experience of living with patellofemoral pain: Loss, confusion and fear-avoidance - a UK qualitative study
Benjamin Smith (Derby Teaching Hospitals NHS Foundation Trust, Derby, United Kingdom)

Barriers and facilitators of loaded self-managed exercises and physical activity in people with patellofemoral pain - A UK qualitative study
Benjamin Smith (Derby Teaching Hospitals NHS Foundation Trust, Derby, United Kingdom)

Being a practitioner in musculoskeletal practice as lived and experienced by newly qualified physiotherapists
Richard Stanley (University of Brighton, Brighton, United Kingdom)

What matters most to people in musculoskeletal physiotherapy consultations? A qualitative study
Rob Stenner (Somerset Partnership NHS Foundation Trust, Taunton, United Kingdom)

A survey of physiotherapy practice in the United Kingdom for patients with greater trochanteric pain syndrome
Gareth Stephens (Royal Orthopaedic Hospital NHS Trust, Birmingham, United Kingdom)

Perspectives and profiles of repeatedly re-referred patients to musculoskeletal physiotherapy outpatient departments: A focus group study

Visualizing the effect of manual techniques on T helper cells of immune system in normal subjects
Ahmed Abdelfattah (Faculty of Physical Therapy - Cairo University, Cairo, Egypt)

Strain counter strain technique versus kinesio tape in treating patients with myofascial neck pain syndrome
Ahmed Abdelfattah (Faculty of Physical Therapy - Cairo University, Cairo, Egypt)

Hamstring stretch reflex: Could it be a reproducible objective measure of functional knee stability?
Jawad Abulhasan (University of Birmingham, Birmingham, United Kingdom)

Recognising left and right trunk movements in people with low back pain: The effect of image-type on performance
Latifah Alazmi (University of Birmingham, Birmingham, United Kingdom)

Measuring upper limb disability in patients with neck pain: Evaluation of the acceptability of the single arm military press test
Ahmad Alreni (Sheffield Hallam University, Sheffield, United Kingdom)

Measuring upper limb disability in patients with neck pain: Evaluation of the reliability of the single arm military press test
Ahmad Alreni (Sheffield Hallam University, Sheffield, United Kingdom)

People with chronic neck pain perform active neck movements in a less variable way
Feras Alsultan (University of Birmingham, Birmingham, United Kingdom)

Neuromuscular changes in football players with previous hamstring injury
Carlos Areia (University of Aveiro, Aveiro, Portugal)
Knee arthroplasty patients predicted versus actual recovery: What are their expectations about time of recovery for functional activities following surgery?
Karen Barker (University of Oxford, Oxford, United Kingdom)

Are NHS-employed musculoskeletal physiotherapists in England mis-diagnosing Cauda Equina syndrome?
Natalie Beswetherick (Chartered Society of Physiotherapy, London, United Kingdom)

The impact of varying interphase interval on neuromuscular electrical stimulation-induced muscle performance and perceived comfort
C. Scott Bickel (Samford University, Birmingham, United States of America)

Does physical activity change following total knee arthroplasty?
Bodor Bin sheeha (Princess Nora bint Abdul Rahman University, KSA)

Can loss aversion be applied to health conditions?
Nafiseh Brojerdian (Manchester Metropolitan University, Manchester, United Kingdom)

Optimising marginal gains in MSK physiotherapy: A means for achieving results?
Debbie Crerar (NHS Lothian, Edinburgh, United Kingdom)

The effect of SNAGs at L4/5 on the range of flexion compared to repeated flexion, assessed via three independent measures
Richard Day (Cardiff University, Cardiff, United Kingdom)

Trunk and neck movements are reduced in people with chronic neck pain when walking along a curved trajectory
Alessandro Marco De Nunzio (University of Birmingham, Birmingham, United Kingdom)

A pre-test/post-test study investigating the effects of a 6 week inspiratory muscle training programme on inspiratory muscle strength and breathlessness
Jacob Eyres (Walsall Football Club, Walsall, United Kingdom)

Shearwave elastography to quantify stiffness of selected upper and lower limb muscles: An intra and inter-rater reliability study
Elizabeth Gibbens (University of Birmingham, Birmingham, United Kingdom)

Immediate effects of lateral abdominal muscle exercise in different postural positions on the inter-recti distance in parous women
Samantha Gillard (University of Worcester, Worcester, United Kingdom)

Self-applied soft tissue therapy for fibromyalgia syndrome: A randomised controlled feasibility study

Muscle tibialis anterior fatigue protocol effects on kinetic and kinematic parameters of gait and balance: a laboratory study
Halime Gulle (Queen Mary University of London, London, United Kingdom)

Targeting physiotherapy to patients at risk of poor outcomes following total knee arthroplasty: The TRIO randomised controlled trial
David Hamilton (University of Edinburgh, Edinburgh, United Kingdom)

The intra-rater and inter-rater reliability of a method measuring the sagittal curvature of the spine using surface topography
Erin Hannink (Oxford Brookes University, Headington, United Kingdom)

Acute effects of neuromuscular electrical stimulation combined with varying degrees of blood flow restriction on muscular, cardiovascular and perceptual variables
Physiotherapy management of thoracic spine pain and dysfunction: a UK current survey
Nicola Heneghan (University of Birmingham, Birmingham, United Kingdom)

Lack of exercise induced hypoalgesia in response to repeated lifting in individuals with low back pain
Pauline Kuithan (University of Birmingham, Birmingham, United Kingdom)

The relationship between spinal rotation and lung function in patients with scoliosis
Georgina Lawless (Scoliosis SOS, London, United Kingdom)

Reduced knee-extensor torque steadiness and higher motor unit discharge rate variability in individuals with patellofemoral pain
Eduardo Martinez-Valdes (University of Birmingham, Birmingham, United Kingdom)

Plus size people in the working environment: Understanding current anthropometric measurement data to inform workplace design
Annabel Masson (University of Birmingham, Birmingham, United Kingdom)

The effectiveness of eccentric loading exercises in the management of rotator cuff tendinopathy: a structured literature review
Nicola McCormick (Glasgow Caledonian University, Glasgow, United Kingdom)

An unrecognised masquerader: A retrospective review of people presenting to musculoskeletal physiotherapy with undiagnosed spondyloarthritis
Carol McCrum (East Sussex Healthcare NHS Trust, Eastbourne, United Kingdom)

Do Society of Musculoskeletal Medicine physiotherapists aim to increase thoracic spine movement within management of chronic subacromial impingement syndrome (SIS)?
Simon Meadows (HACW NHS Trust, Evesham, United Kingdom)

Detection of heat and cold pain thresholds: An intra and inter rater reliability study
Nicola Middlebrook (University of Birmingham, Birmingham, United Kingdom)

Duration of symptoms and outcomes of treatments in musculoskeletal patients in private practice
Shemane Murtagh (University of Brighton, Eastbourne, United Kingdom)

Exploring the psychometric properties of the Brighton musculoskeletal patient reported outcome measure
Shemane Murtagh (University of Brighton, Eastbourne, United Kingdom)

Accuracy of palpation guided and ultrasound guided coracohumeral ligament infiltrations by a physiotherapist and physician - A cadaveric case series
John Pape (North Tees and Hartlepool NHS Foundation Trust, Stockton-on-Tees, United Kingdom)

Test-retest reliability of wrist joint position sense in healthy adults in a clinical setting
Chloë Pilbeam (Derby Teaching Hospitals NHS Foundation Trust, Derby, United Kingdom)

Return to work following arthroscopic supraspinatus repair: A survey of current UK practice
Jayanti Rai (East Kent Hospitals NHS Trust, Canterbury, United Kingdom)

Physiotherapy for musculoskeletal shoulder pain: baseline assessment and patient characteristics associated with patient expectation of recovery
Matthew Richardson (Addenbrooke’s Hospital, Cambridge, United Kingdom)

Return to play and recurrence rate following hamstring injury in elite football: Use of the British Athletic Muscle Injury Classification
Alison Rushton (Reader, University of Birmingham, United Kingdom)
Evaluation of Achilles tendon stiffness during contraction using strain sonoelastography
Alessandro Schneebeli (University of Applied Sciences and Arts of Southern Switzerland (SUPSI), Manno, Switzerland)

Comparison of attitudes and beliefs related to chronic pain in BSc and MSc pre-registration physiotherapy students: An observational, cross-sectional study
Jacob Tennant (Glasgow Caledonian University, Glasgow, United Kingdom)

Sex differences in the efficacy of burst TENS on experimentally induced ischaemic pain: A double-blinded, placebo-controlled, crossover trial
Fiona Gassner (Glasgow Caledonian University, Glasgow, United Kingdom)

Comparison of sleeper stretch versus glenohumeral joint mobilisation on range of movement of 3 posterior shoulder tests in asymptomatic participants
Samantha Simmonds (Western Sussex Hospitals Foundation Trust, Worthing, United Kingdom)

Stratified care with an initial biopsychosocial group education session is a viable means of managing patients with low back pain/sciatica
Brian Slattery (NHS Lanarkshire, Glasgow, United Kingdom)

Return to sport decision-making following anterior cruciate ligament reconstruction surgery. An online survey of current United Kingdom based physiotherapy practice
Ian Smith (Lewisham and Greenwich NHS Trust, London, United Kingdom)

Predictors of hospital admission due to falls and fractures in people with schizophrenia spectrum disorder: a large representative cohort study
Brendon Stubbs (King’s College London, London, United Kingdom)

Predictors of falls and fractures leading to hospitalisation in people with dementia: A representative cohort study
Brendon Stubbs (King’s College London, London, United Kingdom)

Treatments of exercise and orthotic devices for plantar heel pain: The TREADON feasibility and pilot study
Martin J. Thomas (Keele University, Staffordshire, United Kingdom)

The relationship of gross upper and lower limb motor competence to measures of health and fitness in adolescents aged 13-14 years
Benjamin David Weedon (Oxford Brookes University, Oxford, United Kingdom)

Prevalence of anxiety and depression in people living with patellofemoral pain in the UK: The Dep-Pf study
James Wride (Royal Devon & Exeter NHS Foundation Trust, Exeter, United Kingdom)

Psychologically informed management of low back pain: An evaluation of physiotherapists’ attitudes and beliefs
Doré Mae Young (University of Manchester, Manchester, United Kingdom)

Management of atraumatic shoulder instability - Updated results of the Derby Shoulder Instability Rehabilitation Programme
Marcus Bateman (Derby Teaching Hospitals NHS Foundation Trust, Derby, United Kingdom)

Management of tennis elbow: A survey of UK Clinical Practice
Marcus Bateman (Derby Teaching Hospitals NHS Foundation Trust, Derby, United Kingdom)

Current physiotherapy practice in the management of tennis elbow: A service evaluation
Marcus Bateman (Derby Teaching Hospitals NHS Foundation Trust, Derby, United Kingdom)
Measuring outcomes in MSK: Analysis of practice and recommendations for development
Chris Blythin (Southern Health NHS Foundation Trust, Lymington, United Kingdom)

An international survey of the current use of electrical stimulation in the treatment of adult traumatic brachial plexus injuries
Hazel Brown (Royal National Orthopaedic Hospital, Stanmore, United Kingdom)

Big data in MSK: Patient-reported outcome measures (PROM’s) following secondary care NHS musculoskeletal physiotherapy
Mike Bullock (Nottingham University Hospitals NHS Trust, Nottingham, United Kingdom)

Routine x-rays for suspected frozen shoulder offer little over diagnosis based on history and clinical examination alone
Paula Deacon (Staffordshire & Stoke on Trent Partnership NHS Trust, Lichfield, United Kingdom)

Pilot of an advanced practitioner physiotherapist to improve the triage process and assess patients with non-inflammatory conditions in rheumatology
Sarah Fish (Lancashire Care NHS Trust, Darwen, United Kingdom)

Evaluation of a functional shoulder strengthening programme: A comparison of rehabilitation provided by a qualified physiotherapist versus physiotherapy assistant
Grace Gadsby (Burton Hospitals NHS Foundation Trust, Burton-on-Trent, United Kingdom)

From MSK to TK2A: A musculoskeletal physiotherapists creative research capacity building journey
Cheryl Grindell (Sheffield Teaching HospitalsNHSFT, Sheffield, United Kingdom)

Evaluation of patients presenting to secondary-care with back pain and history of cancer: Retrospective analysis of NICE-CG75 and service delivery
Laura Groom (RLBUHT, Liverpool, United Kingdom)

A service evaluation of physiotherapy direct self-referral to improve patient access to MSK physiotherapy
Nicholas Harris (Western Sussex Hospitals NHS Foundation Trust, Worthing, United Kingdom)

Way Forward Doncaster: The co-production of contextually sensitive interventions to implement Making Every Contact Count in Muskulo-Skeletal Outpatient Physiotherapy
Jennifer Harris (Doncaster & Bassetlaw Teaching Hospitals NHS Foundation Trust, Doncaster, United Kingdom)

A service evaluation of prescribed only medications (POMs) issued during a 12-month period in a musculoskeletal physiotherapy primary care service
Christopher Hayes (Staffordshire & Stoke on Trent Partnership NHS Trust, Lichfield, United Kingdom)

Introduction of the physiotherapy led clinic in the emergency department for suspected scaphoid fractures
Natalie Hayward (Betsi Cadwaladr University Health Board, Wrexham, United Kingdom)

Giving a face to remote management - The digital future of physiotherapy
Joseph Head (IPRS Health, Ipswich, United Kingdom)

Delaying knee flexion after unicompartamental knee replacement leads to improved outcomes: Changes to a physiotherapy pathway.
Cathy Jenkins (Nuffield Orthopaedic Centre, Oxford University Hospitals NHS Foundation Trust, Oxford, United Kingdom)

Clinical conversations: Assessing the impact of training on patient experience
Owen Ledbetter (Nuffield Health, Epsom, United Kingdom)
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Evaluation of treatments and outcomes, red flags and signs and symptoms for cervicogenic headache, in a musculoskeletal setting
Fiona Lucas (First Choice Physiotherapy, Dorset, United Kingdom)

The challenges of implementing an already proven occupational healthcare model: A bad news story
Jenny McCullough (St George's University Hospitals NHS Foundation Trust, London, United Kingdom)

Audit of a dedicated scaphoid pathway
Andrew McDonough (Salford Royal NHS Foundation Trust, Salford, United Kingdom)

Developing an evidence-based Making Every Contact Count (MECC) model of practice within MSK physiotherapy services
Caroline Moss (Bury Care Organisation, Northern Care Alliance, United Kingdom)

Recommendations for a protocol for the rehabilitation of paediatric anterior cruciate ligament reconstruction
Helen Reeves (Mrs, Southampton, United Kingdom)

Impact of a physiotherapy general rehabilitation class on patient outcomes with lower limb pathology
Lloyd Renals (Western Sussex Hospitals NHS Trust, Worthing, United Kingdom)

Cognitively informed exercise and educational group in patients with persistent low back pain: a service evaluation
John Robbins (Bristol Community Health, Bristol, United Kingdom)

The national and international uptake and use of the stratified care approach (STarT Back (SB)) for low back pain
Kay Stevenson (Keele University, Newcastle under Lyme, United Kingdom)

How do you meet the HCPC and CSP standards and regulations and could you evidence it?
Sarah Tribe (Physiotherapy Audit Ltd, Ascott under wychwood, United Kingdom)

Delivering self-management for LBP via a digital solution in primary care - a sustainable solution for a growing problem
Ben Wanless (St George's University Hospital NHS Trust, London, United Kingdom)

Evaluation of the Southampton Children's Hospital Physiotherapy led back pain clinic
Caroline Webster (University Hospital Southampton, Southampton, United Kingdom)

Standardising physiotherapy provision for patients with haemophilia
Anna Wells (Hampshire Hospitals NHS Foundation Trust, Basingstoke, United Kingdom)

What intervention components work best to maintain physical activity in older people? A systematic review
Sarah Audsley (University of Nottingham, Nottingham, United Kingdom)

Surgery for tennis elbow: A systematic review
Marcus Bateman (Derby Teaching Hospitals NHS Foundation Trust, Derby, United Kingdom)

A modified systematic review of the evidence of cultural-inclusion in RCTs of long-term problematic pain in the last 2 years
Maria Cass (Birmingham Community Healthcare NHS Foundation Trust, Birmingham, United Kingdom)

How employers can reduce physical inactivity: A systematic review
John Doyle (Nuffield Health, Epsom, United Kingdom)
Red flags for the early detection of Spinal Infection in back pain patients? A systematic scoping review  
Laura Finucane (Consultant Physiotherapist, Sussex MSK Partnership, United Kingdom)

Self-efficacy as a prognostic factor and treatment moderator in chronic musculoskeletal pain patients attending pain management programmes: A systematic review  
Rebecca Hayward (Keele University, Staffordshire, United Kingdom)

Thoracic spine exercise prescription in sport: a narrative review  
Nicola Heneghan (University of Birmingham, Birmingham, United Kingdom)

Do you know if your assessments are biased? Cognitive biases and heuristics may affect musculoskeletal assessment and clinical decision-making  
Wendy Johnson (NHS Lothian, Edinburgh, United Kingdom)

Diagnostic accuracy of upper limb neurodynamic tests for the assessment of peripheral neuropathic pain: A systematic review  
Konstantinos Koulidis (University of Birmingham, Birmingham, United Kingdom)

The influence of musculoskeletal pain disorders on muscle synergy  
Bernard Liew (University of Birmingham, Birmingham, United Kingdom)

An investigation into the evidence for subacromial corticosteroid injections for subacromial impingement syndrome  
Gemma O'Donnell (Southern Health and Social Care Trust, Portadown, United Kingdom)

Dizziness: differential characteristics for patients with vertebral artery dissection, vertebrobasilar insufficiency and benign paroxysmal positional vertigo  
Robert Hart (Betsi Cadwaladr University Health Board, Wrexham, United Kingdom)

“Moving forwards with Fibromyalgia”: The role of the Physical Activity Specialist to reduce the pressure on secondary care pain clinics  
Andrew Howell (Torbay and South Devon NHS Foundation Trust, Torquay, United Kingdom)

Frailty practitioner-PEACE planning for nursing home residents in East Sussex: An audit of hospital admissions, pre and post PEACE planning  
Helen Hunnisett (Frailty Practitioner, East Sussex Healthcare NHS Trust, United Kingdom)

A review of the appropriateness and accuracy of urgent MRI referrals in an MSK-CATS service  
James Lee (Care UK, High Wycombe, United Kingdom)

Supported self-management model reduces hospital admissions in paediatric neuro-respiratory patients  
Richard Macphee (NHS Lanarkshire, Hamilton, United Kingdom)

A survey of hyperinflation techniques in ICU based physiotherapists in the UK  
Kirsty O'Donnell (University of Cumbria, Carlisle, United Kingdom)

Filling the gap - The implementation of a graduate development programme in the primary care musculoskeletal setting  
Tamsin Baird (Connect Health, Newcastle Upon Tyne, United Kingdom)

Reflective practice as part of the Association of Chartered Physiotherapists in Sports and Exercise Medicine CPD pathway: UK physiotherapists’ experiences  
Nicole Bausch (Urban Body Physiotherapy, Solihull, United Kingdom)
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Exploring employability skills development in the context of undergraduate level cardiorespiratory physiotherapy: student views
Amy Bendall (Cardiff University, Cardiff, United Kingdom)

Love Activity, Hate exercise? A consultative approach to developing a national physical activity campaign from the Chartered Society of Physiotherapy
Priya Dasoju (Chartered Society of Physiotherapy, London, United Kingdom)

An exploration of the coping strategies adopted by undergraduate physiotherapy students to overcome perceived difficulties
Georgina Chetwood (Keele University, Newcastle-under-Lyme, United Kingdom)

Progressing a robust approach to safe and effective staffing levels: Securing a focus on patient needs and outcomes
Sally Gosling (Chartered Society of Physiotherapy, London, United Kingdom)

Securing influence in the advanced practice agenda: Enhancing opportunities for physiotherapy workforce development through engagement in multi-professional initiatives
Sally Gosling (Chartered Society of Physiotherapy, London, United Kingdom)

Student explorations of disability attainment inequalities in pre-registration physiotherapy - a qualitative study
John A. Hammond (Kingston University and St Georges University of London, London, United Kingdom)

Physiotherapy apprenticeships - Building on the experiences of in-service physiotherapy students
Joanna Jackson (University of Essex, Colchester, United Kingdom)

Role emerging placements in physiotherapy: Student experiences and practical considerations
Rachel Kyte (University of Worcester, Worcester, United Kingdom)

An exploration of physiotherapy students’ experiences of different models of clinical supervision
Alyson Norwood (Coventry University, Coventry, United Kingdom)

Designing a pre-registration integrated Doctorate in Physiotherapy programme to address future workforce capacity
Sivaramkumar Shanmugam (Glasgow Caledonian University, Glasgow, United Kingdom)

Exploring the experiences of final-year BSc (Hons) physiotherapy students’ that influence views on future career specialisation in cardiorespiratory physiotherapy
Holly Anne Thomas (Cardiff University, Cardiff, United Kingdom)

Developing consensus based competencies, in safe and effective antimicrobial use, for United Kingdom healthcare professional education
Pip White (The Chartered Society of Physiotherapy, London, United Kingdom)

Self perceived and actual physical functional abilities in adults with cerebral palsy
Ram Krishnamurthy (Leeds Community Healthcare NHS Trust, Leeds, United Kingdom)

The effect of undergraduate education on pain-related attitudes and beliefs in healthcare students: An observational, cross sectional study
Nathan Augeard (Glasgow Caledonian University, Glasgow, United Kingdom)

A specialist led back pain service in primary care. Advanced Practice Physiotherapists (APP) working as first contact practitioners (FCPs)
Nicola Akehurst (Royal Free London NHS Trust, Barnet, United Kingdom)
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**Transformation of MSK services in Halton Cheshire to First Contact Practitioner model**
Lisa Horne (Warrington and Halton NHS Foundation Trust, Runcorn, United Kingdom)

**A two year service evaluation of first contact musculoskeletal (MSK) physiotherapy roles within primary care in Taunton**
Simon Ingram (Taunton and Somerset NHS Foundation Trust, Taunton, United Kingdom)

**Developing therapy services to support frail patients through an acute hospital admission.**
Charlotte Kane (UH Bristol NHS Foundation Trust, Bristol, United Kingdom)

**An inter-professional advanced practice approach to Frailty @ the front door; optimising outcomes for patients with frailty through workforce re-design**
Louise Kellichan (NHS Fife, Fife, United Kingdom)

**Learning needs analysis of Spinal Specialist Triage Practitioners in the South East London and Kent Regional Spinal Network**
Suzanne McIlroy (King’s College Hospital, London, United Kingdom)

**Preparing the workforce for frailty, an education intervention for allied health professionals and community nurses in primary and community healthcare**
Sara McKelvie (NIHR CLAHRC Oxford, Oxford, United Kingdom)

**The development of oxygen and non-invasive ventilation pathways in an adult cystic fibrosis centre**
Peter Moran (United Hospitals Bristol NHS Foundation Trust, Bristol, United Kingdom)

**Patient satisfaction and outcomes of MSK pain patients accessing advanced physiotherapy practitioner in primary care; a service evaluation**
Hannah Morley (Gloucestershire Care Services NHS Trust, Gloucester, United Kingdom)

**I’m ready to die now A 12 month review of ventilation withdrawal for MND patients within a regional ventilation service**
Rachael Moses (Lancashire Teaching Hospitals, North Shields, United Kingdom)

**Reducing the carbon footprint in a regional long term ventilation service with the use of remote monitoring**
Rachael Moses (Lancashire Teaching Hospitals, North Shields, United Kingdom)

**“Moving forwards with Fibromyalgia”: Preliminary feedback from patients attending primary care based education seminars and workshops**
Phillipa Newton-Cross (Torbay and South Devon NHS Foundation Trust, Torquay, United Kingdom)

**Cross-working between occupational therapists and physiotherapists in a rapid response team and it’s role in preventing hospital admissions**
Anushka Pal (Hounslow and Richmond Community Healthcare NHS Trust, Hounslow, United Kingdom)

**Vale Community Resource Service (VCRS): Innovative, successful and collaborative management of Motor Neurone Disease (MND) clients in their own homes**
Joanna Phillips (Cardiff and Vale University Health Board, Barry, United Kingdom)

**Discharge to assess - An east Lothian experience**
Jo Pilarska (East Lothian Health and Social Care Partnership, Haddington, United Kingdom)

**Advanced practitioner physiotherapist as 1st point of contact in a GP cluster in Lanarkshire**
Sheila McGowan (NHS Lanarkshire, Glasgow, United Kingdom)
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A musculoskeletal single point of referral in primary care. The effect on physiotherapy, occupational therapy and orthopaedic triage providers
Joseph Russell (Allied Health Professionals Suffolk, Eye, United Kingdom)

ANGELS and beautiful views in Ceredigion
Amanda Rutter (Hywel Dda University Health Board, Aberystwyth, United Kingdom)

Inside outsourcing
Rudi Steenbruggen (Isala Clinic, Zwolle, Netherlands)

Proof of concepts trial of diagnostic ultrasound in the orthopaedic setting
Helen Welch (clinical lead, Cwm Taf University Health Board, United Kingdom)

Patients’ and healthcare professionals’ experiences and perceptions of physiotherapy services in the emergency department: A qualitative systematic review
Rosalie Barrett (London South Bank University, London, United Kingdom)

First point of contact physiotherapy for patients with musculoskeletal conditions: How do professional issues influence implementation? A realist review
Rob Goodwin (University of Nottingham, Nottingham, United Kingdom)

The effect of interactive digital interventions on physical activity in people with inflammatory arthritis: A systematic review
Peter Thain (King’s College London, London, United Kingdom)

Patient views on the advanced practitioner role in primary care: A realist review
Leah Morris (University of the West of England, Bristol, United Kingdom)

Clinical and cost-effectiveness of non-medical prescribing: A systematic review of randomised controlled trials
Tim Noblet (University of Birmingham, Birmingham, United Kingdom)

Electronic health records and the standard of note writing in community Physiotherapy
Kirsty Cochrane (Gloucestershire Care Services NHS Trust, Gloucester, United Kingdom)

Fiona Davie-Smith (NHS Greater Glasgow & Clyde, Glasgow, United Kingdom)

Thoracic ultrasound to differentially diagnose causes of opaque hemithorax (whiteout) when patients are referred for “chest” physiotherapy
Lisa Hayward (Blackpool Teaching Hospitals NHS Foundation Trust, Blackpool, United Kingdom)

Thoracic ultrasound can differentiate between the causes of an opaque hemithorax (whiteout) during an on-call physiotherapy assessment: A case report
Simon Hayward (Blackpool Teaching Hospitals NHS Foundation Trust, Blackpool, United Kingdom)

Steps to healthier habits
Fionnuala Sayers (Belfast Health & Social Care Trust, Belfast, United Kingdom)

#EndPJParalysis; what is our baseline in acute adult in-patient services?
Amanda Wong (NHS Fife, Kirkcaldy, United Kingdom)

Exploring the impact of digital technologies on physiotherapy practice: A qualitative study
Amanda K Buttery (King’s College London, London, United Kingdom)

Evaluating the benefit of physical fitness MOTs for people aged over 60 with Devon AgeUK and Age Concern
Elizabeth Candy (School of Allied Health Professions, Plymouth, United Kingdom)
Rehabilitation professionals undertake short-term responses post sudden onset disaster with the UK Emergency Medical Team - an initial qualitative study
Mary Jane Cole (Kingston University and St. George's University of London, London, United Kingdom)

Rehabilitative palliative care - A challenge on the hospice inpatient unit?
Sue Cullum (Phyllis Tuckwell Hospice, Farnham, United Kingdom)

“I’m in a very good frame of mind”: The experience of standing frame use in people with progressive multiple sclerosis
Wendy Hendrie (Norwich MS Centre, Norwich, United Kingdom)

An evaluation of nurses’ experiences of short-term physiotherapy teaching on a trauma and orthopaedic unit in Ethiopia
Laura Knowles (Sthelens and Knowsley NHS Trust, Liverpool, United Kingdom)

7 day services from a community resource team
Nesta McCluskey (BCUHB, Wrexham, United Kingdom)

Working with patients with mental illness: undergraduate physiotherapy students’ experiences and perceptions
Samantha McIver (Coventry University, Coventry, United Kingdom)

Self-reported barriers and perceptions of physical activity among adolescent leukaemia patients during maintenance phase treatment
Laura Mercer (Leeds Beckett University, Leeds, United Kingdom)

The meaning of botulinum toxin for adults living with long term neurological conditions: A hermeneutic study
Karen Poole (East Sussex Healthcare NHS Trust, Eastbourne, United Kingdom)

Perspectives of children with neurodisabilities, their parents and therapists on use of walkers, and modifying them to promote physical activity
Marilyn Poole (Birmingham Community Healthcare NHS Foundation Trust, Birmingham, United Kingdom)

A qualitative analysis of the feasibility and acceptability of a progressive resistance training programme for young people with cerebral palsy
Jennifer Ryan (Royal College of Surgeons in Ireland, Dublin, Ireland)

Piloting an innovative model for stakeholder engagement within residential rehabilitation at a national specialist centre
Deborah Williams (Royal National Orthopaedic Hospital Stanmore, London, United Kingdom)

The co-creation of evidence-informed resources to enable physiotherapists to promote physical activity to people with spinal cord injury
Toni Williams (Leeds Beckett University, Leeds, United Kingdom)

Exploring clinician's perceptions about the barriers and facilitators of early mobilisation of patients on intensive care
Huw Robert Woodbridge (Imperial College London, London, United Kingdom)

Older persons' perceptions, feelings and experiences of attending an instructor-led, postural stability and falls- prevention exercise class
Nicola Wright (Whittington Health, London, United Kingdom)

Validity of the Actigraph GT3X accelerometer in quantification of step count in hospitalised adults recovering from critical illness
Jayne Lesley Anderson (Hull and East Yorkshire Hospitals NHS Trust, Hull, United Kingdom)
Scientific Programme

Measuring everyday mobility in patients before and after knee replacement: The validity and reliability of the Four Square Step test
Martha Batting (Nuffield Orthopaedic Centre, Oxford University Hospitals NHS Foundation Trust, Oxfordshire, United Kingdom)

A case study investigating the efficacy of two treatments, botox and SaeboFlex in reduced hand function due to flexor spasticity
James A Benson (NPP Neuro Rehab Group, Stourbridge, United Kingdom)

Evaluating the feasibility of a randomised control trial of self-applied hand and wrist tape for the management of essential tremor
Lisa Bunn (University of Plymouth, Plymouth, United Kingdom)

The use of gamified virtual physiotherapy as an effective treatment for patients with shoulder problems
Susan Buttress (University of Salford, Manchester, United Kingdom)

Can a physical activity intervention for individuals with an ovarian cancer diagnosis improve outcomes?
Tom Cave (University Hospitals Bristol NHS Foundation Trust, Bristol, United Kingdom)

The construct validity and test-retest reliability of a single-item physical activity intention measure for adults with intellectual disabilities
Yetunde Marion Dairo (St Mary's University, London, United Kingdom)

A project to improve physiotherapy performance in relation to measures included in The National Hip Fracture Database annual reports
Oliver Barton (Pennine Acute Hospitals, Manchester, United Kingdom)

A randomised controlled trial of moderate to high intensity exercise training for people with dementia: Dementia And Physical Activity (DAPA)
Susanne Finnegan (The University of Warwick, Coventry, United Kingdom)

Adherence to exercise training in Pulmonary Arterial Hypertension (PAH) and impact of concurrent health problems
Joanna Ford (Golden Jubilee Research Institute, Glasgow, United Kingdom)

Validity of the international physical activity questionnaire (IPAQ-s) as a measure of physical activity in people with multiple sclerosis
Jennifer Fortune (Brunel University London, London, United Kingdom)

Correlates of objectively measured physical activity in persons with multiple sclerosis
Jennifer Fortune (Brunel University London, London, United Kingdom)

Standing up in people with progressive multiple sclerosis (SUMS): A multi-centre randomised controlled trial evaluating a home-based standing frame programme
Jennifer Freeman (Plymouth University, Plymouth, United Kingdom)

Balance Right in Multiple Sclerosis (BRiMS): Preliminary results of a randomised controlled feasibility trial
Hilary Gunn (University of Plymouth, Plymouth, United Kingdom)

Feasibility study - Individual physical activity behaviour change intervention for breast cancer survivors within the NHS
Marie-Clare Johnson (Imperial College Healthcare NHS Trust, London, United Kingdom)
The development and feasibility of a structured self-management programme (My Life After Stroke; MLAS) for stroke survivors
Vicki Johnson (University Hospitals of Leicester NHS Trust, Leicester, United Kingdom)

GameBall: the development of a novel platform to provide enjoyable and affordable hand and arm rehabilitation following stroke
Cherry Kilbride (Brunel University London, London, United Kingdom)

Portable diagnostic ultrasound to inform treatment choices for hemiplegic shoulder pain in people with chronic stroke - A Case series
Praveen Kumar (University of the West of England, Bristol, United Kingdom)

Validity of the international physical activity questionnaire (IPAQ-s) as a measure of physical activity in young people with cerebral palsy
Grace Lavelle (Brunel University London, London, United Kingdom)

Health service use among young people with cerebral palsy in England
Grace Lavelle (Brunel University London, London, United Kingdom)

Sociodemographic and physical correlates of physical activity and gross motor function, in young people with cerebral palsy
Grace Lavelle (Brunel University London, London, United Kingdom)

Internet educational videos: Improving functional recovery following arthroscopic meniscectomy?
Felicity Litchfield (University of Salford, Manchester, United Kingdom)

Is practising standing-up and moving between sitting and standing early after a severe stroke feasible? A feasibility randomised controlled trial
Angie Logan (Plymouth University, Truro, United Kingdom)

CKD primary care and secondary care patient populations: Are they equivalent for lifestyle intervention testing?
Heather MacKinnon (University of Leicester, Leicester, United Kingdom)

What are the impacts of a structured exercise class on patients with a longer inpatient stay in elective orthopaedics?
Pamela Parkinson (Golden Jubilee Foundation, Clydebank, United Kingdom)

Therapy champions: dual role. To improve the 7 days a week, 24 hour approach to patient rehabilitation
Charlotte Phillips (Leighton Hospital, MCHFT, Crewe, United Kingdom)

Is there a place for the use of activator poles in rehabilitation following spinal surgery?
Amelia Rickenbach (Royal National Orthopaedic Hospital NHS Trust, London, United Kingdom)

Development of a functional rehabilitation intervention for post knee arthroplasty patients: COmmunity based Rehabilitation post Knee Arthroplasty (CORKA) trial
Jonathan Room (Oxford University Hospitals NHS Foundation Trust, Oxford, United Kingdom)

Knowledge, experience and training needs of health and social care professionals in assistive technology, ADAPT project
Karen Saunders (East Kent University Hospitals NHS Foundation Trust, Canterbury, United Kingdom)

Can age suit simulation enable physiotherapy students to experience and understand the specific challenges to balance experienced by older adults?
Carole Watkins (Keele University, Newcastle under Lyme, United Kingdom)
**Scientific Programme**

**Feasibility for the use of the Chelsea Critical Care Physical Assessment tool in a complex neurorehabilitation unit**  
Emily Wilson-Barry (The Walton Centre NHS Foundation Trust, Liverpool, United Kingdom)

**A quality improvement project looking at the impact of structured rehabilitation on medical wards**  
Gemma Atkins (Queen Elizabeth Hospital Birmingham, Birmingham, United Kingdom)

**Implementation of a new goal planning process on an intermediate neuro-rehabilitation unit**  
Amy Boyer (Manchester University Foundation NHS Trust, Manchester, United Kingdom)

**Reducing the length of waiting times and the number of patients waiting for community therapy - A service transformation project**  
Rowena Burgess (University of Lincoln, Lincoln, United Kingdom)

**Staying Steady Education and Exercise Programme (STEEP) - A pilot programme for the prevention of falls**  
Alexandra Bushell (Ashford and St Peter’s Hospitals NHS Foundation Trust, Chertsey, United Kingdom)

**Perceptions of reablement for increasing independence by older adults and families**  
Doreen Caesar (Sheffield Hallam University, Sheffield, United Kingdom)

**Physiotherapy triage service for cancer patients - A service evaluation**  
Tom Cave (University Hospitals Bristol NHS Foundation Trust, Bristol, United Kingdom)

**Evaluation of a group based exercise programme for community dwelling stroke survivors**  
Binu Cherian (Royal Marsden NHS Trust, London, United Kingdom)

**A closer look at stroke services in Scotland and the challenges facing community rehabilitation**  
Sara Conroy (The Chartered Society of Physiotherapy, Edinburgh, United Kingdom)

**Implementing a cycle ergometry protocol for patients with critical illness: A service evaluation**  
Eleanor Douglas (University of Nottingham, Nottingham, United Kingdom)

**The impact of a physiotherapist in the role of clinical matron within the stroke service of Hampshire Hospitals Foundation Trust**  
Laura Dyer (Hampshire Hospitals Foundation Trust, Winchester, United Kingdom)

**Patient experience of physiotherapy input on a specialist heart failure unit**  
Susan Eriksen (St George’s Hospital NHS Foundation Trust, London, United Kingdom)

**Impact of early intervention and rehabilitation on functional decline in patients hospitalised for acute heart failure**  
Susan Eriksen (St George’s Hospital NHS Foundation Trust, London, United Kingdom)

**Stroke Rehabilitation Service Quality Improvement Plan - A tale of two towns**  
Emma Garratt (Oxford Health NHS Foundation Trust, Oxfordshire, United Kingdom)

**Physiotherapy supported discharge service following knee arthroplasty - Moving from pilot to service redesign**  
Georgina Hooper (University Hospital Llandough, Cardiff, United Kingdom)

**Evaluating the use of a new patient reported outcome measure developed for use with acute adult in-patients receiving physiotherapy**  
Ruth Johnson (University Hospitals of Leicester, Leicester, United Kingdom)
Prehab matters - A prehabilitation service for cancer patients undergoing major abdominal surgery
Claire Knowles (Aintree University Hospital, Liverpool, United Kingdom)

The Hierarchical Assessment of Balance and Mobility (HABAM): An underutilised tool to track physical function and estimate length of stay
Jack Martin (Physiotherapy Research Unit, Nuffield Orthopaedic Centre, Oxford University Hospitals NHS Foundation Trust, Oxford, United Kingdom)

A therapy assistant in the intensive care unit (ICU): A pilot project
Suzanne Murray (The Royal Free London NHS Trust, London, United Kingdom)

Taking the plunge - hydrotherapy - supporting neurological communities to live well
Susan Pattison (SP Therapy Services, Lancashire, United Kingdom)

Impact of intensive hyper-acute neurological rehabilitation on patient and service related outcomes
Kelly Saunders (Barts Health NHS Trust, London, United Kingdom)

A service evaluation exploring hospital and physiotherapy length of stay following thoracic surgery
Chloe Tait (Blackpool Teaching Hospitals NHS Foundation Trust, Blackpool, United Kingdom)

Increasing the number of healthy lifestyle conversations that a multi-disciplinary community team has with its patients
Charlotte Tucker (Gloucestershire Care Services NHS Trust, Gloucester, United Kingdom)

Remodelling holistic care: A service improvement project to develop a Ward Therapist role
Lauren Urch (Royal United Hospitals Bath NHS Foundation Trust, Bath, United Kingdom)

Therapy led stroke early supported discharge: Outcomes in mild to moderate stroke survivors
Helen Wilson (Gloucestershire Care Services NHS Trust, Cheltenham, United Kingdom)

Student led neurological rehabilitation group: A service user’s perspective
Donna Wynne (Robert Gordon University, Aberdeen, United Kingdom)

Preparing undergraduate physiotherapy students for clinical practice through the use of simulation
Martyn Wyres (Coventry University, Coventry, United Kingdom)

Effectiveness of physiotherapy interventions for post stroke fatigue (PSF): A systematic review
Wafa Alahmari (Princess Nourah Bint Abdulrahman University, Riyadh, Saudi Arabia)

Long-term follow-up of exercise interventions for preventing falls in older people living in the community: A systematic review and meta-analysis
Susanne Finnegan (The University of Warwick, Coventry, United Kingdom)

Opaque hemithorax (whiteout): A literature review exploring its causes, potential use of thoracic ultrasound and the role of physiotherapy
Simon Hayward (Blackpool Teaching Hospitals NHS Foundation Trust, Blackpool, United Kingdom)

Can physical activity be used to maintain cognitive function in nursing home residents with dementia? A literature review
Nicole Learner (Bournemouth University, Bournemouth, United Kingdom)
Scientific Programme

Exercise interventions for patients with bone metastases: A comprehensive narrative review
Grainne Sheill (Trinity College Dublin, Dublin, Ireland)

Effects of IMT on pulmonary function and health-related quality of life in adults with spinal cord injury: A systematic review
Chris Seenan (Glasgow Caledonian University, Glasgow, United Kingdom)

Cost-effectiveness of physiotherapy interventions in neurological rehabilitation: A systematic review of economic evaluation
Stanley Winser (The Hong Kong Polytechnic University, Hung Hom, Hong Kong)

Plenary session
09:00 - 10:30 Hall 1

Opening session & Founders' Lecture

The first CSP Congress (now known as Physiotherapy UK) was held in 1919. It is the largest annual physiotherapy meeting in Europe.
The Founders' Lecture, first delivered in 1914, commemorates the establishment of this forerunner to the Chartered Society of Physiotherapy.

Chair: Alex MacKenzie (Chair of Council, Chartered Society of Physiotherapy)

How is the World Confederation for Physical Therapy (WCPT) advancing the profession globally? 09:00
Jonathon Kruger (CEO, World Confederation for Physical Therapy)

CSP Founders’ Lecture 2018: Making health and care services fit for our ageing population. What needs to change? 09:25
David Oliver (Clinical Vice President, Royal College of Physicians)

Musculoskeletal
11:00 - 12:30 Hall 1

Neuropathic Pain - Assessment and Management
Chair: Colette Ridehalgh (senior lecturer, School of Health Sciences)

Getting on your nerves: mechanisms and assessment 11:00
Aninia Schmid (Associate Professor, Oxford University)

Medical Management of Neuropathic Pain 11:45
Andreas Themistocieous (Clinical Research Fellow in Neurology, University of Oxford)

Clinical course and prognosis in primary care patients with low back and leg pain including sciatica: Results from the ATLAS cohort. 12:00
Kika Konstantinou (Spinal Physiotherapy Specialist / Senior Clinical Lecturer, Arthritis Research UK Primary Care Centre)
**Scientific Programme**

**Improvement & Transformation**  
11:00 - 12:30  
Hall 6

**Advanced roles in Physiotherapy: ACPs, Consultants, APPs**

To provide delegates with updated information on related ACP and Consultant developments and also to meet and hear from those working in roles requiring this level of skill and knowledge.

Chair: Sue Hayward-Giles (Assistant-Director Practice & Development, CSP)

11:00

- **Advanced roles in Physiotherapy**
  - Beverley Harden
  - Ceri Sedgley (Professional Adviser, CSP)
  - Victoria Dickens
  - Andrew Bennett
  - Sarah Henry

**Rehab Matters**

11:00 - 12:30  
Hall 9

**Achieving best practice in hip fracture rehabilitation - Launching the CSP hip fracture standards**

Chair: Ruth ten Hove (Head of Research & Development, Chartered Society of Physiotherapy, United Kingdom)

11:00

- **Achieving best practice in hip fracture rehabilitation - Launching the CSP hip fracture standards**
  - Antony Johansen (Consultant Orthogeriatrician and Clinical Lead for the National Hip Fracture Database (NHFD), Falls and Fragility Fracture Audit Programme (FFFAP), Royal College of Physicians, London)
  - Iona Price
  - Jocelyn Hopkins (Advanced Physiotherapist Practitioner, Weston Area Health Trust)
  - Pipa Ellery (Physiotherapy Team and Clinical Lead, Cornwall Partnership NHS Foundation Trust.)
  - Pip White (The Chartered Society of Physiotherapy, London, United Kingdom)

**Primary care and workforce transformation**

11:00 - 12:30  
Hall 10

**Population needs**

This session aims to enhance delegates understanding of changing population needs and how this presents an opportunity to consider how they might transform their own practice and service delivery.

Chair: Alex MacKenzie (Chair of Council, Chartered Society of Physiotherapy)

11:00

- **Allied Health Professions (AHPs) - a vital workforce for now and the future.**
  - Stuart Palma (Professional Head of Allied Health Professions (AHPs), NHS Improvement)

11:25

- **From Hospital to Home; using a supported discharge model for complex surgical patients**
  - Laura Harrison (Highly Specialist Physiotherapist, Homerton University Hospital NHS Foundation Trust)
Scientific Programme

Developing Integrated Patient Centred Services – The Bradford Experience
Kathryn Ellison (Therapy Co-ordinator – In-Patients, Bradford Teaching Hospitals NHS Foundation Trust)

Musculoskeletal
11:00 - 12:30
Hall 11A

Peer-reviewed abstracts: Platform MSK
Chair: Carol Clark (Associate Professor and Head of Department for Human Sciences and Public Health, Bournemouth University.)

Activate your back: Collaborating with council services to encourage people with low back pain to self-manage in community settings
Claire Fry (Wiltshire Health and Care, Chippenham, United Kingdom)

Comparative effectiveness of treatment options for subacromial shoulder pain: A network meta-analysis
Chris Littlewood (Keele University, Staffordshire, United Kingdom)

The meaning of manual therapy in the practice of musculoskeletal physiotherapists: A thematic analysis
Sean Case (University of Brighton, Eastbourne, United Kingdom)

Physical activity maintenance and digital health interventions in people with rheumatoid arthritis: A qualitative study
Rachel Simmons (Kings College London, London, United Kingdom)

Development of a core set of outcomes for exercise and physical activity schemes
Alex Thompson (Doncaster and Bassetlaw Teaching Hospitals NHSFT, Doncaster, United Kingdom)

Musculoskeletal
11:00 - 12:30
Hall 11B

Peer Reviewed Abstracts: MSK Rapid 5
Chair: Mindy Caims

Immediate effects of lateral abdominal muscle exercise in different postural positions on the inter-recti distance in parous women
Samantha Gillard (University of Worcester, Worcester, United Kingdom)

Perceptions of low back pain in elite gymnastics: a multi-disciplinary qualitative focus group
Louise Fawcett (British Gymnastics - English Institute of Sport, Shropshire, United Kingdom)
Scientific Programme

**Evaluation of a functional shoulder strengthening programme: A comparison of rehabilitation provided by a qualified physiotherapist versus physiotherapy assistant**
Grace Gadsby (Burton Hospitals NHS Foundation Trust, Burton-on-Trent, United Kingdom)

11:10

**Return to play and recurrence rate following hamstring injury in elite football: Use of the British Athletic Muscle Injury Classification**
Alison Rushton (Reader, University of Birmingham, United Kingdom)

11:15

**Thoracic spine exercise prescription in sport: a narrative review**
Nicola Heneghan (University of Birmingham, Birmingham, United Kingdom)

11:20

**Musculoskeletal**

**13:45 - 15:00**

**Hall 1**

**How do we influence behaviours and beliefs in healthcare?**
Chair: Laura Finucane (Consultant Physiotherapist, Sussex MSK Partnership, United Kingdom)

**Talking the talk: Making the most of your clinical encounters**
Lisa Roberts (Clinical professor of musculoskeletal health, University of Southampton)

13:45

**Promoting physical activity and well being in at risk adults and patient groups: Implications for physiotherapy practice**
Joan Duda (Professor of Sport and Exercise Psychology, School of Sport, Exercise and Rehabilitation Sciences, The University of Birmingham)

14:10

**Applying public health approaches to musculoskeletal care**
Anna Lowe (Physical Activity Clinical Champion, Public Health England)

14:35

**Improvement & Transformation**

**13:45 - 15:00**

**Hall 6**

**Harnessing digital technologies for effective influencing - a #BYOD workshop**
Chair: Philip Hulse

**Harnessing digital technologies for effective influencing - short sessions**
Deborah Bancroft (Advanced MSK Physiotherapy Practitioner, The Bury Care Organisation, Northern Care Alliance Group)
Melrose Stewart
Priya Dasoju (Chartered Society of Physiotherapy, London, United Kingdom)
Amy Travis (CSP)
Anca Postolache
Caroline Moss (Bury Care Organisation, Northern Care Alliance, United Kingdom)
Amy Howells
Steve Tolan (Head of Practice, CSP)

13:55
Scientific Programme

Rehab Matters
13:45 - 15:00

Innovation and improvement - falls, frailty and fractures
Chair: Kate Bennett (Chair, AGILE)

- National Osteoporosis Society (NOS) - Work on implementing Fracture Liaison Service
  13:45
  Fizz Thompson (Clinical Director, National Osteoporosis Society)

- Community Stroke Rehabilitation and Falls Programs in Australia and New Zealand - What can the UK learn?
  14:05
  Victoria Butler (band 6 Physiotherapist the Stroke ward, North Tees and Hartlepool NHS Foundation Trust.)

- P.E.A.C.E planning - Frailty Practitioner-Led Personalised Advisory Care planning for care home residents
  14:25
  Helen Hunnisett (Frailty Practitioner, East Sussex Healthcare NHS Trust, United Kingdom)

Primary care and workforce transformation
13:45 - 15:00

Transformation of patient pathways
This session aims to explore current health and social care policies and what this means for the direction of the physiotherapy profession. Examples will be taken from a range of patient pathways to stimulate discussion on the challenges and opportunities facing physiotherapists.

Chair: Sarah Withers (CSP)

- Development of Advanced Physiotherapy Practitioner Roles in Gloucestershire
  13:45
  Sarah Morton (Professional Head of Adult Physiotherapy, Gloucestershire Care Services)

- North Wales Primary Care Physiotherapy Service
  14:05
  Stormont Murray (Advanced Physiotherapy Practitioner in Primary Care, Betsi Cadwaladr University Health Board)

- A Journey with a falls and fracture prevention service Reflections on the journey, the wins, and the bumps in the road.
  14:25
  Catherine Van t Riet (Clinical Team Leader Integrated Falls and Bone Health Service, St Georges University Hospitals NHS Foundation Trust)

Musculoskeletal
13:45 - 15:00

Peer Reviewed Abstracts: MSP Rapid 5
Chair: Neil Langridge (Consultant Physiotherapist, Southern Health NHS Foundation Trust)

- The effect of SNAGs at L4/5 on the range of flexion compared to repeated flexion, assessed via three independent measures
  13:45
  Richard Day (Cardiff University, Cardiff, United Kingdom)
Scientific Programme

Are NHS-employed musculoskeletal physiotherapists in England mis-diagnosing Cauda Equina syndrome?  
Natalie Beswetherick (Chartered Society of Physiotherapy, London, United Kingdom)  
13:50

Trunk and neck movements are reduced in people with chronic neck pain when walking along a curved trajectory  
Alessandro Marco De Nunzio (University of Birmingham, Birmingham, United Kingdom)  
13:55

Measuring upper limb disability in patients with neck pain: Evaluation of the reliability of the single arm military press test  
Ahmad Alreni (Sheffield Hallam University, Sheffield, United Kingdom)  
14:00

People with chronic neck pain perform active neck movements in a less variable way  
Feras Alsultan (University of Birmingham, Birmingham, United Kingdom)  
14:05

The relationship between spinal rotation and lung function in patients with scoliosis  
Georgina Lawless (Scoliosis SOS, London, United Kingdom)  
14:10

Rehab Matters
13:45 - 15:00  
Hall 11B

Peer Reviewed Abstracts: Rehab Matters Platform

Using national audit data to identify communication within pathways of care in hip fracture physiotherapy-rehabilitation in England and Wales  
Pip White (The Chartered Society of Physiotherapy, London, United Kingdom)  
13:45

NICE guidance on Spondyloarthritis for over 16s: Management and research recommendations relevant to physiotherapists  
Carol McCrum (East Sussex Healthcare NHS Trust, Eastbourne, United Kingdom)  
13:55

Living with frailty and falls: A qualitative study exploring the experiences of patients with end-stage renal disease receiving haemodialysis.  
Hannah Mary Louise Young (University of Leicester, Leicester, United Kingdom)  
14:05

Pelvic floor muscle training alone and in combination with biofeedback and/or electrical stimulation for urinary incontinence following prostatectomy: A meta-analysis  
Priya Kannan (The Hong Kong Polytechnic University, Kowloon, Hong Kong)  
14:15

Patient experiences of lower limb and upper limb residential orthopaedic rehabilitation programmes at a national specialist centre  
Puja Varsani (Royal National Orthopaedic Hospital, Harrow, United Kingdom)  
14:25

Rehabilitation of conservatively managed proximal humerus fractures: A systematic review of the literature  
Anuj Punnoose (Addenbrooke's Hospital, Cambridge, United Kingdom)  
14:35
**Musculoskeletal**  
**15:30 - 17:00**  
**Hall 1**

**Focus on First - A “Question Time” panel discussion**

This session will be conducted as a panel discussion focusing on the clinical aspects of first contact practitioner roles covering topics such as risk and benefits of the roles to clinicians, services and patients; governance arrangements and professional development, and different delivery models currently in place.

The panel includes:
Sarah Withers  
Amanda Hensman-Crook  
Neil Langridge  
Chris Mercer  
Richard Collier  
Angus Tallini  

Chair: Helen Welch (clinical lead, Cwm Taf University Health Board, United Kingdom)

A “Question Time” First Contact Practitioner panel discussion  
Amanda Hensman-Crook (Advanced First Contact Physiotherapist primary care, Windermere and Ambleside Health Centres)  
Chris Mercer (Consultant physiotherapist, Western Sussex Hospitals NHS Foundation Trust)  
Neil Langridge (Consultant Physiotherapist, Southern Health NHS Foundation Trust)  
Angus Tallini (GP partner, GP Mental Health Lead Berkshire West CCG, Falkland Surgery, Newbury)  
Richard Collier (Clinical Lead Workforce. Visiting Education Fellow Faculty of Health Science, Health Education England)  
Sarah Withers (CSP)

**Improvement & Transformation**  
**15:30 - 17:00**  
**Hall 6**

**Understanding workforce and staffing issues: CSP tools to support member activity and influencing**

A key dimension of improvement and transformation initiatives is workforce - ensuring there is sufficient workforce capacity to support the role. The workforce is increasingly seen as critical to delivering clinical outcomes and is closely aligned to workforce capacity. Through the use of scenarios this session will facilitate small group discussions on what knowledge and evidence is required when making a case for change. We will highlight how the CSP can support member activity in making a case for change by using tools to address workforce needs, including workforce data, SESL decision support tool, Building a Better Balance, and how to use early indicative data.

Chair: Helen Baxter (CSP)

Understanding workforce and staffing issues: CSP tools to support member activity and influencing  
Kate Moran (Head of Employment Research, CSP)  
Shan Aguilar-Stone (Professional Adviser, CSP)  
Euan McComiskie (Professional Adviser, CSP)
Rehab Matters
15:30 - 17:00

When is rehab most effective?

It will explore the concept of rehabilitation potential in older people living with frailty from a community setting, hospital setting and care home setting. Specifically what is meant by the term “rehabilitation potential” when the term is used, the how, why, when, who, where of the assessment and some implications for future research and clinical practice. Each will refer to the evidence and will provide some challenge to current practice.

Chair: Natalie Beswetherick (Chartered Society of Physiotherapy, London, United Kingdom)

Exploring the “Rehabilitation Potential” in older people living with complex health and social care needs
Alison Cowley (NEE/NIHR ICA Programme Clinical Doctoral Research Fellow, Nottingham University Hospitals NHS Trust)

15:30

Is it worth doing rehab in care homes?
Dawn Skelton (Professor of Ageing and Health, Glasgow Caledonian University)

15:55

Policy and practice implications of large scale trials of physiotherapy
Sarah Lamb (Director for Centre for Statistics in Medicine and Foundation, University of Oxford)

16:20

Primary care and workforce transformation
15:30 - 17:00

Primary care and workforce transformation: Platform

Chair: Claire Arditto

Optimising implementation of research findings in primary care: Results from a qualitative study
Laura Swaithes (Keele University, Staffordshire, United Kingdom)

15:30

Barriers to and facilitators of the implementation and utilisation of independent non-medical prescribing: A mixed methods systematic review
Tim Noblet (University of Birmingham, Birmingham, United Kingdom)

15:40

Patient direct access to musculoskeletal physiotherapy in primary care: perceptions of patients, general practitioners, physiotherapists and clinical commissioners in England
Chinonso N Igwesi-Chidobe (Keele University, Staffordshire, United Kingdom)

15:50

Early doors: can emergency care therapies help to prevent avoidable admissions in the Emergency Department?
Marc P. Berry (Hampshire Hospitals NHS Foundation Trust, Basingstoke, United Kingdom)

16:00

Implementing and evaluating a pilot physiotherapist-led osteoarthritis clinic in general practice
Jonathan George Quicke (Keele University, Staffordshire, United Kingdom)

16:10
Scientific Programme

Musculoskeletal
15:30 - 17:00
Hall 11A

Peer Reviewed Abstracts: MSK Rapid 5
Chair: Jackie Hindle

- Predictors of hospital admission due to falls and fractures in people with schizophrenia spectrum disorder: a large representative cohort study
  Brendon Stubbs (King’s College London, London, United Kingdom)
  15:30

- Prevalence of anxiety and depression in people living with patellofemoral pain in the UK: The Dep-Pf study
  James Wride (Royal Devon & Exeter NHS Foundation Trust, Exeter, United Kingdom)
  15:35

- Predictors of falls and fractures leading to hospitalisation in people with dementia: A representative cohort study
  Brendon Stubbs (King’s College London, London, United Kingdom)
  15:40

- Self-efficacy as a prognostic factor and treatment moderator in chronic musculoskeletal pain patients attending pain management programmes: A systematic review
  Rebecca Hayward (Keele University, Staffordshire, United Kingdom)
  15:45

- How employers can reduce physical inactivity: A systematic review
  John Doyle (Nuffield Health, Epsom, United Kingdom)
  15:50

- Duration of symptoms and outcomes of treatments in musculoskeletal patients in private practice
  Shemane Murtagh (University of Brighton, Eastbourne, United Kingdom)
  15:55

- Do you know if your assessments are biased? Cognitive biases and heuristics may affect musculoskeletal assessment and clinical decision-making
  Wendy Johnson (NHS Lothian, Edinburgh, United Kingdom)
  16:00

- Perspectives and profiles of repeatedly re-referred patients to musculoskeletal physiotherapy outpatient departments: A focus group study
  16:05

- Medical students’ attitudes to non-medical clinical supervision in an interprofessional orthopaedic community of practice model
  Susan Critchley (Royal Liverpool and Broadgreen University Hospitals NHS Trust, Liverpool, United Kingdom)
  16:10

- Accuracy of palpation guided and ultrasound guided coracohumeral ligament infiltrations by a physiotherapist and physician - A cadaveric case series
  John Pape (North Tees and Hartlepool NHS Foundation Trust, Stockton-on-Tees, United Kingdom)
  16:15

- Routine x-rays for suspected frozen shoulder offer little over diagnosis based on history and clinical examination alone
  Paula Deacon (Staffordshire & Stoke on Trent Partnership NHS Trust, Lichfield, United Kingdom)
  16:20

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Scientific Programme

Musculoskeletal
15:30 - 17:00
Hall 11B

Peer Reviewed Abstracts: MSK Rapid 5
Chair: Alison Rushton (Reader, University of Birmingham, United Kingdom)

**Test-retest reliability of wrist joint position sense in healthy adults in a clinical setting**
Chloé Pilbeam (Derby Teaching Hospitals NHS Foundation Trust, Derby, United Kingdom)

**Reduced knee-extensor torque steadiness and higher motor unit discharge rate variability in individuals with patellofemoral pain**
Eduardo Martinez-Valdes (University of Birmingham, Birmingham, United Kingdom)

**Muscle tibialis anterior fatigue protocol effects on kinetic and kinematic parameters of gait and balance: a laboratory study**
Halime Gulle (Queen Mary University of London, London, United Kingdom)

**Plus size people in the working environment: Understanding current anthropometric measurement data to inform workplace design**
Annabel Masson (University of Birmingham, Birmingham, United Kingdom)

**Diagnostic accuracy of upper limb neurodynamic tests for the assessment of peripheral neuropathic pain: A systematic review**
Konstantinos Koulidis (University of Birmingham, Birmingham, United Kingdom)

**Detection of heat and cold pain thresholds: An intra and inter rater reliability study**
Nicola Middlebrook (University of Birmingham, Birmingham, United Kingdom)

**MRI signs of brachial plexus and median nerve inflammation and morphological changes in chronic whiplash associated disorder**
Jane Greening (University of Sussex, Brighton, United Kingdom)

Plenary session
17:00 - 19:00
Exhibition & poster viewing (hall 3)

Delegates' drinks reception
Please join us for a glass of wine, and take the opportunity to meet up with friends, look around the exhibition and view the poster presentations.
Scientific Programme

Saturday, 20 October 2018

Poster presentations
08:30 - 15:30
Exhibition & poster viewing (hall 3)

Exhibition & poster viewing
See Friday session for details.

Musculoskeletal
09:00 - 10:30
Hall 1

Focus on First - Research into Practice
Chair: Claire Small (Clinical Director, Pure Sports Medicine)

Assessment of headache: what clinicians need to know 09:00
Anne Marie Logan (Advanced Practice Physiotherapist in Headache, St George’s University Hospitals NHS FoundationTrust)

Combining research methods to answer difficult clinical questions 09:20
Dylan Morrissey (NIHR/HEE Consultant Physiotherapist, Clinical Reader, Academic Lead, Queen Mary University of London)

How do foot orthoses work (2018)? 09:40
Ian Griffiths (Sports Podiatrist, Pure Sports Medicine)

Using the research to improve our management of shoulder pain 10:00
Ian Horsley (Technical lead Physiotherapist, English Institute of Sport)

Improvement & Transformation
09:00 - 10:30
Hall 6

Love Activity, Hate Exercise?

This session will provide the context of the physical activity landscape, the role of physio within it and how we promote the profession to the public and patients.

We will have experts presenting the context, the opportunities, the challenges and some of the ways we find solutions.

The final part of the session will highlight case studies and other relevant examples of good practice from physio’s and related partners who are involved in the delivery of physical activity.

Chair: Priya Dasoju (Chartered Society of Physiotherapy, London, United Kingdom)
Chair: Anna Lowe (Physical Activity Clinical Champion, Public Health England)

Love Activity, Hate Exercise? - Setting the context 09:00
Sara Hazzard (CSP)
Anna Lowe (Physical Activity Clinical Champion, Public Health England)
Kenny Butler (Head of Health, UKActive)
Hanna Leahy (Workplace wellbeing researcher and practitioner, Leeds Beckett University)
Scientific Programme

Workshop

09:30

Anna Lowe (Physical Activity Clinical Champion, Public Health England)
Kenny Butler (Head of Health, UKActive)
Hanna Leahy (Workplace wellbeing researcher and practitioner, Leeds Beckett University)

Love Activity, Hate Exercise? - Rapid service examples

10:00

Benjamin Wilkins (Head of Community Development, Oomph! Wellness)
Natasha Jones
Hamish Reid
Dean Philips (Private Practitioner & author)

Rehab Matters

09:00 - 10:30

Hall 9

"Same Same, But Different": Innovation and collaboration in cardio-respiratory rehab

This session will explore innovative practice and opportunities to develop new models of care in cardio-respiratory rehabilitation. With an emphasis on sharing expertise and challenging current approaches to commissioning, the session will also look at how collaboration between different physiotherapy specialties and examples of overseas practice can transform how care is designed and delivered.

Chair: Ian Culligan (Chair, ACPRC)

"Same Same, But Different": Innovation and collaboration in cardio-respiratory rehab

09:00

Helen Sanger (Clinical Specialist Physiotherapist Respiratory, Newcastle Upon Tyne NHSFT)
Harriet Shannon (Senior Teaching Fellow, UCL)
Gareth Cornell (Clinical Specialist Physiotherapist Critical Care, Sheffield Teaching Hospitals)
Emma Swingwood
Lucy Gardiner

Primary care and workforce transformation

09:00 - 10:30

Hall 10

Developing the workforce

This session will explore the various educational routes for the development of the physiotherapy workforce and implications of ensuring the workforce is able to meet future demands.

Chair: Sally Gosling (Chartered Society of Physiotherapy, London, United Kingdom)

Back to the future: Physiotherapy work and physiotherapy education in a place based health and care system

09:00

Alison Chambers (Pro-Vice-Chancellor of Health and Social Care, Manchester Metropolitan University)

Advanced Clinical Practice - Is it new?

09:25

Fleur Kitsell (Associate Director of Workforce Transformation, IGH through Leadership Development Lead, Health Education England, Wessex)
**Scientific Programme**

**MSK First Contact Practitioner feasibility study**
Richard Collier (Clinical Lead Workforce. Visiting Education Fellow Faculty of Health Science, Health Education England)

**Rehab Matters**
09:00 - 10:30
Hall 11A

**Peer-reviewed abstracts: Rehab Matters Rapid 5**
Chair: Shona Thompson

- **Standing up in people with progressive multiple sclerosis (SUMS): A multi-centre randomised controlled trial evaluating a home-based standing frame programme**
  Jennifer Freeman (Plymouth University, Plymouth, United Kingdom)

- **“I’m in a very good frame of mind”: The experience of standing frame use in people with progressive multiple sclerosis**
  Wendy Hendrie (Norwich MS Centre, Norwich, United Kingdom)

- **Validity of the international physical activity questionnaire (IPAQ-s) as a measure of physical activity in people with multiple sclerosis**
  Jennifer Fortune (Brunel University London, London, United Kingdom)

- **Perspectives of children with neurodisabilities, their parents and therapists on use of walkers, and modifying them to promote physical activity**
  Marilyn Poole (Birmingham Community Healthcare NHS Foundation Trust, Birmingham, United Kingdom)

- **Balance Right in Multiple Sclerosis (BRiMS): Preliminary results of a randomised controlled feasibility trial**
  Hilary Gunn (University of Plymouth, Plymouth, United Kingdom)

- **A qualitative analysis of the feasibility and acceptability of a progressive resistance training programme for young people with cerebral palsy**
  Jennifer Ryan (Royal College of Surgeons in Ireland, Dublin, Ireland)

- **The development and feasibility of a structured self-management programme (My Life After Stroke; MLAS) for stroke survivors**
  Vicki Johnson (University Hospitals of Leicester NHS Trust, Leicester, United Kingdom)

- **Health service use among young people with cerebral palsy in England**
  Grace Lavelle (Brunel University London, London, United Kingdom)

- **Impact of intensive hyper-acute neurological rehabilitation on patient and service related outcomes**
  Kelly Saunders (Barts Health NHS Trust, London, United Kingdom)

- **Validity of the international physical activity questionnaire (IPAQ-s) as a measure of physical activity in young people with cerebral palsy**
  Grace Lavelle (Brunel University London, London, United Kingdom)
**Scientific Programme**

Musculoskeletal
11:00 - 12:30  
**Clinical Reasoning - Research into Practice**

In this session, each of the morning’s speakers will present a 15-minute case study on the topic they had discussed, linking the evidence base with the reasoning behind their management of the patient.

Delegates will have an opportunity to ask questions regarding the reasoning process and the research base.

Chair: Nicola Heneghan (University of Birmingham, Birmingham, United Kingdom)

**MSK - Case studies**

11:00
Anne Marie Logan (Advanced Practice Physiotherapist in Headache, St George’s University Hospitals NHS Foundation Trust)
Dylan Morrissey (NIHR/HEE Consultant Physiotherapist, Clinical Reader, Academic Lead, Queen Mary University of London)
Ian Griffiths (Sports Podiatrist, Pure Sports Medicine)
Ian Horsley (Technical lead Physiotherapist, English Institute of Sport)

Improvement & Transformation
11:00 - 12:30  
**Planning a service evaluation - What you need to know**

Details to follow.

Chair: Fran Fitch (Research Adviser, Chartered Society of Physiotherapy)

**Introduction to service evaluation**
Helen Baxter (CSP)  
11:00

**Service user involvement**
Angela Green
11:20

**Undertaking a clinical audit**
Heather Thornton
11:40

**Planning key activities for your service evaluation**
Heather Thornton
Angela Green
Fran Fitch (Research Adviser, Chartered Society of Physiotherapy)
Helen Baxter (CSP)
12:00

Rehab Matters
11:00 - 12:30  
**Rehabilitation intervention across the Lifespan**

Chair: Jakko Brouwers

**Rehabilitation intervention across the lifespan**
Diane Playford (WMS - Social Science and Systems in Health, University of Warwick)  
11:00
Scientific Programme

Primary care and workforce transformation
11:00 - 12:30

Retaining and growing the workforce
This session aims to appraise factors contributing to physiotherapy workforce retention and growth.
Chair: Shan Aguilar-Stone (Professional Adviser, CSP)

11:00
Returning physiotherapists to practice: Attracting an untapped resource to return
Paul Chapman (National Lead for Return to Practice (AHP & HCS, Health Education England.)

11:25
Adine Adonis (Clinical Specialist Physiotherapist in Neurology, Imperial College Healthcare NHS Trust)

Musculoskeletal
11:00 - 12:30

Peer reviewed abstracts: MSK Platform
Chair: Chris Mercer (Consultant physiotherapist, Western Sussex Hospitals NHS Foundation Trust)

11:00
Prevalence, characteristics and clinical course of neuropathic pain in primary care patients consulting with low back-related leg pain
Sarah A. Harrisson (Arthritis Research UK Primary Care Centre, Keele University, United Kingdom)

11:10
Prognosis of low back-related leg pain patients with neuropathic pain: Clinical course and prognostic factors
Sarah A. Harrisson (Arthritis Research UK Primary Care Centre, Keele University, United Kingdom)

11:20
Physical prognostic factors predicting outcome following lumbar discectomy surgery: Systematic review and narrative synthesis
Alison Rushton (Reader, University of Birmingham, United Kingdom)

11:30
Physiotherapy informed by Acceptance and Commitment Therapy (PACT) for people with chronic low back pain: a randomised controlled trial
Duncan Critchley (King's College London, London, United Kingdom)

12:30 - 13:30

Chartered Society of Physiotherapy AGM
All CSP members are welcome to join us for the CSP AGM 2018. Lunch will be available.
**Scientific Programme**

**Musculoskeletal**  
13:45 - 15:00  
Hall 1

**Is exercise specificity important in managing patients?**

Chair: Karen Middleton (Chief Executive, CSP)

- **Key principles underlying effective prescription of exercise for neck pain**  
  Deborah Falla (Chair in Rehabilitation Science and Physiotherapy, University of Birmingham)  
  13:45

- **Spinal-Exercise Prescription in Sport: The Importance of Defining Intention and Outcome**  
  Simon Spencer (Head of Physiotherapy, The English Institute of Sport)  
  14:30

**Improvement & Transformation**  
13:45 - 15:00  
Hall 6

**Making the business case**

Understanding and making the case for opportunities in the wider business world (including and especially the NHS, is often an exciting and challenging. Learning from practitioners who have made the transition and are working in the ‘business’ environment brings new technology successfully to market will allow participants to learn more about how businesses make decisions to work with you or not...

This session will help you to develop the right pitch for the audience. It will teach you to understand the key characteristics of your own business opportunities and develop your commercial model. Being clear about your value proposition and understanding potential marketing strategies will help to support your business model. So, bring your ideas for your service improvement, or your new business development and you will leave the session with a clear pitch.

Chair: Helen Baxter (CSP)

- **Making the business case/entrepreneurship**  
  Louise Rogerson
  Helen Baxter (CSP)  
  13:45

**Primary care and workforce transformation**  
13:45 - 15:00  
Hall 10

**Peer Reviewed Abstracts: Primary Care and Workforce Platform**

Chair: Sarah Morton (Professional Head of Adult Physiotherapy, Gloucestershire Care Services)

- **Setting priorities for UK Physiotherapy research - a James Lind Alliance (JLA) Priority Setting Partnership (PSP)**  
  Gabrielle Rankin (Chartered Society of Physiotherapy, London, United Kingdom)  
  13:45

- **Student explorations of black and minority ethnic attainment inequalities in pre-registration physiotherapy - a qualitative study**  
  Meriel Norris (Brunel University London, London, United Kingdom)  
  13:55

- **Attitudes and confidence of pre-registration healthcare students toward treating people with chronic pain: An observational, cross sectional study**  
  Sean Paul Carroll (Glasgow Caledonian University, Glasgow, United Kingdom)  
  14:05

- **Responding to a changing population: The need to develop a culturally competent workforce**  
  Pippa Steele (Coventry University, Coventry, United Kingdom)  
  14:15
Scientific Programme

The effects of teaching OT and PT students motivational interviewing: A pilot study
Jennifer Fortune (Brunel University London, London, United Kingdom)

Rehab Matters
13:45 - 15:00
Hall 11A

Peer-reviewed abstracts: Rehab Matters Platform
Chair: Sara Conroy (The Chartered Society of Physiotherapy, Edinburgh, United Kingdom)

Rehabilitation for people with cardiac conditions: An overview of systematic reviews
Vicky L Joshi (Danish Knowledge Centre for Rehabilitation and Palliative Care (REHPA), University of Southern Denmark, København, Denmark)

Modified interstitial lung disease (ILD) pulmonary rehabilitation (PR) programme: Patients’ perceptions
Louise Stanley (University of Southampton, Southampton, United Kingdom)

Does neurally adjusted ventilatory assist improve outcomes for critically ill adults during weaning from mechanical ventilation? A systematic review
Alan Bartholomew (GCU, Glasgow, United Kingdom)

Using a multi-faceted communications approach to optimise the recruitment of physiotherapists in a national audit
Ruth ten Hove (Head of Research & Development, Chartered Society of Physiotherapy, United Kingdom)

Supervised exercise rehabilitation in survivors of critical illness: a randomised controlled trial
Ceri Battle (ABMU Health Board, Morriston Hospital, Swansea, United Kingdom)

Plenary session
15:30 - 16:30
Hall 1

Closing session: How to take the power to influence and transform
Chair: Alex MacKenzie (Chair of Council, Chartered Society of Physiotherapy)

How to take the power to influence and transform
Helen Bevan (Chief Transformation Officer, NHS Horizons)