**Scientific Programme**

**Wednesday, 15 May 2019**

Society Symposium  
08:00 - 09:00  
**DUBLIN**

**GEMVi: How to manage the perimenopause**

**Chairs:**  
Chair: Patrice Lopes (France)

- **Why and how screening for the risk of osteoporosis in perimenopause and early postmenopausal women?**  
  Speaker: Florence Tremollieres (France)  
  08:00 - 08:20

- **When a familial risk contraindicates MHT?**  
  Speaker: Anne Gompel (France)  
  08:20 - 08:40

- **Management of Meno-metrorragia during the perimenopausal period**  
  Speaker: Patrice Lopes (France)  
  08:40 - 09:00

Society Symposium  
08:00 - 09:00  
**HELSINKI 1**

**Dutch Menopause Society: New research results from The Netherlands**

**Chairs:**  
Chair: Dorenda van Dijken (Netherlands)  
Chair: Nadine Daan (Netherlands)

- **Cardiovascular profile in middle-aged women with POI**  
  Speaker: Marlise Gunning (Netherlands)  
  08:00 - 08:20

- **Elderly working women, what doctors should know**  
  Speaker: Henk Oosterhof (Netherlands)  
  08:20 - 08:40

- **Psychological stress in (pre)menopausal women with cardiovascular disease**  
  Speaker: Paula Mommersteeg (Netherlands)  
  08:40 - 09:00

Society Symposium  
08:00 - 09:00  
**HELSINKI 2**

**Spanish Menopausal Society**

**Chairs:**  
Chair: Placido Llaneza Coto (Spain)  
Chair: Nicolás Mendoza Ladrón de Guevara (Granada, Spain)

- **Perimenopause**  
  Speaker: Isabel Ramírez Polo (Spain)  
  08:00 - 08:12
Scientific Programme

Abnormal bleeding 08:12 - 08:24
Speaker: Pluvio Coronado Martín (Spain)

Vaginal health 08:24 - 08:36
Speaker: Sonia Sánchez Méndez (Spain)

Osteoporosis 08:36 - 08:48
Speaker: Borja Otero García-Ramos (Spain)

Medical eligibility criteria for THM 08:48 - 09:00
Speaker: Esther de la Viuda García (Spain)

Society Symposium
08:00 - 09:00  EMAS ARENA

Indian Menopause Society: Mid life health: Fight fat & build bone

Chair:
Chair: Tommaso Simoncini (Italy)
Chair: Steven Goldstein (United States)

Era of e-education for mid-life health: Indian perspective 08:00 - 08:15
Speaker: Neelam Agarwal (India)

Osteosarcopenic Obesity: A challenge 08:15 - 08:30
Speaker: Sunila Khandelwal (India)

Holy grail of Cardiovascular disease prevention 08:30 - 08:45
Speaker: Ratnabali Chakravorty (India)

Prevalence of sarcopenia in association with BMD: Indian scenario 08:45 - 09:00
Speaker: Jignesh Shah (India)

Parallel Session
09:15 - 10:45  DUBLIN

Ageing and frailty

Chair:
Chair: Antonio Cano (Spain)
Chair: Andrea Genazzani (Italy)

SERMs: past and present 09:15 - 09:37
Speaker: Steven Goldstein (United States)

Effect of programmed exercise on depressive/anxiety symptoms, sleep quality, and perceived stress in postmenopausal women: evidence from meta-analyses 09:37 - 09:59
Speaker: Faustino Perez-Lopez (Spain)

Impact of diet and lifestyle on frailty prevention 09:59 - 10:21
Speaker: Birgit Zyriax (Germany)
12th European Congress on Menopause and Andropause, 15 - 17.05.2019, Berlin, Germany

Scientific Programme

MHT for cognitive decline prevention 10:21 - 10:45
Speaker: Blazej Meczekalski (Poland)

EMAS School
09:15 - 10:45

Menopause essentials

Chairs:
Chair: Margaret Rees (United Kingdom)
Chair: Tommaso Simoncini (Italy)

Short and long term effects of menopause 09:15 - 09:39
Speaker: Margaret Rees (United Kingdom)

Treatment of abnormal uterine bleeding in Perimenopause 09:39 - 10:01
Speaker: Mary Ann Lumsden (United Kingdom)

Contraception in the perimenopause 10:01 - 10:23
Speaker: Alfred O. Mueck (Germany)

Causes and consequences of premature and early menopause: results from the InterLACE consortium 10:23 - 10:45
Speaker: Gita Mishra (Australia)

Practical Session
09:15 - 10:45

Diagnostic tests in menopause

Chairs:
Chair: Alessandra Graziottin (Italy)
Chair: Irene Lambrinoudaki (Greece)

Recurrent urinary tract infections 09:15 - 09:45
Speaker: Stefano Salvatore (Italy)

Should we test the microbioma? 09:45 - 10:15
Speaker: Johannes Huber (Austria)

Society Symposium
09:15 - 10:15

British Menopause Society: Living well through menopause

Chairs:
Chair: Kathy Abernethy (United Kingdom)

Maintaining Pelvic Floor Function after the menopause 09:15 - 09:35
Speaker: Tim Hillard (United Kingdom)
Scientific Programme

Improving sex at menopause - is testosterone the answer? 09:35 - 09:55
Speaker: Nick Panay (United Kingdom)

Menopause - A workplace issue? 09:55 - 10:15
Speaker: Kathy Abernethy (United Kingdom)

Poster Session
10:00 - 18:45

Poster Exhibition

Heart rate variability in different phases of ovarian-menstrual cycle
Speaker: Olena Lutsenko (Ukraine)

Comparison of depression between primary and secondary infertile couples
Speaker: Mahmut Yassa (Turkey)

Optimization, synthesis, and characterization of coaxial electrospun sodium carboxymethyl cellulose-graft-methyl acrylate/poly(ethylene oxide) nanofibers for potential drug-delivery applications
Speaker: Akbar Esmaeili (Iran, Islamic Republic of)

Effect of fennel vaginal cream on sexual function in postmenopausal women: A double blind randomized controlled trial
Speaker: Parvin Abedi (Iran, Islamic Republic of)

Effect of complementary alternative medicine on menopausal symptoms, among rural women of South India.
Speaker: Sonia Sunny (Sweden)

Vaginal estriol and injections of autoplasma reduce the symptoms of vulvovaginal atrophy
Speaker: Olga Leshchenko (Russian Federation)

Sex behavior and reproductive attitudes of HIV-positive men and women
Speaker: Olga Leshchenko (Russian Federation)

Estetrol (E4), the next generation hormone therapy (HT) for menopausal symptoms: phase 2b clinical trial results
Speaker: Ulysse Gaspard (Belgium)

a potential adjunctive therapy for menopause syndrome
Speaker: Liangzhi Xu (China)

No difference in quality of life or depression/anxiety diagnosis between middle-aged women with PCOS and age-matched controls
Speaker: Maria Forslund (Sweden)

Chilliness in Japanese middle-aged women is associated with low intake of n-3 fatty acids: a cross-sectional study
Speaker: Masakazu Terauchi (Japan)

Comparison of metabolic and hormonal changes in idiopathic and non-idiopathic premature ovarian insufficiency.
Speaker: Aleksandra Marciszewska (Poland)
Scientific Programme

**Anthropometric predictors of metabolic health in postmenopausal women with normal weight**
Speaker: Eleni Armeni (Greece)

**High-normal prolactin levels are associated with lower carotid intima media thickness but greater arterial stiffness and an overall improved metabolic profile in premenopausal women**
Speaker: Eleni Armeni (Greece)

**Subclinical atherosclerosis according to different phenotypes of metabolic obesity in postmenopausal women**
Speaker: Eleni Armeni (Greece)

**Presence of the methylenetetrahydrofolate reductase A1298T polymorphism is associated with lower body mass index in girls with anorexia nervosa**
Speaker: Eleni Armeni (Greece)

**Prognostic significance of the number of metastatic lymph node in early cervical cancer**
Speaker: JungWoo Park (Korea, Republic of)

**Protocol: thermal treatment of vulvo-vaginal atrophy (VVA) using novel low-energy dynamic quadripolar radiofrequency (DQRF)**
Speaker: Julie Praet (Belgium)

**Higher levels of circulating androgens are associated with greater extent of liver fibrosis in postmenopausal women**
Speaker: Eleni Armeni (Greece)

**The relationships among frailty index, various physical, psychological, lifestyle related factors, and social connections in Japanese elderly women**
Speaker: Yoshiaki Somekawa (Japan)

**Efficacy and safety of conjugated estrogen with bazedoxifene in postmenopausal women**
Speaker: Hyun-Jin Kim (Korea, Republic of)

**Effects of long-term use of dienogest after surgery on bone mineral density in patients with ovarian endometrioma**
Speaker: Sang Ho Yoon (Korea, Republic of)

**Comparison of pueraria mirifica gel and placebo gel effects on vaginal microenvironment among postmenopausal women with genitourinary syndrome of menopause (GSM)**
Speaker: Jittima Manonai Bartlett (Thailand)

**Long-term morbidity and health after early menopause due to oophorectomy in women at increased risk of ovarian cancer: rationale and design of the harmony study.**
Speaker: Lara Terra (Netherlands)

**Management of stress and anxiety during the menopausal transition: effect on climacteric symptoms in a Greek peri- and postmenopausal population**
Speaker: Anastasia Palaiologou (Greece)

**Non-hormonal vaginal treatment of vulvovaginal dryness symptoms: a 10-year experience using an oil-in-water cream**
Speaker: Petra Stute (Switzerland)

**Learning coordination between manual task performance and balance control with Aikido decreases postmenopausal symptoms.**
Speaker: Olga Bazanova (Russian Federation)
Prospective observational study to evaluate the efficacy and safety of the pollen extract Sérélys® in the management of women with menopausal symptoms  
Speaker: Manuela Sailer (Germany)

Unfavourable metabolic profile in women with premature ovarian insufficiency: a retrospective case-control study.  
Speaker: Monika Śledzik (Poland)

Factors associated with endometrial pathology during tamoxifen use in women with breast cancer: a retrospective analysis of 821 biopsies  
Speaker: Dong-Yun Lee (Korea, Republic of)

Dietary patterns are associated with aortic stiffness and carotid artery intima-media thickness in healthy postmenopausal women  
Speaker: Iliana Karagkouni (Greece)

Incidence of venous thromboembolism (VTE) among postmenopausal women prescribed ospemifene, selective oestrogen receptor modulators (SERM), or untreated vulvar and vaginal atrophy  
Speaker: Bin Cai (United States)

Incidence of breast cancer in VVA patients treated with ospemifene and those without any VVA related treatments from a us real-world data  
Speaker: Bin Cai (United States)

Antioxidant protection system parameters in Caucasian and Asian menopausal women  
Speaker: Natalya Semenova (Russian Federation)

Prevalence of glutathione s-transferase genes some polymorphisms in menopausal women of two ethnic groups with insomnia  
Speaker: Natalya Semenova (Russian Federation)

Association lipid peroxidation and antioxidant system activity with glutathione s-transferase M1 genotype in menopausal women with insomnia  
Speaker: Natalya Semenova (Russian Federation)

Effects of ultra-low dose hormone therapy on biochemical bone turnover markers in postmenopausal women  
Speaker: Achilles Cruz (Brazil)

Effects of grape seed proanthocyanidin extract on vascular endothelial function in patients with prehypertension: a randomized, double-blind, placebo-controlled study  
Speaker: Tamami Odai (Japan)

Insomnia in menopausal women: racial differences  
Speaker: Natalya Semenova (Russian Federation)

Walking exercise as a possible symptom improvement therapy for women in menopause transition and postmenopausal: findings from a scoping review  
Speaker: Beate Sydora (Canada)

Prevalence of depression, anxiety & stress amongst women of middle age in Sri Lanka  
Speaker: D. S. Anoja F. Dheerasinghe (Sri Lanka)

Association oxidative stress with obstructive sleep apnea syndrome severity in menopausal women  
Speaker: Natalya Semenova (Russian Federation)
Changes in endometrial thickness after conversion from tamoxifen to aromatase inhibitor in postmenopausal breast cancer patients
Speaker: Kyu Ri Hwang (Korea, Republic of)

Safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with overactive bladder symptoms. A randomized, double-blind, placebo-controlled clinical trial
Speaker: Santiago Palacios (Spain)

A randomized, double-blind, placebo-controlled clinical trial: evaluating safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with stress urinary incontinence
Speaker: Santiago Palacios (Spain)

Botulinum toxin type A intravesical injections for overactive bladder under local anaesthesia the causeway experience
Speaker: Gerard Krystowski (United Kingdom)

Women with premature ovarian insufficiency versus postmenopausal women: hormonal and metabolic profiles
Speaker: Anna Pulka (Poland)

Evaluation of body composition and factors associated in climacteric women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Sarcopenia prevalence and associated factors among Brazilian elderly women from community and community-dwelling: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Assessment of sexual function and related factors in mid-aged sexually active Brazilian women with the 6-item Female Sex Function Index: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Validation of the Brazilian 6-item female sexual function index (FSFI-6) in mid-aged women
Speaker: Jéssica Zandoná (Brazil)

Negative correlation between pressure-pain threshold and serum S100β levels in pre-and postmenopausal women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Association between brain-derived neurotrophic factor (BDNF) level and perceptual thresholds in middle-aged women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Brain-derived neurotrophic factor (BDNF) is not related to climacteric symptoms in healthy women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Contraception in perimenopause
Speaker: Bojana Pinter (Slovenia)

Atherogenic index of plasma for predicting atherosclerosis in high risk centrally obese menopausal women
Speaker: Porntip Nimkuntod (Thailand)
Rationale and development of Vita Nova app: adaptive interventions to reduce the metabolic and cardiovascular risks in menopausal women.
Speaker: Marta Caretto (Italy)

Lipid accumulation product for atherosclerotic screening in metabolic unhealthy risk perimenopausal women
Speaker: Pattama Tongdee (Thailand)

Correlation of serum 25-hydroxyvitamine D level with serum LDL, calcium level in Korean women
Speaker: Hoon Choi (Korea, Republic of)

Klippel-Trenaunay syndrome (KTS), beyond prenatal diagnosis: whole genome sequencing and gynecologic ultrasonographic findings of KTS
Speaker: Hoon Choi (Korea, Republic of)

Metagenomic sequencing analysis of vaginal microbiome in vulvodynia patients
Speaker: Hoon Choi (Korea, Republic of)

Speaker: Marta Bailón Queiruga (Spain)

The efficacy of melatonin treatment of climacteric syndrome in postmenopausal women vs women in menopausal transition in quality of life terms
Speaker: Elena Usoltseva (Russian Federation)

Association between common mental disorders and joint diseases in middle and old aged women. Data from health survey of São Paulo, SP, Brazil
Speaker: Joao Valentini Neto (Brazil)

Meta-analysis of RCTs on the effect of vestibulodynia treatment on female sexual function
Speaker: Faustino Perez-Lopez (Spain)

Prevalence of chlamydia trachomatis, gonorrhea and high-risk human papilloma virus in women older than 50 years old with abnormal cervical cytology
Speaker: Celia Marcos (Spain)

Prevalence of dry eye disease (DED) in pre and postmenopausal women
Speaker: Luciana Bergamaschi (Spain)

Pulsed electromagnetic field (PEMF) therapy effects on human prostate volume in the treatment of benign prostatic hyperplasia (BPH)
Speaker: Marta Tenuta (Italy)

Factors influencing the continuation of treatment in postmenopausal women with low BMD
Speaker: Hoon Kim (Korea, Republic of)

The analysis of the female sexual function in women in perimenopause and postmenopause: Russian experience
Speaker: Elena Gorbunova (Russian Federation)

Minimize risk with „natural“ hormone replacement therapy?
Speaker: May Ziller (Germany)

Postablation pain and bleeding: symptomatic for endometrial carcinoma - a case report
Speaker: Ingrid Pinas (Netherlands)
The strategies of monitoring among post-menopausal women with conization for a two-year period. Analyses of our experience
Speaker: Laura Baquedano Mainar (Spain)

Fractional CO2 laser treatment for vulvovaginal atrophy in menopausal women
Speaker: Mafalda Martinho Simões (Portugal)

Cervical dysplasias in menopausal and pre-menopausal women
Speaker: Laura Baquedano Mainar (Spain)

Sexual dysfunction was associated to depressed mood in mid-aged women from Paraguay
Speaker: Peter Chedraui (Ecuador)

Impact of age on the different steps of ovarian response to gonadotropins in women demanding assisted reproductive technology
Speaker: Antonio Cano (Spain)

The follow-up of thyroid disease in pregnancy in guidance of 2017 ATA (american thyroid association) criteria
Speaker: Ethem Unal (Turkey)

Stereotactic wire localization and surgical excision of non-palpable breast lesions: a reference university hospital experience
Speaker: Ethem Unal (Turkey)

The outcome of surgical excision and electrocauterization technique in the management of anogenital condylomas
Speaker: Ethem Unal (Turkey)

The proliferative effect of progesterone receptor membrane component 1 (PGRMC1) may be related to interaction with estrogen receptor α - a xenograft animal study
Speaker: Yuejiao Wang (China)

Norethisterone in contrast to progesterone dose-dependently increases breast cancer cell proliferation by increasing the expression of PGRMC1
Speaker: Muqing Gu (China)

A prospective randomized comparative study of comprehensive intervention using Orlistat to reduce visceral fat of overweight or obese PCOS patients
Speaker: Min Min (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: different effects of six synthetic progestogens and progesterone
Speaker: Lanyue Zhang (China)

Prevalence of different phenotypes and their lipid pattern assessed in Chinese women with polycystic ovary syndrome
Speaker: Husheng Wang (China)

Sexual dysfunction and urogenital complaints comparing perimenopausal and postmenopausal women based on a cross-sectional survey in China
Speaker: Lingyan Zhang (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: comparing sequential vs. continuous combination with estradiol
Speaker: Dongmin Hou (China)
Scientific Programme

PGRMC1 increased estradiol triggered tumor growth of nude mice: a xenograft animal study
Speaker: Alfred O. Mueck (Germany)

Diseases of the patients getting cryopreserved ovarian tissue: comparing a centralized fertility protection center in Europe with the first ovarian tissue cryobank in China
Speaker: Xiangyan Ruan (China)

Can blood concentrations of progesterone receptor membrane component-1 (PGRMC1) predict the risk of patients with breast cancer?
Speaker: Xiangyan Ruan (China)

Oxidative stress parameters in women with polycystic ovary syndrome with and without metabolic syndrome comparing with healthy women
Speaker: Songbiao Yan (China)

Synthesis of non-spherical pullulan nanoparticles across an in vitro placental model
Speaker: Ziwen Jiang (China)

Expression of ER, PR, HER-2 and Ki67 before and after neoadjuvant chemotherapy (NAC) and the relation between their expression and the curative effects of NAC in breast cancer patients
Speaker: Gangyue Wang (China)

Etiology of premature ovarian insufficiency (POI) and risk factors assessed in Chinese patients
Speaker: Jiaojiao Cheng (China)

Effect of DDX46 targeted suppression on the proliferation and apoptosis of ovarian cancer cell line SK-OV-3
Speaker: Yanqiu Li (China)

The fractional CO2 laser: an effective treatment option for genitourinary syndrome of menopause
Speaker: Hoon Choi (Korea, Republic of)

Adipokine levels in perimenopausal women poorly predict the presence of menopausal symptoms
Speaker: Peter Chedraui (Ecuador)

“Warmi” and the menopause: synthesis of the evidence after 10 years of commercialization
Speaker: Edward Mezones-Holguin (Peru)

Diagnosis and management of vaginal endometriosis involvement in postmenopausal woman. A case report
Speaker: Laura Baquedano Mainar (Spain)

Association between depressive symptoms and adherence to highly active antiretroviral therapy in HIV-positive women is dependent of menopausal status: a secondary analysis from a Peruvian series
Speaker: Edward Mezones-Holguin (Peru)

One-day clinic concept for bleeding in postmenopause
Speaker: Iuliana Ceausu (Romania)

Hysteroscopic resection of intracavitary myoma
Speaker: Iuliana Ceausu (Romania)
Scientific Programme

**Hyaluronic acid gel after ressectoscopy for uterine synechiae in perimenopause – case report**  
Speaker: Rosa Zulmira (Portugal)

**The 10-item cervantes scale: paper-and-pencil and online format assessment of menopause-related symptoms**  
Speaker: Filipa Pimenta (Portugal)

**Self-regulation model applied to menopause: a mixed-methods study**  
Speaker: Filipa Pimenta (Portugal)

**Normalization of ovarian reserve surrogates in a women diagnosed with psoriasis treated with TNF-alpha antagonist. A case report**

**The 6-item Female Sexual Function Index: Paper-and-pencil and online format assessment of sexual-related symptoms**

**The relationship between menarche and the length of reproductive age and lipid profile in perimenopausal and postmenopausal women**

**Apoptotic activity of R. verniciflua Stockes and its extracts on uterine myomas**

**Association between general and abdominal obesity and menopause-related quality of life**

**The effect of pomegranate on depression in a postmenopausal model with ovariectomized rats**

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**Exhibition**  
10:00 - 18:45  
EXHIBITION/POSTER AREAS

**Exhibition**

10:45 - 11:15  
DUBLIN

**Coffee Break**

10:45 - 11:15  
HELSINKI 1

**Coffee Break**

10:45 - 11:15  
HELSINKI 2

**Coffee Break**

10:45 - 11:15  
EMAS ARENA
Parallel Session
11:15 - 12:45

Cardiometabolic health in menopause

Chairs:
Chair: Joseph Neulen (Germany)
Chair: Christian Egarter (Austria)

Chronic inflammation and its consequences during female midlife 11:15 - 11:37
Speaker: Peter Chedraui (Ecuador)

Lipid and glucose metabolism during the menopausal transition & beyond 11:37 - 11:59
Speaker: Irene Lambrinoudaki (Greece)

Eating patterns, body composition and cardiometabolic health in menopause 11:59 - 12:21
Speaker: Mary Yannakoula (Greece)

Metabolic syndrome and menopause 12:21 - 12:45
Speaker: Xiangyan Ruan (China)

Society Symposium
11:15 - 12:15

European Society of Gynecology: Transition to the Menopause

Chairs:
Chair: Sven Skouby (Denmark)
Chair: Andrea Genazzani (Italy)

Contraception for the perimenopausal woman 11:15 - 11:35
Speaker: Johannes Bitzer (Switzerland)

How to solve bleeding problems during menopausal transition? 11:35 - 11:55
Speaker: Alfred O. Mueck (Germany)

Short Term symptoms of the early Menopause. HRT vs alternatives 11:55 - 12:15
Speaker: Mark Brincat (Malta)

Practical Session
11:15 - 12:45

Managing the menopause without medicines: Diet, micronutrients and exercise

Chairs:
Chair: Petra Stute (Switzerland)
Chair: Birgit Zyriax (Germany)

Longterm consequences of diet styles (vegetarian, vegan, low-carb ...) 11:15 - 11:37
Speaker: Birgit Zyriax (Germany)

Preventive micronutrient supplementation in menopausal women 11:37 - 11:59
Speaker: Petra Stute (Switzerland)
Scientific Programme

**Benefits of exercise during peri- and postmenopause**
Speaker: Patrick Diel (Germany)

**Impact of diet on menopausal symptoms**
Speaker: Margaret Rees (United Kingdom)

Junior Mentorship Programme
11:15 - 12:45

Junior Mentorship Programme (JuMP)

**Chairs:**
Chair: Dimitrios Goulis (Thessaloniki, Greece)
Chair: Levent Senturk (Turkey)

- **Prevalence of menopausal symptoms and factors affecting severity in mid-aged women from Paraguay as measured with the 10-item Cervantes scale**
  Speaker: Peter Chedraui (Ecuador)

- **The efficacy of fractional microablative CO2 laser for the treatment of menopausal vulvovaginal atrophy - systematic review**
  Speaker: Diana Mihai (Romania)

- **Relation between physical activity and indices of body composition, metabolism and cardiovascular function**
  Speaker: Amanda Nio (United Kingdom)

- **Oxidative stress as a possible mediator of the effect of androgens on arterial parameters**
  Speaker: Meletios P Nigdelis (Greece)

- **From pregnancy to menopause: Impact of reproductive history on women health at midlife.**
  Speaker: Laura Cucinella (Italy)

- **Obesity and diabesity in adulthood caused by intrauterine programming - could it be reversed?**
  Speaker: Diana-Elena Comandasu (Romania)

Sponsored Symposium
13:00 - 14:00

Sponsored Symposium
(For more details, please visit the [EMAS Congress website](https://2019.emas-online.org/sponsors/sponsored-symposia-programme/))
Scientific Programme

Sponsored Symposium
13:00 - 14:00

HELSINKI 2

Sponsored Symposium
(For more details, please visit the <a href="https://2019.emas-online.org/sponsors/sponsored-symposia-programme/">EMAS Congress website</a>)

Parallel Session
14:15 - 15:45
DUBLIN

Bone health in women and men

Chairs:
Chair: Antonio Cano (Spain)
Chair: Lina Paschou (Greece)

- **Diagnostics and fracture risk prediction**  
  Speaker: Ewald Boschitsch (Austria)  
  14:15 - 14:37

- **Osteoporosis prevention and treatment- today and future developments**  
  Speaker: Florence Tremollieres (France)  
  14:37 - 14:59

- **Bone health care in breast cancer survivors**  
  Speaker: Stavroula A. Paschou (Greece)  
  14:59 - 15:21

- **Bone health care in hypogonadal men with prostate cancer**  
  Speaker: Peyman Hadji (Germany)  
  15:21 - 15:45

Parallel Session
14:15 - 15:45
HELSINKI 1

The menopausal bladder

Chairs:
Chair: Tommaso Simoncini (Italy)
Chair: Santiago Palacios (Spain)

- **Management of recurrent urinary tract infections**  
  Speaker: Eleonora Russo (Italy)  
  14:15 - 14:37

- **Management of urinary incontinence**  
  Speaker: Tommaso Simoncini (Italy)  
  14:37 - 14:59

- **Pelvic floor reconstructive surgery**  
  Speaker: Heinz Kölbl (Austria)  
  14:59 - 15:21

- **Vaginal laser therapy - hype or established treatment?**  
  Speaker: Ivan Fistonic (Croatia)  
  15:21 - 15:45
Scientific Programme

Society Symposium
14:15 - 15:15

International Menopause Society: Managing menopause- seek, find and act

Chairs:
Chair: Susan Davis (Australia)
Chair: Robert Langer (United States)

Seek: Unusual disease presentations at menopause 14:15 - 14:35
Speaker: Wendy Wolfman (Canada)

Emerging novel cardiovascular disease risk factors 14:35 - 14:55
Speaker: Sonia Cerdas (Costa Rica)

Act: Wearable sensors- their impact on midlife women’s health 14:55 - 15:15
Speaker: Sengbin Ang (Singapore)

Oral
14:15 - 15:45

Oral Abstracts 1

Chairs:
Chair: Petra Stute (Switzerland)
Chair: Irene Lambrinoudaki (Greece)

Effects of estradiol and progesterone on sleep disturbance using mediation modeling 14:15 - 14:26
Speaker: Sebastian Mirkin (United States)

Soya drink consumption has no effect on cognitive function but may alleviate vasomotor symptoms in post-menopausal women 14:26 - 14:37
Speaker: Orlaith Furlong (United Kingdom)

Menopausal symptoms and factors associated in pre- and postmenopausal Brazilian women: a cross-sectional study. 14:37 - 14:48
Speaker: Jéssica Zandoná (Brazil)

A 17β-estradiol, softgel, vaginal insert had an early onset of action for treating moderate to severe menopausal vulvar and vaginal atrophy (VVA) and Dyspareuni 14:48 - 14:59
Speaker: Graeme Fraser (Belgium)

The neurokinin 3 receptor antagonist, fezolinetant, is effective in treatment of menopausal vasomotor symptoms: a randomized, placebo-controlled, double-blind, dose-ranging study 14:59 - 15:10
Speaker: Graeme Fraser (Belgium)

Uterine bleeding rates with hormone therapies in menopausal women with vasomotor symptoms 15:10 - 15:21
Speaker: James H Pickar (United States)

Survey demonstrates suboptimal menopause care in UK despite NICE guidelines 15:21 - 15:32
Speaker: Louise Newson (United Kingdom)
Scientific Programme

Prescribing behaviour in the management of menopausal symptoms - changes between 2014 and 2018 upon German gynaecologists  15:32 - 15:43
Speaker: Pedro-Antonio Regidor (Germany)

Plenary Session
16:15 - 17:45  DUBLIN

Healthy ageing

Chairs:
Chair: Margaret Rees (United Kingdom)
Chair: Tommaso Simoncini (Italy)

Welcome message  16:15 - 16:30

Historical development of menopausal issues. Have we delivered what we promised?  16:30 - 16:55
Speaker: Wulf Utian (United States)

The historical landmarks in the development of hormonal therapies  16:55 - 17:20
Speaker: Andrea Genazzani (Italy)

Testosterone: The known knowns, the known unknowns and the unknown unknowns  17:20 - 17:45
Speaker: Susan Davis (Australia)

Poster Session
17:45 - 18:45  EXHIBITION/POSTER AREAS

Welcome Reception/Poster session
Thursday, 16 May 2019

Plenary Session
08:00 - 09:00 DUBLIN

Menopause and ageing in the workplace

Chairs:
Chair: Margaret Rees (United Kingdom)
Chair: Irene Lambrinoudaki (Greece)

- Changing demands at the workplace - now and in future 08:00 - 08:20
  Speaker: Marije Geukes (Netherlands)
- Elderly employees - burden or benefit 08:20 - 08:40
  Speaker: Henk Oosterhof (Netherlands)
- Menopausal women’s needs at the workplace 08:40 - 09:00
  Speaker: Myra Hunter (United Kingdom)

Society Symposium
09:15 - 10:15 DUBLIN

FLASCYM: Menopausal hormone therapy: An Update

Chairs:
Chair: Zully Benítez-Roa (Paraguay)
Chair: Juan E. Blümel (Chile)

- When to initiate MHT? 09:15 - 09:35
  Speaker: Pablo Lavín (Chile)
- How to indicate MHT? 09:35 - 09:55
  Speaker: Soledad Vallejo (Chile)
- For how long to use MHT? 09:55 - 10:15
  Speaker: Sonia Cerdas (Costa Rica)

Sponsored Symposium
09:15 - 10:15 HELSINKI 1

Sponsored Symposium

(For more details, please visit the <a href="https://2019.emas-online.org/sponsors/sponsored-symposia-programme/">EMAS Congress website</a>)
12th European Congress on Menopause and Andropause,
15 - 17.05.2019,
Berlin, Germany

Scientific Programme

Sponsored Symposium
09:15 - 10:15
HELSINKI 2

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Society Symposium
09:15 - 10:15
EMAS ARENA

Polish Society of Gynecological Endocrinology

Chairs:
Chair: Roman Smolarczyk (Poland)
Chair: Blazej Meczekalski (Poland)

Kisspeptin role in women´s life
Speaker: Agnieszka Podfigurna (Poland) 09:15 - 09:35

Infertility problems in patients with Premature Ovarian Insufficiency
Speaker: Roman Smolarczyk (Poland) 09:35 - 09:55

Premature Ovarian Insufficiency (POI) and it influence on bone metabolism
Speaker: Blazej Meczekalski (Poland) 09:55 - 10:15

Exhibition
10:00 - 18:00
EXHIBITION/POSTER AREAS

Poster Session
10:00 - 18:00
EXHIBITION/POSTER AREAS

Poster Exhibition

Heart rate variability in different phases of ovarian-menstrual cycle
Speaker: Olena Lutsenko (Ukraine)

Comparison of depression between primary and secondary infertile couples
Speaker: Mahmut Yassa (Turkey)

Optimization, synthesis, and characterization of coaxial electrospun sodium carboxymethyl cellulose-graft-methyl acrylate/poly(ethylene oxide) nanofibers for potential drug-delivery applications
Speaker: Akbar Esmaeili (Iran, Islamic Republic of)

Effect of fennel vaginal cream on sexual function in postmenopausal women: A double blind randomized controlled trial
Speaker: Parvin Abedi (Iran, Islamic Republic of)
Effect of complementary alternative medicine on menopausal symptoms, among rural women of South India.
Speaker: Sonia Sunny (Sweden)

Vaginal estriol and injections of autoplasma reduce the symptoms of vulvovaginal atrophy
Speaker: Olga Leshchenko (Russian Federation)

Sex behavior and reproductive attitudes of HIV-positive men and women
Speaker: Olga Leshchenko (Russian Federation)

Estetrol (E4), the next generation hormone therapy (HT) for menopausal symptoms: phase 2b clinical trial results
Speaker: Ulysse Gaspard (Belgium)
	a potential adjunctive therapy for menopause syndrome

No difference in quality of life or depression/anxiety diagnosis between middle-aged women with PCOS and age-matched controls
Speaker: Maria Forslund (Sweden)

Chilliness in Japanese middle-aged women is associated with low intake of n-3 fatty acids: a cross-sectional study
Speaker: Masakazu Terauchi (Japan)

Comparison of metabolic and hormonal changes in idiopathic and non-idiopathic premature ovarian insufficiency.
Speaker: Aleksandra Marciszewska (Poland)

Anthropometric predictors of metabolic health in postmenopausal women with normal weight
Speaker: Eleni Armeni (Greece)

High-normal prolactin levels are associated with lower carotid intima media thickness but greater arterial stiffness and an overall improved metabolic profile in premenopausal women
Speaker: Eleni Armeni (Greece)

Subclinical atherosclerosis according to different phenotypes of metabolic obesity in postmenopausal women
Speaker: Eleni Armeni (Greece)

Presence of the methylenetetrahydrofolate reductase A1298T polymorphism is associated with lower body mass index in girls with anorexia nervosa
Speaker: Eleni Armeni (Greece)

Prognostic significance of the number of metastatic lymph node in early cervical cancer
Speaker: JungWoo Park (Korea, Republic of)

Protocol: thermal treatment of vulvo-vaginal atrophy (VVA) using novel low-energy dynamic quadripolar radiofrequency (DQRF)
Speaker: Julie Praet (Belgium)

Higher levels of circulating androgens are associated with greater extent of liver fibrosis in postmenopausal women
Speaker: Eleni Armeni (Greece)
Scientific Programme

The relationships among frailty index, various physical, psychological, lifestyle related factors, and social connections in Japanese elderly women
Speaker: Yoshiaki Somekawa (Japan)

Efficacy and safety of conjugated estrogen with bazedoxifene in postmenopausal women
Speaker: Hyun-Jin Kim (Korea, Republic of)

Effects of long-term use of dienogest after surgery on bone mineral density in patients with ovarian endometrioma
Speaker: Sang Ho Yoon (Korea, Republic of)

Comparison of pueraria mirifica gel and placebo gel effects on vaginal microenvironment among postmenopausal women with genitourinary syndrome of menopause (GSM)
Speaker: Jittima Manonai Bartlett (Thailand)

Long-term morbidity and health after early menopause due to oophorectomy in women at increased risk of ovarian cancer: rationale and design of the harmony study.
Speaker: Lara Terra (Netherlands)

Management of stress and anxiety during the menopausal transition: effect on climacteric symptoms in a Greek peri- and postmenopausal population
Speaker: Anastasia Palaiologou (Greece)

Non-hormonal vaginal treatment of vulvovaginal dryness symptoms: a 10-year experience using an oil-in-water cream
Speaker: Petra Stute (Switzerland)

Learning coordination between manual task performance and balance control with Aikido decreases postmenopausal symptoms.
Speaker: Olga Bazanova (Russian Federation)

Prospective observational study to evaluate the efficacy and safety of the pollen extract Sérélys® in the management of women with menopausal symptoms
Speaker: Manuela Sailer (Germany)

Unfavourable metabolic profile in women with premature ovarian insufficiency: a retrospective case-control study.
Speaker: Monika Śledzik (Poland)

Factors associated with endometrial pathology during tamoxifen use in women with breast cancer: a retrospective analysis of 821 biopsies
Speaker: Dong-Yun Lee (Korea, Republic of)

Dietary patterns are associated with aortic stiffness and carotid artery intima-media thickness in healthy postmenopausal women
Speaker: Iliana Karakouni (Greece)

Incidence of venous thromboembolism (VTE) among postmenopausal women prescribed ospemifene, selective oestrogen receptor modulators (SERM), or untreated vulvar and vaginal atrophy
Speaker: Bin Cai (United States)

Incidence of breast cancer in VVA patients treated with ospemifene and those without any VVA related treatments from a us real-world data
Speaker: Bin Cai (United States)

Antioxidant protection system parameters in Caucasian and Asian menopausal women
Speaker: Natalya Semenova (Russian Federation)
Prevalence of glutathione s-transferase genes some polymorphisms in menopausal women of two ethnic groups with insomnia  
Speaker: Natalya Semenova (Russian Federation)

Association lipid peroxidation and antioxidant system activity with glutathione s-transferase M1 genotype in menopausal women with insomnia  
Speaker: Natalya Semenova (Russian Federation)

Effects of ultra-low dose hormone therapy on biochemical bone turnover markers in postmenopausal women  
Speaker: Achilles Cruz (Brazil)

Effects of grape seed proanthocyanidin extract on vascular endothelial function in patients with prehypertension: a randomized, double-blind, placebo-controlled study  
Speaker: Tamami Odai (Japan)

Insomnia in menopausal women: racial differences  
Speaker: Natalya Semenova (Russian Federation)

Walking exercise as a possible symptom improvement therapy for women in menopause transition and postmenopausal: findings from a scoping review  
Speaker: Beate Sydora (Canada)

Prevalence of depression, anxiety & stress amongst women of middle age in Sri Lanka  
Speaker: D. S. Anoja F. Dheersasinghe (Sri Lanka)

Association oxidative stress with obstructive sleep apnea syndrome severity in menopausal women  
Speaker: Natalya Semenova (Russian Federation)

Changes in endometrial thickness after conversion from tamoxifen to aromatase inhibitor in postmenopausal breast cancer patients  
Speaker: Kyu Ri Hwang (Korea, Republic of)

Safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with overactive bladder symptoms. A randomized, double-blind, placebo-controlled clinical trial  
Speaker: Santiago Palacios (Spain)

A randomized, double-blind, placebo-controlled clinical trial: evaluating safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with stress urinary incontinence  
Speaker: Santiago Palacios (Spain)

Botulinum toxin type A intravesical injections for overactive bladder under local anaesthesia the causeway experience  
Speaker: Gerard Krystowski (United Kingdom)

Women with premature ovarian insufficiency versus postmenopausal women: hormonal and metabolic profiles  
Speaker: Anna Pulka (Poland)

Evaluation of body composition and factors associated in climacteric women: a cross-sectional study  
Speaker: Jéssica Zandoná (Brazil)
Sarcopenia prevalence and associated factors among Brazilian elderly women from community and community-dwelling: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Assessment of sexual function and related factors in mid-aged sexually active Brazilian women with the 6-item Female Sex Function Index: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Validation of the Brazilian 6-item female sexual function index (FSFI-6) in mid-aged women
Speaker: Jéssica Zandoná (Brazil)

Negative correlation between pressure-pain threshold and serum S100β levels in pre-and postmenopausal women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Association between brain-derived neurotrophic factor (BDNF) level and perceptual thresholds in middle-aged women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Brain-derived neurotrophic factor (BDNF) is not related to climacteric symptoms in healthy women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Contraception in perimenopause
Speaker: Bojana Pinter (Slovenia)

Atherogenic index of plasma for predicting atherosclerosis in high risk centrally obese menopausal women
Speaker: Porntip Nimkuntod (Thailand)

Rationale and development of Vita Nova app: adaptive interventions to reduce the metabolic and cardiovascular risks in menopausal women.
Speaker: Marta Caretto (Italy)

Lipid accumulation product for atherosclerotic screening in metabolic unhealthy risk perimenopausal women
Speaker: Pattama Tongdee (Thailand)

Correlation of serum 25-hydroxyvitamine D level with serum LDL, calcium level in Korean women
Speaker: Hoon Choi (Korea, Republic of)

Klippel-Trenaunay syndrome (KTS), beyond prenatal diagnosis: whole genome sequencing and gynecologic ultrasonographic findings of KTS
Speaker: Hoon Choi (Korea, Republic of)

Metagenomic sequencing analysis of vaginal microbiome in vulvodynia patients
Speaker: Hoon Choi (Korea, Republic of)

Association between common mental disorders and joint diseases in middle and old aged women. Data from health survey of São Paulo, SP, Brazil
Speaker: Joao Valentini Neto (Brazil)

Meta-analysis of RCTs on the effect of vestibulodynia treatment on female sexual function
Speaker: Faustino Perez-Lopez (Spain)
Scientific Programme

Prevalence of chlamydia trachomatis, gonorrhea and high-risk human papilloma virus in women older than 50 years old with abnormal cervical cytology
Speaker: Celia Marcos (Spain)

Prevalence of dry eye disease (DED) in pre and postmenopausal women
Speaker: Luciana Bergamaschi (Spain)

Pulsed electromagnetic field (PEMF) therapy effects on human prostate volume in the treatment of benign prostatic hyperplasia (BPH)
Speaker: Marta Tenuta (Italy)

Factors influencing the continuation of treatment in postmenopausal women with low BMD
Speaker: Hoon Kim (Korea, Republic of)

The analysis of the female sexual function in women in perimenopause and postmenopause: Russian experience
Speaker: Elena Gorbunova (Russian Federation)

Minimize risk with „natural“ hormone replacement therapy?
Speaker: May Ziller (Germany)

Postablation pain and bleeding: symptomatic for endometrial carcinoma - a case report
Speaker: Ingrid Pinas (Netherlands)

The strategies of monitoring among post-menopausal women with conization for a two-year period. Analyses of our experience
Speaker: Laura Baquedano Mainar (Spain)

Fractional CO2 laser treatment for vulvovaginal atrophy in menopausal women
Speaker: Mafalda Martinho Simões (Portugal)

Cervical dysplasias in menopausal and pre-menopausal women
Speaker: Laura Baquedano Mainar (Spain)

Sexual dysfunction was associated to depressed mood in mid-aged women from Paraguay
Speaker: Peter Chedraui (Ecuador)

Impact of age on the different steps of ovarian response to gonadotropins in women demanding assisted reproductive technology
Speaker: Antonio Cano (Spain)

The follow-up of thyroid disease in pregnancy in guidance of 2017 ATA (american thyroid association) criteria
Speaker: Ethem Unal (Turkey)

Stereotactic wire localization and surgical excision of non-palpable breast lesions: a reference university hospital experience
Speaker: Ethem Unal (Turkey)

The outcome of surgical excision and electrocauterization technique in the management of anogenital condylomas
Speaker: Ethem Unal (Turkey)

The proliferative effect of progesterone receptor membrane component 1 (PGRMC1) may be related to interaction with estrogen receptor α – a xenograft animal study
Speaker: Yuejiao Wang (China)
Norethisterone in contrast to progesterone dose-dependently increases breast cancer cell proliferation by increasing the expression of PGRMC1
Speaker: Muqing Gu (China)

A prospective randomized comparative study of comprehensive intervention using Orlistat to reduce visceral fat of overweight or obese PCOS patients
Speaker: Min Min (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: different effects of six synthetic progestogens and progesterone
Speaker: Lanyue Zhang (China)

Prevalence of different phenotypes and their lipid pattern assessed in Chinese women with polycystic ovary syndrome
Speaker: Husheng Wang (China)

Sexual dysfunction and urogenital complaints comparing perimenopausal and postmenopausal women based on a cross-sectional survey in China
Speaker: Lingyan Zhang (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: comparing sequential vs. continuous combination with estradiol
Speaker: Dongmin Hou (China)

PGRMC1 increased estradiol triggered tumor growth of nude mice: a xenograft animal study
Speaker: Alfred O. Mueck (Germany)

Diseases of the patients getting cryopreserved ovarian tissue: comparing a centralized fertility protection center in Europe with the first ovarian tissue cryobank in China
Speaker: Xiangyan Ruan (China)

Can blood concentrations of progesterone receptor membrane component-1 (PGRMC1) predict the risk of patients with breast cancer?
Speaker: Xiangyan Ruan (China)

Oxidative stress parameters in women with polycystic ovary syndrome with and without metabolic syndrome comparing with healthy women
Speaker: Songbiao Yan (China)

Synthesis of non-spherical pullulan nanoparticles across an in vitro placental model
Speaker: Ziwen Jiang (China)

Expression of ER, PR, HER-2 and Ki67 before and after neoadjuvant chemotherapy (NAC) and the relation between their expression and the curative effects of NAC in breast cancer patients
Speaker: Gangyue Wang (China)

Etiology of premature ovarian insufficiency (POI) and risk factors assessed in Chinese patients
Speaker: Jiaojiao Cheng (China)

Effect of DDX46 targeted suppression on the proliferation and apoptosis of ovarian cancer cell line SK-OV-3
Speaker: Yanqiu Li (China)

The fractional CO2 laser: an effective treatment option for genitourinary syndrome of menopause
Speaker: Hoon Choi (Korea, Republic of)
**Scientific Programme**

**Adipokine levels in perimenopausal women poorly predict the presence of menopausal symptoms**  
Speaker: Peter Chedraui (Ecuador)

"Warmi" and the menopause: synthesis of the evidence after 10 years of commercialization  
Speaker: Edward Mezones-Holguín (Peru)

Diagnosis and management of vaginal endometriosis involvement in postmenopausal woman. A case report  
Speaker: Laura Baquedano Mainar (Spain)

Association between depressive symptoms and adherence to highly active antiretroviral therapy in HIV-positive women is dependent of menopausal status: a secondary analysis from a Peruvian series  
Speaker: Edward Mezones-Holguín (Peru)

**One-day clinic concept for bleeding in postmenopause**  
Speaker: Iuliana Ceausu (Romania)

**Hysteroscopic resection of intracavitary myoma**  
Speaker: Iuliana Ceausu (Romania)

**Hyaluronic acid gel after resectoscopy for uterine synechiae in perimenopause - case report**  
Speaker: Rosa Zulmira (Portugal)

The 10-item cervantes scale: paper-and-pencil and online format assessment of menopause-related symptoms  
Speaker: Filipa Pimenta (Portugal)

Self-regulation model applied to menopause: a mixed-methods study  
Speaker: Filipa Pimenta (Portugal)

Normalization of ovarian reserve surrogates in a women diagnosed with psoriasis treated with TNF-alpha antagonist. A case report  
Speaker: Adam Czyżyk (Poland)

The 6-item Female Sexual Function Index: Paper-and-pencil and online format assessment of sexual-related symptoms  
Speaker: Filipa Pimenta (Portugal)

The relationship between menarche and the length of reproductive age and lipid profile in perimenopausal and postmenopausal women  
Speaker: Lejla Mešalić (Bosnia and Herzegovina)

Apoptotic activity of *R. verniciflua* Stockes and its extracts on uterine myomas  
Speaker: Min-Hyung Jung (Korea, Republic of)

Association between general and abdominal obesity and menopause-related quality of life  
Speaker: Nicolás Mendoza Ladrón de Guevara (Spain)

The effect of pomegranate on depression in a postmenopausal model with ovariectomized rats  
Speaker: Tak Kim (Korea, Republic of)
12th European Congress on Menopause and Andropause,
15 - 17.05.2019,
Berlin, Germany

Scientific Programme

10:15 - 10:45
Coffee Break

10:15 - 10:45
Coffee Break

10:15 - 10:45
Coffee Break

Parallel Session
10:45 - 12:15

Cardiovascular health management

Chairs:
Chair: Tomi Mikkola (Finland)
Chair: Christian Egarter (Austria)

Reasons for cardiovascular diseases being killer number one 10:45 - 11:07
Speaker: Angela Maas (Netherlands)

Preventive assessment 11:07 - 11:29
Speaker: Maria Grazia Modena (Italy)

Statins for the treatment of hypercholesterolaemia in post menopausal women - solution or problem? 11:29 - 11:51
Speaker: Peter Collins (United Kingdom)

MHT in myocardial infarction and stroke survivors 11:51 - 12:15
Speaker: Amos Pines (Israel)

Society Symposium
10:45 - 11:45

German-Chinese Society of Obstetrics and Gynecology e.V.: German-Chinese cooperation projects in research and clinic

Chairs:
Chair: Alfred O. Mueck (Germany)
Chair: Xiangyan Ruan (China)
Scientific Programme

First outpatient-hysteroscopy in China - Chinese-German project 10:45 - 11:00
Speaker: Thomas Römer (Germany)

First ovarian tissue cryobank in China - International project 11:00 - 11:15
Speaker: Xiangyan Ruan (China)

PGRMC1 and breast cancer - German-Chinese research project 11:15 - 11:30
Speaker: Alfred O. Mueck (Germany)

Osteoporosis and breast cancer: pathogenesis, diagnosis and treatment 11:30 - 11:45
Speaker: Peyman Hadji (Germany)

Clinical Case

10:45 - 12:15

MHT in menopausal women at risk

Chairs:
Chair: Martin Birkhäuser (Switzerland)

Comorbidity: Endometriosis 10:45 - 11:07
Speaker: Tevfik Yoldemir (Turkey)

Progestogen Intolerance (in MHT): What are the options? 11:07 - 11:29
Speaker: Nick Panay (United Kingdom)

Comorbidity: Migraine 11:29 - 11:51
Speaker: Rossella Nappi (Italy)

Comorbidity: Hypertension 11:51 - 12:15
Speaker: Sven Skouby (Denmark)

Oral

10:45 - 12:15

Late Breaking Science

Chairs:
Chair: Lubna Pal (United States)

Medium-term outcomes after robotic-assisted lateral suspension with mesh for advanced multi-compartment prolapse 10:45 - 11:07
Speaker: Eleonora Russo (Italy)

Abnormal bleeding in peri/postmenopausal women 11:07 - 11:29
Speaker: Lidija Tasic (Serbia)

Establishment of a 3D co-culture model to investigate the role of primary fibroblasts in the development of an invasive phenotype of DCIS lesions 11:29 - 11:51
Speaker: Marina Sourouni (Germany)

Survey on the use of hormonal therapy of the menopause in catalonia, spain 11:51 - 12:15
Speaker: Sonia Sánchez Méndez (Spain)
Scientific Programme

Sponsored Symposium
12:30 - 14:00

Sponsored Symposium
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Parallel Session
14:15 - 15:45

Breast cancer

Chairs:
Chair: Xiangyan Ruan (China)
Chair: Alfred O. Mueck (Germany)

- **Estrogen on the breast Yin or Yan?** 14:15 - 14:37
  Speaker: Anne Gompel (France)

- **Impact of combined MHT on breast cancer risk** 14:37 - 14:59
  Speaker: Herman Deypere (Belgium)

- **Hormone-based strategies for management of BrCa1 and 2 carriers** 14:59 - 15:21
  Speaker: Richard Santen (United States)

- **Management of menopausal symptoms in breast cancer survivors** 15:21 - 15:45
  Speaker: Nicoletta Biglia (Italy)

Parallel Session
14:15 - 15:45

Abnormal uterine bleeding and myoma

Chairs:
Chair: Johannes Bitzer (Basel, Switzerland)
Chair: Kai Bühleng (Germany)

- **Modern evaluation of abnormal uterine bleeding** 14:15 - 14:37
  Speaker: Steven Goldstein (United States)

- **Bleeding problems in the perimenopause** 14:37 - 14:59
  Speaker: Petra Stute (Switzerland)

- **Surveillance and treatment of endometrial hyperplasia** 14:59 - 15:21
  Speaker: Sean Kehoe (United Kingdom)

- **Diagnosis and treatment of fibroids in perimenopause** 15:21 - 15:45
  Speaker: Thomas Römer (Germany)
Scientific Programme

Clinical Case
14:15 - 15:45

MHT in menopausal women at risk

Chairs:
Chair: Martin Birkhäuser (Switzerland)
Chair: Christian Egarter (Austria)

- **Comorbidity: Cerebrovascular disease**
  Speaker: Tevfik Yoldemir (Turkey) 14:15 - 14:37

- **Obesity and Diabetes**
  Speaker: Irene Lambrinoudaki (Greece) 14:37 - 14:59

- **Osteoporosis checkup including polymorphisms**
  Speaker: Mark Brincat (Malta) 14:59 - 15:21

- **Systemic lupus erythematosus**
  Speaker: Anne Gompel (France) 15:21 - 15:45

Oral
14:15 - 15:45

Oral Abstracts 2

Chairs:
Chair: Blazej Meczekalski (Poland)
Chair: Antonio Cano (Spain)

- **Hormonal predictors of metabolic obesity in non-obese postmenopausal women**
  Speaker: Eleni Armeni (Greece) 14:15 - 14:26

- **Antiproliferative effects of cimicifuga racemosa root extract Ze 450 mediated by inhibition of oxidative phosphorylation and indirect AMPK activation**
  Speaker: Samuel Hasler (Switzerland) 14:26 - 14:37

- **Vitamin D deficiency is more prevalent in men than in women. A study from a southern country (Chile)**
  Speaker: Pablo Lavín (Chile) 14:37 - 14:48

- **Metabolic effects of cimicifuga racemosa extract Ze450 on neuronal cells**
  Speaker: Malena Rabenau (Germany) 14:48 - 14:59

- **Incident hypertension after menopause is mostly associated with obesity and insulin resistance**
  14:59 - 15:10

- **Association of the ACE, ICAM-1 and MCP-1 gene polymorphisms with cardiovascular risk factors in mid-aged Ecuadorian women**
  Speaker: Peter Chedraui (Ecuador) 15:10 - 15:21

- **Isolated vitamin D supplementation improves the metabolic syndrome risk profile in postmenopausal women: a randomized, double-blind, placebo-controlled trial**
  15:21 - 15:32
Scientific Programme

15:32 - 15:45
Metabolic risk factors and recurrence of pelvic organ prolapse after primary repair in post-menopausal women

Parallel Session
16:15 - 17:45
DUBLIN

Wearables and new technologies for monitoring/measuring health

Chairs:
Chair: Antonio Cano (Spain)
Chair: Petra Stute (Switzerland)

Wearables for physical activity
Speaker: Alan Godfrey (United Kingdom)
16:15 - 16:37

Wearables for measuring hot flushes
Speaker: Pauline Maki (United States)
16:37 - 16:59

Web-based applications to promote Women´s Health
Speaker: Andrea Giannini (Italy)
16:59 - 17:21

Modern management of Healthy Menopause / eMedicine
Speaker: Petra Stute (Switzerland)
17:21 - 17:45

Parallel Session
16:15 - 17:45
HELSINKI 1

Psychosocial well-being

Chairs:
Chair: Anneliese Schwenkhagen (Germany)
Chair: Rossella Nappi (Italy)

Well-being in cancer survivors
Speaker: Serge Rozenberg (Belgium)
16:15 - 16:37

Impact of POI and PMS on mood
Speaker: Nick Panay (United Kingdom)
16:37 - 16:59

Sexual dysfunction in menopausal women
Speaker: Rossella Nappi (Italy)
16:59 - 17:21

Managing menopause after cancer
Speaker: Martha Hickey (Australia)
17:21 - 17:45
Scientific Programme

Clinical Case
16:15 - 17:45  HELSINKI 2

MHT in menopausal women at risk

Chairs:
Chair: Martin Birkhäuser (Switzerland)
Chair: Ludwig Wildt (Austria)

Comorbidity: Cardiovascular disease
Speaker: Angela Maas (Netherlands)
16:15 - 16:37

Comorbidity: Benign breast disease
Speaker: Herman Depypere (Belgium)
16:37 - 16:59

Comorbidity: Arthritis
Speaker: Fiona Watt (United Kingdom)
16:59 - 17:21

Comorbidity of menopausal patient HIV
Speaker: Johannes Bitzer (Switzerland)
17:21 - 17:45

Oral
16:15 - 17:45  EMAS ARENA

Oral Abstracts 3

Chairs:
Chair: Alfred O. Mueck (Germany)
Chair: Margaret Rees (United Kingdom)

Comparative efficacy of bone anabolic therapies for the treatment of postmenopausal osteoporosis: a systematic review and network meta-analysis of randomized controlled trials.
Speaker: Adrian V. Hernandez (United States)
16:15 - 16:26

Bone mineral density in patients suffering from Turner syndrome. The role of hormonal replacement therapy
Speaker: Anna Szeliga (Poland)
16:26 - 16:37

Risk factors for osteoporosis in postmenopausal women - from the point of view of primary care gynecologist
Speaker: Damir Franic (Slovenia)
16:37 - 16:48

Dyslipidemia and bone mass density, trick or threat?
Speaker: Irene Zolfaroli (Spain)
16:48 - 16:59

The effect of estradiol and age on lipid and bone metabolism in peri- and postmenopausal women
Speaker: Sicong Li (China)
16:59 - 17:10

Changes in intervertebral discs with the menopause and HRT
Speaker: Mark Brincat (Malta)
17:10 - 17:21

Effects of risedronate versus menopausal hormone therapy on bone mineral density in postmenopausal Korean women with hip fracture: a randomized, open-label trial
17:21 - 17:32
Scientific Programme

Prescription attitude of gynecologists in relation to patients’ age, vasomotor symptoms and presence of osteoporosis  
Speaker: Serge Rozenberg (Belgium)  
17:32 - 17:43

EMAS Debate  
18:00 - 19:00  
DUBLIN

MHT for cardiovascular disease prevention

Chairs:  
Chair: Angela Maas (Netherlands)  
Chair: Andrea Genazzani (Italy)

Pro  
Speaker: Tomi Mikkola (Finland)  
18:00 - 18:30

Con  
Speaker: Chrissandra Shufelt (United States)  
18:30 - 19:00

EMAS Debate  
18:00 - 19:00  
HELSINKI 1

Postponing fertility by egg freezing

Chairs:  
Chair: Sophia Kalantaridou (Greece)  
Chair: Mark Brincat (Malta)

Pro  
Speaker: Richard Anderson (United Kingdom)  
18:00 - 18:30

Con  
Speaker: Martha Hickey (Australia)  
18:30 - 19:00

Society Symposium  
18:00 - 19:00  
HELSINKI 2

Hellenic Society of Climacterium and Menopause: Hormone replacement therapy for reproductive aging: myths and reality

Chairs:  
Chair: Irene Lambrinoudaki (Greece)  
Chair: Dimitrios Goulis (Thessaloniki, Greece)

Diabetes and the Menopause  
Speaker: Stavroula A. Paschou (Greece)  
18:00 - 18:20

Sexuality after menopause  
Speaker: Neoklis Georgopoulos (Greece)  
18:20 - 18:40

HRT for young women with premature ovarian insufficiency  
Speaker: Sophia Kalantaridou (Greece)  
18:40 - 19:00
Scientific Programme

Society Symposium
18:00 - 19:00

**Argentine Association of Climacteric Studies: Health care for climacteric women. What the gynecologist can not ignore**

- **Introduction**
  Speaker: Pablo Carpinterio (Argentina)

- **Alterations of the pelvic floor in menopause**
  Speaker: Diego Lange (Argentina)

- **Osteopenia in the Climacteric woman, a great dilemma**
  Speaker: Claudia Rey (Argentina)

- **Exogenous steroid hormones for the treatment of climacteric women and breast cancer**
  Speaker: Blanca Campostrini (Argentina)

- **Hysteroscopy in the climacteric woman. When?**
  Speaker: Jorge Dotto (Argentina)

- **Space for contributions and discussion**
  Speaker: Gustavo Litterio (Argentina)
  Speaker: Maria Fernandez (Argentina)

**EMAS General Assembly**

For EMAS Members only.
**ISGE: Menopause and the Brain**

**Chairs:**
Chair: Martin Birkhäuser (Switzerland)
Chair: Andrea Genazzani (Italy)

- **Mood disorders during the menopausal transition** 08:00 - 08:20
  Speaker: Peter Chedraui (Ecuador)
- **Menopause and cognitive decline. Fine-tuning the clinical translation** 08:20 - 08:40
  Speaker: Antonio Cano (Spain)
- **Is the brain still sexual after menopause?** 08:40 - 09:00
  Speaker: Rossella Nappi (Italy)

**Sponsored Symposium**

08:00 - 09:00  HELSINKI 1

**Society Symposium**

08:00 - 09:00  EMAS ARENA

**Turkish Society of Menopause and Osteoporosis: Menopause: Different problems - different solutions...**

**Chairs:**
Chair: Erdogan Ertungealp (Turkey)
Chair: Hakan Seyisoglu (Turkey)

- **Still Endometriosis After Menopause?** 08:00 - 08:15
  Speaker: Umit Inceboz (Turkey)
Scientific Programme

HT After Oophorectomy 08:15 - 08:30
Speaker: Fatih Durmusoglu (Turkey)

Laser for Genitourinary Symptoms of Menopause 08:30 - 08:45
Speaker: C. Tamer Erel (Turkey)

Menopause and Technology 08:45 - 09:00
Speaker: Levent Senturk (Turkey)

Plenary Session
09:15 - 10:15

Challenges in menopause medicine

Chairs:
Chair: Tommaso Simoncini (Italy)
Chair: Margaret Rees (United Kingdom)

Longterm consequences of the WHI on public health issues and quality of life 09:15 - 09:35
Speaker: Robert Langer (United States)

Frailty and multimorbidity in the elderly 09:35 - 09:55
Speaker: Antonio Cano (Spain)

Risk behaviour and communication 09:55 - 10:15
Speaker: Volker Stute (Germany)

German Day
09:15 - 10:15

Menopause Management: Fragen Sie die Experten

Chairs:
Chair: Christian Albring (Germany)
Chair: Joseph Neulen (Germany)

Fragen an den "Zürcher Kreis" 09:15 - 09:45
Speaker: Joseph Neulen (Germany)
Speaker: Inka Wiegratz (Germany)
Speaker: Martin Birkhäuser (Switzerland)
Speaker: Peyman Hadji (Germany)
Speaker: Bruno Imthurn (Switzerland)
Speaker: Alfred O. Mueck (Germany)
Speaker: Christian Thaler (Germany)
Speaker: Ludwig Wildt (Austria)

Fragen an den BVF 09:45 - 10:15
Speaker: Christian Albring (Germany)
Speaker: Werner Harlfinger (Germany)
Speaker: Klaus König (Germany)
Scientific Programme

Exhibition
10:00 - 16:15

Exhibition
EXHIBITION/POSTER AREAS

Poster Session
10:00 - 16:15

EXHIBITION/POSTER AREAS

Poster Exhibition

- Heart rate variability in different phases of ovarian-menstrual cycle
  Speaker: Olena Lutsenko (Ukraine)

- Comparison of depression between primary and secondary infertile couples
  Speaker: Mahmut Yassa (Turkey)

- Optimization, synthesis, and characterization of coaxial electrospun sodium carboxymethyl cellulose-graft-methyl acrylate/poly(ethylene oxide) nanofibers for potential drug-delivery applications
  Speaker: Akbar Esmaeili (Iran, Islamic Republic of)

- Effect of fennel vaginal cream on sexual function in postmenopausal women: A double blind randomized controlled trial
  Speaker: Parvin Abedi (Iran, Islamic Republic of)

- Effect of complementary alternative medicine on menopausal symptoms, among rural women of South India.
  Speaker: Sonia Sunny (Sweden)

- Vaginal estriol and injections of autoplasma reduce the symptoms of vulvovaginal atrophy
  Speaker: Olga Leshchenko (Russian Federation)

- Sex behavior and reproductive attitudes of HIV-positive men and women
  Speaker: Olga Leshchenko (Russian Federation)

- Estetrol (E4), the next generation hormone therapy (HT) for menopausal symptoms: phase 2b clinical trial results
  Speaker: Ulysse Gaspard (Belgium)

- a potential adjunctive therapy for menopause syndrome

- No difference in quality of life or depression/anxiety diagnosis between middle-aged women with PCOS and age-matched controls
  Speaker: Maria Forslund (Sweden)

- Chilliness in Japanese middle-aged women is associated with low intake of n-3 fatty acids: a cross-sectional study
  Speaker: Masakazu Terauchi (Japan)

- Comparison of metabolic and hormonal changes in idiopathic and non-idiopathic premature ovarian insufficiency.
  Speaker: Aleksandra Marciszewska (Poland)

- Anthropometric predictors of metabolic health in postmenopausal women with normal weight
  Speaker: Eleni Armeni (Greece)
Scientific Programme

High-normal prolactin levels are associated with lower carotid intima media thickness but greater arterial stiffness and an overall improved metabolic profile in premenopausal women
Speaker: Eleni Armeni (Greece)

Subclinical atherosclerosis according to different phenotypes of metabolic obesity in postmenopausal women
Speaker: Eleni Armeni (Greece)

Presence of the methylenetetrahydrofolate reductase A1298T polymorphism is associated with lower body mass index in girls with anorexia nervosa
Speaker: Eleni Armeni (Greece)

Prognostic significance of the number of metastatic lymph node in early cervical cancer
Speaker: JungWoo Park (Korea, Republic of)

Protocol: thermal treatment of vulvo-vaginal atrophy (VVA) using novel low-energy dynamic quadriolar radiofrequency (DQRF)
Speaker: Julie Praet (Belgium)

Higher levels of circulating androgens are associated with greater extent of liver fibrosis in postmenopausal women
Speaker: Eleni Armeni (Greece)

The relationships among frailty index, various physical, psychological, lifestyle related factors, and social connections in Japanese elderly women
Speaker: Yoshiaki Somekawa (Japan)

Efficacy and safety of conjugated estrogen with bazedoxifene in postmenopausal women
Speaker: Hyun-Jin Kim (Korea, Republic of)

Effects of long-term use of dienogest after surgery on bone mineral density in patients with ovarian endometrioma
Speaker: Sang Ho Yoon (Korea, Republic of)

Comparison of pueraria mirifica gel and placebo gel effects on vaginal microenvironment among postmenopausal women with genitourinary syndrome of menopause (GSM)
Speaker: Jittima Manonai Bartlett (Thailand)

Long-term morbidity and health after early menopause due to oophorectomy in women at increased risk of ovarian cancer: rationale and design of the harmony study.
Speaker: Lara Terra (Netherlands)

Management of stress and anxiety during the menopausal transition: effect on climacteric symptoms in a Greek peri- and postmenopausal population
Speaker: Anastasia Palaiologou (Greece)

Non-hormonal vaginal treatment of vulvovaginal dryness symptoms: a 10-year experience using an oil-in-water cream
Speaker: Petra Stute (Switzerland)

Learning coordination between manual task performance and balance control with Aikido decreases postmenopausal symptoms.
Speaker: Olga Bazanova (Russian Federation)

Prospective observational study to evaluate the efficacy and safety of the pollen extract Sérélys® in the management of women with menopausal symptoms
Speaker: Manuela Sailer (Germany)
Unfavourable metabolic profile in women with premature ovarian insufficiency: a retrospective case-control study.
Speaker: Monika Śledzik (Poland)

Factors associated with endometrial pathology during tamoxifen use in women with breast cancer: a retrospective analysis of 821 biopsies
Speaker: Dong-Yun Lee (Korea, Republic of)

Dietary patterns are associated with aortic stiffness and carotid artery intima-media thickness in healthy postmenopausal women
Speaker: Iliana Karagkouni (Greece)

Incidence of venous thromboembolism (VTE) among postmenopausal women prescribed ospemifene, selective oestrogen receptor modulators (SERM), or untreated vulvar and vaginal atrophy
Speaker: Bin Cai (United States)

Incidence of breast cancer in VVA patients treated with ospemifene and those without any VVA related treatments from a us real-world data
Speaker: Bin Cai (United States)

Antioxidant protection system parameters in Caucasian and Asian menopausal women
Speaker: Natalya Semenova (Russian Federation)

Prevalence of glutathione s-transferase genes some polymorphisms in menopausal women of two ethnic groups with insomnia
Speaker: Natalya Semenova (Russian Federation)

Association lipid peroxidation and antioxidant system activity with glutathione s-transferase M1 genotype in menopausal women with insomnia
Speaker: Natalya Semenova (Russian Federation)

Effects of ultra-low dose hormone therapy on biochemical bone turnover markers in postmenopausal women
Speaker: Achilles Cruz (Brazil)

Effects of grape seed proanthocyanidin extract on vascular endothelial function in patients with prehypertension: a randomized, double-blind, placebo-controlled study
Speaker: Tamami Odai (Japan)

Insomnia in menopausal women: racial differences
Speaker: Natalya Semenova (Russian Federation)

Walking exercise as a possible symptom improvement therapy for women in menopause transition and postmenopausal: findings from a scoping review
Speaker: Beate Sydora (Canada)

Prevalence of depression, anxiety & stress amongst women of middle age in Sri Lanka
Speaker: D. S. Anoja F. Dheerasinghe (Sri Lanka)

Association oxidative stress with obstructive sleep apnea syndrome severity in menopausal women
Speaker: Natalya Semenova (Russian Federation)

Changes in endometrial thickness after conversion from tamoxifen to aromatase inhibitor in postmenopausal breast cancer patients
Speaker: Kyu Ri Hwang (Korea, Republic of)
Safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with overactive bladder symptoms. A randomized, double-blind, placebo-controlled clinical trial
Speaker: Santiago Palacios (Spain)

A randomized, double-blind, placebo-controlled clinical trial: evaluating safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with stress urinary incontinence
Speaker: Santiago Palacios (Spain)

Botulinum toxin type A intravesical injections for overactive bladder under local anaesthesia: the causeway experience
Speaker: Gerard Krystowski (United Kingdom)

Women with premature ovarian insufficiency versus postmenopausal women: hormonal and metabolic profiles
Speaker: Anna Pulka (Poland)

Evaluation of body composition and factors associated in climacteric women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Sarcopenia prevalence and associated factors among Brazilian elderly women from community and community-dwelling: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Assessment of sexual function and related factors in mid-aged sexually active Brazilian women with the 6-item Female Sex Function Index: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Validation of the Brazilian 6-item female sexual function index (FSFI-6) in mid-aged women
Speaker: Jéssica Zandoná (Brazil)

Negative correlation between pressure-pain threshold and serum S100β levels in pre-and postmenopausal women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Association between brain-derived neurotrophic factor (BDNF) level and perceptual thresholds in middle-aged women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Brain-derived neurotrophic factor (BDNF) is not related to climacteric symptoms in healthy women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Contraception in perimenopause
Speaker: Bojana Pinter (Slovenia)

Atherogenic index of plasma for predicting atherosclerosis in high risk centrally obese menopausal women
Speaker: Porntip Nimkuntod (Thailand)

Rationale and development of Vita Nova app: adaptive interventions to reduce the metabolic and cardiovascular risks in menopausal women.
Speaker: Marta Caretto (Italy)
Scientific Programme

Lipid accumulation product for atherosclerotic screening in metabolic unhealthy risk perimenopausal women
Speaker: Pattama Tongdee (Thailand)

Correlation of serum 25-hydroxyvitamin D level with serum LDL, calcium level in Korean women
Speaker: Hoon Choi (Korea, Republic of)

Klippel-Trenaunay syndrome (KTS), beyond prenatal diagnosis: whole genome sequencing and gynecologic ultrasonographic findings of KTS
Speaker: Hoon Choi (Korea, Republic of)

Metagenomic sequencing analysis of vaginal microbiome in vulvodynia patients
Speaker: Hoon Choi (Korea, Republic of)

Meta-analysis of RCTs on the effect of vestibulodynia treatment on female sexual function
Speaker: Faustino Perez-Lopez (Spain)

The efficacy of melatonin treatment of climacteric syndrome in postmenopausal women vs women in menopausal transition in quality of life terms
Speaker: Elena Usoltseva (Russian Federation)

Prevalence of chlamydia trachomatis, gonorrhea and high-risk human papilloma virus in women older than 50 years old with abnormal cervical cytology
Speaker: Celia Marcos (Spain)

Prevalence of dry eye disease (DED) in pre and postmenopausal women
Speaker: Luciana Bergamaschi (Spain)

Pulsed electromagnetic field (PEMF) therapy effects on human prostate volume in the treatment of benign prostatic hyperplasia (BPH)
Speaker: Marta Tenuta (Italy)

Factors influencing the continuation of treatment in postmenopausal women with low BMD
Speaker: Hoon Kim (Korea, Republic of)

The analysis of the female sexual function in women in perimenopause and postmenopause: Russian experience
Speaker: Elena Gorbunova (Russian Federation)

Minimize risk with „natural“ hormone replacement therapy?
Speaker: May Ziller (Germany)

Postablation pain and bleeding: symptomatic for endometrial carcinoma - a case report
Speaker: Ingrid Pinas (Netherlands)

The strategies of monitoring among post-menopausal women with conization for a two-year period. Analyses of our experience
Speaker: Laura Baquedano Mainar (Spain)

Fractional CO2 laser treatment for vulvovaginal atrophy in menopausal women
Speaker: Mafalda Martinho Simões (Portugal)

Cervical dysplasias in menopausal and pre-menopausal women
Speaker: Laura Baquedano Mainar (Spain)

Sexual dysfunction was associated to depressed mood in mid-aged women from Paraguay
Speaker: Peter Chedraui (Ecuador)
Impact of age on the different steps of ovarian response to gonadotropins in women demanding assisted reproductive technology
Speaker: Antonio Cano (Spain)

The follow-up of thyroid disease in pregnancy in guidance of 2017 ATA (American Thyroid Association) criteria
Speaker: Ethem Unal (Turkey)

Stereotactic wire localization and surgical excision of non-palpable breast lesions: a reference university hospital experience
Speaker: Ethem Unal (Turkey)

The outcome of surgical excision and electrocauterization technique in the management of anogenital condylomas
Speaker: Ethem Unal (Turkey)

The proliferative effect of progesterone receptor membrane component 1 (PGRMC1) may be related to interaction with estrogen receptor α - a xenograft animal study
Speaker: Yuejiao Wang (China)

Norethisterone in contrast to progesterone dose-dependently increases breast cancer cell proliferation by increasing the expression of PGRMC1
Speaker: Muqing Gu (China)

A prospective randomized comparative study of comprehensive intervention using Orlistat to reduce visceral fat of overweight or obese PCOS patients
Speaker: Min Min (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: different effects of six synthetic progestogens and progesterone
Speaker: Lanyue Zhang (China)

Prevalence of different phenotypes and their lipid pattern assessed in Chinese women with polycystic ovary syndrome
Speaker: Husheng Wang (China)

Sexual dysfunction and urogenital complaints comparing perimenopausal and postmenopausal women based on a cross-sectional survey in China
Speaker: Lingyan Zhang (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: comparing sequential vs. continuous combination with estradiol
Speaker: Dongmin Hou (China)

PGRMC1 increased estradiol triggered tumor growth of nude mice: a xenograft animal study
Speaker: Alfred O. Mueck (Germany)

Diseases of the patients getting cryopreserved ovarian tissue: comparing a centralized fertility protection center in Europe with the first ovarian tissue cryobank in China
Speaker: Xiangyan Ruan (China)

Can blood concentrations of progesterone receptor membrane component-1 (PGRMC1) predict the risk of patients with breast cancer?
Speaker: Xiangyan Ruan (China)

Oxidative stress parameters in women with polycystic ovary syndrome with and without metabolic syndrome comparing with healthy women
Speaker: Songbiao Yan (China)
Scientific Programme

**Synthesis of non-spherical pullulan nanoparticles across an in vitro placental model**  
Speaker: Ziwen Jiang (China)

**Expression of ER, PR, HER-2 and Ki67 before and after neoadjuvant chemotherapy (NAC) and the relation between their expression and the curative effects of NAC in breast cancer patients**  
Speaker: Gangyue Wang (China)

**Etiology of premature ovarian insufficiency (POI) and risk factors assessed in Chinese patients**  
Speaker: Jiaojiao Cheng (China)

**Effect of DDX46 targeted suppression on the proliferation and apoptosis of ovarian cancer cell line SK-OV-3**  
Speaker: Yanqiu Li (China)

**The fractional CO2 laser: an effective treatment option for genitourinary syndrome of menopause**  
Speaker: Hoon Choi (Korea, Republic of)

**Adipokine levels in perimenopausal women poorly predict the presence of menopausal symptoms**  
Speaker: Peter Chedraui (Ecuador)

**“Warmi” and the menopause: synthesis of the evidence after 10 years of commercialization**  
Speaker: Edward Mezones-Holguin (Peru)

**Diagnosis and management of vaginal endometriosis involvement in postmenopausal woman. A case report**  
Speaker: Laura Baquedano Mainar (Spain)

**Association between depressive symptoms and adherence to highly active antiretroviral therapy in HIV-positive women is dependent of menopausal status: a secondary analysis from a Peruvian series**  
Speaker: Edward Mezones-Holguin (Peru)

**One-day clinic concept for bleeding in postmenopause**  
Speaker: Iuliana Ceausu (Romania)

**Hysteroscopic resection of intracavitary myoma**  
Speaker: Iuliana Ceausu (Romania)

**Hyaluronic acid gel after resectoscopy for uterine synechiae in perimenopause – case report**  
Speaker: Rosa Zulmira (Portugal)

**The 10-item cervantes scale: paper-and-pencil and online format assessment of menopause-related symptoms**  
Speaker: Filipa Pimenta (Portugal)

**Self-regulation model applied to menopause: a mixed-methods study**  
Speaker: Filipa Pimenta (Portugal)

**Normalization of ovarian reserve surrogates in a women diagnosed with psoriasis treated with TNF-alpha antagonist. A case report**  
Speaker: Adam Czyżyk (Poland)
Scientific Programme

The 6-item Female Sexual Function Index: Paper-and-pencil and online format assessment of sexual-related symptoms
Speaker: Filipa Pimenta (Portugal)

The relationship between menarche and the length of reproductive age and lipid profile in perimenopausal and postmenopausal women
Speaker: Lejla Mešalić (Bosnia and Herzegovina)

Apoptotic activity of R. verniciflua Stockes and its extracts on uterine myomas
Speaker: Min-Hyung Jung (Korea, Republic of)

Association between general and abdominal obesity and menopause-related quality of life
Speaker: Nicolás Mendoza Ladrón de Guevara (Spain)

The effect of pomegranate on depression in a postmenopausal model with ovariectomized rats
Speaker: Tak Kim (Korea, Republic of)

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break

10:15 - 10:45

Coffee Break

Parallel Session
10:45 - 12:15

Menopause and ageing

Chairs:
Chair: Heinz Kölbl (Austria)
Chair: Margaret Rees (United Kingdom)

Impact of menopause and ageing on joints
Speaker: Fiona Watt (United Kingdom)

10:45 - 11:07
12th European Congress on Menopause and Andropause,
15 - 17.05.2019,
Berlin, Germany

Scientific Programme

Sacopenia prevention and treatment  11:07 - 11:29
Speaker: Patrick Diel (Germany)

Chronic pain - a chronic challenge  11:29 - 11:51
Speaker: Alessandra Graziottin (Italy)

Pelvic floor preservation  11:51 - 12:15
Speaker: Tommaso Simoncini (Italy)

Parallel Session
10:45 - 12:15

HELSINKI 1

Ovarian dysfunction

Chairs:
Chair: Richard Anderson (United Kingdom)
Chair: Tevfik Yoldemir (Turkey)

Management of premature ovarian insufficiency  10:45 - 11:07
Speaker: Sophia Kalantaridou (Greece)

High androgens in postmenopausal women and the risk for atherosclerosis and cardiovascular disease: The Rotterdam Study  11:07 - 11:29
Speaker: Erico Carmina (Italy)

Menopause and fertility - a contradiction  11:29 - 11:51
Speaker: Lubna Pal (United States)

Impact of the ovary on autoimmunity  11:51 - 12:15
Speaker: Neoklis Georgopoulos (Greece)

German Day
10:45 - 12:15

HELSINKI 2

Gibt es eine "natürliche" Menopausentherapie?

Chairs:
Chair: Christian Albring (Germany)
Chair: Katrin Schaudig (Germany)

Was sind bioidentische Hormone?  10:45 - 11:07
Speaker: Petra Stute (Switzerland)

Orale versus transdermale HRT  11:07 - 11:29
Speaker: Martin Birkhäuser (Switzerland)

Beurteilung pflanzlicher Präparate in der Menopausentherapie  11:29 - 11:51
Speaker: Bruno Imthurn (Switzerland)

Neue Palliative gegen das Altern  11:51 - 12:15
Speaker: Johannes Huber (Austria)
Scientific Programme

Oral
10:45 - 12:15

EMAS ARENA

**Oral Abstracts 4**

**Chairs:**
Chair: Peter Chedraui (Guayaquil, Ecuador)

- **The effect of estrogen and GPR30 on the proliferation of neural stem/progenitor cells**
  Speaker: Sicong Li (China)
  
- **MicroRNA-181a suppresses progestin-promoted oncogenic transformation of breast epithelial cells through interfering PGRMC1 signalling pathway**
  Speaker: Guiju Cai (China)
  
- **Growth of PGRMC1-transfected tumors is increased with norethisterone, but not with progesterone or dydrogesterone, and is correlated to PGRMC1 blood concentrations: a xenograft study**
  Speaker: Guiju Cai (China)
  
- **Subcutaneous fat tissue echogenicity: a marker of subclinical atherosclerosis**
  Speaker: Eleni Armeni (Greece)
  
- **Understanding cancer-related distress and supportive care needs in women with gynaecological cancer: a thematic analysis**
  Speaker: Charrlotte Seib (Australia)

- **Effects of a sea buckthorn oil cream on vulvovaginal atrophy**
  Speaker: Risto Erkkola (Finland)

- **Manualized cognitive behavioral group therapy (CBGT) to treat vasomotor symptoms (VMS) for black and white women diagnosed with DSM-V mood disorders**
  Speaker: Danette Conklin (United States)

- **The effect of a 12-week dietary soy intervention on everyday mood in postmenopausal women**
  Speaker: Ellen Simpson (United Kingdom)

**Sponsored Symposium**
12:30 - 14:00

**German Day Sponsored Symposium**
(For more details, please visit the [EMAS Congress website](https://2019.emas-online.org/sponsors/sponsored-symposia-programme/))
Scientific Programme

Sponsored Symposium
12:30 - 13:00
EMAS ARENA

Sponsored Symposium
(For more details, please visit the <a href="https://2019.emas-online.org/sponsors/sponsored-symposia-programme/">EMAS Congress website</a>)

Sponsored Symposium
13:15 - 14:00
EMAS ARENA

Sponsored Symposium
(For more details, please visit the <a href="https://2019.emas-online.org/sponsors/sponsored-symposia-programme/">EMAS Congress website</a>)

Sponsored Symposium
13:15 - 14:00
LINDAU ROOM 3

Sponsored Symposium
(For more details, please visit the <a href="https://2019.emas-online.org/sponsors/sponsored-symposia-programme/">EMAS Congress website</a>)

Parallel Session
14:15 - 15:45
DUBLIN

Management of cancer survivors

Chairs:
Chair: Anne Gompel (France)
Chair: Andrea Genazzani (Italy)

  Fertility preservation in women  14:15 - 14:37
  Speaker: Richard Anderson (United Kingdom)

  Heart health after chemotherapy for breast cancer  14:37 - 14:59
  Speaker: Angela Maas (Netherlands)

  MHT in cancer survivors  14:59 - 15:21
  Speaker: Margaret Rees (United Kingdom)

  Cognitive preservation in cancer survivors  15:21 - 15:45
  Speaker: Pauline Maki (United States)
**Scientific Programme**

**Parallel Session**
14:15 - 15:45

**HELSINKI 1**

**Vaginal health**

**Chairs:**
Chair: Tommaso Simoncini (Italy)

- **Energrie based Devices and vaginal Health**
  Speaker: Marco Gambacciani (Italy)
  14:15 - 14:37

- **Treatment of genitourinary syndrome**
  Speaker: Patrice Lopes (France)
  14:37 - 14:59

- **Laser therapy for vaginal atrophy**
  Speaker: Ivan Fistonic (Croatia)
  14:59 - 15:21

- **Vulvo-vaginal plastic surgery**
  Speaker: Santiago Palacios (Spain)
  15:21 - 15:45

**German Day**
14:15 - 15:45

**HELSINKI 2**

**Problempatientinnen in der Peri- und Postmenopause**

**Chairs:**
Chair: Werner Harlfinger (Germany)
Chair: Anneliese Schwenkhagen (Germany)

- **Problempatientinnen in HRT**
  Speaker: Alfred O. Mueck (Germany)
  14:15 - 14:37

- **Problempatientinnen in der Kontrazeption**
  Speaker: Kai Bühling (Germany)
  14:37 - 14:59

- **Diagnose und Therapie von Blutungstörungen**
  Speaker: Thomas Römer (Germany)
  14:59 - 15:21

- **Behandlung klimakterischer Beschwerden nach gynäkologischen Tumoren**
  Speaker: Katrin Schaudig (Germany)
  15:21 - 15:45

**Oral**
14:15 - 15:45

**EMAS ARENA**

**Oral Abstracts 5**

**Chairs:**
Chair: Dimitrios Goulis (Thessaloniki, Greece)

- **Depression through decades: association with female sexual function**
  14:15 - 14:26

- **Secular trends and associated factors of age at natural menopause in taiwanese women**
  14:26 - 14:37

  Speaker: Tsung Yu (Taiwan, Republic of China)
Scientific Programme

Associations between frailty and menopause-related factors: findings from the HELIAD study 14:37 - 14:48
Web-based applications to promote women’s Health 14:48 - 14:59
Speaker: Andrea Giannini (Italy)
Speaker: Marta Bailón Queiruga (Spain)
Promoting healthy lifestyle changes to improve health-related quality of life in women after cancer: results from the Australian women’s wellness after cancer program(WWACP) 15:10 - 15:21
Speaker: Charrlotte Seib (Australia)
Vaginal microbiota, vulvar vaginal atrophy, and vaginal signs in postmenopausal women 15:21 - 15:32
Speaker: Svetlana Yureneva (Russian Federation)
“My little secret”, a website for sexual health of postmenopausal women. 15:32 - 15:43
Speaker: Laura Cucinella (Italy)

Plenary Session
16:15 - 17:45 DUBLIN

Healthy ageing in men

Chairs:
Chair: Dimitrios Goulis (Thessaloniki, Greece)

Hormonal changes in men due to ageing (all hormonal axes) 16:15 - 16:35
Speaker: Georgios Kanakis (Greece)
Impact of male hypogonadism on the risk of developing chronique non-communicable diseases 16:35 - 16:55
Update on androgen therapy in men 16:55 - 17:15
Speaker: Dimitrios Goulis (Greece)
Closing message 17:15 - 17:45

German Day
16:15 - 17:45 HELSINKI 2

Prognostisch wichtige Erkrankungen der älteren Frau

Chairs:
Chair: Klaus König (Germany)
Chair: Vanadin Seifert-Klauss (Germany)

Osteoporose - Diagnose und Therapie 16:15 - 16:37
Speaker: Ewald Boschitsch (Austria)
<table>
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<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>16:37</td>
<td>Kardiovaskuläre Risikofaktoren und Erkrankungen</td>
<td>Alfred O. Mueck (Germany)</td>
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<td>16:59</td>
<td>Venöse Thromboembolie: Risiko unter Kontrazeption und HRT</td>
<td>Inka Wiegratz (Germany)</td>
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<td>17:21</td>
<td>HRT und Ovarialkarzinom</td>
<td>Ludwig Wildt (Austria)</td>
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