Wednesday, 15 May 2019

Society Symposium
08:00 - 09:00

**GEMVi: How to manage the perimenopause**

Why and how screening for the risk of osteoporosis in perimenopause and early postmenopausal women?
Speaker: Florence Tremollieres (France)

When a familial risk contraindicates MHT?
Speaker: Anne Gompel (France)

Management of Meno-metrorragia during the perimenopausal period
Speaker: Patrice Lopes (France)

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Society Symposium
08:00 - 09:00

**Dutch Menopause Society: New research results from The Netherlands**

**Chairs:**
Chair: Dorenda van Dijken (Netherlands)
Chair: Nadine Daan (Netherlands)

Cardiovascular profile in middle-aged women with POI
Speaker: Marlise Gunning (Netherlands)

Elderly working women, what doctors should know
Speaker: Henk Oosterhof (Netherlands)

Psychological stress in (pre)menopausal women with cardiovascular disease
Speaker: Paula Mommersteeg (Netherlands)

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Society Symposium
08:00 - 09:00

**Spanish Menopausal Society**

**Chairs:**
Chair: Placido Llaneza Coto (Spain)
Chair: Nicolás Mendoza Ladrón de Guevara (Spain)

Perimenopause
Speaker: Isabel Ramírez Polo (Spain)

Abnormal bleeding
Speaker: Pluvio Coronado Martín (Spain)
Scientific Programme

**Vaginal health**
Speaker: Laura Baquedano Mainar (Spain) 08:24 - 08:36

**Osteoporosis**
Speaker: Borja Otero García-Ramos (Spain) 08:36 - 08:48

**Medical eligibility criteria for THM**
Speaker: Esther de la Viuda García (Spain) 08:48 - 09:00

**Society Symposium**
08:00 - 09:00  EMAS Arena

**Indian Menopause Society: Mid life health : Fight fat & build bone**

**Chairs:**
Chair: Tommaso Simoncini (Italy)
Chair: Steven Goldstein (United States)

**Era of e-education for mid-life health: Indian perspective**
Speaker: Neelam Agarwal (India) 08:00 - 08:15

**Osteosarcopenic Obesity : A challenge**
Speaker: Sunila Khandelwal (India) 08:15 - 08:30

**Holy grail of Cardiovascular disease prevention**
Speaker: Ratnabali Chakravorty (India) 08:30 - 08:45

**Prevalence of sarcopenia in association with BMD: Indian scenario**
Speaker: Jignesh Shah (India) 08:45 - 09:00

**Parallel Session**
09:15 - 10:45  Dublin

**Ageing and frailty**

**Chairs:**
Chair: Antonio Cano (Spain)
Chair: Andrea Genazzani (Italy)

**Frailty and multimorbidity in the elderly**
Speaker: Antonio Cano (Spain) 09:15 - 09:37

**Effect of programmed exercise on depressive/anxiety symptoms, sleep quality, and perceived stress in postmenopausal women: evidence from meta-analyses**
Speaker: Faustino Perez-Lopez (Spain) 09:37 - 09:59

**Impact of diet and lifestyle on frailty prevention**
Speaker: Birgit Zyriax (Germany) 09:59 - 10:21

**MHT for cognitive decline prevention**
Speaker: Blazej Meczekalski (Poland) 10:21 - 10:43
EMAS School
09:15 - 10:45

Menopause essentials

Chairs:
Chair: Margaret Rees (United Kingdom)
Chair: Tommaso Simoncini (Italy)

09:15 - 09:35
Short and long term effects of menopause
Speaker: Margaret Rees (United Kingdom)

09:35 - 09:55
Bleeding problems in the perimenopause
Speaker: Petra Stute (Switzerland)

09:55 - 10:15
Contraception in the perimenopause
Speaker: Alfred Mueck (Germany)

10:15 - 10:35
Causes and consequences of premature and early menopause: results from the InterLACE consortium

Practical Session
09:15 - 10:45

Diagnostic tests in menopause

Chairs:
Chair: Alessandra Graziottin (Italy)
Chair: Irene Lambrinoudaki (Greece)

09:15 - 09:45
Osteoporosis checkup including polymorphisms
Speaker: Mark Brincat (Malta)

09:45 - 10:15
Recurrent urinary tract infections
Speaker: Stefano Salvatore (Italy)

10:15 - 10:45
Should we test the microbioma?
Speaker: Johannes Huber (Austria)

Society Symposium
09:15 - 10:15

British Menopause Society: Living well through menopause

Chairs:
Chair: Kathy Abernethy (United Kingdom)

09:15 - 09:35
Maintaining Pelvic Floor Function after the menopause
Speaker: Tim Hillard (United Kingdom)

09:35 - 09:55
Improving sex at menopause - is testosterone the answer?
Speaker: Nick Panay (United Kingdom)

09:55 - 10:15
Menopause - A workplace issue?
Speaker: Kathy Abernethy (United Kingdom)
Scientific Programme

Poster Session
10:00 - 18:45

Poster Exhibition

Heart rate variability in different phases of ovarian-menstrual cycle
Speaker: Olena Lutsenko (Ukraine)

Comparison of depression between primary and secondary infertile couples
Speaker: Mahmut Yassa (Turkey)

Optimization, synthesis, and characterization of coaxial electrospun sodium carboxymethyl cellulose-graft-methyl acrylate/poly(ethylene oxide) nanofibers for potential drug-delivery applications
Speaker: Akbar Esmaeili (Iran, Islamic Republic of)

Effect of fennel vaginal cream on sexual function in postmenopausal women: A double blind randomized controlled trial
Speaker: Parvin Abedi (Iran, Islamic Republic of)

Effect of complementary alternative medicine on menopausal symptoms, among rural women of South India.
Speaker: Sonia Sunny (Sweden)

Vaginal estriol and injections of autoplasma reduce the symptoms of vulvovaginal atrophy
Speaker: Olga Leshchenko (Russian Federation)

Sex behavior and reproductive attitudes of HIV-positive men and women
Speaker: Olga Leshchenko (Russian Federation)

Estetrol (E4), the next generation hormone therapy (HT) for menopausal symptoms: phase 2b clinical trial results
Speaker: Ulysse Gaspard (Belgium)

A potential adjunctive therapy for menopause syndrome
Speaker: Meina Yang (China)

The effect of vaginal Erbium-YAG laser treatment for the genitourinary syndrome of menopause: a randomized controlled study
Speaker: Artitaya Singwongsa (Thailand)

No difference in quality of life or depression/anxiety diagnosis between middle-aged women with PCOS and age-matched controls
Speaker: Maria Forslund (Sweden)

Chilliness in Japanese middle-aged women is associated with low intake of n-3 fatty acids: a cross-sectional study
Speaker: Masakazu Terauchi (Japan)

Comparison of metabolic and hormonal changes in idiopathic and non-idiopathic premature ovarian insufficiency.
Speaker: Aleksandra Marciszewska (Poland)

Anthropometric predictors of metabolic health in postmenopausal women with normal weight
Speaker: Eleni Armeni (Greece)
High-normal prolactin levels are associated with lower carotid intima media thickness but greater arterial stiffness and an overall improved metabolic profile in premenopausal women
Speaker: Eleni Armeni (Greece)

Subclinical atherosclerosis according to different phenotypes of metabolic obesity in postmenopausal women
Speaker: Eleni Armeni (Greece)

Presence of the methylenetetrahydrofolate reductase A1298T polymorphism is associated with lower body mass index in girls with anorexia nervosa
Speaker: Eleni Armeni (Greece)

Prognostic significance of the number of metastatic lymph node in early cervical cancer
Speaker: JungWoo Park (Korea, Republic of)

Protocol: thermal treatment of vulvo-vaginal atrophy (VVA) using novel low-energy dynamic quadripolar radiofrequency (DQRF)
Speaker: Julie Praet (Belgium)

Higher levels of circulating androgens are associated with greater extent of liver fibrosis in postmenopausal women
Speaker: Eleni Armeni (Greece)

The relationships among frailty index, various physical, psychological, lifestyle related factors, and social connections in Japanese elderly women
Speaker: Yoshiaki Somekawa (Japan)

Efficacy and safety of conjugated estrogen with bazedoxifene in postmenopausal women
Speaker: Hyun-Jin Kim (Korea, Republic of)

Effects of long-term use of dienogest after surgery on bone mineral density in patients with ovarian endometrioma
Speaker: Sang Ho Yoon (Korea, Republic of)

Comparison of pueraria mirifica gel and placebo gel effects on vaginal microenvironment among postmenopausal women with genitourinary syndrome of menopause (GSM)
Speaker: Jittima Manonai Bartlett (Thailand)

Long-term morbidity and health after early menopause due to oophorectomy in women at increased risk of ovarian cancer: rationale and design of the harmony study.
Speaker: Lara Terra (Netherlands)

Management of stress and anxiety during the menopausal transition: effect on climacteric symptoms in a Greek peri- and postmenopausal population
Speaker: Anastasia Palaiologou (Greece)

Non-hormonal vaginal treatment of vulvovaginal dryness symptoms: a 10-year experience using an oil-in-water cream
Speaker: Petra Stute (Switzerland)

Learning coordination between manual task performance and balance control with Aikido decreases postmenopausal symptoms.
Speaker: Olga Bazanova (Russian Federation)

Prospective observational study to evaluate the efficacy and safety of the pollen extract Sérélys® in the management of women with menopausal symptoms
Speaker: Manuela Sailer (Germany)
Unfavourable metabolic profile in women with premature ovarian insufficiency: a retrospective case-control study.
Speaker: Monika Śledzik (Poland)

Factors associated with endometrial pathology during tamoxifen use in women with breast cancer: a retrospective analysis of 821 biopsies
Speaker: Dong-Yun Lee (Korea, Republic of)

Dietary patterns are associated with aortic stiffness and carotid artery intima-media thickness in healthy postmenopausal women
Speaker: Iliana Karagkouni (Greece)

Incidence of venous thromboembolism (VTE) among postmenopausal women prescribed ospemifene, selective oestrogen receptor modulators (SERM), or untreated vulvar and vaginal atrophy
Speaker: Bin Cai (United States)

Incidence of breast cancer in VVA patients treated with ospemifene and those without any VVA related treatments from a us real-world data
Speaker: Bin Cai (United States)

Antioxidant protection system parameters in Caucasian and Asian menopausal women
Speaker: Natalya Semenova (Russian Federation)

Prevalence of glutathione s-transferase genes some polymorphisms in menopausal women of two ethnic groups with insomnia
Speaker: Natalya Semenova (Russian Federation)

Association lipid peroxidation and antioxidant system activity with glutathione s-transferase M1 genotype in menopausal women with insomnia
Speaker: Natalya Semenova (Russian Federation)

Effects of ultra-low dose hormone therapy on biochemical bone turnover markers in postmenopausal women
Speaker: Achilles Cruz (Brazil)

Effects of grape seed proanthocyanidin extract on vascular endothelial function in patients with prehypertension: a randomized, double-blind, placebo-controlled study
Speaker: Tamami Odai (Japan)

Insomnia in menopausal women: racial differences
Speaker: Natalya Semenova (Russian Federation)

Walking exercise as a possible symptom improvement therapy for women in menopause transition and postmenopausal: findings from a scoping review
Speaker: Beate Sydora (Canada)

Prevalence of depression, anxiety & stress amongst women of middle age in Sri Lanka
Speaker: D. S. Anoja F. Dheerasinghe (Sri Lanka)

Association oxidative stress with obstructive sleep apnea syndrome severity in menopausal women
Speaker: Natalya Semenova (Russian Federation)

Changes in endometrial thickness after conversion from tamoxifen to aromatase inhibitor in postmenopausal breast cancer patients
Speaker: Kyu Ri Hwang (Korea, Republic of)
Safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with overactive bladder symptoms. A randomized, double-blind, placebo-controlled clinical trial
Speaker: Santiago Palacios (Spain)

A randomized, double-blind, placebo-controlled clinical trial: evaluating safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with stress urinary incontinence
Speaker: Santiago Palacios (Spain)

Botulinum toxin type A intravesical injections for overactive bladder under local anaesthesia the causeway experience
Speaker: Gerard Krystowski (United Kingdom)

Women with premature ovarian insufficiency versus postmenopausal women: hormonal and metabolic profiles
Speaker: Anna Pulka (Poland)

Evaluation of body composition and factors associated in climacteric women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Sarcopenia prevalence and associated factors among Brazilian elderly women from community and community-dwelling: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Assessment of sexual function and related factors in mid-aged sexually active Brazilian women with the 6-item Female Sex Function Index: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Validation of the Brazilian 6-item female sexual function index (FSFI-6) in mid-aged women
Speaker: Jéssica Zandoná (Brazil)

Negative correlation between pressure-pain threshold and serum S100β levels in pre-and postmenopausal women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Association between brain-derived neurotrophic factor (BDNF) level and perceptual thresholds in middle-aged women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Brain-derived neurotrophic factor (BDNF) is not related to climacteric symptoms in healthy women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Contraception in perimenopause
Speaker: Bojana Pinter (Slovenia)

Atherogenic index of plasma for predicting atherosclerosis in high risk centrally obese menopausal women
Speaker: Porntip Nimkuntod (Thailand)

Rationale and development of Vita Nova app: adaptive interventions to reduce the metabolic and cardiovascular risks in menopausal women.
Speaker: Marta Caretto (Italy)
Lipid accumulation product for atherosclerotic screening in metabolic unhealthy risk perimenopausal women  
Speaker: Pattama Tongdee (Thailand)

Correlation of serum 25-hydroxyvitamin D level with serum LDL, calcium level in Korean women  
Speaker: Hoon Choi (Korea, Republic of)

Klippel-Trenaunay syndrome (KTS), beyond prenatal diagnosis: whole genome sequencing and gynecologic ultrasonographic findings of KTS  
Speaker: Hoon Choi (Korea, Republic of)

Metagenomic sequencing analysis of vaginal microbiome in vulvodynia patients  
Speaker: Hoon Choi (Korea, Republic of)

Speaker: Marta Bailón Queiruga (Spain)

The efficacy of melatonin treatment of climacteric syndrome in postmenopausal women vs women in menopausal transition in quality of life terms  
Speaker: Elena Usoltseva (Russian Federation)

Association between common mental disorders and joint diseases in middle and old aged women. Data from health survey of São Paulo, SP, Brazil  
Speaker: Joao Valentini Neto (Brazil)

Meta-analysis of RCTs on the effect of vestibulodynia treatment on female sexual function  
Speaker: Faustino Perez-Lopez (Spain)

Prevalence of chlamydia trachomatis, gonorrhea and high-risk human papilloma virus in women older than 50 years old with abnormal cervical cytology  
Speaker: Celia Marcos (Spain)

Prevalence of dry eye disease (DED) in pre and postmenopausal women  
Speaker: Luciana Bergamaschi (Spain)

Pulsed electromagnetic field (PEMF) therapy effects on human prostate volume in the treatment of benign prostatic hyperplasia (BPH)  
Speaker: Marta Tenuta (Italy)

Factors influencing the continuation of treatment in postmenopausal women with low BMD  
Speaker: Hoon Kim (Korea, Republic of)

The analysis of the female sexual function in women in perimenopause and postmenopause: Russian experience  
Speaker: Elena Gorbunova (Russian Federation)

Minimize risk with „natural“ hormone replacement therapy?  
Speaker: May Ziller (Germany)

Postablation pain and bleeding: symptomatic for endometrial carcinoma - a case report  
Speaker: Ingrid Pinas (Netherlands)

The strategies of monitoring among post-menopausal women with conization for a two-year period. Analyses of our experience  
Speaker: Laura Baquedano Mainar (Spain)
Scientific Programme

Fractional CO2 laser treatment for vulvovaginal atrophy in menopausal women
Speaker: Mafalda Martinho Simões (Portugal)

Expression of Mullerian-inhibiting substance/anti-Mullerian hormone type II receptor in the human theca cells
Speaker: Jang Heub Kim (Korea, Republic of)

Cervical dysplasias in menopausal and pre-menopausal women
Speaker: Laura Baquedano Mainar (Spain)

Sexual dysfunction was associated to depressed mood in mid-aged women from Paraguay
Speaker: Peter Chedraui (Ecuador)

Impact of age on the different steps of ovarian response to gonadotropins in women demanding assisted reproductive technology
Speaker: Antonio Cano (Spain)

The follow-up of thyroid disease in pregnancy in guidance of 2017 ATA (American Thyroid Association) criteria
Speaker: Ethem Unal (Turkey)

Stereotactic wire localization and surgical excision of non-palpable breast lesions: a reference university hospital experience
Speaker: Ethem Unal (Turkey)

The outcome of surgical excision and electrocauterization technique in the management of anogenital condylomas
Speaker: Ethem Unal (Turkey)

The proliferative effect of progesterone receptor membrane component 1 (PGRMC1) may be related to interaction with estrogen receptor α - a xenograft animal study
Speaker: Yuejiao Wang (China)

Norethisterone in contrast to progesterone dose-dependently increases breast cancer cell proliferation by increasing the expression of PGRMC1
Speaker: Muqing Gu (China)

A prospective randomized comparative study of comprehensive intervention using Orlistat to reduce visceral fat of overweight or obese PCOS patients
Speaker: Min Min (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: different effects of six synthetic progestogens and progesterone
Speaker: Lanyue Zhang (China)

Prevalence of different phenotypes and their lipid pattern assessed in Chinese women with polycystic ovary syndrome
Speaker: Husheng Wang (China)

Sexual dysfunction and urogenital complaints comparing perimenopausal and postmenopausal women based on a cross-sectional survey in China
Speaker: Lingyan Zhang (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: comparing sequential vs. continuous combination with estradiol
Speaker: Dongmin Hou (China)
PGRMC1 increased estradiol triggered tumor growth of nude mice: a xenograft animal study  
Speaker: Alfred O. Mueck (China)

Diseases of the patients getting cryopreserved ovarian tissue: comparing a centralized fertility protection center in Europe with the first ovarian tissue cryobank in China  
Speaker: Xiangyan Ruan (China)

Can blood concentrations of progesterone receptor membrane component-1 (PGRMC1) predict the risk of patients with breast cancer?  
Speaker: Xiangyan Ruan (China)

Oxidative stress parameters in women with polycystic ovary syndrome with and without metabolic syndrome comparing with healthy women  
Speaker: Songbiao Yan (China)

Synthesis of non-spherical pullulan nanoparticles across an in vitro placental model  
Speaker: Ziwen Jiang (China)

Expression of ER, PR, HER-2 and Ki67 before and after neoadjuvant chemotherapy (NAC) and the relation between their expression and the curative effects of NAC in breast cancer patients  
Speaker: Gangyue Wang (China)

Etiology of premature ovarian insufficiency (POI) and risk factors assessed in Chinese patients  
Speaker: Jiaojiao Cheng (China)

Effect of DDX46 targeted suppression on the proliferation and apoptosis of ovarian cancer cell line SK-OV-3  
Speaker: Yanqiu Li (China)

The fractional CO2 laser: an effective treatment option for genitourinary syndrome of menopause  
Speaker: Hoon Choi (Korea, Republic of)

Adipokine levels in perimenopausal women poorly predict the presence of menopausal symptoms  
Speaker: Magdalena Montt-Guevara (Italy)

"Warmi" and the menopause: synthesis of the evidence after 10 years of commercialization  
Speaker: Edward Mezones-Holguin (Peru)

Diagnosis and management of vaginal endometriosis involvement in postmenopausal woman. A case report  
Speaker: Laura Baquedano Mainar (Spain)

Association between depressive symptoms and adherence to highly active antiretroviral therapy in HIV-positive women is dependent of menopausal status: a secondary analysis from a Peruvian series  
Speaker: Edward Mezones-Holguin (Peru)

One-day clinic concept for bleeding in postmenopause  
Speaker: Iuliana Ceausu (Romania)

Hysteroscopic resection of intracavitary myoma  
Speaker: Iuliana Ceausu (Romania)
Scientific Programme

**Hyaluronic acid gel after ressectoscopy for uterine synechiae in perimenopause – case report**
Speaker: Rosa Zulmira (Portugal)

**The 10-item cervantes scale: paper-and-pencil and online format assessment of menopause-related symptoms**
Speaker: Filipa Pimenta (Portugal)

**Self-regulation model applied to menopause: a mixed-methods study**
Speaker: Filipa Pimenta (Portugal)

Exhibition
10:00 - 18:45

**Exhibition**

10:45 - 11:15

**Coffee Break**

10:45 - 11:15

**Coffee Break**

10:45 - 11:15

**Coffee Break**

Parallel Session
11:15 - 12:45

**Cardiometabolic health in menopause**

**Chairs:**
Chair: Joseph Neulen (Germany)
Chair: Christian Egarter (Austria)

**Chronic inflammation and its consequences during female midlife**
Speaker: Peter Chedraui (Ecuador)
### Scientific Programme

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<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>11:37 - 11:59</td>
<td>Lipid and glucose metabolism during the menopausal transition &amp; beyond</td>
<td>Irene Lambrinoudaki (Greece)</td>
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<td>11:59 - 12:21</td>
<td>Eating patterns, body composition and cardiometabolic health in menopause</td>
<td>Sofia Lakka (Greece)</td>
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<tr>
<td>12:21 - 12:43</td>
<td>Metabolic syndrome and menopause</td>
<td>Xiangyan Ruan (China)</td>
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### Society Symposium

#### Helsinki 1

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<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Chair</th>
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<tbody>
<tr>
<td>11:15 - 12:15</td>
<td>European Society of Gynecology: Transition to the Menopause</td>
<td>Sven Skouby (Denmark), Andrea Genazzani (Italy)</td>
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<td>11:15 - 11:35</td>
<td>Contraception for the perimenopausal woman</td>
<td>Johannes Bitzer (Switzerland)</td>
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<td>11:35 - 11:55</td>
<td>How to solve bleeding problems during menopausal transition?</td>
<td>Alfred Mueck (Germany)</td>
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<td>11:55 - 12:15</td>
<td>Short Term symptoms of the early Menopause. HRT vs alternatives</td>
<td>Mark Brincat (Malta)</td>
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### Practical Session

#### Helsinki 2

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Chair</th>
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<tbody>
<tr>
<td>11:15 - 12:45</td>
<td>Managing the menopause without medicines: Diet, micronutrients and exercise</td>
<td>Petra Stute (Switzerland), Birgit Zyriax (Germany)</td>
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<tr>
<td>11:15 - 11:37</td>
<td>Longterm consequences of diet styles (vegetarian, vegan, low-carb ...)</td>
<td>Birgit Zyriax (Germany)</td>
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<tr>
<td>11:37 - 11:59</td>
<td>Preventive micronutrient supplementation in menopausal women</td>
<td>Petra Stute (Switzerland)</td>
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<tr>
<td>11:59 - 12:21</td>
<td>Benefits of exercise during peri-and postmenopause</td>
<td>Patrick Diel (Germany)</td>
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<tr>
<td>12:21 - 12:43</td>
<td>Impact of diet on menopausal symptoms</td>
<td>Margaret Rees (United Kingdom)</td>
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Scientific Programme

Junior Mentorship Program
11:15 - 12:45  EMAS Arena

JuMP 1

Prevalence of menopausal symptoms and factors affecting severity in mid-aged women from Paraguay as measured with the 10-item Cervantes scale

The efficacy of fractional microablative CO2 laser for the treatment of menopausal vulvovaginal atrophy - systematic review
Speaker: Diana Mihai (Romania)

Role of gender in the clinical presentation of primary hyperparathyroidism; impact of menopause

Oxidative stress as a possible mediator of the effect of androgens on arterial parameters

From pregnancy to menopause: impact of reproductive history on women health at midlife.
Speaker: Laura Cucinella (Italy)

Obesity and diabesity in adulthood caused by intrauterine programming - could it be reversed?
Speaker: Diana-Elena Comandasu (Romania)

Sponsored Symposium
13:00 - 14:00  Helsinki 1

Sponsored Symposium
13:00 - 14:00  Helsinki 2

Sponsored Symposium

Parallel Session
14:15 - 15:45  Dublin

Bone health in women and men

Chairs:
Chair: Antonio Cano (Spain)
Chair: Lina Paschou (Greece)

Diagnostics and fracture risk prediction
Speaker: Ewald Boschitsch (Austria)

Osteoporosis prevention and treatment - today and future developments
Speaker: Florence Tremollieres (France)
Scientific Programme

**Bone health care in breast cancer survivors**
Speaker: Stavroula A. Paschou (Greece)
14:59 - 15:21

**Bone health care in hypogonadal men with prostate cancer**
Speaker: Peyman Hadji (Germany)
15:21 - 15:43

Parallel Session
14:15 - 15:45

**The menopausal bladder**

**Chairs:**
Chair: Tommaso Simoncini (Italy)
Chair: Santiago Palacios (Spain)

**Management of recurrent urinary tract infections**
Speaker: Eleonora Russo (Italy)
14:15 - 14:37

**Management of urinary incontinence**
Speaker: Tommaso Simoncini (Italy)
14:37 - 14:59

**Pelvic floor reconstructive surgery**
Speaker: Heinz Kölbl (Austria)
14:59 - 15:21

**Vaginal laser therapy - hype or established treatment?**
Speaker: Ivan Fistonic (Croatia)
15:21 - 15:43

Society Symposium
14:15 - 15:15

**International Menopause Society: Managing menopause- seek, find and act**

**Chairs:**
Chair: Susan Davis (Australia)
Chair: Robert Langer (United States)

**Seek: Unusual disease presentations at menopause**
Speaker: Wendy Wolfman (Canada)
14:15 - 14:35

**Emerging novel cardiovascular disease risk factors**
Speaker: Sonia Cerdas (Costa Rica)
14:35 - 14:55

**Act: Wearable sensors- their impact on midlife women’s health**
Speaker: Sengbin Ang (Singapore)
14:55 - 15:15

Oral
14:15 - 15:45

**Oral Abstracts 1**

**Chairs:**
Chair: Petra Stute (Switzerland)
Scientific Programme

14:15 - 14:26 Effects of estradiol and progesterone on sleep disturbance using mediation modeling
Speaker: Sebastian Mirkin (United States)

14:26 - 14:37 Soya drink consumption has no effect on cognitive function but may alleviate vasomotor symptoms in post-menopausal women
Speaker: Orlaith Furlong (United Kingdom)

Speaker: Jéssica Zandoná (Brazil)

14:48 - 14:59 A 17β-estradiol, softgel, vaginal insert had an early onset of action for treating moderate to severe menopausal vulvar and vaginal atrophy (VVA) and Dyspareunia

14:59 - 15:10 The neurokinin 3 receptor antagonist, fezolinetant, is effective in treatment of menopausal vasomotor symptoms: a randomized, placebo-controlled, double-blind, dose-ranging study
Speaker: Graeme Fraser (Belgium)

15:10 - 15:21 Uterine bleeding rates with hormone therapies in menopausal women with vasomotor symptoms
Speaker: James H Pickar (United States)

15:21 - 15:32 Survey demonstrates suboptimal menopause care in UK despite NICE guidelines
Speaker: Louise Newson (United Kingdom)

15:32 - 15:43 Prescribing behaviour in the management of menopausal symptoms - changes between 2014 and 2018 upon German gynaecologists
Speaker: Pedro-Antonio Regidor (Germany)

Plenary Session
16:15 - 17:45
Dublin

Healthy ageing

Chairs:
Chair: Margaret Rees (United Kingdom)
Chair: Tommaso Simoncini (Italy)

16:15 - 16:45 Welcome message

16:45 - 17:05 Historical development of menopausal issues. Have we delivered what we promised?
Speaker: Wulf Utian (United States)

17:05 - 17:25 The historical landmarks in the development of hormonal therapies
Speaker: Andrea Genazzani (Italy)

17:25 - 17:45 Testosterone: the known knowns, the known unknowns and the unknown unknowns
Speaker: Susan Davis (Australia)
Scientific Programme

Poster Session
17:45 - 18:45

Welcome Reception/Poster session
Thursday, 16 May 2019

Plenary Session
08:00 - 09:00

Menopause and ageing in the workplace

Chairs:
Chair: Margaret Rees (United Kingdom)
Chair: Irene Lambrinoudaki (Greece)

- Changing demands at the workplace - now and in future 08:00 - 08:20
  Speaker: Marije Geukes (Netherlands)

- Elderly employees - burden or benefit 08:20 - 08:40
  Speaker: Henk Oosterhof (Netherlands)

- Menopausal women´s needs at the workplace 08:40 - 09:00
  Speaker: Myra Hunter (United Kingdom)

Society Symposium
09:15 - 10:15

FLASCYM: Menopausal hormone therapy: An Update

Chairs:
Chair: Zully Benitez-Roa (Paraguay)
Chair: Juan E. Blümel (Chile)

- When to initiate MHT? 09:15 - 09:35
  Speaker: Pablo Lavín (Chile)

- How to indicate MHT? 09:35 - 09:55
  Speaker: Soledad Vallejo (Chile)

- For how long to use MHT? 09:55 - 10:15
  Speaker: Sonia Cerdas (Costa Rica)

Sponsored Symposium
09:15 - 10:15

Sponsored Symposium

Sponsored Symposium

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12th European Congress on Menopause and Andropause, 15 - 17.05.2019, Berlin, Germany

**Scientific Programme**

**Society Symposium**  
09:15 - 10:15  
EMAS Arena  

**Polish Society of Gynecological Endocrinology**

**Chairs:**  
Chair: Roman Smolarczyk (Poland)  
Chair: Blazej Meczekalski (Poland)

- **Kisspeptin role in women's life**  
  Speaker: Agnieszka Podfigurna (Poland)  
  09:15 - 09:35

- **Infertility problems in patients with Premature Ovarian Insufficiency**  
  Speaker: Roman Smolarczyk (Poland)  
  09:35 - 09:55

- **Premature Ovarian Insufficiency and its influence on bone metabolism**  
  Speaker: Blazej Meczekalski (Poland)  
  09:55 - 10:15

**Poster Session**  
10:00 - 18:00  
Exhibition/Poster Areas

**Poster Exhibition**

- **Heart rate variability in different phases of ovarian-menstrual cycle**  
  Speaker: Olena Lutsenko (Ukraine)

- **Comparison of depression between primary and secondary infertile couples**  
  Speaker: Mahmut Yassa (Turkey)

- **Optimization, synthesis, and characterization of coaxial electrospun sodium carboxymethyl cellulose-graft-methyl acrylate/poly(ethylene oxide) nanofibers for potential drug-delivery applications**  
  Speaker: Akbar Esmaeili (Iran, Islamic Republic of)

- **Effect of fennel vaginal cream on sexual function in postmenopausal women: A double blind randomized controlled trial**  
  Speaker: Parvin Abedi (Iran, Islamic Republic of)

- **Effect of complementary alternative medicine on menopausal symptoms, among rural women of South India.**  
  Speaker: Sonia Sunny (Sweden)

- **Vaginal estriol and injections of autoplasma reduce the symptoms of vulvovaginal atrophy**  
  Speaker: Olga Leshchenko (Russian Federation)

- **Sex behavior and reproductive attitudes of HIV-positive men and women**  
  Speaker: Olga Leshchenko (Russian Federation)

- **Estetrol (E4), the next generation hormone therapy (HT) for menopausal symptoms: phase 2b clinical trial results**  
  Speaker: Ulysse Gaspard (Belgium)

- **a potential adjunctive therapy for menopause syndrome**  
  Speaker: Meina Yang (China)
Scientific Programme

The effect of vaginal Erbium-YAG laser treatment for the genitourinary syndrome of menopause: a randomized controlled study
Speaker: Artitaya Singwongsa (Thailand)

No difference in quality of life or depression/anxiety diagnosis between middle-aged women with PCOS and age-matched controls
Speaker: Maria Forslund (Sweden)

Chilliness in Japanese middle-aged women is associated with low intake of n-3 fatty acids: a cross-sectional study
Speaker: Masakazu Terauchi (Japan)

Comparison of metabolic and hormonal changes in idiopathic and non-idiopathic premature ovarian insufficiency.
Speaker: Aleksandra Marciszewska (Poland)

Anthropometric predictors of metabolic health in postmenopausal women with normal weight
Speaker: Eleni Armeni (Greece)

High-normal prolactin levels are associated with lower carotid intima media thickness but greater arterial stiffness and an overall improved metabolic profile in premenopausal women
Speaker: Eleni Armeni (Greece)

Subclinical atherosclerosis according to different phenotypes of metabolic obesity in postmenopausal women
Speaker: Eleni Armeni (Greece)

Presence of the methylenetetrahydrofolate reductase A1298T polymorphism is associated with lower body mass index in girls with anorexia nervosa
Speaker: Eleni Armeni (Greece)

Prognostic significance of the number of metastatic lymph node in early cervical cancer
Speaker: JungWoo Park (Korea, Republic of)

Protocol: thermal treatment of vulvo-vaginal atrophy (VVA) using novel low-energy dynamic quadripolar radiofrequency (DQRF)
Speaker: Julie Praet (Belgium)

Higher levels of circulating androgens are associated with greater extent of liver fibrosis in postmenopausal women
Speaker: Eleni Armeni (Greece)

The relationships among frailty index, various physical, psychological, lifestyle related factors, and social connections in Japanese elderly women
Speaker: Yoshiaki Somekawa (Japan)

Efficacy and safety of conjugated estrogen with bazedoxifene in postmenopausal women
Speaker: Hyun-Jin Kim (Korea, Republic of)

Effects of long-term use of dienogest after surgery on bone mineral density in patients with ovarian endometrioma
Speaker: Sang Ho Yoon (Korea, Republic of)

Comparison of pueraria mirifica gel and placebo gel effects on vaginal microenvironment among postmenopausal women with genitourinary syndrome of menopause (GSM)
Speaker: Jittima Manonai Bartlett (Thailand)
**Scientific Programme**

Long-term morbidity and health after early menopause due to oophorectomy in women at increased risk of ovarian cancer: rationale and design of the harmony study.  
Speaker: Lara Terra (Netherlands)

Management of stress and anxiety during the menopausal transition: effect on climacteric symptoms in a Greek peri- and postmenopausal population  
Speaker: Anastasia Palaiologou (Greece)

Non-hormonal vaginal treatment of vulvovaginal dryness symptoms: a 10-year experience using an oil-in-water cream  
Speaker: Petra Stute (Switzerland)

Learning coordination between manual task performance and balance control with Aikido decreases postmenopausal symptoms.  
Speaker: Olga Bazanova (Russian Federation)

Prospective observational study to evaluate the efficacy and safety of the pollen extract Sérélys® in the management of women with menopausal symptoms  
Speaker: Manuela Sailer (Germany)

Unfavourable metabolic profile in women with premature ovarian insufficiency: a retrospective case-control study.  
Speaker: Monika Śledzik (Poland)

Factors associated with endometrial pathology during tamoxifen use in women with breast cancer: a retrospective analysis of 821 biopsies  
Speaker: Dong-Yun Lee (Korea, Republic of)

Dietary patterns are associated with aortic stiffness and carotid artery intima-media thickness in healthy postmenopausal women  
Speaker: Iliana Karagkouni (Greece)

Incidence of venous thromboembolism (VTE) among postmenopausal women prescribed ospemifene, selective oestrogen receptor modulators (SERM), or untreated vulvar and vaginal atrophy  
Speaker: Bin Cai (United States)

Incidence of breast cancer in VVA patients treated with ospemifene and those without any VVA related treatments from a us real-world data  
Speaker: Bin Cai (United States)

Antioxidant protection system parameters in Caucasian and Asian menopausal women  
Speaker: Natalya Semenova (Russian Federation)

Prevalence of glutathione s-transferase genes some polymorphisms in menopausal women of two ethnic groups with insomnia  
Speaker: Natalya Semenova (Russian Federation)

Association lipid peroxidation and antioxidant system activity with glutathione s-transferase M1 genotype in menopausal women with insomnia  
Speaker: Natalya Semenova (Russian Federation)

Effects of ultra-low dose hormone therapy on biochemical bone turnover markers in postmenopausal women  
Speaker: Achilles Cruz (Brazil)
Scientific Programme

Effects of grape seed proanthocyanidin extract on vascular endothelial function in patients with prehypertension: a randomized, double-blind, placebo-controlled study
Speaker: Tamami Odai (Japan)

Insomnia in menopausal women: racial differences
Speaker: Natalya Semenova (Russian Federation)

Walking exercise as a possible symptom improvement therapy for women in menopause transition and postmenopausal: findings from a scoping review
Speaker: Beate Sydora (Canada)

Prevalence of depression, anxiety & stress amongst women of middle age in Sri Lanka
Speaker: D. S. Anoja F. Dheerasinghe (Sri Lanka)

Association oxidative stress with obstructive sleep apnea syndrome severity in menopausal women
Speaker: Natalya Semenova (Russian Federation)

Changes in endometrial thickness after conversion from tamoxifen to aromatase inhibitor in postmenopausal breast cancer patients
Speaker: Kyu Ri Hwang (Korea, Republic of)

Safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with overactive bladder symptoms. A randomized, double-blind, placebo-controlled clinical trial
Speaker: Santiago Palacios (Spain)

A randomized, double-blind, placebo-controlled clinical trial: evaluating safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with stress urinary incontinence
Speaker: Santiago Palacios (Spain)

Botulinum toxin type A intravesical injections for overactive bladder under local anaesthesia the causeway experience
Speaker: Gerard Krystowski (United Kingdom)

Women with premature ovarian insufficiency versus postmenopausal women: hormonal and metabolic profiles
Speaker: Anna Pulka (Poland)

Evaluation of body composition and factors associated in climacteric women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Sarcopenia prevalence and associated factors among Brazilian elderly women from community and community-dwelling: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Assessment of sexual function and related factors in mid-aged sexually active Brazilian women with the 6-item Female Sex Function Index: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Validation of the Brazilian 6-item female sexual function index (FSFI-6) in mid-aged women
Speaker: Jéssica Zandoná (Brazil)

Negative correlation between pressure-pain threshold and serum S100β levels in pre-and postmenopausal women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)
Association between brain-derived neurotrophic factor (BDNF) level and perceptual thresholds in middle-aged women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Brain-derived neurotrophic factor (BDNF) is not related to climacteric symptoms in healthy women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Contraception in perimenopause
Speaker: Bojana Pinter (Slovenia)

Atherogenic index of plasma for predicting atherosclerosis in high risk centrally obese menopausal women
Speaker: Porntip Nimkuntod (Thailand)

Rationale and development of Vita Nova app: adaptive interventions to reduce the metabolic and cardiovascular risks in menopausal women.
Speaker: Marta Caretto (Italy)

Lipid accumulation product for atherosclerotic screening in metabolic unhealthy risk perimenopausal women
Speaker: Pattama Tongdee (Thailand)

Correlation of serum 25-hydroxyvitamine D level with serum LDL, calcium level in Korean women
Speaker: Hoon Choi (Korea, Republic of)

Klippel-Trenaunay syndrome (KTS), beyond prenatal diagnosis: whole genome sequencing and gynecologic ultrasonographic findings of KTS
Speaker: Hoon Choi (Korea, Republic of)

Metagenomic sequencing analysis of vaginal microbiome in vulvodynia patients
Speaker: Hoon Choi (Korea, Republic of)

Speaker: Marta Bailón Queiruga (Spain)

The efficacy of melatonin treatment of climacteric syndrome in postmenopausal women vs women in menopausal transition in quality of life terms
Speaker: Elena Usoltseva (Russian Federation)

Association between common mental disorders and joint diseases in middle and old aged women. Data from health survey of São Paulo, SP, Brazil
Speaker: Joao Valentini Neto (Brazil)

Meta-analysis of RCTs on the effect of vestibulodynia treatment on female sexual function
Speaker: Faustino Perez-Lopez (Spain)

Prevalence of chlamydia trachomatis, gonorrhea and high-risk human papilloma virus in women older than 50 years old with abnormal cervical cytology
Speaker: Celia Marcos (Spain)

Prevalence of dry eye disease (DED) in pre and postmenopausal women
Speaker: Luciana Bergamaschi (Spain)
Pulsed electromagnetic field (PEMF) therapy effects on human prostate volume in the treatment of benign prostatic hyperplasia (BPH)
Speaker: Marta Tenuta (Italy)

Factors influencing the continuation of treatment in postmenopausal women with low BMD
Speaker: Hoon Kim (Korea, Republic of)

The analysis of the female sexual function in women in perimenopause and postmenopause: Russian experience
Speaker: Elena Gorbunova (Russian Federation)

Minimize risk with „natural“ hormone replacement therapy?
Speaker: May Ziller (Germany)

Postablation pain and bleeding: symptomatic for endometrial carcinoma - a case report
Speaker: Ingrid Pinas (Netherlands)

The strategies of monitoring among post-menopausal women with conization for a two-year period. Analyses of our experience
Speaker: Laura Baquedano Mainar (Spain)

Fractional CO2 laser treatment for vulvovaginal atrophy in menopausal women
Speaker: Mafalda Martinho Simões (Portugal)

Expression of Mu¨llerian-inhibiting substance/anti-Mu¨llerian hormone type II receptor in the human theca cells
Speaker: Jang Heub Kim (Korea, Republic of)

Cervical dysplasias in menopausal and pre-menopausal women
Speaker: Laura Baquedano Mainar (Spain)

Sexual dysfunction was associated to depressed mood in mid-aged women from Paraguay
Speaker: Peter Chedraui (Ecuador)

Impact of age on the different steps of ovarian response to gonadotropins in women demanding assisted reproductive technology
Speaker: Antonio Cano (Spain)

The follow-up of thyroid disease in pregnancy in guidance of 2017 ATA (american thyroid association) criteria
Speaker: Ethem Unal (Turkey)

Stereotactic wire localization and surgical excision of non-palpable breast lesions: a reference university hospital experience
Speaker: Ethem Unal (Turkey)

The outcome of surgical excision and electrocauterization technique in the management of anogenital condylomas
Speaker: Ethem Unal (Turkey)

The proliferative effect of progesterone receptor membrane component 1 (PGRMC1) may be related to interaction with estrogen receptor α - a xenograft animal study
Speaker: Yuejiao Wang (China)

Norethisterone in contrast to progesterone dose-dependently increases breast cancer cell proliferation by increasing the expression of PGRMC1
Speaker: Muqing Gu (China)
A prospective randomized comparative study of comprehensive intervention using Orlistat to reduce visceral fat of overweight or obese PCOS patients
Speaker: Min Min (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: different effects of six synthetic progestogens and progesterone
Speaker: Lanyue Zhang (China)

Prevalence of different phenotypes and their lipid pattern assessed in Chinese women with polycystic ovary syndrome
Speaker: Husheng Wang (China)

Sexual dysfunction and urogenital complaints comparing perimenopausal and postmenopausal women based on a cross-sectional survey in China
Speaker: Lingyan Zhang (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: comparing sequential vs. continuous combination with estradiol
Speaker: Dongmin Hou (China)

PGRMC1 increased estradiol triggered tumor growth of nude mice: a xenograft animal study
Speaker: Alfred O. Mueck (China)

Diseases of the patients getting cryopreserved ovarian tissue: comparing a centralized fertility protection center in Europe with the first ovarian tissue cryobank in China
Speaker: Xiangyan Ruan (China)

Can blood concentrations of progesterone receptor membrane component-1 (PGRMC1) predict the risk of patients with breast cancer?
Speaker: Xiangyan Ruan (China)

Oxidative stress parameters in women with polycystic ovary syndrome with and without metabolic syndrome comparing with healthy women
Speaker: Songbiao Yan (China)

Synthesis of non-spherical pullulan nanoparticles across an in vitro placental model
Speaker: Ziwen Jiang (China)

Expression of ER, PR, HER-2 and Ki67 before and after neoadjuvant chemotherapy (NAC) and the relation between their expression and the curative effects of NAC in breast cancer patients
Speaker: Gangyue Wang (China)

Etiology of premature ovarian insufficiency (POI) and risk factors assessed in Chinese patients
Speaker: Jiaojiao Cheng (China)

Effect of DDX46 targeted suppression on the proliferation and apoptosis of ovarian cancer cell line SK-OV-3
Speaker: Yangqiu Li (China)

The fractional CO2 laser: an effective treatment option for genitourinary syndrome of menopause
Speaker: Hoon Choi (Korea, Republic of)

Adipokine levels in perimenopausal women poorly predict the presence of menopausal symptoms
Speaker: Magdalena Montt-Guevara (Italy)
"Warmi" and the menopause: synthesis of the evidence after 10 years of commercialization  
Speaker: Edward Mezones-Holguin (Peru)

Diagnosis and management of vaginal endometriosis involvement in postmenopausal woman. A case report  
Speaker: Laura Baquedano Mainar (Spain)

Association between depressive symptoms and adherence to highly active antiretroviral therapy in HIV-positive women is dependent of menopausal status: a secondary analysis from a Peruvian series  
Speaker: Edward Mezones-Holguin (Peru)

One-day clinic concept for bleeding in postmenopause  
Speaker: Iuliana Ceausu (Romania)

Hysteroscopic resection of intracavitary myoma  
Speaker: Iuliana Ceausu (Romania)

Hyaluronic acid gel after resectoscopy for uterine synechiae in perimenopause - case report  
Speaker: Rosa Zulmira (Portugal)

The 10-item cervantes scale: paper-and-pencil and online format assessment of menopause-related symptoms  
Speaker: Filipa Pimenta (Portugal)

Self-regulation model applied to menopause: a mixed-methods study  
Speaker: Filipa Pimenta (Portugal)

Exhibition
10:00 - 18:00

Exhibition/Poster Areas

Exhibition
10:15 - 10:45

Dublin

Coffee Break

10:15 - 10:45

Helsinki 1

Coffee Break

10:15 - 10:45

Helsinki 2

Coffee Break
Scientific Programme

10:15 - 10:45  
EMAS Arena

Coffee Break

Parallel Session  
10:45 - 12:15  
Dublin

Cardiovascular health management

Chairs:  
Chair: Tomi Mikkola (Finland)  
Chair: Christian Egarter (Austria)

- **Reasons for cardiovascular diseases being killer number one**  
  Speaker: Angela Maas (Netherlands)  
  10:45 - 11:07

- **Preventive assessment**  
  Speaker: Maria Grazia Modena (Italy)  
  11:07 - 11:29

- **Statins for the treatment of hypercholesterolaemia in post menopausal women - solution or problem?**  
  Speaker: Peter Collins (United Kingdom)  
  11:29 - 11:51

- **MHT in myocardial infarction and stroke survivors**  
  Speaker: Amos Pines (Israel)  
  11:51 - 12:13

Society Symposium  
10:45 - 11:45  
Helsinki 1

German-Chinese Society of Obstetrics and Gynecology e.V.: German-Chinese cooperation projects in research and clinic

Chairs:  
Chair: Alfred Mueck (Germany)  
Chair: Xiangyan Ruan (China)

- **First outpatient-hysteroscopy in China - Chinese-German project**  
  Speaker: Thomas Römer (Germany)  
  10:45 - 11:00

- **First ovarian tissue cryobank in China - International project**  
  Speaker: Xiangyan Ruan (China)  
  11:00 - 11:15

- **PGRMC1 and breast cancer - German-Chinese research project**  
  Speaker: Alfred Mueck (Germany)  
  11:15 - 11:30

- **Osteoporosis and breast cancer: pathogenesis, diagnosis and treatment**  
  Speaker: Peyman Hadji (Germany)  
  11:30 - 11:45
Scientific Programme

Clinical Case
10:45 - 12:15

MHT in menopausal women at risk

Chairs:
Chair: Martin Birkhäuser (Switzerland)

**Comorbidity: Endometriosis**
Speaker: Tevfik Yoldemir (Turkey) 10:45 - 11:07

**Progestogen Intolerance (in MHT): what are the options?**
Speaker: Nick Panay (United Kingdom) 11:07 - 11:29

**Comorbidity: Migraine**
Speaker: Rossella Nappi (Italy) 11:29 - 11:51

**Comorbidity: Hypertension**
Speaker: Sven Skouby (Denmark) 11:51 - 12:13

Sponsored Symposium
12:30 - 14:00

Sponsored Symposium

Parallel Session
14:15 - 15:45

Breast cancer

Chairs:
Chair: Xiangyan Ruan (China)
Chair: Alfred Mueck (Germany)

**Estrogen on the breast Yin or Yan ?**
Speaker: Anne Gompel (France) 14:15 - 14:37

**Impact of combined MHT on breast cancer risk (incl Mirena®)**
Speaker: Herman Depypere (Belgium) 14:37 - 14:59

**Hormone-based strategies for management of BrCa1 and 2 carriers**
Speaker: Richard Santen (United States) 14:59 - 15:21

**Management of menopausal symptoms in breast cancer survivors**
Speaker: Nicoletta Biglia (Italy) 15:21 - 15:43
Parallel Session
14:15 - 15:45 Helsinki 1

Abnormal uterine bleeding and myoma

Chairs:
Chair: Johannes Bitzer (Basel, Switzerland)
Chair: Kai Bühling (Germany)

- **Modern evaluation of abnormal uterine bleeding**
  Speaker: Steven Goldstein (United States)
  14:15 - 14:37

- **Treatment of abnormal uterine bleeding in Perimenopause**
  Speaker: Maryann Lumsden (United Kingdom)
  14:37 - 14:59

- **Surveillance and treatment of endometrial hyperplasia**
  Speaker: Sean Kehoe (United Kingdom)
  14:59 - 15:21

- **Diagnosis and treatment of fibroids in perimenopause**
  Speaker: Thomas Römer (Germany)
  15:21 - 15:43

Clinical Case
14:15 - 15:45 Helsinki 2

MHT in menopausal women at risk

Chairs:
Chair: Martin Birkhäuser (Switzerland)
Chair: Christian Egarter (Austria)

- **Comorbidity: Cerebrovascular disease**
  Speaker: Tevfik Yoldemir (Turkey)
  14:15 - 14:37

- **Obesity and Diabetes**
  Speaker: Irene Lambrinoudaki (Greece)
  14:37 - 14:59

- **Osteoporosis and sarcopenia**
  Speaker: Stefano Lello (Italy)
  14:59 - 15:21

- **Systemic lupus erythematosus**
  Speaker: Anne Gompel (France)
  15:21 - 15:43

Oral
14:15 - 15:45 EMAS Arena

Oral Abstracts 2

- **Hormonal predictors of metabolic obesity in non-obese postmenopausal women**
  14:15 - 14:26

- **Antiproliferative effects of cimicifuga racemosa root extract Ze 450 mediated by inhibition of oxidative phosphorylation and indirect AMPK activation**
  14:26 - 14:37
Scientific Programme

14:37 - 14:48
Vitamin D deficiency is more prevalent in men than in women. A study from a southern country (Chile)
Speaker: Pablo Lavín (Chile)

14:48 - 14:59
Metabolic effects of cimicifuga racemosa extract Ze450 on neuronal cells
Speaker: Malena Rabenau (Germany)

14:59 - 15:10
Incident hypertension after menopause is mostly associated with obesity and insulin resistance

15:10 - 15:21
Association of the ACE, ICAM-1 and MCP-1 gene polymorphisms with cardiovascular risk factors in mid-aged Ecuadorian women

15:21 - 15:32
Isolated vitamin D supplementation improves the metabolic syndrome risk profile in postmenopausal women: a randomized, double-blind, placebo-controlled trial

15:32 - 15:43
Metabolic risk factors and recurrence of pelvic organ prolapse after primary repair in post-menopausal women

Parallel Session
16:15 - 17:45
Dublin

Wearables and new technologies for monitoring/ measuring health

Chairs:
Chair: Antonio Cano (Spain)
Chair: Petra Stute (Switzerland)

Wearables for physical activity
Speaker: Alan Godfrey (United Kingdom)

Wearables for measuring hot flushes
Speaker: Pauline Maki (United States)

Web-based applications to promote Women´s Health
Speaker: Andrea Giannini (Italy)

Modern management of Healthy Menopause / eMedicine
Speaker: Petra Stute (Switzerland)

Parallel Session
16:15 - 17:45
Helsinki 1

Psychosocial well-being

Chairs:
Chair: Anneliese Schwenkhagen (Germany)
Chair: Rossella Nappi (Italy)

Well-being in cancer survivors
Speaker: Serge Rozenberg (Belgium)

Impact of POI and PMS on mood
Speaker: Nick Panay (United Kingdom)
Scientific Programme

Sexual dysfunction in menopausal women 16:59 - 17:21
Speaker: Rossella Nappi (Italy)

Managing menopause after cancer 17:21 - 17:43
Speaker: Martha Hickey (Australia)

Clinical Case
16:15 - 17:45 Helsinki 2

MHT in menopausal women at risk

Chairs:
Chair: Martin Birkhäuser (Switzerland)
Chair: Ludwig Wildt (Austria)

Comorbidity: Cardiovascular disease 16:15 - 16:37
Speaker: Angela Maas (Netherlands)

Comorbidity: Benign breast disease 16:37 - 16:59
Speaker: Herman Depypere (Belgium)

Comorbidity: Arthritis 16:59 - 17:21
Speaker: Fiona Watt (United Kingdom)

Comorbidity of menopausal patient HIV 17:21 - 17:43
Speaker: Johannes Bitzer (Switzerland)

Oral
16:15 - 17:45 EMAS Arena

Oral Abstracts 3

Chairs:
Chair: Alfred Mueck (Germany)

Comparative efficacy of bone anabolic therapies for the treatment of postmenopausal osteoporosis: a systematic review and network meta-analysis of randomized controlled trials. 16:15 - 16:26
Speaker: Adrian V. Hernandez (United States)

Bone mineral density in patients suffering from Turner syndrome. The role of hormonal replacement therapy 16:26 - 16:37
Speaker: Anna Szeliga (Poland)

Risk factors for osteoporosis in postmenopausal women - from the point of view of primary care gynecologist 16:37 - 16:48

Dyslipidemia and bone mass density, trick or threat? 16:48 - 16:59
Speaker: Irene Zolfaroli (Spain)

The effect of estradiol and age on lipid and bone metabolism in peri- and postmenopausal women 16:59 - 17:10
Speaker: Sicong Li (China)
Scientific Programme

Changes in intervertebral discs with the menopause and HRT  
17:10 - 17:21

Effects of risedronate versus menopausal hormone therapy on bone mineral density in postmenopausal Korean women with hip fracture: a randomized, open-label trial  
17:21 - 17:32

Prescription attitude of gynecologists in relation to patients’ age, vasomotor symptoms and presence of osteoporosis  
17:32 - 17:43

EMAS Debate
18:00 - 19:00  
Dublin

MHT for cardiovascular disease prevention

Chairs:
Chair: Angela Maas (Netherlands)
Chair: Andrea Genazzani (Italy)

Pro  
18:00 - 18:30
Speaker: Tomi Mikkola (Finland)

Con  
18:30 - 19:00
Speaker: Chrissandra Shufelt (United States)

EMAS Debate
18:00 - 19:00  
Helsinki 1

Postponing fertility by egg freezing

Chairs:
Chair: Sophia Kalantaridou (Greece)
Chair: Mark Brincat (Malta)

Pro  
18:00 - 18:30
Speaker: Richard Anderson (United Kingdom)

Con  
18:30 - 19:00
Speaker: Martha Hickey (Australia)

Society Symposium
18:00 - 19:00  
Helsinki 2

Hellenic Society of Climacterium and Menopause: Hormone replacement therapy for reproductive aging: myths and reality

Chairs:
Chair: Irene Lambrinoudaki (Greece)
Chair: Dimitrios Goulis (Thessaloniki, Greece)

Diabetes and the Menopause  
18:00 - 18:20
Speaker: Stavroula A. Paschou (Greece)
**Scientific Programme**

**Sexuality after menopause**
Speaker: Neoklis Georgopoulos (Greece) 18:20 - 18:40

**HRT for young women with premature ovarian insufficiency**
Speaker: Sophia Kalantaridou (Greece) 18:40 - 19:00

**Society Symposium**
18:00 - 19:00  EMAS Arena

**Argentine Association of Climacteric Studies: Health care for climacteric women. What the gynecologist can not ignore**

**Introduction**
Speaker: Pablo Carpinterio (Argentina) 18:00 - 18:10

**Alterations of the pelvic floor in menopause**
Speaker: Diego Lange (Argentina) 18:10 - 18:20

**Osteopenia in the Climacteric woman, a great dilemma**
Speaker: Claudia Rey (Argentina) 18:20 - 18:30

**Exogenous steroid hormones for the treatment of climacteric women and breast cancer**
Speaker: Blanca Campostrini (Argentina) 18:30 - 18:40

**Histeroscopy in the climacteric woman. When?**
Speaker: Jorge Dotto (Argentina) 18:40 - 18:50

**Space for contributions and discussion**
Speaker: Gustavo Litterio (Argentina) 18:50 - 19:00
Speaker: Maria Fernandez (Argentina)
Scientific Programme

Friday, 17 May 2019

Society Symposium
08:00 - 09:00  
Dublin

**ISGE: Menopause and the Brain**

**Chairs:**
Chair: Martin Birkhäuser (Switzerland)
Chair: Andrea Genazzani (Italy)

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
</tr>
</thead>
<tbody>
<tr>
<td>08:00 - 08:20</td>
<td>Mood disorders during the menopausal transition</td>
<td>Peter Chedraui (Ecuador)</td>
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<td>08:20 - 08:40</td>
<td>Menopause and cognitive decline. Fine-tuning the clinical translation</td>
<td>Antonio Cano (Spain)</td>
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<tr>
<td>08:40 - 09:00</td>
<td>Is the brain still sexual after menopause?</td>
<td>Rossella Nappi (Italy)</td>
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Sponsored Symposium
08:00 - 09:00  
Helsinki 1

**Sponsored Symposium**

Sponsored Symposium
08:00 - 09:00  
Helsinki 2

**Sponsored Symposium**

Society Symposium
08:00 - 09:00  
EMAS Arena

**Turkish Society of Menopause and Osteoporosis: Menopause: Different problems - different solutions...**

**Chairs:**
Chair: Erdogan Ertungealp (Turkey)
Chair: Hakan Seyisoglu (Turkey)

<table>
<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>08:00 - 08:15</td>
<td>Still Endometriosis After Menopause?</td>
<td>Umit Inceboz (Turkey)</td>
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<tr>
<td>08:15 - 08:30</td>
<td>HT After Oophorectomy</td>
<td>Fatih Durmusoglu (Turkey)</td>
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<tr>
<td>08:30 - 08:45</td>
<td>Laser for Genitourinary Symptoms of Menopause</td>
<td>C. Tamer Erel (Turkey)</td>
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</table>
Scientific Programme

Menopause and Technology
Speaker: Levent Senturk (Turkey)

08:45 - 09:00

Plenary Session
09:15 - 10:15

Dublin

Challenges in menopause medicine

Chairs:
Chair: Tommaso Simoncini (Italy)
Chair: Margaret Rees (United Kingdom)

09:15 - 09:35

Longterm consequences of the WHI on public health issues and quality of life
Speaker: Robert Langer (United States)

09:35 - 09:55

SERMs: past and present
Speaker: Steven Goldstein (United States)

09:55 - 10:15

Risk behaviour and communication
Speaker: Volker Stute (Germany)

German Day
09:15 - 10:15

Helsinki 2

Menopause Management: Fragen Sie die Experten

Chairs:
Chair: Christian Albring (Germany)
Chair: Joseph Neulen (Germany)

09:15 - 09:45

Fragen an den "Zürcher Kreis"
Speaker: Joseph Neulen (Germany)
Speaker: Inka Wiegratz (Germany)
Speaker: Martin Birkhäuser (Switzerland)
Speaker: Peyman Hadji (Germany)
Speaker: Bruno Imthurn (Switzerland)
Speaker: Alfred Mueck (Germany)
Speaker: Christian Thaler (Germany)
Speaker: Ludwig Wildt (Austria)

09:45 - 10:15

Fragen an den BVF
Speaker: Christian Albring (Germany)
Speaker: Werner Harlfinger (Germany)
Speaker: Klaus König (Germany)

Poster Session
10:00 - 16:15

Exhibition/Poster Areas

Poster Exhibition
Heart rate variability in different phases of ovarian-menstrual cycle
Speaker: Olena Lutsenko (Ukraine)

Comparison of depression between primary and secondary infertile couples
Speaker: Mahmut Yassa (Turkey)

Optimization, synthesis, and characterization of coaxial electrospun sodium carboxymethyl cellulose-graft-methyl acrylate/poly(ethylene oxide) nanofibers for potential drug-delivery applications
Speaker: Akbar Esmaeili (Iran, Islamic Republic of)

Effect of fennel vaginal cream on sexual function in postmenopausal women: A double blind randomized controlled trial
Speaker: Parvin Abedi (Iran, Islamic Republic of)

Effect of complementary alternative medicine on menopausal symptoms, among rural women of South India.
Speaker: Sonia Sunny (Sweden)

Vaginal estriol and injections of autoplasma reduce the symptoms of vulvovaginal atrophy
Speaker: Olga Leshchenko (Russian Federation)

Sex behavior and reproductive attitudes of HIV-positive men and women
Speaker: Olga Leshchenko (Russian Federation)

Estetrol (E4), the next generation hormone therapy (HT) for menopausal symptoms: phase 2b clinical trial results
Speaker: Ulysse Gaspard (Belgium)

a potential adjunctive therapy for menopause syndrome
Speaker: Meina Yang (China)

The effect of vaginal Erbium-YAG laser treatment for the genitourinary syndrome of menopause: a randomized controlled study
Speaker: Artitaya Singwongsa (Thailand)

No difference in quality of life or depression/anxiety diagnosis between middle-aged women with PCOS and age-matched controls
Speaker: Maria Forslund (Sweden)

Chilliness in Japanese middle-aged women is associated with low intake of n-3 fatty acids: a cross-sectional study
Speaker: Masakazu Terauchi (Japan)

Comparison of metabolic and hormonal changes in idiopathic and non-idiopathic premature ovarian insufficiency.
Speaker: Aleksandra Marciszewska (Poland)

Anthropometric predictors of metabolic health in postmenopausal women with normal weight
Speaker: Eleni Armeni (Greece)

High-normal prolactin levels are associated with lower carotid intima media thickness but greater arterial stiffness and an overall improved metabolic profile in premenopausal women
Speaker: Eleni Armeni (Greece)
Scientific Programme

Subclinical atherosclerosis according to different phenotypes of metabolic obesity in postmenopausal women
Speaker: Eleni Armeni (Greece)

Presence of the methylenetetrahydrofolate reductase A1298T polymorphism is associated with lower body mass index in girls with anorexia nervosa
Speaker: Eleni Armeni (Greece)

Prognostic significance of the number of metastatic lymph node in early cervical cancer
Speaker: JungWoo Park (Korea, Republic of)

Protocol: thermal treatment of vulvo-vaginal atrophy (VVA) using novel low-energy dynamic quadripolar radiofrequency (DQRF)
Speaker: Julie Praet (Belgium)

Higher levels of circulating androgens are associated with greater extent of liver fibrosis in postmenopausal women
Speaker: Eleni Armeni (Greece)

The relationships among frailty index, various physical, psychological, lifestyle related factors, and social connections in Japanese elderly women
Speaker: Yoshiaki Somekawa (Japan)

Efficacy and safety of conjugated estrogen with bazedoxifene in postmenopausal women
Speaker: Hyun-Jin Kim (Korea, Republic of)

Effects of long-term use of dienogest after surgery on bone mineral density in patients with ovarian endometrioma
Speaker: Sang Ho Yoon (Korea, Republic of)

Comparison of pueraria mirifica gel and placebo gel effects on vaginal microenvironment among postmenopausal women with genitourinary syndrome of menopause (GSM)
Speaker: Jittima Manonai Bartlett (Thailand)

Long-term morbidity and health after early menopause due to oophorectomy in women at increased risk of ovarian cancer: rationale and design of the harmony study.
Speaker: Lara Terra (Netherlands)

Management of stress and anxiety during the menopausal transition: effect on climacteric symptoms in a Greek peri- and postmenopausal population
Speaker: Anastasia Palaiologou (Greece)

Non-hormonal vaginal treatment of vulvovaginal dryness symptoms: a 10-year experience using an oil-in-water cream
Speaker: Petra Stute (Switzerland)

Learning coordination between manual task performance and balance control with Aikido decreases postmenopausal symptoms.
Speaker: Olga Bazanova (Russian Federation)

Prospective observational study to evaluate the efficacy and safety of the pollen extract Sérélys® in the management of women with menopausal symptoms
Speaker: Manuela Sailer (Germany)

Unfavourable metabolic profile in women with premature ovarian insufficiency: a retrospective case-control study.
Speaker: Monika Śledzik (Poland)
Factors associated with endometrial pathology during tamoxifen use in women with breast cancer: a retrospective analysis of 821 biopsies  
Speaker: Dong-Yun Lee (Korea, Republic of)

Dietary patterns are associated with aortic stiffness and carotid artery intima-media thickness in healthy postmenopausal women  
Speaker: Iliana Karagkouni (Greece)

Incidence of venous thromboembolism (VTE) among postmenopausal women prescribed ospemifene, selective oestrogen receptor modulators (SERM), or untreated vulvar and vaginal atrophy  
Speaker: Bin Cai (United States)

Incidence of breast cancer in VVA patients treated with ospemifene and those without any VVA related treatments from a us real-world data  
Speaker: Bin Cai (United States)

Antioxidant protection system parameters in Caucasian and Asian menopausal women  
Speaker: Natalya Semenova (Russian Federation)

Prevalence of glutathione s-transferase genes some polymorphisms in menopausal women of two ethnic groups with insomnia  
Speaker: Natalya Semenova (Russian Federation)

Association lipid peroxidation and antioxidant system activity with glutathione s-transferase M1 genotype in menopausal women with insomnia  
Speaker: Natalya Semenova (Russian Federation)

Effects of ultra-low dose hormone therapy on biochemical bone turnover markers in postmenopausal women  
Speaker: Achilles Cruz (Brazil)

Effects of grape seed proanthocyanidin extract on vascular endothelial function in patients with prehypertension: a randomized, double-blind, placebo-controlled study  
Speaker: Tamami Odai (Japan)

Insomnia in menopausal women: racial differences  
Speaker: Natalya Semenova (Russian Federation)

Walking exercise as a possible symptom improvement therapy for women in menopause transition and postmenopausal: findings from a scoping review  
Speaker: Beate Sydora (Canada)

Prevalence of depression, anxiety & stress amongst women of middle age in Sri Lanka  
Speaker: D. S. Anoja F. Dheerasinghe (Sri Lanka)

Association oxidative stress with obstructive sleep apnea syndrome severity in menopausal women  
Speaker: Natalya Semenova (Russian Federation)

Changes in endometrial thickness after conversion from tamoxifen to aromatase inhibitor in postmenopausal breast cancer patients  
Speaker: Kyu Ri Hwang (Korea, Republic of)

Safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaeen®) in women with overactive bladder symptoms. A randomized, double-blind, placebo-controlled clinical trial  
Speaker: Santiago Palacios (Spain)
Scientific Programme

A randomized, double-blind, placebo-controlled clinical trial: evaluating safety and efficacy of a composition of purified and specific cytoplasm extracts of pollen (PSCEP), pumpkin seed extract and vitamin E (Femaxeen®) in women with stress urinary incontinence
Speaker: Santiago Palacios (Spain)

Botulinum toxin type A intravesical injections for overactive bladder under local anaesthesia the causeway experience
Speaker: Gerard Krystowski (United Kingdom)

Women with premature ovarian insufficiency versus postmenopausal women: hormonal and metabolic profiles
Speaker: Anna Pulka (Poland)

Evaluation of body composition and factors associated in climacteric women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Sarcopenia prevalence and associated factors among Brazilian elderly women from community and community-dwelling: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Assessment of sexual function and related factors in mid-aged sexually active Brazilian women with the 6-item Female Sex Function Index: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Validation of the Brazilian 6-item female sexual function index (FSFI-6) in mid-aged women
Speaker: Jéssica Zandoná (Brazil)

Negative correlation between pressure-pain threshold and serum S100β levels in pre-and postmenopausal women: a cross-sectional study
Speaker: Jéssica Zandoná (Brazil)

Association between brain-derived neurotrophic factor (BDNF) level and perceptual thresholds in middle-aged women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Brain-derived neurotrophic factor (BDNF) is not related to climacteric symptoms in healthy women: a cross-sectional study.
Speaker: Jéssica Zandoná (Brazil)

Contraception in perimenopause
Speaker: Bojana Pinter (Slovenia)

Atherogenic index of plasma for predicting atherosclerosis in high risk centrally obese menopausal women
Speaker: Porntip Nimkuntod (Thailand)

Rationale and development of Vita Nova app: adaptive interventions to reduce the metabolic and cardiovascular risks in menopausal women.
Speaker: Marta Caretto (Italy)

Lipid accumulation product for atherosclerotic screening in metabolic unhealthy risk perimenopausal women
Speaker: Pattama Tongdee (Thailand)

Correlation of serum 25-hydroxyvitamine D level with serum LDL, calcium level in Korean women
Speaker: Hoon Choi (Korea, Republic of)
Scientific Programme

Klippel-Trenaunay syndrome (KTS), beyond prenatal diagnosis: whole genome sequencing and gynecologic ultrasonographic findings of KTS
Speaker: Hoon Choi (Korea, Republic of)

Metagenomic sequencing analysis of vaginal microbiome in vulvodynia patients
Speaker: Hoon Choi (Korea, Republic of)

Speaker: Marta Bailón Queiruga (Spain)

The efficacy of melatonin treatment of climacteric syndrome in postmenopausal women vs women in menopausal transition in quality of life terms
Speaker: Elena Usoltseva (Russian Federation)

Association between common mental disorders and joint diseases in middle and old aged women. Data from health survey of São Paulo, SP, Brazil
Speaker: Joao Valentini Neto (Brazil)

Meta-analysis of RCTs on the effect of vestibulodynia treatment on female sexual function
Speaker: Faustino Perez-Lopez (Spain)

Prevalence of chlamydia trachomatis, gonorrhea and high-risk human papilloma virus in women older than 50 years old with abnormal cervical cytology
Speaker: Celia Marcos (Spain)

Prevalence of dry eye disease (DED) in pre and postmenopausal women
Speaker: Luciana Bergamaschi (Spain)

Pulsed electromagnetic field (PEMF) therapy effects on human prostate volume in the treatment of benign prostatic hyperplasia (BPH)
Speaker: Marta Tenuta (Italy)

Factors influencing the continuation of treatment in postmenopausal women with low BMD
Speaker: Hoon Kim (Korea, Republic of)

The analysis of the female sexual function in women in perimenopause and postmenopause: Russian experience
Speaker: Elena Gorbunova (Russian Federation)

Minimize risk with „natural“ hormone replacement therapy?
Speaker: May Ziller (Germany)

Postablation pain and bleeding: symptomatic for endometrial carcinoma - a case report
Speaker: Ingrid Pinas (Netherlands)

The strategies of monitoring among post-menopausal women with conization for a two-year period. Analyses of our experience
Speaker: Laura Baquedano Mainar (Spain)

Fractional CO2 laser treatment for vulvovaginal atrophy in menopausal women
Speaker: Mafalda Martinho Simões (Portugal)

Expression of Mu¨llerian-inhibiting substance/anti-Mu¨llerian hormone type II receptor in the human theca cells
Speaker: Jang Heub Kim (Korea, Republic of)
Cervical dysplasias in menopausal and pre-menopausal women
Speaker: Laura Baquedano Mainar (Spain)

Sexual dysfunction was associated to depressed mood in mid-aged women from Paraguay
Speaker: Peter Chedraui (Ecuador)

Impact of age on the different steps of ovarian response to gonadotropins in women demanding assisted reproductive technology
Speaker: Antonio Cano (Spain)

The follow-up of thyroid disease in pregnancy in guidance of 2017 ATA (american thyroid association) criteria
Speaker: Ethem Unal (Turkey)

Stereotactic wire localization and surgical excision of non-palpable breast lesions: a reference university hospital experience
Speaker: Ethem Unal (Turkey)

The outcome of surgical excision and electrocauterization technique in the management of anogenital condylomas
Speaker: Ethem Unal (Turkey)

The proliferative effect of progesterone receptor membrane component 1 (PGRMC1) may be related to interaction with estrogen receptor α - a xenograft animal study
Speaker: Yuejiao Wang (China)

Norethisterone in contrast to progesterone dose-dependently increases breast cancer cell proliferation by increasing the expression of PGRMC1
Speaker: Muqing Gu (China)

A prospective randomized comparative study of comprehensive intervention using Orlistat to reduce visceral fat of overweight or obese PCOS patients
Speaker: Min Min (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: different effects of six synthetic progestogens and progesterone
Speaker: Lanyue Zhang (China)

Prevalence of different phenotypes and their lipid pattern assessed in Chinese women with polycystic ovary syndrome
Speaker: Husheng Wang (China)

Sexual dysfunction and urogenital complaints comparing perimenopausal and postmenopausal women based on a cross-sectional survey in China
Speaker: Lingyan Zhang (China)

PGRMC1 can increase progestogen induced proliferation of breast cancer cells: comparing sequential vs. continuous combination with estradiol
Speaker: Dongmin Hou (China)

PGRMC1 increased estradiol triggered tumor growth of nude mice: a xenograft animal study
Speaker: Alfred O. Mueck (China)

Diseases of the patients getting cryopreserved ovarian tissue: comparing a centralized fertility protection center in Europe with the first ovarian tissue cryobank in China
Speaker: Xiangyan Ruan (China)
Can blood concentrations of progesterone receptor membrane component-1 (PGRMC1) predict the risk of patients with breast cancer?
Speaker: Xiangyan Ruan (China)

Oxidative stress parameters in women with polycystic ovary syndrome with and without metabolic syndrome comparing with healthy women
Speaker: Songbiao Yan (China)

Synthesis of non-spherical pullulan nanoparticles across an in vitro placental model
Speaker: Ziwen Jiang (China)

Expression of ER, PR, HER-2 and Ki67 before and after neoadjuvant chemotherapy (NAC) and the relation between their expression and the curative effects of NAC in breast cancer patients
Speaker: Gangyue Wang (China)

Etiology of premature ovarian insufficiency (POI) and risk factors assessed in Chinese patients
Speaker: Jiaojiao Cheng (China)

Effect of DDX46 targeted suppression on the proliferation and apoptosis of ovarian cancer cell line SK-OV-3
Speaker: Yanqiu Li (China)

The fractional CO2 laser: an effective treatment option for genitourinary syndrome of menopause
Speaker: Hoon Choi (Korea, Republic of)

Adipokine levels in perimenopausal women poorly predict the presence of menopausal symptoms
Speaker: Magdalena Montt-Guevara (Italy)

"Warmi" and the menopause: synthesis of the evidence after 10 years of commercialization
Speaker: Edward Mezones-Holguin (Peru)

Diagnosis and management of vaginal endometriosis involvement in postmenopausal woman. A case report
Speaker: Laura Baquedano Mainar (Spain)

Association between depressive symptoms and adherence to highly active antiretroviral therapy in HIV-positive women is dependent of menopausal status: a secondary analysis from a Peruvian series
Speaker: Edward Mezones-Holguin (Peru)

One-day clinic concept for bleeding in postmenopause
Speaker: Iuliana Ceausu (Romania)

Hysteroscopic resection of intracavitary myoma
Speaker: Iuliana Ceausu (Romania)

Hyaluronic acid gel after resectoscopy for uterine synechiae in perimenopause - case report
Speaker: Rosa Zulmira (Portugal)

The 10-item cervantes scale: paper-and-pencil and online format assessment of menopause-related symptoms
Speaker: Filipa Pimenta (Portugal)
Scientific Programme

Self-regulation model applied to menopause: a mixed-methods study
Speaker: Filipa Pimenta (Portugal)

Exhibition
10:00 - 16:15

Exhibition/Poster Areas

10:15 - 10:45
Dublin
Coffee Break

10:15 - 10:45
Helsinki 1
Coffee Break

10:15 - 10:45
Helsinki 2
Coffee Break

10:15 - 10:45
EMAS Arena
Coffee Break

Parallel Session
10:45 - 12:15
Dublin

Menopause and ageing

Chairs:
Chair: Heinz Kölbl (Austria)
Chair: Margaret Rees (United Kingdom)

Impact of menopause and ageing on joints 10:45 - 11:07
Speaker: Fiona Watt (United Kingdom)

Sacopenia prevention and treatment 11:07 - 11:29
Speaker: Patrick Diel (Germany)

Chronic pain - a chronic challenge 11:29 - 11:51
Speaker: Alessandra Graziottin (Italy)

Pelvic floor preservation 11:51 - 12:13
Speaker: Tommaso Simoncini (Italy)
Scientific Programme

Parallel Session
10:45 - 12:15

Helsinki 1

Ovarian dysfunction

Chairs:
Chair: Richard Anderson (United Kingdom)
Chair: Tevfik Yoldemir (Turkey)

- **Management of premature ovarian insufficiency**
  Speaker: Sophia Kalantaridou (Greece)

- **High androgens in postmenopausal women and the risk for atherosclerosis and cardiovascular disease: the Rotterdam Study**
  Speaker: Erico Carmina (Italy)

- **Menopause and fertility- a contradiction**
  Speaker: Lubna Pal (United States)

- **Impact of the ovary on autoimmunity**
  Speaker: Neoklis Georgopoulos (Greece)

German Day
10:45 - 12:15

Helsinki 2

Gibt es eine "natürliche" Menopausentherapie?

Chairs:
Chair: Christian Albring (Germany)
Chair: Katrin Schaudig (Germany)

- **Was sind bioidentische Hormone?**
  Speaker: Petra Stute (Switzerland)

- **Orale versus transdermale HRT**
  Speaker: Martin Birkhäuser (Switzerland)

- **Beurteilung pflanzlicher Präparate in der Menopausentherapie**
  Speaker: Bruno Imthurn (Switzerland)

- **Neue Palliativa gegen das Altern**
  Speaker: Johannes Huber (Austria)

Oral
10:45 - 12:15

EMAS Arena

Oral Abstracts 4

- **The effect of estrogen and GPR30 on the proliferation of neural stem/progenitor cells**
  Speaker: Weiyao Yin (China)
Scientific Programme

**MicroRNA-181a suppresses progestin-promoted oncogenic transformation of breast epithelial cells through interfering PGRMC1signalling pathway**
Speaker: Guiju Cai (China)

**Growth of PGRMC1-transfected tumors is increased with norethisterone, but not with progesterone or dydrogesterone, and is correlated to PGRMC1 blood concentrations: a xenograft study**
Speaker: Guiju Cai (China)

**Subcutaneous fat tissue echogenicity: a marker of subclinical atherosclerosis**

**Understanding cancer-related distress and supportive care needs in women with gynaecological cancer: a thematic analysis**
Speaker: Charrlotte Seib (Australia)

**Effects of a sea buckthorn oil cream on vulvovaginal atrophy**
Speaker: Risto Erkkola (Finland)

**Manualized cognitive behavioral group therapy (CBGT) to treat vasomotor symptoms (VMS) for black and white women diagnosed with DSM-V mood disorders**
Speaker: Danette Conklin (United States)

**The effect of a 12-week dietary soy intervention on everyday mood in postmenopausal women**
Speaker: Ellen Simpson (United Kingdom)

Sponsored Symposium
12:30 - 13:00 Helsinki 1

Sponsored Symposium
12:30 - 14:00 Helsinki 2

German Day Sponsored Symposium

Sponsored Symposium
13:15 - 14:00 EMAS Arena

Sponsored Symposium
Scientific Programme

Parallel Session
14:15 - 15:45

Management of cancer survivors

Chairs:
Chair: Anne Gompel (France)
Chair: Andrea Genazzani (Italy)

Fertility preservation in women
Speaker: Richard Anderson (United Kingdom)
14:15 - 14:37

Heart health after chemotherapy for breast cancer
Speaker: Angela Maas (Netherlands)
14:37 - 14:59

MHT in cancer survivors
Speaker: Margaret Rees (United Kingdom)
14:59 - 15:21

Cognitive preservation in cancer survivors
Speaker: Pauline Maki (United States)
15:21 - 15:43

Parallel Session
14:15 - 15:45

Vaginal health

Chairs:
Chair: Tommaso Simoncini (Italy)
Chair: Stefano Salvatore (Italy)

Energetie based Devices and vaginal Health
Speaker: Marco Gambacciani (Italy)
14:15 - 14:37

Treatment of genitourinary syndrome
Speaker: Patrice Lopes (France)
14:37 - 14:59

Laser therapy for vaginal atrophy
Speaker: Ivan Fistonic (Croatia)
14:59 - 15:21

Vulvo-vaginal plastic surgery
Speaker: Santiago Palacios (Spain)
15:21 - 15:43

German Day
14:15 - 15:45

Problempatientinnen in der Peri- und Postmenopause

Chairs:
Chair: Werner Harlfinger (Germany)
Chair: Anneliese Schwenkhagen (Germany)

Problempatientinnen in HRT
Speaker: Alfred O. Mueck (Gibraltar)
14:15 - 14:37
12th European Congress on Menopause and Andropause, 15 - 17.05.2019, Berlin, Germany

Scientific Programme

Problempatientinnen in der Kontrazeption
Speaker: Kai Bühling (Germany) 14:37 - 14:59

Diagnose und Therapie von Blutungstörungen
Speaker: Thomas Römer (Germany) 14:59 - 15:21

Behandlung klimakterischer Beschwerden nach gynäkologischen Tumoren
Speaker: Katrin Schaudig (Germany) 15:21 - 15:43

Oral
14:15 - 15:45

Oral Abstracts 5

Depression through decades: association with female sexual function
Speaker: Tsung Yu (Taiwan, Republic of China) 14:15 - 14:26

Secular trends and associated factors of age at natural menopause in taiwanese women
Speaker: Tsung Yu (Taiwan, Republic of China) 14:26 - 14:37

Associations between frailty and menopause-related factors: findings from the HELIAD study
Speaker: Marta Bailón Queiruga (Spain) 14:37 - 14:48

Web-based applications to promote women´s Health
Speaker: Charlotte Seib (Australia) 14:48 - 14:59

Speaker: Marta Bailón Queiruga (Spain) 14:59 - 15:10

Promoting healthy lifestyle changes to improve health-related quality of life in women after cancer: results from the Australian women’s wellness after cancer program(WWACP)
Speaker: Charlotte Seib (Australia) 14:15 - 15:21

Vaginal microbiota, vulvar vaginal atrophy, and vaginal signs in postmenopausal women
Speaker: Svetlana Yureneva (Russian Federation) 15:21 - 15:32

“My little secret”, a website for sexual health of postmenopausal women.
Speaker: Laura Cucinella (Italy) 15:32 - 15:43

Plenary Session
16:15 - 17:45

Healthy ageing in men

Chairs:
Chair: Dimitrios Goulis (Thessaloniki, Greece)

Hormonal changes in men due to ageing (all hormonal axes)
Speaker: Georgios Kanakis (Greece) 16:15 - 16:35
Scientific Programme

Impact of male hypogonadism on the risk of developing chronique non-communicable diseases  16:35 - 16:55

Update on androgen therapy in men  16:55 - 17:15
Speaker: Dimitrios Goulis (Greece)

Closing message  17:15 - 17:45

German Day
16:15 - 17:45

Prognostisch wichtige Erkrankungen der älteren Frau

Chairs:
Chair: Klaus König (Germany)
Chair: Vanadin Seifert-Klauss (Germany)

Osteoporose - Diagnose und Therapie  16:15 - 16:37
Speaker: Ewald Boschitsch (Austria)

Kardiovaskuläre Risikofaktoren und Erkrankungen  16:37 - 16:59
Speaker: Alfred Mueck (Germany)

Venöse Thromboembolie: Risiko unter Kontrazeption und HRT  16:59 - 17:21
Speaker: Inka Wiegratz (Germany)

HRT und Ovarialkarzinom  17:21 - 17:43
Speaker: Ludwig Wildt (Austria)