13th European Congress on Menopause and Andropause, 08 - 10.09.2021
Virtual Congress

**Scientific Programme**

**Tuesday, 07 September 2021**

Open Door Day
09:00 - 21:00
Room 1

**Open Door Day**

Please find the Programme here: [Open Door Day - 13th European Congress on Menopause and Andropause (emas-online.org)](https://2021.emas-online.org/open-door-day/)

Exhibition
09:00 - 21:00
Corporate Page

**Corporate partners**
13th European Congress on Menopause and Andropause, 08 - 10.09.2021
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Scientific Programme

Wednesday, 08 September 2021

Society Symposium
08:00 - 09:00
Room 1

Dutch Menopause Society

Chairs:
Chair: Dorenda van Dijken (Netherlands)

- The many-minded pursuit of profit? A multidisciplinary approach of complex menopause
  Speaker: Dorenda van Dijken (Netherlands) 08:00 - 08:20

- SHBG and CVD risk: Friend or foe?
  Speaker: Elif Aribas 08:20 - 08:40

- Hormones, sleep and mood: The knowns and unknowns
  Speaker: Margot Morrsinkhof 08:40 - 09:00

Society Symposium
08:00 - 09:00
Room 2

Italian Menopause Society

Chairs:
Chair: Maro Gallo
Chair: Angelo Cagnacci (Italy)

- Epidemiology of Vulvo-vaginal atrophy (VVA)
  Speaker: Angelo Cagnacci (Italy) 08:00 - 08:15

- VVA therapy. Role of Laser
  Speaker: Marco Gambacciani (Italy) 08:15 - 08:30

- Pathophysiology of Postmenopausal Osteoporosis
  Speaker: Anna Capozzi 08:30 - 08:45

- Cardiovascular Pathophysiology in Menopause
  Speaker: Silvia Maffei 08:45 - 09:00

Poster Session
08:00 - 21:00
E-Library on Demand

Poster
Scientific Programme

- Does loneliness following empty nest impair sexual function and satisfaction of middle-aged Iranian women?
- Acupuncture in the management of primary osteoporosis: a literature review published in the last 5 years
- Association of diet with the onset of natural menopause: a systematic review and meta-analysis
- Rename: an Argentinian population study on climacteric symptoms
- To the question of the uterine artery embolisation in patients with submucous uterine fibroids
- Perimenopause and menopause in the Siberian population: a cross-sectional study
- Stages of reproductive aging: effects on sleep, physical activity, and connectedness with nature
- Relationship of sleep with connectedness with nature, adiposity and physical activity in adult and older women
- Age at natural menopause and body mass index: longitudinal analysis
- Understanding factors associated with wellbeing and performance in the workplace in a sample of middle-aged adults
- Is weight change (gain, decrease or maintenance) associated with menopausal symptoms' perceived severity?
- Novel oral combined 17β-estradiol (E2) and micronized progesterone (P4) therapy improves vasomotor symptoms (VMS) and sleep in postmenopausal women (PW)
- Amenorrhea rates in women treated with novel oral, continuous hormonal therapy of body identical 17β-estradiol and micronized progesterone
- Vaginal metabolites in postmenopausal women with or without vulvo-vaginal atrophy at baseline and after ospemifene and systemic hormone treatment
- Vitamin D supplementation in older people in COVID-19 pandemic
- No increase in incidence or risk of recurrence of breast cancer in ospemifene-treated patients with vulvovaginal atrophy (VVA) from a 2013-2020 US real world data
- Effects of progesterone on vasomotor symptoms in postmenopausal women- an RPCDBT
- Measurement of estrogens in normal and malignant breast tissue by liquid chromatography-tandem mass spectrometry
- Descending pain modulatory system in middle-aged women with and without chronic arthralgia
- Body composition modifications and metabolic profile of pre- and post-menopausal women: a cohort study
- Sleep quality and associated factors in climacteric women
Correlated factors with body fat distribution in a pre- and post-menopausal cohort of Brazilian women

Quality of life in middle-aged women and factors associated

Bone mineral density and its correlated factors among pre- and post-menopausal women: a cohort study

Liver function indices and postmenopausal osteoporosis: a cross-sectional study

Contribution of ultrasound in the exploration of peri-menopausal metrorrhagia

Myomatous uterus in perimenopausal women: the reasons for consultation in the emergency department Maternity and Neonatal Center of Tunis

Response to changes in menopausal symptoms after use of testosterone: a retrospective analysis

The importance of being a “lark” in menopause

The impact of cervical cancer on the sexuality of women over 40: a taboo, difficult-to-study subject

Impact of prolapse surgery on sexuality in postmenopausal women

Interest of endometrectomy in the management of peri-menopausal menometrorrhagia

Management of ovarian masses in postmenopausal women

Compliance and tolerability of a Trigonella foenum graecum-based food supplement to improve sexual function. Interim analysis of a real-life study

Insulin resistance: a marker of severity in postmenopausal women with breast cancer

Settings privileged by women for the practice of physical activity: relationship with body composition and connectedness to nature

Impact of chemotherapy on risk of diminished ovarian reserve in premenopausal women subjected to ovarian cortex cryopreservation.

Contraception in women over 40: What particularities

Circulating levels of Amyloid Beta 1-40 are associated with the rate of progression of atherosclerosis in menopause

Body weight and vascular function in physically active postmenopausal women

Osteoporosis and prevalent vertebral fractures are associated with insulin resistance in non-diabetic postmenopausal women

Sleep and multimorbidity: a systematic review and meta-analysis
Parallel Session  
09:15 - 10:15  
Room 1

**Perimenopausal issues: Sleep, migraine and mood**

**Chairs:**
Chair: Rosalia Silvestri (Italy)

- **Perimenopausal migraine**  
  Speaker: Antoinette Maassen van den Brink (Netherlands)  
  09:15 - 09:30

- **PMS and allopregnanolone**  
  Speaker: Torbjörn Bäckström (Sweden)  
  09:30 - 09:45

- **Sleep disorders and the menopause**  
  Speaker: Rosalia Silvestri (Italy)  
  09:45 - 10:00

**Discussions**  
10:00 - 10:15

Practical Session  
09:15 - 10:30  
Room 2

**Managing the menopause without hormones**

**Chairs:**
Chair: Risto Erkkola (Turku, Finland)

- **Health promotion for healthy ageing**  
  Speaker: Tevfik Yoldemir (Turkey)  
  09:15 - 09:30

- **Exercise for menopausal health**  
  Speaker: Risto Erkkola (Finland)  
  09:30 - 09:45

- **Diet and weight loss for menopausal symptoms**  
  Speaker: Fatih Durmusoglu (Turkey)  
  09:45 - 10:00

- **Diet and cancer risk**  
  Speaker: Nicola Veronese (Italy)  
  10:00 - 10:15

**Discussions**  
10:15 - 10:30
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Society Symposium
09:15 - 10:15  Room 3

British Menopause Society
Chairs:
Chair: Haitham Hamoda (United Kingdom)

**Bioidentical hormones: what should we be advising women?**
09:15 - 09:45
Speaker: Haitham Hamoda (United Kingdom)

**Androgens and the menopause**
09:45 - 10:15
Speaker: Lynne Robinson

Parallel Session
10:45 - 11:45  Room 1

Meeting the challenge of menopause in the workplace
Chairs:
Chair: Marije Geukes (Netherlands)
Chair: Marco Gambacciani (Italy)

**Menopause problems in the workplace**
10:45 - 11:00
Speaker: Marije Geukes (Netherlands)

**Training managers on menopause problems in the workplace**
11:00 - 11:15
Speaker: Claire Hardy (United Kingdom)

**The health and socioeconomic impact of menopause**
11:15 - 11:30
Speaker: Marco Gambacciani (Italy)

**Discussions**
11:30 - 11:45

Practical Session
10:45 - 12:00  Room 2

Osteoporosis and osteoarthritis
Chairs:
Chair: Irene Lambrinoudaki (Greece)
Chair: Florence Tremollieres (France)

**Screening for osteoporosis in the perimenopause**
10:45 - 11:00
Speaker: Florence Tremollieres (France)

**HRT and osteoporosis in the perimenopause**
11:00 - 11:15
Speaker: Irene Lambrinoudaki (Greece)
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**Osteoporosis in women living with and beyond cancer**
Speaker: Stavroula A. Paschou (Greece)
11:15 - 11:30

**An update on osteoarthritis**
Speaker: Ali Mobasheri (United Kingdom)
11:30 - 11:45

**Discussions**
11:45 - 12:00

Society Symposium
10:45 - 11:45

**E.S.G.: BODY WEIGHT CONTROL BEFORE and AFTER MENOPAUSE**
Room 3

Chairs:
Chair: Andrea Genazzani (Italy)

**Metabolic Changes at Menopausal Transition and after Menopause**
Speaker: Alessandro Genazzani
10:45 - 11:15

**BWC after Menopause**
Speaker: Andrzej Milewicz
11:15 - 11:45

Parallel Session
13:00 - 14:00

**Advances in cancer medicine**
Room 1

Chairs:
Chair: Patrice Lopes (France)
Chair: Michael Kontos (Greece)

**Prophylactic surgery for risk reduction**
Speaker: Patrice Lopes (France)
13:00 - 13:15

**Molecular medicine in cancer**
Speaker: Blazej Meczekalski (Poland)
13:15 - 13:30

**Breast screening**
Speaker: Michael Kontos (Greece)
13:30 - 13:45

**Discussions**
13:45 - 14:00
Scientific Programme

Parallel Session
13:00 - 14:00
Room 2

Innovation through new information and communications technologies

Chairs:
Chair: Alan Godfrey (United Kingdom)
Chair: Giovanni Scambia (Italy)

- Logistics of ICT technologies in ageing health 13:00 - 13:15
  Speaker: Giuseppe Coppini (Italy)
- Wearables for dementia 13:15 - 13:30
  Speaker: Alan Godfrey (United Kingdom)
- ICT technologies in the management of ovarian cancer 13:30 - 13:45
  Speaker: Giovanni Scambia (Italy)

Discussions 13:45 - 14:00

Society Symposium
13:00 - 14:00
Room 3

International Menopause Society

Chairs:
Chair: Rossella Nappi (Italy)

- The GSM constellation: Do we treat signs, symptoms or both? 13:00 - 13:25
  Speaker: Rossella Nappi (Italy)
  Speaker: Santiago Palacios (Spain)

Q&A 13:50 - 14:00

Plenary Session
14:15 - 15:30
Room 1

Women's health and ageing: A global perspective

Chairs:
Chair: Angela Maas (Netherlands)
Chair: Oscar Franco (Switzerland)

- Pandemics, health and ageing: implications and concerns 14:15 - 14:40
  Speaker: Oscar Franco (Switzerland)
- Women, menopause and COVID-19 14:40 - 15:05
  Speaker: Janice Rymer (United Kingdom)
**13th European Congress on Menopause and Andropause, 08 - 10.09.2021**
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**Scientific Programme**

### Equal opportunities in women’s health

15:05 - 15:30
Speaker: Angela Maas (Netherlands)

**Sponsored Symposium**

15:30 - 16:30
Room 1

**Oral Abstracts 1**

<table>
<thead>
<tr>
<th>Title</th>
<th>Time</th>
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<tbody>
<tr>
<td>The impact of oxytocin vaginal gel on sexual function in postmenopausal women: a randomized controlled trial</td>
<td>16:30 - 16:45</td>
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<tr>
<td>Speaker: Parvin Abedi (Iran, Islamic Republic of)</td>
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<tr>
<td>Elinzanetant (NT-814): a novel, non-hormonal dual NK-1,3 receptor antagonist for the treatment of vasomotor symptoms - key findings from the Phase 2 SWITCH-1 study</td>
<td>16:45 - 17:00</td>
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<td>Speaker: James Simon</td>
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<tr>
<td>Effects of estetrol on vaginal cytology, genitourinary syndrome of menopause and health-related wuality of life: results from the E4Relief Phase 2b Study</td>
<td>17:00 - 17:15</td>
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<tr>
<td>Speaker: Ulysse Gaspard (Belgium)</td>
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<tr>
<td>A moisturizing gel with high concentration of hyaluronic acid in niosomes for vaginal dryness and dyspareunia. Interim analysis of a clinical trial</td>
<td>17:15 - 17:30</td>
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<tr>
<td>Speaker: Santiago Palacios (Spain)</td>
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<tr>
<td>Menopausal hot flushes severity is associated with hepatic steatosis index values</td>
<td>17:30 - 17:45</td>
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<tr>
<td>Speaker: Nikoletta Mili (Greece)</td>
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</table>

### EMAS General Assembly

17:00 - 17:30
Room 1

For EMAS Members - on invitation only
Scientific Programme

Thursday, 09 September 2021

Plenary Session
08:00 - 09:00
Room 1

Menopause care in the digital age

Chairs:
Chair: Tommaso Simoncini (Italy)

Wearables and apps
Speaker: Tommaso Simoncini (Italy)
08:00 - 08:30

Medical communication in 2021, moving from traditional media to internet
Speaker: Alessandra Graziottin (Italy)
08:30 - 09:00

Poster Session
08:00 - 21:00
E-Library on Demand

Poster

Does loneliness following empty nest impair sexual function and satisfaction of middle-aged Iranian women?

Acupuncture in the management of primary osteoporosis: a literature review published in the last 5 years

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Scientific Programme

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- Osteoporosis and prevalent vertebral fractures are associated with insulin resistance in non-diabetic postmenopausal women
- Sleep and multimorbidity: a systematic review and meta-analysis

Exhibition
08:00 - 17:00

Corporate partners

Deutsche und Schweizerische Menopause Gesellschaft

Society Symposium
09:15 - 10:15

Room 1

Changes of body weight and body composition across the menopausal transition
Speaker: Katrin Schaudig (Germany)

Lifestyle Interventions for body weight control
Speaker: Birgit Zyriax (Germany)

Impact of MHT on body weight and body composition
Speaker: Petra Stute (Switzerland)
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Society Symposium
09:15 - 10:15
Room 2

Polish Society of Gynecological Endocrinology: Premature ovarian insufficiency (POI) as important clinical problem

Chairs:
Chair: Blazej Meczekalski (Poland)
Chair: Roman Smolarczyk (Poland)

- **Premature ovarian insufficiency (POI) and autoimmune diseases.**
  Speaker: Ewa Rudnicka
  Time: 09:15 - 09:35

- **Infertility among patients with POI**
  Speaker: Roman Smolarczyk (Poland)
  Time: 09:35 - 09:55

- **Why bones are important in POI women?**
  Speaker: Blazej Meczekalski (Poland)
  Time: 09:55 - 10:15

Parallel Session
10:30 - 11:30
Room 1

Ageing after gender-affirmative treatment

Chairs:
Chair: Mick van Trotsenburg (Netherlands)
Chair: Cristina Meriggiola

- **Gender transition at midlife and beyond**
  Speaker: Mick van Trotsenburg (Netherlands)
  Time: 10:30 - 10:45

- **Puberty blockers and long-term health**
  Speaker: Alessandra D Fisher (Italy)
  Time: 10:45 - 11:00

- **Bone development in the course of time**
  Speaker: Cristina Meriggiola
  Time: 11:00 - 11:15

- **Discussions**
  Time: 11:15 - 11:30

Oral
10:30 - 11:30
Room 2

Late Breaking Science

- **Results of a Phase 1 pharmacokinetic and safety study of DARE-HRT1, a 28-day intravaginal ring for codelivery of bio-identical estradiol and progesterone**
  Speaker: David R. Friend (United States)
Scientific Programme

Serum follicle stimulating hormone to oestradiol ratio as a biomarker for the menopausal transition: a secondary analysis on women in the Study of Women's Health Across the Nation
Speaker: Raymond H.W. Li (Hong Kong)

Design and development of the content of a mobile application to reduce risk factors for Metabolic Syndrome in the climacteric
Speaker: Sandra Riofrío Terrazas (Chile)

Link Between Depression and Overall Mortality in Post-Menopausal Women in a Nationally Representative Population
Speaker: Sri Banerjee (Switzerland)

Association between suicidal ideation and cardiovascular mortality in postmenopausal women
Speaker: Sri Banerjee (Switzerland)

Junior Mentorship Programme
10:30 - 11:00
Room 3

Junior Mentorship Programme

Depressive symptoms and related factors in mid-aged women from Paraguay
Speaker: Anastasia Armeni (Greece)

Oral
11:00 - 12:00
Room 3

Oral Abstracts 2

Descriptive analysis of the factors affecting sexual dysfunction in postmenopausal women.
Speaker: A Armeni (Greece)

Estetrol (E4) is a native fetal estrogen that does not modify coagulation markers in postmenopausal women and maintains sensitivity to activated protein C (APC)
Speaker: Jonathan Douxfils (Belgium)

The role of neurokinin B in the pathophysiological mechanisms of vasomotor symptoms and sleep disorders in postmenopausal women
Speaker: Svetlana Yureneva (Russian Federation)

Does urinary incontinence predicts sexual functioning, social isolation and productivity in middle-age women?
Speaker: Marta G. Porto (Portugal)
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Parallel Session
12:30 - 13:30
Room 1

Gynaecological cancer

Chairs:
Chair: Margaret Rees (United Kingdom)
Chair: Johannes Bitzer (Basel, Switzerland)

- **The impact of gynaecological cancer**
  Speaker: Roberto Angioli (Italy)  
  12:30 - 12:45

- **HRT after gynaecological cancer**
  Speaker: Margaret Rees (United Kingdom)
  12:45 - 13:00

- **Sexual health after cancer**
  Speaker: Johannes Bitzer (Switzerland)
  13:00 - 13:15

Discussions
  13:15 - 13:30

Parallel Session
12:30 - 13:30
Room 2

Men's health

Chairs:
Chair: Dimitrios Goulis (Thessaloniki, Greece)

- **Treatment of male infertility**
  Speaker: Christos Tsametis (Greece)
  12:30 - 12:45

- **Testosterone and healthy ageing**
  Speaker: Dimitrios Goulis (Greece)
  12:45 - 13:00

- **Sexual Medicine**
  Speaker: Giovanni Corona
  13:00 - 13:15

Discussions
  13:15 - 13:30

Oral
12:30 - 13:30
Room 3

Oral Abstracts 3

- **The effect of menopausal hormone therapy on melanoma and keratinocyte skin cancer risk: a systematic review and meta-analysis of observational studies**
  Speaker: Konstantinos Lallas (Greece)
  12:30 - 12:45
## Scientific Programme

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<thead>
<tr>
<th>Time</th>
<th>Title</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>12:45 - 13:00</td>
<td>Real-world evaluation of the impact, treatment patterns, and patient and physician perceptions of vasomotor symptoms associated with menopause in Europe and the United States</td>
<td>Petra Stute (Switzerland)</td>
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<td>13:00 - 13:15</td>
<td>TIME FOR CHANGE: Improving the menopausal experience in the workplace for UK doctors</td>
<td>Karmanpreet Bhullar (United Kingdom)</td>
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<td>13:15 - 13:30</td>
<td>Long Covid and menopause - the important role of hormones in Long Covid must be considered</td>
<td>Louise Newson (United Kingdom)</td>
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### Parallel Session

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<td>13:45 - 14:45</td>
<td>Benign gynaecology 1: Uterus and ovary</td>
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<td>Chair: Ludwig Kiesel (Germany)</td>
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<td>Chair: Felice Petraglia (Italy)</td>
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<tr>
<td>13:45 - 14:00</td>
<td>Endometriosis after menopause</td>
<td>Ludwig Kiesel (Germany)</td>
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<td>14:00 - 14:15</td>
<td>Endometrial assessment during the perimenopause</td>
<td>Steven Goldstein (United States)</td>
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<td>14:15 - 14:30</td>
<td>Medical advances for benign gynaecological disorders</td>
<td>Felice Petraglia (Italy)</td>
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<td>Discussions</td>
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<td>14:30 - 14:45</td>
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<tr>
<td>13:45 - 14:45</td>
<td>Mental health and brain function</td>
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<td>Room 2</td>
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<td>Chairs:</td>
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<td>Chair: Andrea Genazzani (Italy)</td>
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<td>Chair: Rebecca Thurston (United States)</td>
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<tr>
<td>13:45 - 14:00</td>
<td>Neuro-hormonal basis of brain ageing</td>
<td>Andrea Genazzani (Italy)</td>
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<tr>
<td>14:00 - 14:15</td>
<td>The complex significance of vasomotor symptoms at menopause</td>
<td>Rebecca Thurston (United States)</td>
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Brain aging and cognition 14:15 - 14:30
Speaker: Pauline Maki (United States)

Discussions 14:30 - 14:45

Oral 13:45 - 14:45 Room 3

Oral Abstracts 4

Cognitive remediation for women during the menopausal transition: a pilot study 13:45 - 14:00
Speaker: Elena C. Ballantyne (Canada)

Preliminary results from the premature ovarian insufficiency (POI) database in Spain. Protocol code IIBSP health-IOP-2012-109. Clinical Trials.gov ID:NCT02068976 14:00 - 14:15
Speaker: Laura Balcells Eichenberger (Spain)

Effect of a Trigonella foenum graecum-based food supplement on sexual function. Interim analysis of a real-life study 14:15 - 14:30
Speaker: Santiago Palacios (Spain)

An audit of identification rates and reporting quality of vertebral fragility fractures in Royal Preston Hospital 14:30 - 14:45
Speaker: Beverly Yeap (United Kingdom)

EMAS Debate 15:00 - 16:00 Room 1

Vitamin D for menopause?

Chairs:
Chair: Panagiotis Anagnostis (Greece)
Chair: Sarantis Livadas

Skeletal effects of vitamin D during menopause 15:00 - 15:20
Speaker: Sarantis Livadas

Extraskeletal of vitamin D during menopause 15:20 - 15:40
Speaker: Panagiotis Anagnostis (Greece)
EMAS Debate
15:00 - 16:00

**Laser for GSM?**

**Chairs:**
Chair: Ivan Fistonic (Zagreb, Croatia)
Chair: Linda Cardozo (United Kingdom)

**Pros & Cons**
Speaker: Linda Cardozo (United Kingdom)
Speaker: Ivan Fistonic (Croatia)

**Society Symposium**
15:00 - 16:00

**Argentine Association of Menopause and Andropause**

**Chairs:**
Chair: Mónica Ñañez
Chair: Élida Rodriguez

- **High Intensity Focused Ultrasound: another alternative for the SGM** 15:00 - 15:20
  Speaker: Mónica Ñañez
- **Changes in the skin and hormonal déficit in menopause and andropause** 15:20 - 15:40
  Speaker: Alejandra Elizalde Cremonte
- **Middle age sleep disorders and metabolic syndrome in menopause and andropause** 15:40 - 16:00
  Speaker: Alejandra Belardo

**Sponsored Symposium**
16:00 - 17:00

**Industry Roundtable Discussion**
13th European Congress on Menopause and Andropause, 08 - 10.09.2021
Virtual Congress

Scientific Programme

Friday, 10 September 2021

Sponsored Symposium
08:00 - 09:00
Room 1

Sponsored Symposium

Poster Session
08:00 - 21:00
E-Library on Demand

Poster

Does loneliness following empty nest impair sexual function and satisfaction of middle-aged Iranian women?

Acupuncture in the management of primary osteoporosis: a literature review published in the last 5 years

Association of diet with the onset of natural menopause: a systematic review and meta-analysis

Rename: an Argentinian population study on climacteric symptoms

To the question of the uterine artery embolisation in patients with submucous uterine fibroids

Perimenopause and menopause in the Siberian population: a cross-sectional study

Stages of reproductive aging: effects on sleep, physical activity, and connectedness with nature

Relationship of sleep with connectedness with nature, adiposity and physical activity in adult and older women

Age at natural menopause and body mass index: longitudinal analysis

Understanding factors associated with wellbeing and performance in the workplace in a sample of middle-aged adults

Is weight change (gain, decrease or maintenance) associated with menopausal symptoms' perceived severity?

Novel oral combined 17β-estradiol (E2) and micronized progesterone (P4) therapy improves vasomotor symptoms (VMS) and sleep in postmenopausal women (PW)

Amenorrhea rates in women treated with novel oral, continuous hormonal therapy of body identical 17β-estradiol and micronized progesterone

Vaginal metabolites in postmenopausal women with or without vulvo-vaginal atrophy at baseline and after ospemifene and systemic hormone treatment

Vitamin D supplementation in older people in COVID-19 pandemic
Scientific Programme

No increase in incidence or risk of recurrence of breast cancer in ospemifene-treated patients with vulvovaginal atrophy (VVA) from a 2013-2020 US real world data

Effects of progesterone on vasomotor symptoms in postmenopausal women- an RPCDBT

Measurement of estrogens in normal and malignant breast tissue by liquid chromatography-tandem mass spectrometry

Descending pain modulatory system in middle-aged women with and without chronic arthralgia

Body composition modifications and metabolic profile of pre- and post-menopausal women: a cohort study

Sleep quality and associated factors in climacteric women

Correlated factors with body fat distribution in a pre- and post-menopausal cohort of Brazilian women

Quality of life in middle-aged women and factors associated

Bone mineral density and its correlated factors among pre- and post-menopausal women: a cohort study

Liver function indices and postmenopausal osteoporosis: a cross-sectional study

Contribution of ultrasound in the exploration of peri-menopausal metrorrhagia

Myomatous uterus in perimenopausal women: the reasons for consultation in the emergency department Maternity and Neonatal Center of Tunis

Response to changes in menopausal symptoms after use of testosterone: a retrospective analysis

The importance of being a “lark” in menopause

The impact of cervical cancer on the sexuality of women over 40: a taboo, difficult-to-study subject.

Impact of prolapse surgery on sexuality in postmenopausal women

Interest of endometrectomy in the management of peri-menopausal menometrorrhagia

Management of ovarian masses in postmenopausal women

Compliance and tolerability of a Trigonella foenum graecum-based food supplement to improve sexual function. Interim analysis of a real-life study

Insulin resistance: a marker of severity in postmenopausal women with breast cancer

Settings privileged by women for the practice of physical activity: relationship with body composition and connectedness to nature

Impact of chemotherapy on risk of diminished ovarian reserve in premenopausal women subjected to ovarian cortex cryopreservation.

Contraception in women over 40: What particularities
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Circulating levels of Amyloid Beta 1-40 are associated with the rate of progression of atherosclerosis in menopause

Body weight and vascular function in physically active postmenopausal women

Osteoporosis and prevalent vertebral fractures are associated with insulin resistance in non-diabetic postmenopausal women

Sleep and multimorbidity: a systematic review and meta-analysis

Exhibition
08:00 - 15:30

Corporate partners

Plenary Session
09:15 - 10:15

Heart health in women

Gender in cardiovascular diseases
Speaker: Taulant Muka (Switzerland)
09:15 - 09:45

Heart health a personalised approach
Speaker: Maria Grazia Modena (Italy)
09:45 - 10:15

Society Symposium
09:15 - 10:15

Spanish Society

How safe is MHT according to age, time of menopause onset, and treatment duration?
Speaker: Laura Baquedano
09:15 - 09:23

How safe is MHT in women with thrombotic risk?
Speaker: Isabel Ramírez
09:23 - 09:31

How safe is MHT in women with a personal history of cardiovascular disease?
Speaker: Sonia Sánchez
09:31 - 09:39

How safe is MHT in women with metabolic syndrome?
Speaker: Jesús Presa
09:39 - 09:47
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**Scientific Programme**

- **How safe is MHT in women with gastrointestinal diseases?**
  Speaker: Borja Otero
  09:47 - 09:55

- **How safe is MHT in female survivors of breast cancer?**
  Speaker: Daniel Lubián
  09:55 - 10:03

- **Which are the most important pharmacological interactions with MHT?**
  Speaker: María Fasero
  10:03 - 10:11

**Society Symposium**

09:15 - 10:15  
Room 3

**ISGE: DHEA and MEOPAUSE HORMONE THERAPY**

**Chairs:**
Chair: Tommaso Simoncini (Italy)

- **Oral therapies**
  Speaker: Andrea Genazzani (Italy)
  09:15 - 09:45

- **Local therapies**
  Speaker: Rossella Nappi (Italy)
  09:45 - 10:15

**Parallel Session**

10:30 - 11:30  
Room 1

**Genito-urinary system and sexual dysfunction**

**Chairs:**
Chair: Angelica Lindén Hirschberg (Sweden)
Chair: Susan Davis (Australia)

- **Topical preparations for GUS**
  Speaker: Angelica Lindén Hirschberg (Sweden)
  10:30 - 10:45

- **Androgen treatment for hypoactive sexual desire**
  Speaker: Susan Davis (Australia)
  10:45 - 11:00

- **Impact of symptom severity and quality of life on management**
  Speaker: Rossella Nappi (Italy)
  11:00 - 11:15

**Discussions**

11:15 - 11:30
Parallel Session
10:30 - 11:30  Room 2

Cardiovascular ageing and hormones

Chairs:
Chair: Eleni Armeni (Athens, Greece)
Chair: Angelo Cagnacci (Italy)

Menopause, androgens and cardiovascular ageing
Speaker: Eleni Armeni (Greece)  10:30 - 10:45

PCOS and cardiovascular health after menopause
Speaker: Bülent Yildiz (Turkey)  10:45 - 11:00

Perimenopausal predictors of future cardiovascular risk
Speaker: Angelo Cagnacci (Italy)  11:00 - 11:15

Discussions  11:15 - 11:30

Oral Abstracts 5

Speaker: Patricia Muro Blanc (Spain)  10:30 - 10:45

Real-world experience with ospemifene after 3, 6 and 12 months’ follow-up: a Spanish cohort of 100 postmenopausal women with VVA
Speaker: Carmen pingarron santofimia (Spain)  10:45 - 11:00

Association of hormonal exposure with walking function among French women: data from the CONSTANCES Study
Speaker: Maryline Laine-Le Noan (France)  11:00 - 11:15

Bidirectional association between physical multimorbidity and subclinical depression in Chinese older adults: findings from a prospective cohort study
Speaker: Xiaolin Xu (China)  11:15 - 11:30

Oral
11:30 - 12:30  Room 2

Oral Abstracts 6
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**Metabolic disorders in women with premature ovarian failure**  
Speaker: Madinabonu Salimova (Russian Federation)  
11:30 - 11:45

**The severity of menopausal symptoms is associated with the presence of diabetes mellitus and adiposity**  
Speaker: Stelios Kopanos (Greece)  
11:45 - 12:00

**Relation between hot flushes and endothelial dysfunction in postmenopausal women**  
Speaker: E Cansu Cevik (Turkey)  
12:00 - 12:15

**Serum levels of retinol binding protein - 4 are associated with the arterial stiffness in early postmenopausal women**  
Speaker: Eleni Armeni (Greece)  
12:15 - 12:30

**Society Symposium**
11:30 - 12:30  
Room 3

**Turkish Society Symposium**

**Chairs:**  
Chair: C. Tamer Erel (Turkey)

- **Covid infection and Menopause**  
Speaker: C. Tamer Erel (Turkey)  
11:30 - 11:50

- **Management of Menopausal Symptoms for Breast Cancer Survivor**  
Speaker: Tevfik Yoldemir (Turkey)  
11:50 - 12:10

- **Can fibromyalgia be considered a characteristic symptom of climacterium**  
Speaker: İpek Özçivit  
12:10 - 12:30

**Parallel Session**
12:30 - 13:30  
Room 1

**Benign gynaecology 2: Pelvic floor**

**Chairs:**  
Chair: Iuliana Ceausu (Bucharest, Romania)  
Chair: Dudley Robinson (United Kingdom)

- **Are menopause and pelvic floor diseases linked?**  
Speaker: Stefano Salvatore (Italy)  
12:30 - 12:45

- **Meeting the needs of postmenopausal women with pelvic organ prolapse**  
Speaker: Iuliana Ceausu (Romania)  
12:45 - 13:00
Scientific Programme

Challenges in the management of pelvic floor disorders without meshes
Speaker: Dudley Robinson (United Kingdom)
13:00 - 13:15

Discussions
13:15 - 13:30

Parallel Session
12:30 - 13:30
Room 2

Health and fertility in the late reproductive years

Chairs:
Chair: Sophia Kalantaridou (Greece)
Chair: Nicolas Mendoza (Spain)

Premature Ovarian Failure and fertility
Speaker: Sophia Kalantaridou (Greece)
12:30 - 12:45

Reproductive predictors of cardiovascular ageing
Speaker: Nicolas Mendoza (Spain)
12:45 - 13:00

Predicting ovarian ageing
Speaker: Bart C. Fauser (Netherlands)
13:00 - 13:15

Discussions
13:15 - 13:30

EMAS School
12:30 - 13:30
Room 3

Menopause essentials

Chairs:
Chair: Peter Chedraui (Guayaquil, Ecuador)
Chair: Haitham Hamoda (United Kingdom)

Short and long term-effects of the menopause
Speaker: Peter Chedraui (Ecuador)
12:30 - 12:45

Virtual menopause consultations
Speaker: Kathy Abernethy (United Kingdom)
12:45 - 13:00

Practical prescribing and medicine shortages
Speaker: Haitham Hamoda (United Kingdom)
13:00 - 13:15

Managing chronic pelvic pain after the menopause
Speaker: Mauro Cervigni (Italy)
13:15 - 13:30
Scientific Programme

Plenary Session
13:45 - 14:45

Diet for midlife health

**The Mediterranean Diet for midlife health**
Speaker: Antonio Cano (Spain)

**Dietary supplements: are they really useful?**
Speaker: Stefano Lello (Italy)

Closing Ceremony
14:45 - 15:15